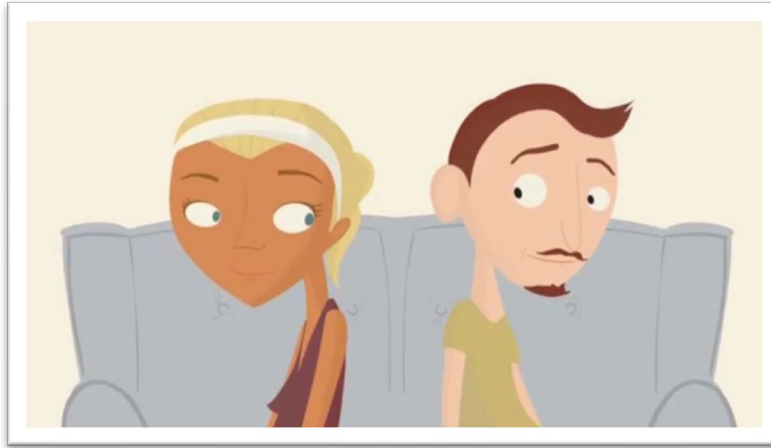


# THE GOTTMAN METHOD COUPLE'S THERAPY TRAINING LEVEL II

Friday-Monday, March 6 – 9, 2020



## WHAT WILL YOU LEARN?

- Assess a couple's Friendship Profile, Conflict Profile, and Shared Meaning Profile
- Develop interventions that couples can use as antidotes to the Four Horsemen
- Help couples to soothe physiological flooding
- Apply six modes of changing the Attack/Defend System in a couple's interactions
- Assist couples in establishing dialogue about their gridlocked conflicts
- Select and implement interventions to help couples deepen their Friendship System with rituals of connection
- Select and implement interventions to help couples create a shared system of values and meaning
- Identify and implement five different co-morbidities common to couples using Gottman Method assessments and interventions

## ADDITIONAL INFO:

- Face-to-face Training Only
- Regent Student/Faculty/Alum Only
- Registration Fee: \$269.00 Continental Breakfast (provided) 500 Page Workbook (provided)
- 19 CE credits: \$39.99 (optional)
- Level 2 Certificate from the Gottman Institute
- Location: TBD
- Prerequisite: Gottman Level 1 Completion

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<https://www.regent.edu/school-of-psychology-and-counseling/gottman-method-couples-therapy/>