

Self-evaluation for the PsyD program

Student's name: _____

This document should be submitted to Beth at psyd@regent.edu with a copy to your faculty advisor.

Your faculty advisor is the primary recipient of this self-evaluation but Beth tracks completion.

Make narrative comments on personal areas of **strength, weakness, opportunities** for growth and any **threats** (SWOT) to your success in these areas. You don't have to comment on all things for each of these areas- but this gives you a method for discussing each area of your training.

Required Attachments

1. Your Time2track log updated as of March 31 this year.
2. Your updated ADP form (electronic word document, not hand written please) or signed SEP Review Form
3. Your current unofficial transcript
4. Your updated PsyD Student Record of MLA/DSK Related Achievement and Remediation Reviewed by Mentor

Competency Areas of Training

Professionalism Competencies (Professional values as a psychologist, ethics, responsibility, integrity.

This applies to professional relationships with clients, peers, and supervisors, understanding the impact your actions have on others, responsible with academic and clinical assignments, compassion towards others, response to constructive criticism, and developmentally appropriate identity as a psychologist in training)

Clinical Competencies (able to demonstrate specific competencies in clinical activity to prepare them for professional practice of psychology in a variety of settings. This includes interpersonal and interviewing skills, application of theory, assessment, case formulation, treatment planning, psychotherapeutics, and professional writing. Your probes are related to this goal, practica evaluations & performance in clinical areas of comprehensive exams.)

Application of Clinical Science Competencies (skilled in the application of clinical science. Able to understand statistics, research design, dissertation research, performance on research portion of comprehensive exam, ability to use clinical science with cases, and the research components of courses across the curriculum)

Diversity Competencies (awareness, sensitivity and skills in working with diverse individuals, groups and communities. Ability to work with underserved populations. Throughout the curriculum, and clinical probe, multicultural course, comprehensive exam items)

Leadership Competencies (leadership in roles typical for psychologists. This is primarily relevant to Supervision and Consultation, Advanced Practica, but also to other leadership roles in the department such as TA or professional organization leadership; For earlier students in the program this may be more of a self-evaluation of your personal background and skills towards leadership roles expected in the future)

Religious and Spiritual Practice Competencies (ability to address religious or spiritual problems in individuals, families or groups, and understand psychological subjects from a Christian worldview)

Did you receive any Notes of Concern, Professional Development Forms, grades below B, or placed on remediation anytime since March of last year? If so, please explain how you have addressed the faculty’s concerns.

Comments on Review of my clinical hours, placements and types of clients served thus far in my training

With this document you need to submit your Time2track cumulative hours thus far in the program. The Time2track hours should be up to date at least to March 31 of this year.

Benchmarks for hours. The median hours for an applicant for internship in 2011 was 573 for intervention, 148 for assessment and 303 for supervision¹. Assuming 37 weeks of seeing clients each year for two years plus 8 weeks in fall of 4th year (total 82 weeks before applying for internship) then to reach median students should have approximately 6-7 hours a week of intervention, 1.8 hours a week of assessment, and 3.7 hours a week of supervision. The program has set 400 intervention hours and 100 assessment hours as minimums for application for internship.

Progression	Your Hours		Minimum hour trajectory	Median hour trajectory
Second years (21 weeks)	Intervention		102 hours intervention 26 hours assessment	140 hours intervention 38 hour assessment 78 hours supervision
	Assessment			
	Supervision			
	Support			
Third years (57 weeks)	Intervention		278 hours intervention 70 hours assessment	370 hours intervention 102 hours assessment 211 hours supervision
	Assessment			
	Supervision			
	Support			

¹ Source: <https://www.appic.org/Match/MatchStatistics/ApplicantSurvey2011Part1.aspx>

In this section discuss your training: Pre-practica (first year) students and students who have secured an internship can simply answer the questions below briefly, submit their Time2Track hours with little comment. All others comment on the strengths and weaknesses relevant to your training thus far.

Strengths:

Weaknesses:

Opportunities to Improve:

Threats to Success:

What types of clients have you primarily seen?

Has your training been weighted heavily in one direction or the other (assessment, intervention, child, geriatric, military, etc.)?.

Second years: Comment on your plans to continue your training and address any deficits you have in your experiences thus far.

Third year not planning to apply for internship in fall: Comment on your plans to continue your training and address any deficits you have in your experiences thus far.

Students planning to apply for internship in fall: Comment on your plans for application for internship in light of your training hours and experiences. What types of training experiences have prepared you to match at what types of internships? Do you foresee meeting minimum hours and approaching median hours or exceeding them?

[clearly communicate which developmental category you are in and your response]

Comment on my dissertation project

(first year students can skip this question; comment on the strengths and weaknesses of the project and your timeliness in completing it. Be specific on what draft you are working on with your chair)

Your chair is (second years are required to submit the name of a chair after getting verbal consent from the faculty):

The draft I am working on is (e.g., first draft of proposal, 3rd draft of defense...):

[write sentences here]

Final Overview:

Personal Strengths:

Personal Weaknesses:

Opportunities I could further explore in the coming year:

Threats to success in the program currently/ in the coming year: