

July 21, 2021

## CURRICULUM VITAE

### ANDERSON B. ROWAN, Ph.D., ABPP

Brandon, MS  
arowan@regent.edu

#### ***EDUCATION***

Post-doctoral Fellowship in Clinical Health Psychology. July 1996.  
Wilford Hall Medical Center. Lackland AFB, Texas.

Ph.D. in Clinical Psychology. September 1993.  
Graduate School of Psychology, Fuller Theological Seminary. Pasadena, California.

M.A. in Theology. June 1992.  
Fuller Theological Seminary. Pasadena, California.

One Year Biblical Studies Program (Non-degree). May 1985  
The Center for Christian Studies. Charlottesville, Virginia.

B.S. in Commerce. May 1984.  
McIntire School of Commerce, University of Virginia. Charlottesville, Virginia.

#### ***CREDENTIALS***

Diplomate in Health Psychology, American Board of Professional Psychology (#5185)  
Fellow, American Academy of Clinical Health Psychology  
Virginia License (#0810005770)

#### ***CLINICAL AND LEADERSHIP EXPERIENCE***

***Special Adjunct Instructor.*** Jul 2021 – Present.  
School of Psychology and Counseling, Department of Psychology, Regent University, Virginia Beach, Virginia.  
Instructs on-line courses in the Doctoral Program in Clinical Psychology. Leads research team studying stigma and health related conditions, oversees student research and dissertations, mentor student professional development, consultant for interim doctoral psychology program director.

***Clinical Health Psychologist.*** Aug 2021 – Present.  
MyTelemedicine, McKinney, Texas.  
Contract provider of clinical health psychology treatment services for adults via tele-health video and telephone platforms for enrolled beneficiaries.

***Director, Doctoral Program in Clinical Psychology.*** Jul 2017 – Jun 2021.  
***Professor of Psychology.*** Jul 2017 – Jun 2021.  
School of Psychology and Counseling, Regent University, Virginia Beach, Virginia.  
Directed APA accredited doctoral program in clinical psychology (PsyD). Instructed doctoral psychology courses, provided clinical supervision of practica students providing in-person and tele-mental health services through program training clinic (Psychological Services Center), led research team studying stigma and health related conditions, conducted research, oversaw student research and dissertations, and mentored student professional development.

**Commander, 60<sup>th</sup> Medical Diagnostics and Therapeutics Squadron.** Jul 2015 – June 2017.

David Grant Medical Center, Travis AFB, California.

Led 450 personnel and managed an annual budget of over \$310.5 million, ensuring quality Pharmacy, Laboratory, Pathology, Diagnostic Imaging and Nutritional Medicine services for more than 500,000 Department of Defense and Veterans Affairs eligible beneficiaries. Worked with other executive staff to ensure the standards of six national healthcare accrediting bodies were met. Also, oversaw Radiology and Pharmacy Residency program, as well as, Phase II clinical training programs for pharmacy, clinical laboratory, radiology, nuclear medicine and ultrasound technicians.

**Clinical Health Psychologist, Mental Health and Diabetes Education Clinic.** Jul 2015 – May 2017.

David Grant Medical Center, Travis AFB. California.

Conducted general psychological evaluations and pre-surgical evaluations for weight loss surgeries.  
Conducted behavioral component of a Diabetes Education Class.

**Commander, 48<sup>th</sup> Medical Operations Squadron.** Jun 2012 – Jun 2015.

Lakenheath Hospital, Royal Air Force (RAF) Lakenheath, England.

Commanded the largest squadron in the 48th Medical Group, overseeing the Emergency Services, Family Health, Pediatric, Internal Medicine, Neurology, Dermatology, Cardiopulmonary, Allergy and Immunization, Mental Health, Substance Abuse, Family Advocacy (spouse/child abuse treatment and prevention program), Physical and Occupational Therapy, and Educational and Developmental Intervention Services – with 236 personnel and an annual budget of over \$3.4 million. Worked closely with other hospital executive staff to ensure military and healthcare standards are met while delivering effective medical care and prevention services.

**Internal Behavioral Health Consultant. Family Health Clinic,** Jan 2013 – Apr 2015.

Lakenheath Hospital, RAF Lakenheath, England.

Provided consultation, assessment and treatment in response to Patient Center Medical Home (PCMH) provider referrals for a wide range of physical and psychological health related issues in adults.

**Director of Training, Clinical Psychology Internship Program.** Aug 2008 – May 2012.

**Chair, Department of Psychology.** Aug 2008 – May 2012.

Malcolm Grow Medical Center, Andrews AFB, MD.

Directed a faculty of 12 psychologists and a comprehensive program training eight psychology residents (interns) and four to six practicum students annually in outpatient mental health, clinical health psychology, neuropsychology, addiction treatment, applied research, integrated primary care and various other specialty electives. Provided clinical health psychology treatment, assessments and consultation to adults referred by medical providers. Trained psychology interns in clinical health psychology interventions with a variety of physical health conditions.

**Commander, 455<sup>th</sup> Expeditionary Medical Squadron, Detachment 1.** Sep 2007 – Mar 2008.

Task Force MED, Combined Joint Task Force-82<sup>nd</sup> Airborne Division, Bagram Airfield, Afghanistan.

Commanded 21 Air Force and Army personnel located at Bagram Air Base and eight Forward Operating Bases providing Combat and Operational Stress Control (COSC) services to all US Forces across the Afghan theater of operations. Consulted with the Army Mental Health Advisory Team, educating on current COSC operations, providing multiple key recommendations and providing feedback on data analysis and report preparation. Provided psychological assessment, treatment, crisis response team and consultation services to deployed military personnel from across the area of operations.

**Mental Health Flight Commander.** Sep 2005 – Jul 2008.

Vandenberg Clinic, Vandenberg AFB, California.

Directed a staff of 15 supporting the Mental Health Clinic, Family Advocacy, Alcohol and Drug Assessment, Prevention and Treatment program, Drug Demand Reduction Program, Hospital Crisis Response Team and

on-call consultation services. Provided psychological assessment, treatment, crisis response team and consultation services to military members, military retirees and their families.

**Chief, Life Skills Clinic.** May 2005 – Aug 2005.

379<sup>th</sup> Expeditionary Medical Group, Al Udeid Air Base (AB), Qatar.

Led behavioral health assessment, treatment, critical incident response and consultation services to over 6000 deployed coalition military personnel from six nations. Led the working group that developed of the 379<sup>th</sup> Air Expeditionary Wing's Sexual Assault Response Plan, writing 379<sup>th</sup> Air Expeditionary Wing policy and training victim advocates, leadership and law enforcement agencies. Provided psychological assessment, treatment, crisis response team and consultation services in support of 6000 deployed military personnel.

**Mental Health Flight Commander.** Jul 2003 – Aug 2005.

**Biomedical Science Corps (BSC) Executive.** May 2004 – Aug 2005.

**Deputy Squadron Commander.** Nov 2004- Aug 2005.

Mountain Home Hospital, Mountain Home AFB, Idaho.

Directed a staff of 21 supporting the Mental Health Clinic, Family Advocacy Program, Alcohol and Drug Assessment, Prevention and Treatment Program, Drug Demand Reduction Program and on-call Emergency Department consultation services. As BSC Executive, served on the hospital executive staff, contributing to strategic planning and general oversight of all hospital functions. As Deputy Squadron Commander led all aspects hospital medical operations during the commander's absences. Provided psychological treatment, assessments crisis response team and consultation services. to military members, military retirees and their families.

**Behavioral Medicine Services Element Chief.** Feb 2001 – Jul 2003.

**Chief, Clinical Health Psychology.** Aug 2000 – Jan 2001

Malcolm Grow Medical Center, Andrews AFB, Maryland.

Directed a specialty service providing adult and pediatric evaluation and treatment services for chronic medical conditions, including multi-disciplinary treatment programs, discharge planning for elderly medical inpatients, and integrated primary care behavioral health consultation in four clinics. Provided clinical health psychology treatment, assessments and consultation to adults referred by medical providers.

**Behavioral Health Consultant.** Flight Medicine Clinic, Jan 2003 – Aug 2003.

Internal Medicine Clinic, Sep 2000 – Aug 2002.

Primary Care Clinic, Sep 2000 – Feb 2001.

Malcolm Grow Medical Center, Andrews AFB, Maryland.

Selected as one of six psychologists in the Air Force to be trained by a nationally recognized leader in the integration of behavioral health services in primary care as part of the Air Force Behavioral Health Optimization Project (BHOP). Established BHOP services in three primary care clinics. Provide consultation to PCMH provides and treatment to referred patients in integrated primary care settings.

**Chief, Behavioral Health and Health Promotions.** Sep 2002 - Nov 2002.

376<sup>th</sup> Expeditionary Medical Group, Ganci AB, Manas, Kyrgyzstan.

Provided behavioral health assessment, treatment, crisis response team and consultation services to over 2000 deployed coalition military personnel from eight nations. Developed and coordinated the health promotion program and mass casualty medical response planning for the base.

**Chief, Behavioral Health Psychology.** Aug 1996 – Jul 2000.

Landstuhl Regional Medical Center, Landstuhl, Germany.

Established the first Clinical Health Psychology clinic at Landstuhl, developing specialized home-based headache and insomnia treatment programs, initiating and leading multi-disciplinary programs for weight management and chronic pain, assisted in the development of multi-disciplinary Fibromyalgia and Tinnitus

management classes and developed a behavioral component for a residential stuttering program. Consultant to the US Army European Command Center for Health Promotion and Preventative Medicine. Provided clinical health psychology treatment, assessments and consultation to adults referred by medical providers.

**Chief, Psychology Service.** Sep 1993 - Jul 1995.

Goodfellow Clinic, Goodfellow AFB, Texas.

Provided a wide range of psychological treatment, consultation, crisis response and prevention programs.

Directed the stress management and suicide prevention programs for the base community.

## ***GRADUATE AND POST-GRADUATE LEVEL CLINICAL SUPERVISORY EXPERIENCE***

**Practicum Students.** Aug 2017 – Present.

Psychological Services Center, Regent University, Virginia Beach, Virginia.

Provide clinical supervision to one or two second-year practicum students providing assessment and intervention services to children and adults.

**Pre-Doctoral Level Psychology Provider.** Sep 2016 – Apr 2017.

Mental Health Clinic, Travis AFB, California

Provided clinical supervision to a full-time Pre-doctoral Psychology Provider (student status) working towards completion of her dissertation.

**Clinical Psychology Pre-Doctoral Interns and Practicum Students.** Aug 2008 – May 2012

Psychology Internship Program, Malcolm Grow Medical Center, Andrews AFB, Maryland.

Directed clinical psychology intern and practicum programs and provided clinical supervision in areas of clinical health psychology and outpatient mental health.

**Unlicensed Doctoral Level Psychology Providers.** Aug 2006 – Jul 2008.

Mental Health Clinic, Vandenberg Clinic, Vandenberg AFB, California

Provided clinical supervision to two unlicensed psychologists.

**Unlicensed Mental Health Providers and Technicians.** Aug 2003 – May 2005.

Mental Health Clinic, Mountain Home Hospital, Mountain Home AFB, Idaho.

Provided clinical supervision to two unlicensed psychologists and three social workers. Trained and supervised mental health technicians in conducting intake evaluations, psycho-education groups and basic individual counseling.

**Clinical Psychology Pre-Doctoral Interns.** Aug 2000 – July 2003.

Behavioral Medicine Service, Malcolm Grow Medical Center, Andrews AFB, Maryland.

Led a six-month rotation for clinical psychology interns, providing training in pediatric and adult clinical health psychology and pediatric and adult primary care behavioral health consultation.

**Practicum Students.** Aug 1997 – May 1999.

Behavioral Health Psychology, Landstuhl Regional Medical Center, Landstuhl, Germany.

Developed a new practicum site for the University of Maryland Masters program in Counseling and Personnel Services. Supervised students in behavioral treatments for tension and migraine headaches and other chronic pain conditions.

**Unlicensed Ph.D. Candidate.** Sept 1996 – June 1997.

Psychology Service, Landstuhl Regional Medical Center, Landstuhl, Germany.

Supervised an unlicensed staff psychologist in the psychological assessment of patients in an inpatient alcohol and drug dependence treatment program.

**Clinical Psychology Pre-Doctoral Interns.** Aug 1995 – July 1996.

Behavioral Health Psychology, Wilford Hall Medical Center, Lackland AFB, Texas.

Supervised interns on clinical health psychology rotation in the assessment and treatment of patients with a variety of psychophysiological and chronic medical conditions.

## ***TEACHING EXPERIENCE***

### **Graduate Level**

**Faculty, Doctoral Program in Clinical Psychology.** Jul 2017 – Present

Regent University, Virginia Beach, Virginia.

Health Psychology and Integrated Medicine (PSY 774)

Clinical Psychology (PSY 600)

Advanced Assessment (PSY 728)

Clinical Practica Case Consultation Series (PSY 733-738)

**Faculty, Clinical Psychology Internship.** Aug 2008 – May 2012.

Malcolm Grow Medical Center, Andrews AFB, Maryland.

Conducted education/training on behavioral treatment of insomnia, circadian rhythm sleep disorders, chronic pain, headaches, somatoform disorders, temporomandibular disorders, gastrointestinal disorders, diabetes management, diversity in clinical health psychology, tobacco cessation, relaxation training, weight management, essential strategies in medical management, and motivational interviewing.

**Adjunct Assistant Professor of Medical/Clinical Psychology,** September 2009 – May 2012.

Department of Medical/Clinical Psychology. F. Edward Hebert School of Medicine, Uniformed Services University of the Health Sciences, Bethesda, Maryland.

Taught on military specific aspects of medical and clinical psychology and conducted collaborative research projects.

**Faculty, Clinical Psychology Internship.** August 2000 – July 2003.

Behavioral Medicine Services, Malcolm Grow Medical Center, Andrews AFB, Maryland.

Taught adjunctive biofeedback, behavioral treatment of chronic benign headaches, behavioral treatment of insomnia, consultation responses, relaxation training, human stress response, motivational interviewing, clinical decision making, chronic pain management.

**Post-Doctoral Fellow, Clinical Psychology Internship.** September 1995 – July 1996.

Wilford Hall Medical Center, Lackland AFB, Texas.

Taught adjunctive biofeedback, behavioral treatment of chronic benign headaches, behavioral treatment of insomnia, consultation responses, normal sleep and sleep disorders, relaxation training and human stress response.

**Invited Graduate Course Guest Lectures**

*Integrated Primary Care*, October 2010.

Clinical Health Psychology, Virginia Commonwealth University, Richmond, Virginia.

*Impacts of Deployment on Service Members and Families*, December 2009.

Psychopathology, Catholic University of America, Washington D.C.

*Psychological Assessment in the Air Force*, October 2009.

Psychological Assessment, University of Southern California, Los Angeles, California.

*Chronic pain*. May 1995.

*Introduction to Behavioral Medicine*. April 1995.

Clinical Health Psychology, Abilene Christian University, Abilene, Texas.

**Undergraduate Level**

**Instructor**, University of Maryland-European Division, Germany. Fall Semester 1997.

*Psychology and Medicine* (PSYC309).

**Guest Lecturer**, Wayland Baptist College, San Antonio, Texas. October 1995.

*Chronic disabilities*.

**CONSULTATION EXPERIENCE AND SPECIAL TASKINGS**

**Member, American Psychological Association Approved Continuing Education Committee.**

Jun 2018 - Present.

School of Psychology and Counseling, Regent University, Virginia Beach, VA.

Member of committee overseeing continuing educational offerings by the school, ensuring American Psychological Association standards are met and awarding continuing education credits to attendees.

**Chair, Privileged Provider Clinical Adverse Action Hearing Panel.** Jan 2016.

McConnell Clinic, McConnell AFB, Kansas.

Chaired three-member panel reviewing standard of care/ethical conduct allegations to advising the Air Force Surgeon General on findings and recommendations regarding credentialing status of a mental health provider.

**Investigating Officer, Commander Directed Investigation.** Nov – Dec 2014.

Royal Air Force Lakenheath, England.

Investigated nine allegations of misconduct by a senior officer, analyzed evidence in consultation with legal consultation to determine whether allegations were substantiated and provided recommendations for actions to the requesting commander via a formal report and briefing of results.

**Behavioral Health Consultant, Air Force District of Washington (AFDW).** Feb 2010 – May 2012.

Advise AFDW Command Surgeon and other medical leadership on behavioral health issues and serve as liaison on behavioral health issues to Air Force Medical Operations Agency Mental Health Division staff.

**Site Coordinator, Virtual Reality PTSD Exposure Treatment Project.** Aug 2008 – May 2012.

Malcom Grow Medical Center, Andrews AFB, Maryland.

Led local implementation of Virtual Reality Assisted Treatment of Combat Related PTSD at one eight sites across the Air Force, coordinating initial training, procedure development and clinical utilization.

**Consultant, National Center for Telehealth and Technology.** Aug 2009 – Mar 2011.

Supported primary developer of insomnia module for *afterdeployment.org*, a key Department of Defense wellness resource for the military community. Assisted in development and review of insomnia education and intervention materials.

**Member, Department of Defense Suicide Prevention Task Force Report Implementation Working Group.** Nov 2010 – Sep 2011.

Pentagon, Washington D.C.

Member of a seven-member core group developing the proposed implementation plan for 13 foundational and 76 specific recommendations in the 2010 DoD Suicide Prevention Task Force Report. Provided clinical expertise regarding suicidal behaviors, assessment and intervention in accordance with Congressional requirements.

**Member, Selection Board for Integrated Psychology Service Chiefs.** Jun 2010.

Walter Reed Army Medical Center, Washington D.C.

Air Force Psychology representative on three-member board. Reviewed applicants for service chief positions of four new psychology services being formed in the integration of Walter Reed Army Medical Center and National Naval Medical Center. Recommended candidates for each position to the Deputy Commander for Integration.

**Member, Mental Health Air Force Instruction Working Group.** Aug 2009 – Jan 2010.

Contributed to development of new policies governing operations of Air Force Mental Health Services. Co-authored High-Risk Management section of first ever Mental Health Air Force Instruction (AFI). Reviewed and proposed revisions of full draft of the AFI.

**Behavioral Health Consultant, Combined Joint Task Force – 82<sup>nd</sup> Airborne Division Surgeon.**

Jan 2008 – Mar 2008.

Combined Joint Task Force, Bagram Airfield, Afghanistan.

Provided guidance on behavioral health related policies, monitored issues, and reported on trends and use of all CJTF-82 behavioral health assets. Led a CJTF-82 Commanding General directed effort to reduce mental health stigma across the division.

**Member, Air Force Deployed Behavioral Health Working Group, Research Development Group.**

Oct 2005 – Sep 2006.

Developed resources, conducted research and trained AF mental health personnel on a wide array of behavioral health issues related to deployments.

**Chief, 30<sup>th</sup> Space Wing Traumatic Stress Response Team.** Oct 2005 – Apr 2007.

Vandenberg AFB, California.

Led a team of cross-agency helping professional in responding to potentially traumatic events across all units on the base. Conducted training of all team members and developed response plans.

**Assistant Investigating Officer, Commander Directed Investigation.** June 2005.

Al Udied Air Base, Qatar.

Psychological expert and co-investigator on commander directed investigation team requested by the Commander of U.S. Forces Central Command, examining mental health care delivery at a deployed location in the Persian Gulf after an aircraft mishap.

**Chief, 366<sup>th</sup> Wing Traumatic Stress Response Team.** Aug 2003 – Apr 2005.

Mountain Home AFB, Idaho.

Led a team of cross-agency helping professional in responding to potentially traumatic events across all units on the base, including response to the crash of an F-16 Thunderbird during an Air Show. Conducted training of all team members and developed response plans.

**Member, Air Force Suicide and Workplace Violence Prevention Working Group.**

Sep 2003 – Apr 2005.

Developed resources and conducted research utilized in the suicide prevention training incorporated in the Air Force Suicide Prevention Program.

**Chief, Root Cause Analysis Team.** Mar 2005.

Mountain Home Hospital, Mountain Home AFB, Idaho.

Led a five-person team to conduct a thorough review of the care provided in the Outpatient Mental Health and the Alcohol and Drug Abuse Prevention and Treatment Program after an alcohol related death and a suicide of patients who had been under the care of these services.

**Chief, Medical Incident Investigation Team.** Oct 2004.

Ellsworth Clinic, Ellsworth AFB, South Dakota.

Led a two-person team conducting a thorough review of the care provided in the Mental Health and Flight Medicine Clinics after a patient suicide, providing recommendations to the Clinic Commander, as well as the Air Combat Command and Air Force Surgeon General.

**Behavioral Health Consultation Coordinator/Trainer.** Sep 2000 – Jul 2003.

Malcolm Grow Medical Center, Andrews AFB, Maryland.

Trained and consulted with psychologists and social workers in integrated primary care behavioral health consultation throughout the Air Force. Member of two working groups during the initiation and development phases of the Air Force Behavioral Health Optimization Program. Assisted Walter Reed Army Medical Center in the development of a similar clinical service and psychology training program.

**Chief, Readiness Skills Verification (RSV) Training/Deployment Resource Project.** Jan 2003.

Air Force Medical Operations Agency, Bolling AFB, Washington D.C.

Worked with the Psychology Consultant to the Air Force Surgeon General to develop a web-based resource with over 560 new RSV training and field deployment resources.

**Chief, Mental Health Consultation Team.** May 2002.

Thule Air Base, Greenland.

Led a team of psychologists to an isolated arctic air base, conducting stress management and adaptation training, critical incident stress management awareness and peer counselor training, and conducting population level psychological health assessment for command.

**Chief, Critical Incident Stress Management (CISM) Team.** Sep 2001.

Pentagon, Washington D.C.

Led the first military CISM Team at the Pentagon in response to the 9/11 terrorist attack, directing seven behavioral health and chapel personnel in establishing a base of operations and coordinating interventions with rescue workers. In the immediate aftermath of the attack, co-led with the senior chaplain, a 15 CISM team conducting outreach to the 7500 Air Force personnel assigned to the Pentagon

**Director American Psychological Association Approved Continuing Education Program.**

Apr 98 – Jul 00.

Landstuhl Regional Medical Center, Landstuhl, Germany.

Oversaw continuing educational offerings by psychologist across Army installations in Europe, ensuring American Psychological Association standards were met and awarding continuing education credits to attendees.

**PEER REVIEWED PUBLICATIONS**

- Jones, H. C., **Rowan, A. B.**, Stephens, R. L., & Brauch, J. A. (2021). In faith and practice: How Christian doctoral programs uniquely address religious diversity. *Journal of Christian Higher Education*, 20(1), 87-103. <https://doi.org/10.1080/15363759.2020.1851814>
- Rowan, A. B.**, Grove, J. \*, Solfelt, L. \*, & Magnante, A. \* (2020). Reducing the impacts of mental health stigma through integrated primary care: An examination of the evidence. *Journal of Clinical Psychology in Medical Settings*. <https://doi.org/10.1007/s10880-020-09742-4>
- Rowan, A. B.**, Travis, W. J., Richardson, C. B., & Adams, T. R. (2020). Military mental health personnel deployment survey: A secondary analysis. *Military Medicine*, 185(3/4), e340-e346. <https://doi:10.1093/milmed/usz275>
- Ghahramanlou-Holloway, M., Koss, K., **Rowan, A.**, Perera, K., LaCroix, J. M., Perera, K., Carreno, J., & Grammar, J. (2019). Retrospective and prospective examination of outpatient mental health utilization and military career. *Stigma and Health*, 4(2), 143-151. <http://dx.doi.org/10.1037/sah0000124>
- Ghahramanlou-Holloway, M., LaCroix, J. M., Koss, K., Perera, K. U., **Rowan, A.**, VanSickle, M. R., Novak, L. A., & Trieu, T. H. (2018). Outpatient mental health treatment utilization and military career impact in United States Marine Corps. *International Journal of Environmental Research and Public Health*, 15, 828-843. doi:10.3390/ijerph15040828.
- Varga, C., Haibach, M. A., **Rowan, A. B.**, & Haibach, J. P. (2018). Psychiatric history, deployments and potential impacts of mental health care in a combat theater. *Military Medicine*, 183(1/2), e77-e82. <https://doi.org/10.1093/milmed/usx012>
- Rowan, A. B.**, Travis, W. J., Shwalb, D. A., Isler, W. C., Park, J., & Kimura, J. (2015). Postdeployment psychological health and interpersonal problems among Air Force mental health personnel. *Military Psychology*, 27(4), 242-251. doi:10.1037/mil0000076.
- Rowan, A.B.**, Varga, C. M., Spencer, C., & Martin-Zona, D. (2014). Career impact and referral patterns: Army mental health treatment in the combat theater. *Military Medicine*, 179, 973-978. <https://doi.org/10.7205/MILMED-D-13-00518>
- Rowan, A. B.**, & Campise, R. L. (2006). A multi-site study of Air Force outpatient behavioral health treatment seeking patterns and career impacts. *Military Medicine*, 171(11), 1123-1127.
- Dobmeyer, A. C., **Rowan, A. B.**, Etherage, J. R., & Wilson, R. J. (2003). Training psychology interns in primary behavioral healthcare. *Professional Psychology: Research and Practice*, 34(6), 586-594.
- Rowan, A. B.** (2002). Air Force critical incident stress management outreach with Pentagon staff after the terrorist attack. *Military Medicine*, 167, Supplement 4, 33-35.
- Haddock, C. K., **Rowan, A. B.**, Andrasik, F., Wilson, P. G., Talcott, G. W., & Stein, R. J. (1997). Home-based behavioral treatments for chronic benign headache: A meta-analysis of controlled trials. *Cephalalgia*, 17(2), 113-118.
- Rodriguez, N., Ryan, S., **Rowan, A. B.**, & Foy, D. W. (1996). Posttraumatic Stress Disorder in a clinical sample of adult survivors of childhood sexual abuse. *Child Abuse & Neglect*, 20(1), 943-952.
- Rowan, A. B.**, & Andrasik, F. (1996). Efficacy and cost-effectiveness of minimal therapist contact treatments of chronic headaches: A review. *Behavior Therapy*, 27, 207-234.
- Rowan, A. B.** (1996). Demographic, clinical and military factors related to military mental health referral patterns. *Military Medicine*, 161, 324-328.
- Rowan, A. B.**, Rodriguez, N., & Foy, D. W. (1994). Posttraumatic Stress Disorder in a clinical sample of adults sexually abused as children. *Child Abuse and Neglect*, 18(1), 51-61.



**Rowan, A. B., & Foy, D. W.** (1993). Posttraumatic Stress Disorder in child sexual abuse survivors: A literature review. *Journal of Traumatic Stress, 6*, 3-20.

### **OTHER PROFESSIONAL PUBLICATIONS**

- Taylor, D. J., Peterson, A. L., Goodie, J. L., Grieser, E., Hryshko-Mullen, A. S., **Rowan, A.**, Wilkerson, A., Pruiksma, K. E., Dietch, J. R., Hall-Clark, B., & Fina, B. (2019). *Cognitive-Behavioral Therapy for Insomnia in the military: Therapist guide*. <http://insomnia.arizona.edu/CBTI-M>
- Taylor, D. J., Peterson, A. L., Goodie, J. L., Grieser, E., Hryshko-Mullen, A. S., **Rowan, A.**, Wilkerson, A., Pruiksma, K. E., Dietch, J. R., Hall-Clark, B., & Fina, B. (2019). *Cognitive-Behavioral Therapy for Insomnia in the military: Patient guide*. <http://insomnia.arizona.edu/CBTI-M>
- Rowan, A. B.** (2019) Retirement: Leaping into a new world. *The Air Force Psychologist, 39*(3).
- Rowan, A. B.** (2019). Late career transition from military clinical service delivery to academia. *The Action Potential (Newsletter for the Virginia Academy of Clinical Psychologists), 2*(1), 7.
- Rowan, A. B.** (2016). Musings of a reluctant commander on psychologists as squadron commanders. Feature article in *The Air Force Psychologist, 39*(1), 14-16.
- Rowan, A. B.** (2014). Achieving success on a specialty track. *The Air Force Psychologist, 34*(3), 11.
- Dobmeyer, A. C. & **Rowan, A. B.** (2014). Core competencies for psychologists: How to succeed in medical settings. In C. [Christine] Hunter, C. [Christopher] Hunter & R. Kessler (Eds.), *Handbook of clinical psychology in medical settings: Evidence based assessment and intervention* (pp. 77-98). Springer.
- Rowan, A. B., & Russ, C. R.** (2005). A primer on the consultation model of primary care behavioral health integration. In L. C. James & R. A. Folen (Eds.), *The Primary care consultant: The next frontier for psychologists in hospitals and clinics* (pp. 9-27). American Psychological Association.
- Rowan, A. B., & Storey J.\*** (2002). Minimal therapist contact treatments. In M. Hersen & W. Sledge (Eds.), *Encyclopedia of psychotherapy, volume two* (pp. 141-145). Academic Press.
- Rowan, A. B.** (2002). Door to door critical incident stress management. *The Air Force Psychologist, 20*(1), 10-13.
- Andrasik, F. & **Rowan, A. B.** (1998). Tratamiento cognitivo-conductual de las cefaleas [Cognitive-behavioral treatment of headaches]. In V.E. Caballo (Ed.), *Manual para el tratamiento cognitivo-conductual de los trastornos psicológicos: Formulación clínica, medicina conductual y trastornos de relación* (Vol 2, pp. 401-430). Siglo XXI de Espana Editores, S.A.
- Rowan, A. B.** (1998). A “day” in the life of a health psychologist. *The Health Psychologist, 20*(2), 6-7.
- Rowan, A. B.** (1997). Profile information on Spiritual and Religious Issues in Behavior Change SIG members. *Spiritual and Religious Issues in Behavior Change, 10*(3), 3-4.
- Haddock, C. K., **Rowan, A. B.**, Talcott, G. W., & Stein, R. J. (1996). Post-doctoral training in health psychology in the United States Air Force. *The Health Psychologist, 18*(2), 5, 25.
- Rowan, A. B.** (1996). Historical roots of the Spiritual and Religious Issues special interest group. *Spiritual and Religious Issues in Behavior Change, 9*(2), 3-4.
- Rowan, A. B.** (1996). The relevance of religious issues in behavioral assessment. *The Behavior Therapist, 19*(4), 55-57.
- Rowan, A. B.** (1996). Religious beliefs and health psychology: Empirical foundations. *The Health Psychologist, 18*(1), 16-17.
- Rowan, A. B.** (1995). Overcoming the stigma of seeking mental health treatment: The sequel. *Military Psychology Bulletin, 13*(3), 6-7.
- Rowan, A. B.** (1994). Homophobia: A new diagnosis for DSM-V? *The Behavior Therapist, 17*(8), 183-184.
- Rowan, A. B.** (1994). Overcoming the stigma of seeking mental health treatment. *Military Psychology Bulletin, 12*(3), 13.

## PEER REVIEWED PROFESSIONAL PRESENTATIONS

- Rowan, A. B.**, Magnanate, A. T.\*, & Solfelt, L. \* (Accepted for 2021, November 18-21) *Stigma and its impacts among chronic pain patients treated with opioids: A systematic literature review* [Poster Presentation]. Association for Behavioral and Cognitive Therapies Annual Meeting, New Orleans, LA. United States.
- Daniel, H.\*, Urh, N. \*, Noble, C. \*, & **Rowan, A.** (2021, August 4-8). *The scarlet stain: Menstruation and menstruation stigma* [Symposium]. American Psychological Association Annual Conference, Online.
- Rowan, A.** (Chair), Webster, M., Mance-Khourey, J., & Funderburk, J. (2021, April 12-16). *Growing telemental health service delivery in integrated primary care: Insights from practice.* [Panel Discussion]. Society of Behavioral Medicine 42<sup>nd</sup> Annual Meeting, Online.
- Cary, A.\*, Collen, M.\*, Solfelt, L.\*, & **Rowan, A.** (2021, April 12-16). *Risk factors for eating disorders in patients with Type 1 Diabetes* [Poster Presentation]. Society of Behavioral Medicine Annual Meeting, Online.
- Starr, M. R. \*, **Rowan, A. B.**, & Bourne, D. T.\* (2020, August 6-9) *Clergy referrals to mental health professionals: A content analysis* [Poster presentation]. American Psychological Association Annual Conference, Washington, D.C., United States.
- Rowan, A. B.**, Starr, M. R.\*, & Bourne, D. T.\* (2020, August 6-9) *Religious mental illness stigma: A critical review of measures.* [Poster presentation cancelled]. American Psychological Association Annual Conference, Washington, D.C., United States.
- Rowan, A.B.** (2020, April 10). *Assessment and treatment of Chronic Insomnia* [Webinar]. Virginia Academy of Clinical Psychologists, On-line.
- Cary, A. \*, & **Rowan, A. B.** (2020, April 1-4). *Satisfaction with health care services for individuals with Type 1 Diabetes who have experienced Diabetic Ketoacidosis: A literature review* [Poster presentation]. Society of Behavioral Medicine Annual Meeting, San Francisco, CA. United States.
- Rowan, A.**, Stephens, R., & Jones, H. (2020, January 20-21). *Equipping students to address a neglected area of diversity* [Poster presentation]. National Council of Schools and Programs of Professional Psychology Mid-Winter Meeting, Carlsbad, CA, United States.
- Covias, E. \*, & **Rowan, A. B.** (2019, August). *Mental health service use and military career impact: A literature review* [Poster presentation]. American Psychological Association Annual Conference, Chicago, IL, United States. (Society of Military Psychology (Division 19) Honor Poster Award).
- Collen, M. \*, Creech, C. \*, Magnante, A. \*, Mullen, A. \*, & **Rowan, A.** (2019, April). *Literature review: Burnout of caregivers for individuals with neurodegenerative disorders* [Poster presentation]. Virginia Association for Psychological Science Annual Meeting, Norfolk, VA, United States.
- Funderbunk, J. S., Goodie, J., Quinlan, J., Blaney, C., **Rowan, A. B.**, & Wiener, C. (2019, March). *Practical leadership strategies for early career professionals working within interprofessional healthcare settings* [Workshop]. Society of Behavioral Medicine Society of Behavioral Medicine Annual Meeting, Washington D.C., United States.
- Rowan, A. B.**, Jessica G.\*, Magnante, A. \*, & Solfelt, L.\* (2019, March) *The evidence regarding mental health stigma in integrated primary care* [Poster presentation]. Society of Behavioral Medicine Society of Behavioral Medicine Annual Meeting, Washington D.C., United States.
- Cary, A. \*, Collen, M. \*, & **Rowan, A.** (2019, March) *Burn-out and stigma in type 1 diabetic population: A literature review* [Poster presentation]. Society of Behavioral Medicine Society of Behavioral Medicine Annual Meeting, Washington D.C., United States.
- Rowan, A. B.**, & Fennell, M.\* (2018, April). *Filling the data gap on mental health stigma in the church: A qualitative review* [Poster presentation]. Christian Association for Psychological Studies Annual Conference, Norfolk, VA, United States.
- De Oliveira, F., Perera, K. U., Bond, A., Ribeiro, S., Lee-Tauler, S., LaCroix, J. M., **Rowan, A. B.**, Carreno, J., Grammer, J., & Ghahramanlou-Holloway, M. (2018, April). *Symptom distress and functioning among United States Air Force mental health outpatients with and without past or current suicide ideation* [Paper presentation]. American Association for Suicidology Annual Conference, Washington, D.C., United States.

- LaCroix, J. M., Perera, K. U., **Rowan, A. B.**, Irwin, K., Carreno, J., Grammer, J., & Ghahramanlou-Holloway, M. (2018, April). *Association between history of suicidality and receipt of career-affecting treatment recommendations following mental health contact in the United States Air Force* [Paper presentation]. American Association for Suicidology Annual Conference, Washington, D.C., United States.
- Adams, T. R., Travis, W. J., **Rowan, A. B.**, Richardson, C. B., Prusko, K., Kaufman, D., . . . Renaud, C. (2016, May). *Post-deployment growth among deployed military mental health personnel* [Poster presentation]. Association for Psychological Science Annual Convention, Chicago, IL, United States.
- Travis, W. J., Adams, T. R., **Rowan, A. B.**, Richardson, C. B., Anderson, R., Renaud, C., . . . Prusko, K. (2016, April). *Correlates of post-deployment problems among deployed military mental health personnel* [Poster presentation]. Rocky Mountain Psychological Association Annual Meeting, Denver, CO, United States.
- Varga, C., Glotfelter, M. A., **Rowan, A. B.**, & Haiback, J. (2016, April). *Psychiatric history, deployments and impacts of seeking care in a combat theater* [Poster presentation]. Society of Behavioral Medicine Society of Behavioral Medicine Annual Meeting, Washington D.C., United States.
- Riggs, D. S., Sacks, M., Kanzler, K., Bryan, C. J., & **Rowan, A. B.** (2012, November). *Outreach, prevention, assessment, and intervention in military settings* [Panel discussion]. Association for Behavioral and Cognitive Therapies Annual Convention, National Harbor, MD, United States.
- Rowan, A. B.**, Shwalb, D. A.,\* Travis, W. J., Tabor, A. R., Foster, R. E., Hatch, J. P.\*, & Isler, W. C. (2012, August). *Pre, present, and post-deployment experience of Air Force mental health personnel supporting OIF/OEF* [Poster presentation]. American Psychological Association Annual Conference, New Orleans, LA, United States.
- Shwalb, D. A.\*, **Rowan, A. B.**, Tabor, A. R., Travis, W. J., Foster, R. E., Hatch, J. P.\*, & Isler, W. C. (2012, August). *Post-deployment health reassessment of Air Force mental health personnel deployed from 2004-2011* [Poster presentation]. American Psychological Association Annual Conference, New Orleans, LA, United States.
- Rowan, A. B.**, Varga, C. M.\*, Clayton, S.\*, & Martin-Zona, D. (2011, August). *Career impact and referral patterns: Army mental health treatment in the combat theater* [Paper presentation]. Air Force Medical Service Medical Research Symposium, Washington D.C., United States.
- Rowan, A.B.** (2010, June). *Managing the post-combat psychological injury* [Keynote presentation]. Case Management Society of America Annual Meeting, Orlando, FL, United States.
- Rowan, A. B.**, & Campise, R. L. (2006, August). *Mental health stigma, confidentiality and career impacts* [Paper presentation]. Air Force Operational Problems in the Behavioral Sciences Conference, San Antonio, TX, United States.
- Campise, R. L., Planz, S., & **Rowan, A. B.** (2006, March). *Strategies to reduce mental health stigma in the Air Force* [Paper presentation]. Substance Abuse and Mental Health Services Administration Resource Center to Address Discrimination and Stigma, National Teleconference.
- Rowan, A. B.**, & Campise, R. L. (2005, August). *Deployment experience survey: Preliminary results* [Paper presentation]. Air Force Operational Problems in the Behavioral Sciences conference, San Antonio, TX.
- Isler, W. C., Oordt, M., Hunter, C. L., & **Rowan, A. B.** (2005, April). *Perceptions and practice management of insomnia in primary care* [Poster presentation]. Society of Behavioral Medicine Annual Meeting, Boston, MA, United States.
- Cigrang, J. & **Rowan, A. B.** (2003, April). *Characteristics of patients seen by mental health providers in deployed settings* [Poster presentation]. Air Force Operational Problems in the Behavioral Sciences conference, Sheppard AFB, TX, United States.
- Rowan, A. B.** (2002, February). At the Pentagon. In C. Ritchie (Chair), *Mental health response to the Pentagon attack* [Symposium]. Tricare Annual Conference, Washington, DC.
- Rowan, A. B.** (1997, June). *Behavioral treatment of headache: A case presentation* [Grand Rounds]. Medical Service Corps Symposium, Willingen, Germany.
- Haddock, C. K., **Rowan, A. B.**, Andrasik, F., Wilson, P. G., Talcott, G. W., & Stein, R. J. (1997, April). *Are home based behavioral treatments for chronic headache effective?* [Paper presentation]. Society of Behavioral Medicine Annual Meeting, San Francisco, CA, United States.

- Rowan, A. B.**, Haddock, C. K., Wilson, P. G., Talcott, G. W., & Stein, R. J. (1996, November). *Religious coping among cancer patients: Preliminary data regarding interview strategies* [Paper presentation]. Association for the Advancement of Behavior Therapy Annual Meeting, New York, NY, United States.
- Rowan, A. B.**, Wilson, P. G., Talcott, G. W., Haddock, C. K., Stein, R. J., & Klesges, R. C. (1996, March). *Factors contributing to smoking relapse after abstinence during basic military training* [Paper presentation]. International Congress of Behavioral Medicine, Washington D.C., United States.
- Rodriguez, N., Ryan, S., **Rowan, A. B.**, & Foy, D. W. (1991, October). Trauma exposure and PTSD: Adult survivors of childhood sexual abuse. In D. Foy (Chair), *Assessment of multiple trauma exposure and PTSD across trauma groups* [Symposium]. Society for Traumatic Stress Studies Annual Meeting, Washington D.C., United States.
- Rowan, A. B.** (1991, August). PTSD in adult survivors of childhood sexual abuse. In D. W. Foy (Chair), *Posttraumatic Stress Disorder in childhood sexual abuse--Developmental cross-sectional comparisons* [Symposium]. American Psychological Association Annual Meeting, San Francisco, CA, United States.
- Rowan, A. B.** (1991, February). Prevention of juvenile delinquency. In A. B. Rowan (Chair), *Prevention, assessment, and treatment for juvenile delinquency* [Symposium]. California State Psychological Association Annual Meeting, San Diego, CA, United States.
- Rowan, A. B.**, Rodriguez, N., Gallers, J., & Foy, D. W. (1990, October). *Sexual abuse exposure factors in the assessment of Posttraumatic Stress Disorder* [Poster presentation]. Society for Traumatic Stress Studies Annual Meeting, New Orleans, LA, United States.
- Rowan, A. B.** (1990, April). *Family Interventions for Hyperactive Children* [Poster presentation]. Western Psychological Association Annual Meeting, Los Angeles, CA, United States.

#### **OTHER PROFESSIONAL PRESENTATIONS**

- Rowan, A. B.** (2016, Nov). *Promoting mental health care utilization in the military: Target – stigma* [Colloquium presentation]. Regent University, School of Psychology and Counseling, Virginia Beach, VA.
- Rowan, A. B.** (2011, Sep). *The “why” and “how” of integrating in primary care* [Colloquium presentation]. Duquesne University – Graduate Clinical Psychology Program, Pittsburgh, PA.
- Rowan, A. B.** (2011, May). *Service member and family impacts, coping and interventions related to deployment* [Colloquium presentation]. State University of New York - Albany, Graduate Clinical Psychology Program, Albany, NY.
- Rowan, A. B.** (2011, May). *Psychological support in the combat zone* [Colloquium presentation]. Farleigh Dickinson University, Graduate Psychology Program, Teaneck, NJ.
- Rowan, A. B.** (2011, May). *Roles of military psychologists in garrison and deployed* [Colloquium presentation]. Pennsylvania State University, Graduate Clinical Psychology Program, State College, PA.
- Rowan, A.B.** (2011, April). *Impacts of deployment on service members and their families* [Colloquium presentation]. University of Memphis, Graduate Clinical Psychology Program, Memphis, TN.
- Rowan, A.B.** (2010, March). *Impact of deployment on service members and their families* [Colloquium presentation]. American University, Graduate Psychology Program, Washington D.C.
- Rowan, A.B.** (2009, September). *Operation Enduring Freedom joint combat and operational stress control: Going, doing, returning* [Presentation]. Center for Deployment Psychology Course, Uniformed Services University Health Sciences Center, Bethesda, MD.
- Scheddel, S. R., & **Rowan, A. B.** (2009, September 2010, October and 2011, October) *Motivational interviewing* [Workshop]. Malcolm Grow Medical Center, Andrews AFB, MD.
- Rowan, A. B.** (2009, June) *Integrated primary care psychology: The military example* [Colloquium presentation] Regent University, Graduate School of Psychology and Counseling, Virginia Beach, VA.
- Rowan, A. B.** (2009, March) *Behavioral health integration in primary care: Using cognitive behavioral treatment of insomnia as a case example* [Colloquium presentation]. Drexel University, Department of Psychology, Philadelphia, PA.

- Rowan, A.B.** (2009, January). *Air Force mental health deployments and combat operational stress control in Afghanistan* [Presentation]. Center for Deployment Psychology Course, Uniformed Services University Health Sciences Center, Bethesda, MD.
- Rowan, A.B.** (2008, December). *Air Force combat operational stress control in Afghanistan*. [Presentation]. Combat Operational Stress Control Course, Army Medical Department School, San Antonio, TX.
- Rowan, A. B.** (2008, October) *Behavioral health consultation in primary care* [Colloquium presentation]. Howard University, Department of Psychology, Washington D.C.
- Rowan, A.B.** (2006, Sep). *Traumatic stress response in the deployed environment* [Presentation]. First annual Air Force Behavioral Health Team Training, San Antonio, TX.
- Rowan, A.B.** (2006, Sep). *Commander directed mental health evaluations in the deployed environment* [Presentation]. First annual Air Force Behavioral Health Team Training, San Antonio, TX.
- Rowan, A.B.** (2006, Sep). *Psychological self-aid and buddy care* [Presentation]. First annual Air Force Behavioral Health Team Training, San Antonio, TX.
- Rowan, A. B.** (2003, March and 2004, November). *Behavioral health consultation in primary care* [Two day workshop]. Walter Reed Army Medical Center, Washington, DC.
- Rowan, A. B.** (2002, August). *Brief interventions in primary care* [One day workshop]. Walter Reed Army Medical Center, Washington, DC.
- Meredith, J. & **Rowan, A. B.** (2002, July). *Integrating behavioral health into primary care* [Workshop]. Walter Reed Army Medical Center, Washington, DC.
- Rowan, A. B.** (2001, July). *Psychophysiological disorders* [Grand Rounds]. Malcolm Grow Medical Center, Andrews AFB, MD.
- Rowan, A. B.** (2001, July). Practical non-drug approaches to pain management. In A. Vrtiz & R. Bell (Chairs), *Pain Management* [Workshop]. Malcolm Grow Medical Center, Andrews AFB, MD.
- Rowan, A. B.** (2000, November). Motivational interviewing. In D. Chapin (Chair), *Diabetes update* [Workshop]. Malcolm Grow Medical Center, Andrews AFB, MD.
- Rowan, A. B.** (1999, October). Chronic pain: A health psychology perspective. In W. Nassif (Chair), *Pain* [Symposium]. Landstuhl Regional Medical Center, Landstuhl, Germany.
- Rowan, A. B.** (1997, April). Beyond biology: Managing patients with chronic illness and chronic pain [Grand Rounds]. Landstuhl Regional Medical Center, Landstuhl, Germany.
- Haddock, C. K. & **Rowan, A. B.** (1995, October). *Psycho-physiological insomnia*. Pulmonary and Critical Care [Grand Rounds]. Wilford Hall Medical Center, San Antonio, TX.

\*Designates students working under Dr. Rowan's research team or oversight

### **EDITORIAL/REVIEWER EXPERIENCE**

Associate Editor for Research, *The Air Force Psychologist*. May 1996 – Apr 1999.

#### *Ad-Hoc Manuscript Reviewer:*

*Stigma and Health*. Jan 2018 – Present.

*Psychology Research and Behavior Management*. Invited reviewer, Nov 2020.

Society of Behavioral Medicine, Sleep Special Interest Group, Meeting Presentation Abstracts. Sep 2020.

American Psychological Association, Division 19 Convention Poster Abstracts. Dec 2018-Jan 2019

*JSM Health Education and Primary Health Care*. Nov 2018.

*Archives of Suicide Research*. May 2017.

*Psychological Services*. Mar 2015 – May 2017.

*Military Medicine*. Oct 2011 – May 2012 – May 2018.

*Applied Psychophysiology and Biofeedback*. May 2011 – May 2012.

*Military Medicine*. March 2002. Invited reviewer for supplement on the mental health response to the Pentagon terrorist attack.

*Applied Psychophysiology and Biofeedback*. Mar 1994 – Jun 1996.

## ***PROFESSIONAL MILITARY EDUCATION***

Expeditionary Medical Support – Health Response Team, Commander Role. Jul 2014.  
Combat Survival Training (SERE) Course. May 2010.  
Combat Skills Training. Jul 2007.  
Air War College. Correspondence. Sep 2006.  
Intermediate Executive Skills Course. Course for medical executives. Mar 2004.  
Air Command and Staff College. Correspondence. May 2001.  
Squadron Officer School. In residence course. Jun 1999.

## ***PROFESSIONAL AND INSTITUTIONAL MEMBERSHIPS AND OFFICES HELD***

### *Current Professional Memberships:*

Society of Behavioral Medicine (Integrated Primary Care, Sleep, Integrative Health and Spirituality, and  
Military and Veteran Health Special Interest Groups)  
Society of Air Force Psychologists

### *Offices Held:*

Member, Board of Directors, Bethany Christian Services – Virginia Branch. Oct 2019 – July 2020.  
Chair, Clinical Track Conference Planning Sub-Committee, Department of Defense/Veterans Administration  
2012 Suicide Prevention Conference. Sep 2011 – Apr 2012.  
Chair, Ethics Committee, Mountain Home Hospital. Jul 2003 – Oct 2004.  
President, Board of Directors, Shiloh Christian School, Mountain Home, Idaho. May 2004 – May 2005.  
Chairperson, Spiritual and Religious Issues in Behavior Change, A Special Interest Group of American  
Association for Behavior Therapy. Jan 1996 – Dec 1998.  
Chief Resident, Department of Psychology, Wilford Hall Medical Center, Feb 1993 – Aug 1993.

### *Professional Organization and Institutional Level Committee Membership:*

Program Delegate (Regent University, Doctoral Program, Clinical Psychology), National Council of Schools  
and Programs in Professional Psychology, Aug 2017 – Jun 2021.  
Medical Center Executive Committee, David Grant Medical Center. Aug 2015 – May 2017.  
Hospital Executive Committee, Lakenheath Hospital, Jun 2012 – Jun 2015.  
Conference and Pre-conference Planning Committees, Department of Defense/Veterans Administration 2012  
Suicide Prevention Conference, September 2011 – April 2012.  
Institutional Review Board, Uniformed Services University – Health Sciences, Aug 2009 – May 2012 and  
Malcolm Grow Medical Center, Jan – Dec 2002.  
New Member Review Committee, Association of Psychology Post-doctoral and Internship Centers (APPIC),  
Feb 2009 – Feb 2012.  
Applicant Work Sample Reviewer, American Board of Professional Psychology (ABPP) – Clinical Health  
Psychology, Mar 2009 – Mar 2012.  
Site Visitor, American Psychological Association Committee on Accreditation, Jun 2010, Nov 2011.  
Integrated Delivery System (Base Helping Agencies Coordination Committee), Vandenberg AFB,  
Oct 2005 – Apr 2007 and Mountain Home AFB, Jul 2003 – Apr 2005.  
Credentials Committee, Vandenberg Clinic, Oct 2005 – Apr 2007 and Mountain Home Hospital,  
Jul 2003 – Apr 2005.  
Executive Committee of the Medical Staff, Vandenberg Clinic, Oct 2005 – Apr 2007.  
Executive Committee, Mountain Home Hospital, July 2003 – Apr 2005.  
Executive Committee of the Medical Staff, Mountain Home Hospital, Jul 2003 – Apr 2005.  
Ethics Committee. Malcolm Grow Medical Center, Jan – Dec 2002.  
Medical Treatment Facility Quality Steering Committee, Goodfellow Clinic, Aug 93 – Jun 95.

*Honors:*

Regent University, Faculty Award for Excellence, Fall 2018.  
Retired from the U. S. Air Force at the rank of Colonel, 2017.  
Meritorious Service Medal, Travis AFB, California, 2017.  
Meritorious Service Medal, RAF Lakenheath, England, 2015.  
Meritorious Service Medal, Andrews AFB, Maryland, 2012.  
John C. Flanagan Senior Psychologist of the Year, Air Force District of Washington, 2009.  
Meritorious Service Medal, Vandenberg AFB, California, 2008.  
Meritorious Service Medal, Bagram AB, Afghanistan, 2008.  
Meritorious Service Medal, Mountain Home AFB, Idaho, 2005.  
Air Force Achievement Medal, Al Udeid AB, Qatar, 2005.  
John C. Flanagan Senior Psychologist of the Year, Air Combat Command, 2003.  
Meritorious Service Medal, Andrews AFB, Maryland, 2003.  
Air Force Commendation Medal, Ganci AB, Kyrgyzstan, 2002.  
Meritorious Service Medal, Landstuhl Regional Medical Center, Germany, 2000.  
Squadron Officer School Awards: Chief of Staff Flight, Right of Line Flight, Certificate for Academic and Briefing Excellence, 1999.  
Field Supervision Recognition Award, University of Maryland – College Park, 1998.  
Air Force Commendation Medal, Goodfellow AFB, Texas, 1995.