



## **Definition of Professional Counseling**

### **The Practice of Professional Counseling:**

The application of mental health, psychological, or human development principles, through cognitive, affective, behavioral or systematic intervention strategies, that address wellness, personal growth, or career development, as well as pathology.

## **Definition of Professional Counseling Specialty**

### **Professional Counseling Specialty:**

A Professional Counseling Specialty is narrowly focused, requiring advanced knowledge in the field founded on the premise that all Professional Counselors must first meet the requirements for the general practice of professional counseling.

*Adopted by the ACA Governing Council, October 17-19, 1997*