

David M. Savinsky, Ph.D., LPC, LMFT, CSAC, ACS

CURRENT POSITIONS

Clinical Training Coordinator
Assistant Professor
School of Psychology & Counseling
Regent University
1000 Regent University Drive
Virginia Beach, VA 23464
Phone: 757-352-4853
davisav@regent.edu

Beach Therapy & Consulting, PLLC
Yorktown Commerce Center
228 North Lynnhaven Road, Suite 110
Virginia Beach, VA 23452
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EDUCATION

Ph.D. in Counselor Education & Supervision (CACREP Accredited)
Regent University, August, 2012

Dissertation: “Treatment of Adolescent Substance Abuse and Family Cohesiveness
Using Modified Dialectical Behavior Therapy”

Old Dominion University
Postgraduate classes for licensure August 1997 – June 2002

Master of Arts in Community/Clinical Psychology
Norfolk State University, May 1996

Bachelor of Arts in Psychology & Sociology
Virginia Wesleyan College, May 1994

PUBLICATIONS

Randall Reyes, J., **Savinsky, D. M.**, Underwood, L., & Knight, J. L. (2019). The Lived Experience of Mental Health Providers in Wilderness Therapy Programs. *Journal of Therapeutic Schools and Programs*, 9, 120-136. Doi: 10.19157/JTSP.issue.11.01.08

Impellizzeri, J., **Savinsky, D. M.**, King, J. & Leitch-Alford, L. (2017). Conceptual mapping task: An effective verification tool for qualitative counseling research. *Counseling Outcome Research and Evaluation*, 8(1), 31-47. Doi: 10.1080/21501378.2017.1327745

Savinsky, D. M. (2016). *Authoritative parenting*. In John Carlson and Shannon Dermer (Ed.'s), *Encyclopedia of marriage, family, and couple counseling*. Thousand Oaks, CA: Sage Publications, Inc.

Savinsky, D. M. (2016). *Parent-adolescent relations*. In John Carlson and Shannon Dermer (Ed.'s), *Encyclopedia of marriage, family, and couple counseling*. Thousand Oaks, CA: Sage Publications, Inc.

Savinsky, D. M. (2012). *Treatment of adolescent substance abuse and family cohesiveness using modified Dialectical Behavior Therapy*. (Doctoral Dissertation). Available from ProQuest Dissertations and Theses database. (UMI No. 3528733).

PUBLICATIONS IN PROCESS

Savinsky, D. M. (in progress). Faculty Field Placement Manual for Practicum & Internship.

Savinsky, D. M. (in progress). When the Rug is Pulled Out From Under You: Private Practice Ending Without Consent. *Counseling Today*.

ACADEMIC POSITIONS AND EXPERIENCE

April 2018 – Present Associate Professor
School of Psychology and Counseling
Regent University

Aug 2012 – Present Assistant Professor

School of Psychology and Counseling
Regent University, Virginia Beach, VA

Jul 2013 – Present

Clinical Training Coordinator
School of Psychology and Counseling
Regent University, Virginia Beach, VA

May 2008 – Aug 2012

Adjunct Instructor
School of Psychology & Counseling, Regent University,
Virginia Beach, VA

Developed and provided instruction for *Addictive Behaviors*, a course focused on investigation of the addictive processes associated with dependency. Utilized a hybrid format, combining face-to-face and online components to enhance the learning experience. Addressed assessment, diagnosis, treatment planning and interventions throughout the stages of abuse and dependency. Explored issues related to addictive disorders, such as family dynamics of addiction.

Developed and provided instruction for Seminar Class: *Dialectical Behavior Therapy: Treating the Borderline Client*, a course focused on introducing students to DBT treatment, biosocial theory and the principles and strategies that inform this approach.

Developed and provided instruction for Seminar Class: *Dialectics and Family Therapy: Treating the Adolescent Client*, a course focused on applying family therapy models to adolescent clinical cases and to introduce students to Dialectical Behavior Therapy as applied to adolescents and families.

Jan 2006 – May 2010

Adjunct Instructor –
Psychology Department, Virginia Wesleyan College,
Norfolk, VA

Provided instruction for *Psychology of the Healthy Personality*, a course in understanding the basic psychological information related to the development of healthy functioning. The development and maintenance

of the healthy personality are explored and the efforts to reach self-actualization are discussed.

Provided instruction for *Abnormal Psychology*, a course in understanding the various categories of disturbed behavior and defining symptom patterns. Causes, diagnosis, treatment, and prevention are also discussed.

Provided instruction for *Assessment of Individual Differences*, a course focused on introducing students to testing and measurement.

Provided instruction for *Therapeutic Psychology*, a course focused on introducing students to the various theoretical models that inform effective therapy.

Sep 2005 – May 2010

Adjunct Instructor –

Sociology Department, Virginia Wesleyan College, Norfolk, VA.

Provided instruction for remaining half of *Social Psychology of Stress & Crisis* in Fall semester 2005.

This class qualified in the VWC curriculum as either a Psychology or Sociology class and was a course designed to educate students on the impact of stress and crises on the human condition and responses people have in times of crisis.

Aug 2007 – May 2008

Teaching Assistant – Masters in Counseling Program, School of Psychology & Counseling, Regent University.

Assigned to Thomas Mercer Collier, Ph.D. Responsible for assisting faculty with teaching activities and clinical supervision of students in skills classes and practicum.

Assisted with the following classes:

COUN 500 – *Helping Relationships*

COUN 521 – *Counseling Skills & Techniques*

COUN 523 – *Practicum*

COUN 538 – *Psychopathology*

SUMMARY OF COURSES TAUGHT

Course	Title	School	Role	Semester
Soc/Psy 352	Social Psychology of Stress & Crisis	Virginia Wesleyan College	Professor of Record	Fall 2005
Psy 266	Psychology of the Healthy Personality	Virginia Wesleyan College	Professor of Record	Spring 2007
Coun 538	Psychopathology	Regent University	Teaching Assistant	Spring 2007
Coun 523	Practicum	Regent University	Teaching Assistant	Spring 2007
Coun 500	Helping Relationships	Regent University	Teaching Assistant	Fall 2007
Coun 521	Counseling Skills & Techniques	Regent University	Teaching Assistant	Fall 2007
Psy 356	<i>Abnormal Psychology</i>	Virginia Wesleyan College	Professor of Record	Spring 2009
Psy 333	<i>Assessment of Individual Differences</i>	Virginia Wesleyan College	Professor of Record	Fall 2009
Psy 389	<i>Therapeutic Psychology</i>	Virginia Wesleyan College	Professor of Record	Fall 2009
Coun 585	<i>Seminar in Dialectical Skills & Family Therapy</i>	Regent University	Professor of Record	Fall 2011 Fall 2012
Coun 521	<i>Counseling Skills & Techniques</i>	Regent University Masters in Counseling	Professor of Record	Fall 2012
Coun 595A&B	<i>Internship in Clinical Mental Health Counseling</i>	Regent University Masters in Counseling	Professor of Record	Fall 2012 Spring 2013 Summer 2013 Fall 2014 Spring 2015 Fall 2015 Spring 2016 Fall 2016

				Spring 2017 Fall 2017 Spring 2018 Fall 2018 <i>(hybrid)</i>
Coun 593A&B	<i>Internship in Marriage & Family Counseling</i>	Regent University Masters in Clinical Mental Health Counseling	Professor of Record	Fall 2018 <i>(hybrid)</i>
Coun 540	<i>Human Growth & Development</i>	Regent University Masters in Counseling	Professor of Record	Summer 2013
Coun 562	<i>Community Counseling</i>	Regent University Masters in Counseling	Professor of Record	Spring 2013
CES 618	<i>Qualitative Research Methodology</i>	Regent University PhD Program	Professor of Record	Spring 2015 Spring 2016 Spring 2017 Spring 2018
Coun 571	<i>Addiction & The Family (Created this course)</i>	Regent University	Professor of Record	Fall 2015
Coun 562	<i>Crisis, Trauma & Clinical Mental Health</i>	Regent University Masters in Counseling	Professor of Record	Spring 2014 Summer 2014 Summer 2015 Summer 2016 Summer 2017 Summer 2018

Coun 545	<i>Concepts of Family Systems</i>	Regent University Masters in Counseling	Professor of Record	Fall 2014 Fall 2015 Fall 2016 Fall 2017 Spring 2018 <i>(online)</i>
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PROGRAMS OR COURSES DEVELOPED

Coun 571	<i>Addiction & The Family</i>	Regent University	Professor of Record	Fall 2015
Coun 585	<i>Seminar in Dialectical Behavior Therapy</i>	Regent University	Professor of Record	Fall 2012

CLINICAL POSITIONS AND EXPERIENCE

May 2013 – Present Co-Founder/Co-Owner
 Psychotherapist/Consultant/Supervisor
 Beach Therapy & Consulting, Virginia Beach, VA
 Provide individual, family, and group therapy to adolescents and adults including emotion regulation, school and conduct problems, substance abuse, family conflict, depression, and parent/child conflict. Provide assessment, diagnosis, treatment, and referral. Offer consulting supervision for counseling staff in a variety of clinical settings.

Nov 2003 – Apr 2013 Psychotherapist/Clinician
 Atlantic Psychiatric Services, Virginia Beach, VA
 Provided individual, family, and group therapy to children, adolescents, and adults including but not limited to anger management, school and conduct problems, substance abuse, relationships conflicts, depression,

marital problems, and parent/child issues. Provide assessment, diagnosis, treatment, and referral.

- May 2004 – Dec 2009 Psychotherapist/Chemical Dependency Facilitator
Atlantic Psychiatric Services, Chemical Dependency
Intensive Outpatient Program, Virginia Beach, VA
Participated in creation, development and
implementation of Chemical Dependency Intensive
Outpatient Program for Adolescents. Coordinated
acceptance of new referrals, assessment, diagnosis, and
took lead role in group therapy facilitation. Coordinated
weekly group therapy with teens, parenting curriculum
for parents, and co-facilitated multi-family groups with
both teens and parents. Administered drug screens and
general management of clinical casework.
- Nov 2003 – Dec 2004 Psychotherapist/Clinician –
Psychological Services of Chesapeake, Chesapeake, VA
Provided individual, family, and group therapy to
children, preadolescents, adolescents, and adults
including substance abuse, conduct problems, marital
problems, and parent/child issues. Provided assessment,
diagnosis, treatment, and referral.
- Aug 2002 – Dec 2002 Acting Program Director –
Chesapeake Boys' Home, Chesapeake, VA
Coordinated, organized, and directed the resident
treatment program for at-risk youth aged 13-17 referred
by local court service units, including the screening and
admission of all residents, treatment planning, school
placements, collaboration with referral sources and
outside agencies and criteria for discharge. Coordinated
and oversaw the program's budget, administered all
policies to all Department of Juvenile Justice applicable
standards, and supervised the counseling staff in the
coordination of the treatment program.
- Mar 1999 – Nov 2003 Assistant Program Director –
Chesapeake Boys' Home, Chesapeake, VA

Assisted in directing of the resident treatment programming, including marketing, securing funding from local court service units, and the screening and admission of all residents. Supervised the counseling staff and daily routine of the treatment program, including individual, family, and group counseling, as well as behavioral management. Facilitated weekly group counseling, including anger management, and family counseling to residents and their families.

Nov 1996 – Mar 1999 Counselor
Regional Group Home, Virginia Beach, VA
Coordinated substance abuse program, including completing assessments on new clients, supervision of counselors, and management of treatment plans in the area of substance abuse. Facilitated group counseling, coordinated recreation, outdoor programming, and community resources for all clients. Facilitated individual and family counseling and coordinated case management.

CONSULTATION EXPERIENCE

Sep 2012 – Present Consulting Clinical Supervisor
Seton Youth Shelters, Virginia Beach, VA
Provide clinical consultation and supervision for group home counseling staff, assistant director and group home director specific to clinical and program effectiveness.

May 2013 – Dec 2014 Consulting Clinical Supervisor
Virginia Beach Methadone Clinic, Virginia Beach, VA
Provided clinical consultation and supervision for VBMC counselors and clinical staff.

June 2006 – March 2007 Consultant/Trainer –
Hampton Roads Youth Center (HRYC), Suffolk, VA

Provided training and supervision for counselors, clinical supervisors, and consulted with chief operating officer on program effectiveness.

Sep 2005 – Dec 2005

Consultant
Norfolk State University, Norfolk, VA
Member of the Psychology Department Advisory

Committee

Assisted in development of a strategic plan for the Department of Psychology, including study of the curriculums of the bachelor's program and recommended curriculum changes.

2002 – 2003

Consultant/Trainer –
United Methodist Church, Norfolk and Portsmouth Districts, Norfolk, VA
Provided consultation and training for various churches in the Norfolk and Portsmouth Districts, including sexual abuse training, boundaries, marital/couple workshops, and crisis intervention.

PROFESSIONAL LICENSURE

Licensed Professional Counselor	Virginia	License # 0701003504
Licensed Marriage & Family Therapist	Virginia	License # 0717001062
Certified Substance Abuse Counselor	Virginia	License # 0710102210
Approved Clinical Supervisor		ACS # 01618

PROFESSIONAL PRESENTATIONS

Savinsky, D. M. ASAM Criteria Condensed (2019, January). Invited presentation for Virginia Association of Addiction Professionals (TVAAP), Portsmouth, VA.

Savinsky, D. M. Assessing the Family for Treatment Fit Utilizing the Sequential Family Addictions Model (2018, July). Presented at the Virginia Summer Addiction Institute (VSIAS) Annual Conference,

Williamsburg, VA.

Impellizzeri, J., Savinsky, D. M., King, J. & Leitch-Alford, L. A. Eliciting and Verifying Rich Data in Counseling Research through the Conceptual Mapping Task (2018, April). Presented at the Christian Association of Psychological Studies (CAPS) National Conference, Norfolk, VA.

Savinsky, D. M. Eliciting and Verifying Rich Data in Counseling Research through the Conceptual Mapping Task (2017, October). Presented at the Association for Counselor Education & Supervision (ACES) National Conference, Chicago, IL.

Savinsky, D. M. & Boone-Savinsky, K. *Dialectical Behavior Therapy Introduction* (2017, September). Invited presentation for Tidewater Psychotherapy Services, Virginia Beach, VA.

Savinsky, D. M. *The ASAM Criteria: Evaluating Patient Levels of Treatment* (2017, July). Presented at Virginia Summer Institute for Addiction Studies (VSIAS), Williamsburg, VA.

Savinsky, D. M. *Dialectical Behavior Therapy: Theoretical Introduction* (2017, January). Presented for Beach Therapy & Consulting, PLLC, Virginia Beach, VA.

Savinsky, D. M. *DSM 5* (2016, February). Invited presentation for Seton Youth Shelters. Presented at Beach Therapy & Consulting, PLLC, Virginia Beach, VA.

Savinsky, D. M. *Utilizing Mindfulness to Enhance Teaching and Learning for Counselors* (2015, April). Presented at the Christian Association for Psychological Studies (CAPS), National Convention, Denver, CO.

King, J., Impellizzeri, J., Leitch-Alford, L. & **Savinsky, D. M.** *Eliciting Rich Data in Counseling Research through the Conceptual Mapping Task*. (2015, October). Presented at the Association for Counselor Education & Supervision (ACES) National Conference, Philadelphia, PA.

Savinsky, D. M. *Dialectical Behavior Therapy: A Theoretical Treatment Approach for Adolescent Addiction*. (2015, March). Presented at National

Association of Social Workers - Virginia (NASWVA) State Conference, Williamsburg, VA.

- Savinsky, D. M. *Effective In-Session Strategies to Increase Commitment & Decrease Therapy Interfering Behavior*. (2015, January). Presented for Beach Therapy & Consulting, PLLC. Virginia Beach, VA.
- Savinsky, D. M. *Dialectical Behavior Therapy: A Theoretical Treatment Approach for Adolescent Addiction* (2014, November). Presented at Virginia Counselors Association (VCA) annual conference, Williamsburg, VA.
- Savinsky, D. M. *Dialectical Behavior Therapy: Theoretical Introduction* (2014, September). Presented for Beach Therapy & Consulting, PLLC. Virginia Beach, VA.
- Savinsky, D. M. *Dialectical Behavior Therapy: A Theoretical Treatment Approach for Adolescent Addiction* (2014, July). Presented at Virginia Summer Institute for Addiction Studies (VSIAS) annual conference, Williamsburg, VA.
- Savinsky, D. M. *Effective In-Session Strategies to Increase Commitment & Decrease Therapy Interfering Behavior*. (2014, May). Presented for Beach Therapy & Consulting, PLLC. Virginia Beach, VA.
- Sells, J., **Savinsky, D. M.** Kennedy, J. *Counselor Education, Psychologist Training, and MOOCs: Hopes and Hesitations* (2014, March) Presented at Christian Association for Psychological Studies (CAPS) annual conference, Atlanta, GA.
- Savinsky, D. M. (2013, October). *Utilizing Mindfulness to Enhance Teaching and Learning for Counselors*. Presented at the Association for Counselor Education & Supervision (ACES) National Convention, Denver, CO.
- Leitch-Alford, L. & **Savinsky, D. M.** (2013, November). *DSM 5: Overview of Changes and Counselor Friendly Diagnosis*. Presented at the Virginia Counselors Association (VCA) Annual Convention, Hot Springs, VA.
- Savinsky, D. M. & Preston-Josey, S. (2013, November). *DSM 5: Working With Diagnosis in Children and Adolescents*. Presented at the Virginia Counselors Association (VCA) Annual Convention, Hot Springs, VA.

- Leitch-Alford, L. & **Savinsky, D. M.** (2013, March). *Conceptual Mapping: Enhancing Client Insight*. Presented at the American Counseling Association (ACA) Conference & Expo, Cincinnati, OH.
- Savinsky, D. M. & Boone-Savinsky, K. J. (2012, December). *Teaching Adolescents and Families Emotion Regulation Skills: A Multifamily Skills Group*. Presented for the Hampton Roads Counselors Association, Virginia Beach, VA.
- Savinsky, D.M. & Boone-Savinsky, K. J. (2011, October). *Dialectical Behavior Therapy (DBT): Treating the Emotionally Dysregulated Client*. Presented for the Virginia Society for Clinical Social Work, Eastern Virginia Chapter, Norfolk, VA.
- Suarez, E., Kennedy, J. F., **Savinsky, D. M.**, & Hull, C. (2009, October). *Promoting Transformative Learning*. Presented at the Association for Counselor Education & Supervision National Conference (ACES), San Diego, CA.
- Kennedy, J. F., Suarez, E. , **Savinsky, D. M.**, (2009, October). *Using Zero-Cost Technology to Build Cohesion in the On-line Classroom*. Presented at the Association for Counselor Education & Supervision National Conference (ACES), San Diego, CA.
- Savinsky, D.M. & Boone-Savinsky, K. J. (2009, October). *Anger Management Group Therapy for Teens*. Presented at the Association for Counselor Education & Supervision National Conference (ACES), San Diego, CA.
- Savinsky, D. M. (2008, October). *Group Therapy with Teenagers*. Presented at the Hampton Roads Youth Services (Nicosty) Conference, Virginia Beach, VA.
- Savinsky, D. M. & Boone-Savinsky, K. J. (2008, October). *Psychotherapy with Adolescents: Addressing Complex Issues*. Presented at the Hampton Roads Association of Clinical Counselors, Norfolk, VA.
- Savinsky, D. M. & Boone-Savinsky, K. J. (2008, March). *Anger Management: An Examination of Group Therapy with Teenagers*. Presented at the

annual conference of the Virginia Association for Specialists in Group Work, Annandale, VA.

Savinsky, D. M. & Waranch, S. F. (2007, December). *Substance Abuse and Anger Management: Engaging Teenagers in Treatment*. Presented at Virginia Beach Psychiatric Center, Virginia Beach, VA.

Savinsky, D. M. & Boone-Savinsky, K. J. (2007, June). *Anger Management: An Examination of Group Therapy with Teenagers*. Presented at the Eastern Virginia Society for Clinical Social Work, Norfolk, VA.

Savinsky, D. M. & Boone-Savinsky, K. J. (2006, July). *Family Systems and Medicine*. Invited presentation for didactic training to the Residents in the Family and Community Medicine Department, Eastern Virginia Medical School, Norfolk, VA.

Savinsky, D. M. & Boone-Savinsky, K. J. (2003, March). *Sexual Abuse 101 for Clergy and Lay leaders*. Presented for the Norfolk and Portsmouth Districts of the United Methodist Church, Norfolk, VA.

Savinsky, D. M. (2002, November). *Legal, Ethical, Emergency Training*. Presented at the Tidewater Regional Group Home Commission, Portsmouth, VA.

PROFESSIONAL AFFILIATIONS

2002 – Present	American Counseling Association (ACA)
2007 – Present	Association for Counselor Education & Supervision (ACES)
2012 – Present	American Association for Marriage & Family Therapists (AAMFT)
2012 – Present	Southern Association for Counselor Education & Supervision (SACES)
2007 – Present	International Association of Addictions and Offender Counseling (IAAOC)
2014 – Present	International Association of Marriage & Family Counselors (IAMFC)
2009 – Present	Chi Sigma Iota – Alpha Omega Lambda Chapter
2012 – Present	Virginia Counselors Association (VCA)

PROFESSIONAL TRAININGS & WORKSHOPS

2019 *Working with Emotion Dysregulation in Families: Dialectical Behavior Therapy with Parents, Couples, and Families*. Alan E. Fruzzetti, PhD, Morristown, NJ.

2018 *Christian Association for Psychological Studies (CAPS) National Convention*, Norfolk, VA.

2017 *Association for Counselor Education & Supervision (ACES) National Convention*, Chicago, IL.

2017 *Virginia Summer Institute for Addiction Studies (VSIAS) Conference*, Williamsburg, VA.

2015 *Christian Association for Psychological Studies (CAPS) National Conference*, Denver, CO.

April 2013 – March 2015 – *Dialectical Behavior Therapy: Team Building Intensive for Independent Practitioners*. Behavioral Tech, LLC
Behavioral Tech Faculty:
Jennifer Sayrs, Ph.D., APBB, Elizabeth Dexter-Mazza, Psy.D, André Ivanoff, MSW, Ph.D., Tony DuBose, Psy.D., Marsha M. Linehan, Ph.D. ABPP, Micah Adler, MBA

March 2, 2015 *Online Learning: Foundations of Exposure Therapy*, Behavioral Tech, LLC.

February 26, 2015 *Online Learning: Transforming Difficult Moments in Therapy*, Behavioral Tech, LLC.

March 3-7, 2014 *Dialectical Behavior Therapy: Team Building Intensive for Independent Practitioners Part 2* Jennifer Sayrs, Ph.D., ABPP & Elizabeth Dexter-Mazza, Psy.D., Behavioral Tech, LLC, Seattle, WA.

Mar 1, 2014 *Online Learning: DBT Validation Principles & Strategies*, Behavioral Tech, LLC.

- Feb 14, 2014 *Computer Based Training in Chain Analysis and Strategies for Dialectical Behavior Therapy*, Created by Linda Dimeff, Ph.D. and Behavioral Tech Research
- July 16, 2013 *Online Learning: DBT Skills Training Curriculum*, Behavioral Tech, LLC.
- July 15-19, 2013 *Dialectical Behavior Therapy: Team Building Intensive for Independent Practitioners Part I* Jennifer Sayrs, Ph.D., ABPP & Elizabeth Dexter-Mazza, Psy.D., Behavioral Tech, LLC, Seattle, WA.
- 2014 *Christian Association for Psychological Studies (CAPS) National Conference*, Atlanta, GA.
- 2013 *American Counseling Association (ACA) Conference & Expo*, Cincinnati, OH.
- 2013 *Virginia Counselors Association (VCA) Annual Convention*, Hot Springs, VA.
- 2013 *Association for Counselor Education & Supervision (ACES) National Convention*, Denver, CO.
- 2011 *Association for Counselor Education & Supervision (ACES) National Conference*, Nashville, TN.
- 2010 *Dialectical Behavior Therapy: Treating Clients with Borderline Personality Disorder and Substance Use Disorders* Linda Dimeff, Ph.D Behavioral Tech, LLC, Baltimore, MD.
- 2010 *Beyond the Basics: DBT Individual Therapy In Action* Charles Swenson, M.D. Behavioral Tech, LLC, Northampton, MA.
- 2009 *Dialectical Behavior Therapy: The Essentials* Adam Payne, Ph.D & Robin McCann, Ph.D Behavioral Tech, LLC, New Orleans, LA.
- 2009 *Association for Counselor Education & Supervision (ACES) National Conference*, San Diego, CA.

- 2009 *Dialectical Behavior Therapy with Multiproblem Adolescents* Alec L. Miller, Psy.D & Michael Hollander, Ph.D. Behavioral Tech, LLC, Denver, CO.
- 2008 *Training and Professional Development: Creating a Culture of Ethics* Mitchell Handelsman, Ph.D. Virginia Consortium Program in Clinical Psychology, Norfolk, VA.
- 2008 *The 31st Annual Psychotherapy Networker Symposium: The Power of Relationship*, Washington, DC.
- 2007 *The 30th Annual Psychotherapy Networker Symposium: Stepping into the Moment: Psychotherapy in a Culture of Distraction*, Washington, DC.
- 2007 *Leroy W. Davis Memorial Alcoholism Conference: The Mindful Personality: Five 12-step Oriented Principles in Addictions Treatment* – Daniel Angres, M.D., Eastern Virginia Medical School, Norfolk, VA.
- 2006 *The 29th Annual Psychotherapy Networker Symposium: The Creative Leap: Practice & Imagination in the Process of Change*, Washington, DC.
- 2005 *The 28th Annual Psychotherapy Networker Symposium: Beyond Psychology: Expanding Our Models of Relationship, Change & Consciousness*, Washington, DC.
- 2005 *University of Wisconsin-Madison, Eastern Conference on Child Sexual Abuse Treatment*, Washington, DC
- Leroy W. Davis Memorial Alcoholism Conference: “The Addicted Professional”* – Penelope Ziegler, M.D., Eastern Virginia Medical School, Norfolk, VA.
- 2004 *Cross Country Education: Play Therapy and Beyond* – Paul R. White, LCSW, Norfolk, VA.
- 2004 *The Center for Ethical Practice: “Can You Keep A Secret?” Using an Ethical Practice Model to Protect Patients’ Confidentiality Rights* – Mary Alice Fisher, Ph.D., Newport News, VA.

2004 *Virginia Society for Clinical Social Work: “Yes, Tonight Dear” Discovering New information to help your patients revive their sensual and sexual relationships* – Marc D. Rabinowitz, LCSW, MHSA and Bonnie Gordon-Rabinowitz, LCSW, Norfolk, VA.