Today:
We are meditating on submission and service. These ways of life are crucial to following Jesus. Luke 9:23 says, “If anyone wishes to come after Me, he must deny himself, take up his cross daily, and follow me.”

- One way to deny yourself is through service—not choosing to serve, but following Jesus’ example to take the position of God’s servant-slave (Philp. 2:5-8).
- Another way to put others first is through intercession. Remember the two models of intercessory prayer Dr. Bekker gave:
  - Teresa of Lisieux: “What is important is not how big the job is but how much love you put into it.” Find tiny things to do with great love, which will bless both someone you don’t like and God at the same time.
  - Frank Laubach: “Flash prayers” to God all day long, interceding for every person you meet.
- A way to take up your cross is submission to: God (Jms. 4:7), the Scriptures (Ps. 119:105-112), authority in the family (Col. 3:18-22), authority in the government (Rom. 13:1-10), authority in the church (Eph. 5:17-21), one another (Eph. 5:21), and to the wisdom that being among the poor and down-trodden brings (Ps. 112:9).

Ask God which one of these you can put into action today. You may want to meditate on one of the above Scriptures.

Weekly Activity:
Make a list of ways to give up your personal rights for the rights of others. Make sure and act on one of these opportunities this week. Once you have done this reflect on how submitting to another’s desires can help you be freed from these need to have things always go your way.

Share some of your thoughts and observations in the reaction space provided on this site.