Lesson Plan

Day and Night

Objective: SOL 2.7 TSW understand and investigate pattern in nature, natural cycles, and changes (weather, seasonal, water cycle, cycles in the Earth-sun-moon system, and changes in the Earth’s surface) that occur, both quickly and over time and the relationship among Earth cycles and change and their effect on living things.


TTW introduce the vocabulary from the story: Earth, sun, moon, day, night, sunrise, sunset.

TTW introduce the lesson by reading the book, “What Makes Day and Night”.

TTW lead a discussion about the story soliciting answers.

TTW direct the students’ attention to a classroom diagram that illustrates the movements.

TTW demonstrate through body movement the process of sunrise, day, sunset, and night.

TSW work in groups of 2 to demonstrate the same process.

TTW guide the students to understand what is happening on the side that has no light, by comparing the night side to the day side.
TSW complete the “What Makes Day and Night” worksheet demonstrating clarity.