General Site Activities/Intern Responsibilities:

- We offer five major rotations and 3 elective rotations. We require 3 major rotations (4 months each) and 2 elective rotations (one rotation, 1 day a week for 6 months).

**Major Rotations**

1. **Inpatient:** In this rotation there is the opportunity to work with patients presenting a broad spectrum of acute psychiatric symptoms, such as adjustment reactions, affective disorders, substance-induced disorders, and exacerbations of chronic psychotic conditions.

2. **Neuropsychology:** The purpose of clinical neuropsychology is the assessment of brain-behavior relationships. The relationships are examined through a variety of measures utilizing a flexible procedure approach. Each examination assists in identifying the etiology, brain region, and extent of impaired functions along with well preserved abilities. The nature of a given assessment can range from a brief interview to a very involved series of tests and procedures.

3. **Health psychology:** In health psychology emphasis is put on the provision of psychological services in the medical primary care clinics at the medical center. Such services include: assessment of patients referred for a variety of issues-most commonly depression, substance abuse, nonadherence to indicated treatment regimens, adjustment to medical conditions/disabilities, psychological factors impacting presentation of medical symptoms, and stress management. Interventions offered to primary care patients typically include brief, time limited treatments as well a psychoeducational activities such as health education groups.

4. **Outpatient:** The rotation consists of assessment and psychotherapeutic treatment. Assessment will primarily be interview based, but occasional testing-based assessments may be required in challenging diagnostic questions. Individual psychotherapy, including cognitive-behavioral, supportive, and brief psychodynamic, will be provided to patients with a wide variety of problem areas-from depression and PTSD to chronic psychotic disorders. Group psychotherapy is offered.

5. **PTSD Clinic:** The Posttraumatic Stress Disorder Day Hospital Program is a day hospital program for up to 15 patients under the direction of a psychologist. The program provides state of the art treatments including virtual reality and Eye Movement Desensitization Routine to veterans. Patients are expected to attend a trauma processing group, a life span group, an anger management group, a sleep hygiene group, a stress relaxation group, and a psychoeducational group.

**Elective Rotations**

1. **Substance Abuse Treatment and Rehabilitation Program:** This is a residential and outpatient multidisciplinary approach to polysubstance abuse and dependence that includes a dual diagnosis approach. Psychological assessments to assist in the development of individualized treatment are routine along with the provision of consultation services. In addition, a major role is to provide individual and group interventions.

2. **Women’s Clinic:** An elective rotation includes time-limited groups and individual therapy, as well as program evaluation. There are opportunities to work with trauma, both childhood and adult; depression and panic disorder. Interns also learn Behavioral Medicine protocols for chronic pain and psychophysiological...
disorders such as irritable bowel syndrome. Interns can gain experience using cognitive behavioral, psychodynamic or integrative approaches, depending upon the needs of the patient. Hypnosis supervision is available to interns who take a prerequisite hypnosis workshop.

3. **State Forensic Service:** This elective rotation functions in an evaluative and educative capacity for the state’s courts in criminal matters. The site conducts pretrial, presentence, and pre-release, and bindover evaluations. The site applies appropriate legal standards to relevant, well-informed psychological data and reports findings as the data indicate. An intern would have the opportunity to follow some referral cases through to completion, and would have other opportunities to participate in some or all of more complex referral cases.

Organizational structure of site:

- Currently, there are 7 psychologists, whom work on an interdisciplinary team with psychiatrists, medical doctors, nurses, and social workers. Interns will have one supervisor for the entire internship and a supervisor for each major rotation chosen.

Opportunities for research on site:

- Involvement in research is available during the internship year. Interns may engage in ongoing research with staff and are encouraged to integrate research results with clinical work by frequent use of our medical library.

Particular challenges of this site:

- The focus of our training is to develop the skills to become a generalist psychologist and to be trained to continue in the VA system. This site requires flexibility and team work (the intern will be working on an interdisciplinary team).

Particular questions applicant should be asked for this site:

- Tell me about any experience you’ve had working with a military population?
- How well can you work on an interdisciplinary team?
- What personal characteristics make you a good team player?