

# Michelle E. Tanner

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## EDUCATION

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**Ph.D., Duquesne University, Counselor Education and Supervision (CACREP), May 2021**  
*Dissertation Title: School Counseling in an Oppressed Society: Examining the Relationships between Social Justice Advocacy Competence, Empowerment, and Social Justice Self-Efficacy*

**M.Ed., California University of Pennsylvania, K-12 School Counseling (CACREP), August 2012**

**B.S., California University of Pennsylvania, Secondary English Education, May 2007**

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## LICENSES AND CERTIFICATIONS

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National Certified Counselor (NCC)- 2012-Present  
Licensed Professional Counselor (LPC; PA)- 2015-Present  
K-12 School Counseling (PA)- 2012-2020

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## TEACHING EXPERIENCE

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**Assistant Professor, Regent University, Virginia Beach, VA-** January 2022-Present  
CACREP accredited Counselor Education graduate courses taught in both hybrid and traditional formats:

- Courses taught – Group Counseling, Theories of Counseling, Research Methods

**Adjunct Professor, Regent University, Virginia Beach, VA-** August 2021-December 2021  
CACREP accredited Counselor Education graduate courses taught in an online format:

- Courses taught – Group Counseling, Theories of Counseling

**Assistant Professor, St. Bonaventure University, St. Bonaventure, NY-** August 2019-December 2021

CACREP accredited Counselor Education graduate courses taught in an online format:

- Courses taught – Group Counseling, Career Counseling, Introduction to the Profession of Counseling, Multicultural Counseling, Theories and Techniques of Counseling, Seminar in School Counseling, Abnormal Psychology, Management of School Counseling Programs, School Counseling and Special Education

**Adjunct Faculty, Westminster College, New Wilmington, PA-** December 2016-Present  
Counselor Education graduate courses taught in virtual, traditional, and hybrid formats:

- Courses taught – Research Methods, Counseling Foundations, Multicultural Counseling, Human Development, Techniques of Counseling, Group Counseling, DSM Diagnosis, Case Conceptualization

Other responsibilities:

- Built an online DSM Diagnosis, Advanced Multicultural Counseling, and Group Counseling course shell
- Realigned several courses to the 2016 CACREP Standards
- Collaborated with program director about networking, future CACREP accreditation, student concerns, etc.

**Adjunct Faculty, California University of Pennsylvania, California, PA-** August 2018-December 2020

Undergraduate sociology courses taught in traditional and online formats:

- Courses taught – Social Inequality, Gender and Work, Principles of Sociology, Sociology of the Family, Substance Use and Abuse, Special Problems in Sociology

**Adjunct Faculty, California Baptist University, Riverside, CA-** September 2017-August 2019

Behavioral sciences graduate and undergraduate courses taught in a virtual format:

- Courses taught – Lifespan Development, Introduction to Research Methods, Theories of Personality, General Psychology, Consultation and Collaboration: Early Childhood Interventions, Cognitive Psychology

**Adjunct Faculty, Seton Hill University, Greensburg, PA-** August 2018-August 2019

Counseling and education graduate and undergraduate courses taught in a virtual and traditional format:

- Courses taught – Middle School Theory and Practice, Introduction to Counseling, Educational Research

**Adjunct Faculty, Indiana University of Pennsylvania, Indiana, PA-** August 2017-May 2018

Counselor Education graduate courses taught in traditional format:

- Courses taught – Group Counseling Practicum, Elementary School Counseling Practicum, Secondary School Counseling Practicum

**Teaching Assistant, Duquesne University, Pittsburgh, PA-** June 2017-July 2017

- Child and Adolescent Counseling

**Teaching Assistant, Duquesne University, Pittsburgh, PA-** January 2017-February 2017

- Introduction to School Counseling

**Middle School English and Language Arts Teacher,** Albert Gallatin Area School District, Albert Gallatin North Middle School, McClellandtown, PA- August 2008-June 2014

**Cyber School English Teacher,** Albert Gallatin Area School District, Uniontown, PA- June 2012-August 2012

**Cyber School Reading Teacher,** Albert Gallatin Area School District, Uniontown, PA- August-November 2011

**Summer School English Teacher,** New Directions, Uniontown, PA- June 2009-August 2010

**Junior High Reading and English Teacher**, Southeastern Greene School District, Mapletown Junior/Senior High School, Greensboro, PA- August 2007-June 2008

**Student Teaching**, Uniontown Area Senior High School, Uniontown, PA- January-May 2007

**Teaching Internship**, Albert Gallatin Senior High School, Uniontown, PA- September-December 2006

**Teaching Field Experience**, Morningside Elementary/Middle School, Pittsburgh, PA- May 2006

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## COUNSELING EXPERIENCE

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**Experiential Group Facilitator, St. Bonaventure University, St. Bonaventure, NY**- Fall 2019, Summer 2020, Summer 2021

- Facilitated an experiential group with Master's students in the School Counseling and Clinical Mental Health Programs which serves as a Group Counseling course requirement

**Group Counseling Lab Facilitator, Duquesne University, Pittsburgh, PA**- February 2016-March 2016 and February 2017-April 2017

- Facilitated an experiential group with Master's students in the School Counseling and Clinical Mental Health Programs

**High School Counselor, Albert Gallatin Area Senior High School, Uniontown, PA**- August 2016-August 2017

- Led the Student Assistance Program (SAP)
- Assisted in the development of the district's K-12 comprehensive school counseling curriculum
- Counseled students in need and/or crisis
- Assigned as one of the assessment coordinators for the Keystone assessments in which I assisted with the organization of the assessments
- Organized scholarships and awards assembly for students
- Facilitated all academic, career and social/emotional development needs of children in grades 9-12

**Elementary School Counselor, A.L. Wilson Elementary School, Fairchance, PA**- August 2014-August 2017; **D. Ferd Swaney Elementary School, Uniontown, PA**- August 2014-June 2016 (school closed)

- Assisted in the development of the district's K-12 comprehensive school counseling curriculum
- Provided individual and group counseling K-5
- Taught school counseling core curriculum lessons K-5
- Organized fifth grade career fair
- Organized a field trip to the local technical school
- Organized a field trip to Penn State Fayette Eberly Campus
- Compiled special education packets for testing (Chapter 14, 15, and 16)
- Led Red Ribbon Week activities
- Coordinated the local and state assessments
- Communicated with parents and outside agencies about progress of children

- Acted as the truancy officer
- Facilitated all academic, career and social/emotional development needs of children K-5

**School Counseling Clinical Field Experience, Elementary and Secondary School Counselor**

Connellsville Area Senior High School, Connellsville, PA- January 2012-May 2012

George J. Plava Elementary School, McClellandtown, PA- January 2012-May 2012

Masontown Elementary School, Masontown, PA- January 2012-May 2012

- Counseled students from grades K-12
- Utilized creative arts therapy
- Proctored and organized the PSSA test
- Taught guidance lessons to elementary students
- Learned and completed various school counseling duties, such as gifted and special education referrals, changing student schedules, and organizing two career fairs
- Organized community service days for seniors
- Reflected upon audiotapes of students' sessions in order to learn and grow

**School Counseling Practicum, Middle School Counselor**

Albert Gallatin North Middle School, McClellandtown, PA- September-December 2011

- Counseled students from grades 6-8
- Applied reality therapy to counseling techniques
- Adapted personal theoretical orientation to meet clients' needs
- Utilized creative arts in counseling sessions
- Listened to tapes of sessions to learn and grow

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**SUPERVISION EXPERIENCE**

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**University/Faculty School Counselor Supervisor, St. Bonaventure University, St. Bonaventure, NY- August 2020**

- Served as a faculty supervisor for a school counseling intern who received an "Incomplete" in Practicum and who needed remediation
  - Held three 1-hour supervision meetings with student to ensure remediation plan was met

**University/Faculty School Counselor Supervisor, Indiana University of Pennsylvania, Indiana, PA- August 2017-Present**

- Acted as the university supervisor for Elementary School Counseling Practicum, Secondary School Counseling Practicum, and Group Counseling Practicum students

**School Counselor Supervisor, A.L. Wilson Elementary School, Fairchance, PA- August 2016-December 2016**

- Acted as a site supervisor for a school counseling practicum student from California University of Pennsylvania for the Fall 2016 semester

**Counseling Supervisor, Duquesne University, Pittsburgh, PA- May 2016-July 2016**

- Supervised Master's level students via group supervision sessions in the School Counseling and Clinical Mental Health Programs

**Counseling Supervisor, Duquesne University, Pittsburgh, PA- January 2016-May 2016**

- Supervised Master's level students via group supervision sessions in the School Counseling Program

**Counseling Supervisor, Duquesne University, Pittsburgh, PA- August 2015-December 2015**

- Supervised Master's level students via individual and group supervision sessions in the School Counseling and Clinical Mental Health Programs

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## RESEARCH EXPERIENCE

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### Research Interests

Social justice and school counseling; social justice training of school counselors; school counselor supervision; holistic wellness and school counseling; spirituality in school counseling

**Graduate Assistant, Duquesne University, Pittsburgh, PA- August 2015-May 2016**

- Worked with Dr. Jered Kolbert on a publication and presentation titled "Positive Psychology and Career Development" where I completed a literature review and helped compose the article and presentation

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## PUBLICATIONS\*

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### Book Chapters

**Tanner, M.**, Eliason, G., & Knopp, N. (in progress). Reality therapy and pastoral self care. *Pastoral Counseling: Theory and Application*.

**Tanner, M.** (2019). Broken together. In J. Rech (Ed.), *From the inside out: Therapists' confessions of courage, strength, and hope* (pp. 53-63). Pittsburgh, PA: Unsung Hero Publishing.

### Peer-Reviewed Journal Articles

**Aulhouse, M.**, Kolbert, J. B., Bundick, M. J., & Crothers, L. M. (2017). Positive psychology and career development. *Journal of School Counseling, 15*(15). Retrieved from <https://files.eric.ed.gov/fulltext/EJ1158347.pdf>.

**Aulhouse, M.** (2013). Clergy families: The helpless forgotten's cry for help answered through reality therapy. *VISTAS, Summer Issue, 47*. Retrieved from [https://www.counseling.org/docs/default-source/vistas/clergy-families-the-helpless-forgottens-cry-for-help.pdf?sfvrsn=1c17cd2b\\_11](https://www.counseling.org/docs/default-source/vistas/clergy-families-the-helpless-forgottens-cry-for-help.pdf?sfvrsn=1c17cd2b_11).

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## PRESENTATIONS

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\*Last name changed from Aulhouse to Tanner in March 2016.

**Aulthouse, M.** (2013). *Clergy families: The helpless forgotten's cry for help answered through reality therapy*. Presentation conducted at the annual meeting of the American Counseling Association (ACA), Cincinnati, OH.

**Aulthouse, M., Putney, H. L., & Stephens, M.** (2016). *Love sex and marriage: Redefining marital satisfaction*. International Association of Marriage and Family Counselors (IAMFC) World Conference. New Orleans, LA.

**Aulthouse, M., & Kolbert, J. B.** (2016, February). *Positive psychology and career development*. Presentation conducted at the annual meeting of the Pennsylvania School Counselors Association (PSCA), Hershey, PA.

**Abaray, S. & Aulthouse, M.** (2016, April). *No school counselor left detached: Exploring school counselor identity, professionalism, and equity of services using the foundation of ASCA*. 6th Annual Chi Sigma Iota Pennsylvania Statewide Conference, Marywood University, Scranton, PA.

**Aulthouse, M., Putney, H., & Stephens, M.** (2016). *Getting to the heart of the matter: Understanding relational satisfaction factors in heterosexual and LGBTQ relationships*. Presentation conducted at the annual meeting of the Pennsylvania Counselors Association (PCA), State College, PA.

#### **Other Presentations:**

**Tanner, M.** (2020, June). *Understanding grief and loss in children and adolescents*. Counselor Education Program Summer Residency at St. Bonaventure University. (virtual/online)

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### **SERVICE & LEADERSHIP/ADVOCACY**

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**Regent University Assistant Professor**, Virginia Beach, VA, January 2022-Present

- Serve as co-leader on School Counseling Collaborative
  - Overseeing research projects with the school counseling doctoral students
- Member of School of Education's Accountability and Accreditation Team
  - Developing the School Counseling program's portion of the CAEP self-study report

**St. Bonaventure University Visiting Professor**, St. Bonaventure, NY, August 2019-December 2021

- Served as School Counseling Team Lead
- Acted as Comprehensive Exam Coordinator
- Former Summer Residency Coordinator Team member
- Grade Appeal Committee for Counselor Education
- Course editor, developer, and lead (Group Counseling, Foundations of School Counseling, Special Topics in School Counseling, Child & Adolescent Counseling, School Counseling & Special Education, Ethical & Legal Issues in School Counseling)
- Department of Justice Campus Program Focus Group Committee
- Group facilitator and presenter at summer residencies
- Served on Counselor Education Advisory Council
- Advocated for and engaged in school counseling curriculum revisions
- Assisted program director with state curriculum report

- Served as a mentor to a new full-time faculty member

**Westminster College Adjunct**, New Wilmington, PA

- As an adjunct, I collaborated with the program director about networking, course improvement, and aligning courses to CACREP standards
- Aligned several courses to the CACREP 2016 standards

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**PROFESSIONAL DEVELOPMENT**

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**2021**

- Child Abuse Identification and Reporting (3 hours)
- Integrating Religion and Spirituality into Counseling (5 hours)
- Setting Ethical Limits: For Caring and Competent Professionals (6 hours)
- Suicide Assessment and Prevention (6 hours)
- A Review of Psychiatric Emergencies (10 hours)
- “Anti-Racist School Counseling: It Matters for All Educators and Students.”
- Mandatory training and professional development in the areas of sexual harassment, cyber security, and digital safety.

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**GRANTS**

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Bourdeau, A., Stickl Haugen, J., & **Tanner, M.** *Anti-Racist and Social Justice School Counseling: Experts in the Field Support School Counselors' Preparation to Confront Racism in Schools (\$1700)*. Funded from Keenan/Martine Foundation at St. Bonaventure University.

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**PROFESSIONAL AFFILIATIONS**

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American Counseling Association- 2014-Present  
 American School Counseling Association- 2014-Present  
 Association for Counselor Education and Supervision- 2020-Present  
 Association for Spiritual, Ethical, and Religious Values in Counseling- 2020-Present  
 Association for Multicultural Counseling & Development- 2020-Present  
 Virginia Counseling Association- 2022-Present  
 Virginia School Counseling Association- 2022-Present

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**COMMUNITY SERVICE/OUTREACH**

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- Served on the worship team at Faith Assembly of God in Uniontown, PA (2011-2021)
- Served on the COVID-19 Response Team (March 2020-May 2021)
- Church small group facilitator (Spring 2019)

- Assisted in the organization of a community outreach program called LoveFayette (Summer 2015)
- Volunteered for LoveFayette events (Christmas 2015, 2016)
- Attended an 8-week leadership class at Faith Assembly of God in Uniontown, PA (Summer 2018)

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### **ADDITIONAL PROFESSIONAL SKILLS**

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**Assistant Editor, *Career Development across the Lifespan: Community, School, and Higher Education***

**Guest Editor, Virtual School Counseling During the COVID-19 Pandemic: What Literature is Suggesting and How to Move Forward – *Journal of Human Services; Populations in the Moment* Special Issue**

**Moodle, Blackboard, D2L, and Canvas Online Course Developer**