

Mary Sanderfer-Stull, Ph.D, LPC, RN, BSN, EMT-B

EDUCATION

B.S. Nursing Old Dominion University, Norfolk, VA (ACEN Accredited)	2022-2024
ADN-RN Tidewater Community College Beasley School of Nursing, Portsmouth, VA (ACEN Accredited)	2021- 2023
Ph.D Counselor Education and Supervision Old Dominion University, Norfolk, VA (CACREP Accredited)	2009-2012
M.A. Community Counseling Regent University, Virginia Beach, VA (CACREP Accredited)	2005-2007
B.A. Psychology University of Louisville, Louisville, KY	2001-2005

PROFESSIONAL LICENSURE/CERTIFICATION

Registered Nurse (RN) Virginia Board of Nursing	July 2023 to Present
Licensed Professional Counselor (LPC) Virginia Board of Counseling	December 2013 to Present
Emergency Medical Technician (EMT-B) Virginia Emergency Medical Technicians	June 2015 to Present

CLINICAL EXPERIENCE

Registered Nurse <i>Sentara Virginia Beach General, Virginia Beach, VA</i> Delivered care in a fast-paced, non-invasive cardiac telemetry and emergency unit; assessed patient care needs; worked collaboratively with doctors and staff; performed requested diagnostic tests; provided follow-up care instructions and made necessary referrals.	2023- 2024
Clinical Services QA Advisor	2017-2020

ValueOptions Federal Services, Military OneSource, Chesapeake, VA

Ensured the delivery of service to internal and external customers for the Military OneSource Contract; Ensured stability of processes to support compliance with all state and federal laws; Compiled and reported monitoring evaluation data.

Clinical Director

2016-2018

Quality of Life Counseling Center, Hampton, VA

Supervised staff; reviewed clinical documentation; provided clinical supervision; assisted with the development of policy and procedure; conducted training on clinical practices.

Clinician

2013 – 2014

Pendleton Child Service Center, Virginia Beach, VA

Provided inpatient and outpatient counseling to children (ages 5-12) and their families; conducted individual, family, and group therapy to include topics such as social skills, stress, behavior modification, family situations; utilized expressive art and play therapy techniques; conducted clinical assessments; developed and implemented therapeutic treatment plans.

Clinician

2009-2012

The New Y-CAPP, INC., Hampton, VA

Conducted clinical assessments; conducted individual and group therapy; implemented crisis intervention, constructed treatment utilizing theory and expressive arts; facilitated clinical staffing.

TEACHING EXPERIENCE

Assistant Professor

2020 – Present

Regent University, Virginia Beach, VA

Taught courses in the school of counseling and psychology graduate program in counseling; developed instructional plans; worked with colleagues to develop or modify curriculum; assessed student progress; research; advised student organizations.

Please note: Transitioned to adjunct status

Assistant Professor

2014-2016

Hampton University, Hampton VA

Taught courses in the master's and doctoral counseling programs; developed instructional plans; worked with colleagues to develop or modify curriculum; assessed student progress; performed academic advisement; conducted research; coordinated practicum and internship experiences; sought external funding through grant work; served on academic and administrative committees.

Adjunct Professor

2012 – 2014

South University, Virginia Beach, VA

Taught clinically based courses in the master's in counseling program

Adjunct Professor

2012 – 2020

Old Dominion University, Norfolk, VA

Taught courses in graduate and undergraduate programs in counseling and human services.

RESEARCH EXPERIENCE

Hampton University, Hampton, VA

Governor's School Research Mentor

2015-2016

Co-conducted an original quantitative research study concerning the correlation between an instrument measuring depression (PHQ-9) and depressive personality traits (CAT-PD-SF); developing proposal; recruited subjects.

Old Dominion University, Norfolk, VA

Doctoral Dissertation

2011-2012

Conducted original quantitative research study concerning the effectiveness of court mandated anger management; developed instrument; recruited subjects, manuscript; oral defense.

Old Dominion University, Norfolk, VA

Graduate Research Assistant

2011-2012

Conducted quantitative and qualitative research protocol concerning the study of military-connected children and families; engaged in course design and instruction.

Old Dominion University, Norfolk, VA

Faculty Research Assistant

2010-2012

Collaborated and assisted with qualitative research concerning Cognitive Behavioral Therapy and Energy Psychology; helped develop and implement experimental protocol.

Old Dominion University, Norfolk, VA

Dissertation Research Team

2010-2011

Collaborated and assisted with qualitative dissertation research concerning the use of neuro-feedback.

University of Louisville, Louisville, KY

Honor's Research

2004-2005

Proposed and conducted original research project concerning maternal anxiety and attention; recruited subjects; subject testing; write up; oral defense.

GRANTS

Program: Department of Education First in the World

Hampton University First in the World Project

Grant No: P116F140087

Role: Project Evaluator

Program: HRSA Behavioral Workforce Education and Training

Hampton University Addressing Transition with Diverse Mental Health Counselors

Grant No: G02HP27935

Role: University Clinical Supervisor

Program: Vice President for Research Undergraduate Research

University of Louisville Maternal Anxiety and Depression and Children's Attentional Abilities

Grant No: N/A

Role: Project Evaluator

PUBLICATIONS

Suggs, B.G., **Sanderfer Stull**, M., Baker, S.R., Erwin, K.T., & Savinsky, D.M. (2022). A tide of technical trends: Technology competence among licensed counselors, *Journal of Technology in Counselor Education and Supervision*, 2(1), 2.
<https://doi.org/10.22371/tces/0011>

Wilkerson, K., **Sanderfer Stull**, M., Luna, V., & Palvannan, J.A. (2022). Discipleship in counselor education programs at Christian universities. *Christian Counseling Connection Newsletter*, 25(1). http://flashpaper.aacc.net/NewsLetter/CCC/CCC_25-1/index.html

Suggs, B. G., McLean, E. L., Flowers, L., & **Sanderfer Stull, M.** (2021). *From the secret place: Racial trauma narratives*. CSJ Newsletter.

Sanderfer, M. (2015). The Effectiveness of Court Mandated Anger Management: A Provider's Perspective. *International Journal of Mental Health Counseling*.

Johnson, K.F., & **Sanderfer, M.** (2014) Child support agencies and services. In the *Encyclopedia of Human Services and Diversity* (p. unknown) Edited by Drs. Linwood H. Cousins and J. Geoffrey Golson.

PROFESSIONAL PRESENTATIONS

Sanderfer-Stull, M. (March 2025). *Closing the chasm of mental health and spiritual care: Perspectives from counselors and pastors*. Christian Association of Psychological Studies in Denver, CO.

Sanderfer, M. (March 2021). *Mental Health Awareness in the Workplace*. All One Health in Norfolk, VA.

Sanderfer, M. (June 2019). *Mindful Martial Arts*. Conference for Girls: Old Dominion University in Norfolk, VA.

Sanderfer, M. (October 2017). *Coping with Stress as a Military Couple*. Military OneSource webinar.

Sanderfer, M. & Spencer, B. (October/ November 2015). *A general overview: Depression, Bipolar, and Schizophrenia*. Let's Have Conversation about Mental Health in Newport News, VA.

Grant, M., Hoquee, K., Ward, Tony, & **Sanderfer, M.** (May 2015). Minority Mentorship. Virginia Network Conference in Richmond, VA.

Sanderfer, M. & Carpenter, L. (February 2014). *PTSD in Children and Teens*. Hampton Roads School Counseling Leadership Conference in Hampton, VA.

Thompson, S.K., **Sanderfer, M.**, Dean-Nganga, L., & Keefer, M. (June 2011). *Relieving Student Counselor Anxiety: A Comparison of CT and Energy Psychology Technique-Acupressure Tapping*. Association of Comprehensive Energy Psychology Conference in Reston, VA.

Thompson, S.K., **Sanderfer, M.**, Dean-Nganga, L., & Keefer, M. (October 2011). *Relieving Student Counselor*. Virginia Association of Counselor Educators Conference in Nashville, TN.

Sanderfer, M. (April 2005). *Maternal Anxiety and Depression and Children's Attention Abilities. A study of Head Start Families*. University of Louisville Undergraduate Research Symposium in Louisville, KY.

ADVANCED PROFESSIONAL TRAINING

CPR Instructor	May 2016
<i>American Heart Association</i>	

Certified EMT	June 2015
<i>Virginia Emergency Medical Services</i>	

Community Emergency Responder	September 2014
<i>Virginia Beach Community Emergency Response Team</i>	

Critical Incident Stress Management Training (Group)	June 2007
<i>Sentara Employee Assistance Program</i>	

Critical Incident Stress Management Training (Individual)	April 2007
<i>Sentara Employee Assistance Program</i>	

PROFESSIONAL MEMBERSHIPS

American Counseling Association (ACA)	2019 to present
Association for Counselor Education and Supervision (ACES)	2019 to present
Virginia Counselors Association (VCA)	2018 to present
Virginia Beach Community Emergency Response Team	2014 to present