Brainstorming for Your Future

Start asking yourself these questions this week:

1. What were your ideas as a child?
2. What did your parents always think you would do?
3. What did others always think you would do?
4. What things are you good at?
5. What are things you like to do?
6. What are things that other people told you are good at?
7. What are the prophecies you have received?
8. What are things you have seen in others that you really like?
9. What are things that you have been successful at in the past?
10. Do you know God’s priority in the world and what He wants to accomplish?
11. Identify your Convictions:
   a. Should I be in full time ministry or not?
   b. Do I have a five-fold ministry or not?
   c. Am I called to the States or overseas?
   d. Am I called to an unreached people group or to a city?
   e. Am I called to be a speaker, orator, preacher, or none of these?
   f. Am I called to be a starter or builder, because God needs both?
12. Ask God what His strategy is for the world, not just “what am I good at?”
13. Are you good with your hands? Head (using your brain)? Heart (touching peoples’ lives)?
14. Calling vs. Gifting:
   a. Gifting  Calling
      What you do  Where you do it
      How you work it out  The purpose for your life
15. What is the difference that you are committed to making in your life?
16. What are you willing to die for (not just Jesus)?
17. What is your passion? What makes you get ticked? What is it in life that you want more than breath in your lungs? (don’t act over-spiritual)
18. What is your single greatest strength?
19. At the end of your life do you want to look back and say, “This is what I accomplished with my life for Christ?”
20. What do you want your epithet/epitaph/eulogy to read?

John 3:27
“To this John replied, ‘A man can receive only what is given him from heaven.’”
No gift or calling is greater than the other. What’s important is discovering what we have been given from heaven.

This week:
1. Sit down for 2 hours and answer all the questions above.
2. Skip a day and then review all the questions and answers for one hour.
3. Skip another day and go back and review all the questions and answers for one hour. Ask deep questions, get deep answers.
Our Reading Recommendations!

**Why You Can't Be Anything You Want to Be**
Arthur F. Miller, William Hendricks
- Explores how you’re wired and the patterns you have in life that can lead to understanding your God designed purpose and matching career options.

http://www.jobhuntersbible.com/ (supplemental website)
- An extremely practical step-by-step guide to embarking on your ideal career path.

**The 7 Habits of Highly Effective People: Powerful Lessons in Personal Change**
Stephen R. Covey
- Step-by-step guide to living with purpose and holistically integrating your personal and professional lives

**Having it All … and Making It Work**
D. Quinn Mills, Sasha K. Mattu & Kirstin R. Hornby
- A six-step plan that will help you stay on track with everything that really matters…in your career and your personal life. The authors also expose the myths that lead many people to personal disaster: rationalizations like I'll focus on work for 15 years, get rich, and then I'll pay attention to family.

**The Wall Street Journal Executive Career Site**
http://www.careerjournal.com/jobhunting/
- Gives practical advice on formatting resumes, dressing for interviews, search strategies, job listings, etc.

**Regent University School of Psychology and Counseling website**
http://www.regent.edu/acad/schcou/cs/index.htm
- Website offers a Career tab with E-resources, a guide to websites offering free personality tests, career exploration tools, resource libraries, and networking sites

**The Vault Website**
www.vault.com
- Great resource for law and business

**O*Net**
www.online.onetcenter.org
- Offers skills search, multiple database career searches, etc

**Career Resource Center at Regent University**
757- 226 - 4932
- Offers specialized career testing and consulting to help identify your vision, mission, ideal career, and career path. By appointment only: contact Regent University’s Center for Student Development
What is your RIASEC?

Mark a check mark by each of the statements below if you like to do the activity or have an interest in the activity.

<table>
<thead>
<tr>
<th>Activity</th>
<th>Total</th>
<th>RIASEC</th>
</tr>
</thead>
<tbody>
<tr>
<td>I consider myself to be athletic</td>
<td></td>
<td>R</td>
</tr>
<tr>
<td>I am an athlete</td>
<td></td>
<td></td>
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<tr>
<td>I am a nature lover</td>
<td></td>
<td></td>
</tr>
<tr>
<td>I am curious about the physical world (nature, space, living things)</td>
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<td></td>
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<tr>
<td>I am independent</td>
<td></td>
<td></td>
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<tr>
<td>I like to fix things</td>
<td></td>
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<tr>
<td>I like to use my hands (plant a garden, help with fixing up the house)</td>
<td></td>
<td></td>
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<tr>
<td>I enjoy exercising</td>
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<tr>
<td>I like to save money</td>
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<tr>
<td>I like to work until the job gets done</td>
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<tr>
<td>I like working on my own</td>
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<thead>
<tr>
<th>Activity</th>
<th>Total</th>
<th>RIASEC</th>
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<tbody>
<tr>
<td>I am very cautious and careful</td>
<td></td>
<td>I</td>
</tr>
<tr>
<td>I am curious about everything</td>
<td></td>
<td></td>
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<tr>
<td>I can do complex calculations</td>
<td></td>
<td></td>
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<tr>
<td>I like to solve math problems</td>
<td></td>
<td></td>
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<tr>
<td>I like to use computers</td>
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<tr>
<td>I like to read books all the time</td>
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<tr>
<td>I like collecting things (rocks, stamps, coins)</td>
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<tr>
<td>I like crossword puzzles</td>
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<td></td>
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<tr>
<td>I like science class or science subjects</td>
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<tr>
<td>I like to be challenged</td>
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<tr>
<th>Activity</th>
<th>Total</th>
<th>RIASEC</th>
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<tbody>
<tr>
<td>I am very creative</td>
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<td>A</td>
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<tr>
<td>I like to draw and paint</td>
<td></td>
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<tr>
<td>I can play a musical instrument</td>
<td></td>
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<tr>
<td>I like designing my own clothing or wearing exciting fashions</td>
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<tr>
<td>I like to read fiction, plays and poetry</td>
<td></td>
<td></td>
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<tr>
<td>I like arts and crafts</td>
<td></td>
<td></td>
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<tr>
<td>I attend lots of movies</td>
<td></td>
<td></td>
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<tr>
<td>I like to take pictures of everything (birds, people, landmarks)</td>
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<tr>
<td>I enjoy learning a foreign language</td>
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<tr>
<td>I like to sing, act and dance</td>
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<tr>
<th>Activity</th>
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<tbody>
<tr>
<td>I am very friendly</td>
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<td>S</td>
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<tr>
<td>I like tutoring or teaching others</td>
<td></td>
<td></td>
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<tr>
<td>I like talking in front of people</td>
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<td></td>
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<tr>
<td>I work well with classmates and friends</td>
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<tr>
<td>I enjoy leading discussions</td>
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<tr>
<td>I like helping people with problems</td>
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<tr>
<td>I play team sports</td>
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<tr>
<td>I like going to parties</td>
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<td></td>
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<tr>
<td>I like making new friends</td>
<td></td>
<td></td>
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<tr>
<td>I like working with social groups at my church</td>
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<tr>
<th>Activity</th>
<th>Total</th>
<th>RIASEC</th>
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<tbody>
<tr>
<td>I like learning about money</td>
<td></td>
<td>E</td>
</tr>
<tr>
<td>I enjoy selling products (school candy drives, church fundraisers)</td>
<td></td>
<td></td>
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<tr>
<td>I consider myself to be popular in school</td>
<td></td>
<td></td>
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<tr>
<td>I like to lead groups and discussions</td>
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<td></td>
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<tr>
<td>I am often elected to officer positions in groups or clubs</td>
<td></td>
<td></td>
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<tr>
<td>I like having power and leadership</td>
<td></td>
<td></td>
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<tr>
<td>I want to own a small business</td>
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<tr>
<td>I like to save money</td>
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<tr>
<td>I like to work until the job gets done</td>
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<tr>
<td>I like taking risks and engaging in new adventures</td>
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<thead>
<tr>
<th>Activity</th>
<th>Total</th>
<th>RIASEC</th>
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</thead>
<tbody>
<tr>
<td>I am very organized and neat</td>
<td></td>
<td>C</td>
</tr>
<tr>
<td>I like making sure that my room is neat and clean very often</td>
<td></td>
<td></td>
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<tr>
<td>I enjoy collecting newspaper articles about famous events</td>
<td></td>
<td></td>
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<tr>
<td>I like keeping lists</td>
<td></td>
<td></td>
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<tr>
<td>I like using the computer</td>
<td></td>
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<tr>
<td>I am very practical and consider all costs when buying something</td>
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<tr>
<td>I would rather type a school assignment then turn it in long-hand</td>
<td></td>
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<tr>
<td>I like being the secretary in my clubs or groups</td>
<td></td>
<td></td>
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<tr>
<td>I double-check all mathematics assignments</td>
<td></td>
<td></td>
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<tr>
<td>I like writing letters</td>
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</table>
WHAT IS YOUR RIASEC? (PART 2)

Do the other side first

Using the quiz on the other side, mark the answers for the 3 highest sections below with their number. If you have any ties, then mark both letters. The 3 highest totals will be your Profile. Use your Profile to see what type of personality you have and some occupations that would suit you best.

R _____  I _____  A _____  S _____  E _____  C _____

Your Profile Letters:     __________    _________   __________

| Highest Total | Second Highest or Tie | Third Highest or Tie |

R is for Realistic

Occupations you would enjoy

- Aircraft Mechanic
- Baker/Chef
- Engineer
- Jeweler
- Painter

People who have athletic or mechanical ability, prefer to work with objects, machines, tools, plants or animals, or to be outdoors.

A is for Artistic

Occupations you would enjoy

- Actor/Actress
- Dancer
- Drama Teacher
- Museum Director
- Photographer

People who have artistic, innovating or intuitional abilities and like to work in unstructured situations using their imagination and creativity.

I is for Investigative

Occupations you would enjoy

- Archeologist
- Chemist
- Geologist
- Meteorologist
- Physician

People who like to observe, learn, investigate, analyze, evaluate or solve problems.

S is for Social

Occupations you would enjoy

- Chaplain/Minister
- Professor
- High School teacher
- Detective
- Social Worker

People who like to work with people to enlighten, inform, help, train, or cure them, or are skilled with words.

E is for Enterprising

Occupations you would enjoy

- Auto Sales Rep
- Credit Manager
- Flight Attendant
- Insurance Agent
- Real Estate Agent

People who like to work with people, influencing, persuading, performing, leading or managing for organizational goals or economic gain.

C is for Conventional

Occupations you would enjoy

- Accountant
- Building Inspector
- Computer Operator
- Typist
- Librarian

People who like to work with data, have clerical or numerical ability, carry out tasks in detail or follow through on others’ instructions.

This assessment in a long form can be administered by the Counseling Center on East Campus (504-280-6683). This assessment is based on the Holland Interest Inventory. This list is by no means complete. There are hundreds of occupations for each Profile combination and you can explore more through the Counseling Center.
Launching Your New Career

Joline Vanderwal
Nick Westers
Regent University
Introduction

- Here to begin your new career and you know what you want to do

- Here because you don’t know what you want to do as a new career

Genesis 1:26
Career Transitions

1. Immobilization
   - shock of being fired/laid off

2. Minimization
   - make the change seem smaller than it is

3. Self-Doubt
   - doubting abilities to provide for self and family

4. Letting Go
   - let go of anger, frustration, etc., accept what is happening, and start looking toward the future
Career Transitions (cont.)

5. Testing Out
   - new burst of energy of ability to handle it; begin networking and planning

6. Search for Meaning
   - seek to understand how events are different and why; seek to understand own feelings

7. Internalization
   - a change in values and lifestyle; learning and growing from the experience (emotionally, spiritually, or cognitively)
Deciphering Career Terminology

- **Calling** – what you were born/destined to do; your purpose
  - brings fulfillment, utilizes your gifts

- **Vision** – method in which you fulfill your calling
  - more specific; up to you to develop

- **Career path** – the vocation you choose to fulfill your vision

- **Target job** – the job you plan to have that is congruent with your career path, vision, and calling
  - less important – the means to the end
Developing my **VISION** Statement

- 2-3 power-packed sentences that clearly state where I am going (Prov. 29:18; Habakkuk 2:2)
  - What will be the *center* of my life?
  - What will be the *character* of my life?
  - What will be the *contribution* of my life?
  - What will be the *communication* of my life?

- What will be my LIFE MESSAGE?
- What will my life SCREAM?
My **VISION** Statement (cont.)

- **Things to keep in mind:**
  - Remember and consider my values and convictions.
  - Get a vision to *start* something or be a *part* of something.
  - When God wants to change the world, He births a baby to accomplish it.
  - The path of least resistance is boring.
  - Compete against *your* potential.
  - Don’t be limited by your own imagination – use your imagination to bless the world.
  - Be careful who you share your vision with.
Exercise

• Take about 5-10 minutes and come up with a rough draft of your Vision Statement.

Is your new career congruent with your Vision Statement?
Managing My Career

- 21st Century Challenge
- Managing and Marketing my Career Path

"Jobs for life have been replaced by the portfolio career and graduates are not simply seeking employment, they are endeavoring to sell their skills to the highest bidder."

(Roles for Graduates in the 21st Century)
Skills

- Transferability Skills: skills that are not confined to the learning or application of a specific subject.

- Example:
  - Communication: Ability to communicate in written and oral form and to use language appropriately in a complex argument
  - Think about your Academic Skills.

- TIP: For your resume you want to focus on general transferability skills. Skills that you have acquired in previous vocations that can not be applied to your new career path or target job should not be referenced.
More Skills

- **Identifying you**
  - You assessing your personal strengths that will maximize your opportunities

- **Marketable Skills:**
  - The skills your future employer will want you to perform.
  - For a great resource on these marketable skills
    - Look up the Organization and what they are seeking you to find
    - Utilize ONET and type in the occupational title to identify core skills required for your target job
      - [www.online.onetcenter.org](http://www.online.onetcenter.org)
More Skills

- **Motivated Skills**
  - These are skills you enjoy using
    - Your achievements, how did you accomplish them? What happened?

- **Personal Skills**
  - Self-promotion
  - Networking
  - Developed Focus
  - Understanding Organizations

[http://www.kent.ac.uk/careers/sk/skillsinventory.html](http://www.kent.ac.uk/careers/sk/skillsinventory.html)
Show Me Your Skills

- Take 5-10 minutes to reflect about your skills that you have acquired.
BREAK

Enjoy a 3 minute Break
Career Pathways

- Knowing my Interest
- Knowing My Skills
- Knowing my Values
My Interests

- Most people enjoy communicating.

- Stepping Back in Time
- John Holland believed that people who work in an environment in terms of occupations, typically share some of the same interests.
My Interests

- R = Realistic
- A = Artistic
- I = Investigative
- S = Social
- E = Enterprising
- C = Conventional
Values

- Values are beliefs about what is desirable, important or worthwhile. When we make an important decision, such as a career choice, our values strongly influence the direction of our choice.
Your Turn

- Take a few minutes and get into groups of 2-3
- Interview each other based on their mission statements, interests and values
- Provide feedback for one another
Questions?

- Answers
We greatly appreciate your feedback…

Please click here to fill out a brief survey:

http://www.surveymonkey.com/s.a spx?sm=sKP1jkd01wspKsP7Wfv5 2w_3d_3d