Site Profile for Interviewers
Green Rose Inpatient Facility (Inpatient Psychiatric and Residential)
Salt Lake City, Utah

General Site Activities:
- There are two rotations for this site: inpatient psychiatric hospital and a residential group home. In each of these sites, the intern is responsible for conducting psychological evaluations and writing comprehensive reports. The intern will also provide psychotherapy to various clients. For the psychiatric patients, the theoretical orientation is primarily behavioral. For all other clients, the major theoretical orientations utilized are cognitive-behavioral and psychodynamic.

Typical intern responsibilities at site:
- Interns are generally on duty eight hours a day, Monday through Friday. A typical weekly schedule may include:
  - Psychological Assessment/Report Writing: 15%
  - Psychotherapy/Crisis Intervention: 30%
  - Consultation/Clinical Team Meetings/Case Management: 25%
  - Seminars/Research: 20%
  - Supervision: 10%
- During the psychiatric rotation, interns serve as primary therapists and treatment team members on an inpatient unit for the severely mentally ill. The average length of stay for patients is 21 days. Interns are members of a multidisciplinary treatment team working with a broad spectrum of psychodiagnostic groups, including PTSD, mood disorders, personality disorders, and schizophrenia.
- Interns carry an average caseload of 3-4 patients and gain experience in conducting diagnostic interviews, administering diagnostic batteries, and writing psychological reports.
- Additionally, interns are given the opportunity to facilitate group therapy sessions and to gain experience in case management and community liaison work.
- At the residential group home, male and female children and adolescents are admitted for varying lengths of time to receive comprehensive assessments including medical, psychiatric, psychological, educational, recreational, social history and group living evaluations. The recommendations offered by the diagnostic treatment team are used by the courts, social service departments, probation departments and other referring agencies to make placement and treatment decisions. A full range of treatment, including individual and group therapy, family therapy, psychopharmacology, etc. is utilized in these programs.

Organizational structure of site:
- The supervisory staff mainly consists of psychologists. Psychiatrists, psychiatric nurse practitioners, social workers and other mental health professionals may also play a secondary supervisory role.

Other info:
- The Agency also employs a large number of nurses, special education teachers and other childcare and healthcare professionals. Our treatment philosophy is based on an interdisciplinary team approach in which psychologists work closely with the social service, psychiatric and child care staffs. Psychologists provide direct services through various diagnostic and therapeutic modalities and serve as members of the
treatment teams. Interns start with a student status and, through the year, take on more and more responsibility.

Opportunities for research on site.
- Each intern is expected to complete one research/outcome study during the internship. Topics are chosen by the intern in concert with the Director of Training and relate directly to clinical issues and questions at the intern’s center. The staff and facilities of the Green Rose Inpatient Facility are made available to the interns to assist them in the design, execution, and analysis of the study. Green Rose also encourages the interns to present or publish their studies.

Particular challenges of this site.
- Interns have the opportunity to develop their clinical skills via interviewing and testing, therapeutic intervention and consultation in a mentor system.
- Psychological services for diverse cultural and ethnic groups, especially those with economic disadvantage, is another focus of the experience at Green Rose. Because we serve a largely minority population, interns learn to better understand and appreciate the role of cultural and ethnic differences in psychological functioning.
- Finally, because we have both short-term diagnostic and long-term treatment programs, our interns have the opportunity to practice a wide variety of treatment interventions, ranging from brief crisis intervention to year-long psychotherapy.
- Due to the client population, opportunities to provide family therapy are limited although highly encouraged.

Particular questions applicant should be asked for this site:
- Describe your experience working with treatment teams.
- What is your theoretical orientation?
- What are your goals for your internship experience?
- What are some challenges to working with psychiatric patients? How do you plan to overcome these challenges?
- What are challenges to working in residential treatment facilities? How do you plan to overcome these challenges?
- What do you view as key characteristics an intern should possess to work in this clinical setting?