

THE VIRGINIA BEACH BASH STAGE & SCREEN COMBAT WORKSHOP 2019

Saturday, March 30

Time	Venue/Space	Instructor/Staff	Class/Session Title	Weapon/Form	Level	Camera Coverage	Class/Session Description
8:00 am to 8:30 am	Lobby	Head Intern & Interns	Registration	All personal weapons must be checked and cleared by staff.			
8:30 am to 9:00 am	Main Theater	All Staff and Participants	Introductions & Orientation	N/A			Workshop participants are introduced to the Instructors, Interns, and Staff
9:00 am to 9:15 am	Main Theater	Interns	Warm-ups	N/A	All Participants		All participants engage mind and body by participating in mild stretching and a little cardio to warm-up the body in preparation for the day's activities.
9:15 am to 9:30 am	Armory	Interns	Weapons Check-Out	All weapons			All weapons are checked in and out in between sessions.
9:30 am to 10:45 am	Main Theater	Chin	"Clean up your Act!!!": Bi-Lateral Precision in Rapier & Dagger	Rapier & Dagger	Advanced/Intermediate		Let's use fundamentals and technique as catalyst for delving deeper, challenging focus in nuanced sequencing, precision in targeting, proper blade-trajectory, and clarity in fight narrative. Let's get rid of bad habits and improve our R&D skills.
	Studio Theater	Kirkland	Skills Proficiency Renewal: Session 1	TBA	TBD		Preparation session for those participants have arranged to take an SPR; review and choreography is introduced
	TV Studio	Traynor	"Cut and Thrust, Punch & Kick": Dirty Rapier	Single Rapier	Beginner/Intermediate		When it comes to fighting for your life anything goes. Marques of Queensbury rules go out the window. You stab, cut, kick, punch, and bite if that what it takes to survive. This class will explore integration of armed and unarmed techniques within the context of a single rapier fight.
	COM 324	Mann	"Single Sword? Sounds Good!": Orchestrating the Musicality of the Fight	Single Sword	Intermediate		Explore the Rhythm and Syncopation of this Hollywood inspired weapon through the vehicle of choreography. Find and use the exciting musicality of the blade to tell and enhance the story of the fight! Students will learn choreography, then choreograph their own phrases, all while exploring how sound sells the fight!
	Com 128	Tuftee	"All In!": Hight Stakes Action & Reaction	Knife and Unarmed	Beginner/Open		More an acting class with weapons, we focus on full commitment and believability of action and reaction. Working "moment to moment," can you sell a simple technique? Immediate feedback will push you harder and further.

	Screening Room A	Clabaugh, R.	On Filming Action: How the Camera is Used to Capture Action and Communicate Fight Narrative, Character, & Story	Film Production/Video demo	Open		Every fight must tell a story. This class explores a variety of technical means for enhancing action and narrative via in and out of camera techniques as well as post production strategies and software applications.
	TBA	Girard, Kelly & (possibly) Kirkland	Prep for All Workshop Stunt Demo Event	TBA	Stunt Demo Team only		Preparation period for stunt Rigging. No student participation.
10:45 am to 11:00 am	Armory	Interns	Weapons Check In/Out				
11:00 am to 12:30 pm	Main Theater	Kaleba	Carnage e Trois	TBA	Advanced/Intermediate		This class explores the fast and flashy martial arts movie style of blade-play where one fighter holds their own against two assailants. Looking specifically at rhythm, timing and the needs of technique embellishment to make everyone to appear to be fully in the moment while remaining connected as partners.
	Studio Theater	Kirkland	Skills Proficiency Renewal Session 2	TBA			Rehearsal of SPR Fight scene for those participants that arranged to take an SPR in advance
	TV Studio	Lloyd	"You Bastard (Sword)!": Gimme a hand---and a Half!	Broadsword	Beginner/Intermediate		An introduction (or review, if needed) of the basic techniques for the all-purpose can opener that is the hand-and-a-half broadsword. Come to learn cuts, thrusts, parries, etc. for one of the most commonly used stage weapons.
	COM 324	Girard, Kelly, & R. Clabaugh	Progressive Sequence, Part 1: "At Odin's Table: Valhalla Awaits!" (Vikings & Saxons)	TBA	Inter./Advanced	Single Camera	The first of a three class sequence integrating actor/combatants and filmmakers. In this class performers will be taught a fight combination pitting lightly armed Vikings against more heavily armed Saxons in a confined space. Directors, DPs and Camera Ops will confer with Director Richard Clabaugh on shot strategies, and develop a shot list for session 2.
	COM 128	Chin	When Push Comes to Shove and Blow--on the Screen: Knowing Your Way Around Film Fighting	Unarmed	Beginner/Intermediate	Single Camera with playback and monitor	What does it take to stage and film an effective fight? Exploration of camera areas, blocking, points of view. The technical aspects of shooting a fight scene.
12:30 pm to 12:45 pm	Armory	Interns	Weapons Check-In				
12:30 pm to 1:30 pm	LUNCH	Girard, R. Clabaugh, Kelly and Traynor	Stunt Team Preps for All Workshop Event (Stunt Demo)	TBA	Stunt Demo Team Only		

1:30 pm to 2:30 pm	TBA	Girard, Patrick, Traynor, & Stunt Demo Team	HOT SET! The Director, Stunt-Coordinator, Stunt Performer Collaboration	All Workshop Event	All Participants		This All-Workshop-Event will feature a tour of the set, lecture and explanation of rigging, and will involve the filming of an action sequence--in this instance, a person is struck by a car--with the footage being utilized to create a "composite". All of the above will be coordinated by Dale Girard and Paul Burke. It will feature stunt-rigging, safeties, exposure to set protocols, and will be filmed by a team of camera ops under the direction of Richard Clabaugh.
2:30 pm to 2:45 pm	Armory	Interns	Weapons Check-Out				
2:45 pm to 4:15 pm	Main Theater	Chin	Northern Longfist Can't Touch Shaolin Staff	Quarterstaff	Beginner/Intermediate		Exploration of Shaolin staff fighting techniques and their applications.
	Studio Theater	Mann	Kali Single Stick	Kali Sticks, SiS, BS	Beginner/Open		This class explores a single stick pattern sequence from Kali. Students will learn this pattern at close range, building up to a faster pace. Great for film and theatre, especially as a choreographic tool for mass battles, as it can easily be done with almost any weapon!
	TV Studio	Traynor	"Superhero Smack Down"	Unarmed and mixed weapons	Beginner/Intermediate		2 teams of superheroes slug it out to see who is the victor. Our heroes will clash in this card based system for devising fights where your job is to portray your hero as authentically or creatively as you can. Will Captain America stand up to Batman, will Deadpool deal with the the Black Widow, will Hulk smash?
	COM 324	Girard, Kelly, & R. Clabaugh	Progressive Sequence, Part 2: "At Odin's Table: Valhalla Awaits!" (Vikings & Saxons)		Advanced/Intermediate	Single Camera	Groups consisting of a director a DP/Camera Op, and a group of combatants will work together, under the tutelage of a professional director and stunt coordinator, to film an action sequence that affords the director an opportunity to develop a narrative and shoot an action sequence that supports that narrative.
	COM 128	Willcock	"Rough and Tumble!": Organic Choreo	Unarmed	Beginner/Open		This class will use a series of exercises to develop a sequence of organic choreography. Then, with a few tweaks, it can be changed into a brutal fight scene that is safe and convincing.
	Back Lot	Kirkland	Bang! Bang! You're not Dead!: Introduction to Theatrical Firearms & Theatrical Firearm Safety	Firearms Safety (handguns)	Beginner/Open		Firearms are both common and the among the most dangerous of props used in stage and film today. Come and learn the challenges and benefits of safely using the "guns" that don't require a license.

4:15 pm to 4:30 pm	Armory	Interns	Weapons Check In/Out				
4:30 pm to 6:00 pm	Main Theater	Tuftee	"Once More into the Breach!": Broadsword	Broadsword	Beginner/Intermediate		The medieval broadsword was a brutally effective weapon; one that is frequently utilized in Shakespearean productions, Ren Fairs, and in fantasy oriented projects. This course will start with a quick review of targeting, parries, and proper casting of engery. We will then quickly segue into learning and excuting a sequence of moves and using them to create a fight scene that communicates narrative and character.
	Studio Theater	Lloyd	1, 2, 3, Contact!	Unarmed	Beginner/Intermediate		Sometimes in unarmed combat, we need to actually touch our partner with what is called a "contact" technique. Let's explore the safe and effective way to cover these techniques that work from many angles.
	TV Studio	Kaleba	Elizabethan Street Fighting	Single Sword or Single Rapier	Intermediate/Beginner	Single Camera with monitor playback	Set designers often try to give fight show large open spaces to work in, but there are creative possibilities in dealing with the challenges of physical obstacles. Street fights in Shakespeare's day, and as described in his plays, could be back-alley, tavern-room, mud-strewn affairs, and we'll see what we can do when the footing isn't so sure.
	TV Studio	Rubin	What's in a Death? – Wounds, Death, Dying, and Appropriate Reactions	Foam Weapons	Open		Exploring how to act the pain of being cut or stabbed through pool noodle/foam weapon use. What is the appropriate response to various types of injuries? How long does it take to die? Focusing on playing the reality of the pain.
	Com 324	Kirkland	The Director/Fight Director Collaboration	Smallsword			A director will present the participants with a number of specific challenges related to fight narrative, venue, performance space, audience orientation, set/environment, character, and style. Participants will develop a brief smallsword fight that meets those challenges and present it at performance speed by the end of the session. This is not a class for beginners.
	COM 128	Kelly	"Hawkeye versus Magua--Toe to Toe, Blade to Blade": Tomahawk and Knife	Axe/Knife	Beginner/Open		This course will take the students through the use of the tomahawk small axe paired with the long knife drawing from Filipino and Indonesian martial concepts, historical combatives training regimen and proper stage/film fighting technique highlighting the unique qualities of the small axe and the speed of the knife. The unique qualities of the small axe and the speed of the knife make this weapon platform a fascinating and lethal combination as seen in such producitons as Last of the Mohicans and The Patriot.

	Screening Room A	R & F Clabaugh	Rubric's Cube Part 1: Action, Story, Character...and Editing!	Film Production (Editing & Post)	CTV Track		Directors edit and apply post production applications to the fight scenes shot during the Progressive sequence for an All-Workshop showing on Sunday.
6:00 pm to 6:15 pm	Armory	Interns	Weapons Check-In				
6:15 pm to 7:30 pm	DINNER						
7:30 pm to 9:00 pm	Screening Room A	Staff	Film/Viewing Panel Discusison (On Set: Behind the Scenes)	Viewing/Question & Answer	Advanced/Intermediate		Staff Instructors that have served as fight directors, sword masters, and stunt coordinators on major motion pictures show film clips, pre-viz, and discuss the challenges of staging and filming action. Participants are encouraged to ask questions.
Sunday, March 31							
8:00 am to 8:30 am	Lobby	Head Intern & Interns	Registration	All personal weapons must be checked and cleared by staff.			
8:30 am to 8:45 am	Main Theater	Interns	Warm-Ups	N/A	All Participants		All participants engage mind and body by participating in mild stretching and a little cardio to warm up the body in preparation for the day's activity.
8:45 am to 9:00 am	Armory	Interns	Weapons Check-Out				
9:00 am to 10:30 am	Main Theater	Kelly	Leashing the Rapier and Dagger	Rapier and Dagger	Advanced/Intermediate		This class will focus on concepts and techniques from Historical European Martial Arts pertaining to the dagger's role in defense during double fence while keeping the dagger in close proximity to the rapier during both offense and defense, allowing the fighter to quickly engage the off-hand weapon which, in turn, allows for a blindingly fast counters with the rapier. Up your R&D game!
	Studio Theater	Kaleba	Blood & Sand	Sword & Shield	Intermediate/Beginner		The Roman gladiators and gladiatrices used a wide variety of weapon combinations in their spectacle combat. We'll look at a pairing of double weapons to pit sword & shield against double blades to see who is quick and who is dead.
	TV Studio	Chin	"My Kung Fu is Stronger!" Unarmed Kung for the Screen	Martial Arts	Intermediate/Beginner	Single Cam with monitor playback	Kung Fu fighting for film. Exploration of angles and intentions within the context of effectively presenting an Asian style fight for the screen.

	COM 324	Mann	Kali Double Stick	Kali/Arnis Sticks	Beginner/Open		Learn the tools of this trade that are very popular in film and TV, but also very useful for stage. Stick Patterns at close range and working up to a faster pace. Learn how to use these patterns for choreography with almost any weapon!
	COM 128	Kirkland	Geronimo! Contact Improv and the Apache Knife Duel	Unarmed and Knife	Beginner/Intermediate		Participants will engage in contact improvisation as a means of organically choreographing a knife duel in the Apache tradition of being bound at the wrist. If you have knee pads, bring 'em.
	Editing Suite	R & F Clabaugh	Rubric's Cube Part 2: Action, Story, Character...and Editing!	Film Production (Editing & Post)	CTV Track		Directors edit and apply post production applications to the fight scenes shot during the Progressive sequence for an All-Workshop showing on Sunday.
10:30 am to 10:45 am	Armory	Interns	Weapons Check In/Out				
10:45 am to 12:15 pm	Main Theater	Kaleba	Single Shot Special	Unarmed & Knife	Intermediate/Advanced		Easy access to video hard & software has revolutionized how stage/film combat is taught, assessed, and presented to Creative Teams on the Set of major Motion Pictures & TV. In this session participants will learn a piece of choreography, break it down, and then explore shooting it guerilla style for presentation to the Stunt Coordinator/Second Unit Director.
	Studio Theater	Lloyd	Whack-a-Mole: The Percussive Joys of Sword and Shield	Sword & Shield	Intermediate/Beginner		The knight's classic pairing! Let's explore the crash, bang, clang of this crowd-pleasing weapon combination. Basics of cutting and parrying, as well as footwork will be covered.
	TV Studio	Traynor	To the Beat of the Drum	Plastic Training Swords	Beginner/Open		Taking some basic sword moves we will create a percussive sound track to accompany an orchestral score. Timing, teamwork and fast hands will be put to the test.
	COM 324	Girard & R Clabaugh	Basic Unarmed for the Camera	Unarmed	Beginner/Open	Single Camera with monitor and playback	This class explores the fundamental skills needed to sell an unarmed fight for the camera. Using a camera and playback system, students will be able to use the video medium to see how techniques are practically applied, what works, what doesn't, and why.
	COM 128	Willcock	Smallsword in a Small Space: Time to get precise!	Smallsword	Intermediate/Beginner		We will utilize various smallsword techniques with a sharp focus on precise movement. This will be further driven by having to perform in a tight space which will require efficiency in body movement as well.
	Editing Suites	F Clabaugh	Rubric's Cube Part 3: Action, Story, Character...and Editing!	Editing and Post	CTV Track		Directors continue to edit fight scenes shot during the Progressive sequence for showing later today.

12:15 pm to 12:30 pm	Armory	Interns	Weapons Check In				
12:30 pm to 1:30 pm	LUNCH						
1:30 pm to 1:45 pm	Armory	Interns	Weapons Check Out				
1:45 pm to 3:15 pm	Main Theater	Girard	"Up Close & Personal": Knife Fight!	Knife	Intermediate/Beginner		This class explores the fundamental skills needed to learn and execute a knife fight for the stage. No previous technique needed! Just come in and find yourself in a knife fight!
	Studio Theater	Tuftee	Speak Loudly and Carry a Big Stick: Medieval European Quarterstaff	Quarterstaff	Beginner/Open		Is there room enough? I'd like to do English q-stick, which is long-form.
	COM 324	Mann	Fix It On The Fly: Choreography Challenges	Unarmed (maybe a few knives)	Advanced/Intermediate		Explore the real world of stage combat in theatre where the space, the objects, and even the actors may be subject to change in the blink of an eye! Students will learn how to adapt choreography based on actual scenarios myself and fellow choreographers have experienced while on the job. Great for aspiring fight choreographers!
	COM 128		Not Available: Performance in Progress				
	Back Lot	Kirkland	"Terror at 1430" or Taking Down an Armed Terrorist Cell	Unarmed & Firearms	Must have taken the "Bang, Bang: You're Not Dead!" to participate; or have passed the SAFD Firearms Safety course		A former SWAT Team Instructor and an SAFD Certified Firearms Safety instructor will stage a firefight between undercover agents and a terrorist cell. Bring your phone cameras!
	Editing Suites	R & F Clabaugh	Rubric's Cube Part 4 Action, Story, Character...and Editing!	Editing and Post	CTV Track		Directors continue to edit fight scenes shot during the Progressive sequence for showing later today.
3:15 pm to 3:30 pm	Armory	Interns	Weapons Check In	Everything back in			
3:30 pm to 5:00 pm	Screening Room A	All Instructors & Workshop Participants	Progressive Session 3: "At Odin's Table: Valhalla Awaits!" (Viewing of Edited Clips)	Viewing with Analysis by Teaching Staff	All Workshop Event		This is the final class of a three class sequence open to the entire workshop. Come and watch as we view the rough cuts, as directed, shot, edited, and sweetened in the "post" process by student participants who shot a staged sequence of action. Clips will be viewed and immediate notes/observations offered by staff.
5:00 pm to 6:00 pm	Main Theater	All Instructors & Participants	Q & A, Raffle, and Wrap! (Good-byes & Photos)	Q & A	All Workshop Event		All participants have an opportunity to ask questions of the teaching staff about the Business, the Academy, and additional training opportunities.