

Anna Shirokova Ord, Psy.D.

U. S. CITIZEN

LICENSED CLINICAL PSYCHOLOGIST (VA #0810005557)

1000 Regent University Drive, CRB 174, Virginia Beach, VA 23464

Phone: (863) 397-4932 ▪ Email: AnnaOrd@regent.edu

EDUCATION

- Regent University**, Virginia Beach, VA (APA-Accredited Program) Aug. 2011-Aug. 2016
Doctor of Psychology (Psy.D.) in Clinical Psychology
- Regent University**, Virginia Beach, VA Aug. 2011-May 2014
Master of Arts in Clinical Psychology
- Liberty University**, Lynchburg, VA Jan. 2008-Oct. 2011
Master of Arts in Professional Counseling
- Miami University**, Oxford, OH Aug. 2003-Aug. 2004
Master of Business Administration
- Academy of National Economy**, Moscow, Russia Sept. 1999-July 2003
Bachelor of Business Administration
- Summa Cum Laude

TEACHING AND ACADEMIC EXPERINCE

- Regent University, College of Health and Behavioral Sciences, Virginia Beach, VA**
Dean, College of Health and Behavioral Sciences (CHBS)
Chair, Department of Graduate Psychology
Associate Professor July 2021-Present
- Overseeing academic and administrative operations of 3 academic units within CHBS: (1) School of Psychology and Counseling, (2) School of Nursing, (3) School of Allied Health
 - Development and implementation of CHBS working procedures, budgets, policies, and goals
 - Recruitment of faculty and staff
 - Maintaining academic standards in teaching, research and other services provided by CHBS faculty
 - Curriculum development oversight
 - Collaborating with Enrollment Management to oversee CHBS admissions processes

- Acting as a liaison between CHBS departments and institution administration
- Assessing the needs of the student body needs and responding to students' questions, concerns, appeals, and grievances
- Providing support to students on issues related to student services, institution policies, and department processes
- Conducting consistent department evaluations to determine areas for improvement

Regent University, School of Psychology and Counseling, Virginia Beach, VA

Director, Master's Program in Psychology

July 2016-June 2022

- Overseeing the development and functioning of the M.S. Program in Psychology
- Developed and taught the following graduate-level courses within the M. S. Program in General Psychology:
 - GPSY 500 – Contemporary Psychology
 - GPSY 510 – Statistics I
 - GPSY 511 – Statistics II
 - GPSY 512 – Statistics III
 - GPSY 513 – Research Methods in Psychology
 - GPSY 515 – Biological Bases of Behavior
- Developed and taught the following doctoral-level courses within the Ph.D. Program in Counseling and Psychological Studies:
 - MHPS 724 – Appraisal and Psychometrics

Regent University, School of Psychology and Counseling, Virginia Beach, VA

Adjunct Instructor

Aug. 2015-June 2016

Supervisor: Jennifer Ripley, Ph.D.

- Co-developed and taught the following graduate-level courses within the Master's Program in General Psychology:
 - GPSY 510 - Statistics I
 - GPSY 511 - Statistics II

Regent University, School of Psychology and Counseling, Virginia Beach, VA

Adjunct Instructor

Aug. 2014-June 2015

Supervisor: Sherry Todd, Ph.D.

- Taught two graduate-level courses within the Master's Program in Clinical Mental Health Counseling (Family Systems and Assessment Techniques in Counseling)

CLINICAL AND RESEARCH TRAINING

Advanced Post-Doctoral Fellowship in Mental Illness Research and Treatment (MIRT) W. G. Hefner Veterans Affairs Healthcare System, Salisbury, NC June 2019-June 2021 Academic Affiliate: Wake Forest School of Medicine (WFSM)

Fellowship Program Co-Directors: Holly M. Miskey, Ph.D., ABPP-CN and Robert D. Shura, Psy.D., ABPP-CN

- Participating in research activities conducted by the Translational Clinical Neurosciences Collaborative (TCNC) at the Mid-Atlantic Mental Illness Research and Education Center (MIRECC)
- Attending statistics and research trainings provided by the Biostatistics, Epidemiology, and Research Design (BERD) series at the Clinical and Translational Science Institute (Wake Forest School of Medicine)
- Attending national MIRECC video teleconferences hosted by the hub site located at the Palo Alto VA (academic affiliate: Stanford School of Medicine), focusing on translational science, research design, statistics, and other topics related to mental illness research and treatment
- Attending seminars in functional neuroanatomy (bi-weekly) and advanced neuropsychology (bi-weekly)
- Conducting comprehensive neuropsychological evaluations

Post-Doctoral Residency in Clinical Neuropsychology July 2016-June 2018 Supervisor: Scott W. Sautter, Ph.D., ABN **Hampton Roads Neuropsychology, Virginia Beach, VA (Part-Time)**

Clinical Activities:

- Conducted neuropsychological assessments for a variety of clinical presentations including dementias (Alzheimer's, Parkinson's, Lewy Body), cortical syndromes, traumatic brain injuries, CVAs, multiple sclerosis, and affective disorders
- Conducted psychoeducation and empirically supported treatments such as Cognitive-Behavior Therapy (CBT), Dialectical Behavior Therapy (DBT), Interpersonal Therapy (IPT) and Acceptance and Commitment Therapy (ACT) with patients experiencing anxiety, depression, substance use, personality disorders, traumatic brain injuries and cerebrovascular accidents, adjustment to illness and chronic pain, etc.
- Performed cognitive training for patients with neurocognitive disorders
- Participated in a research study titled "The Birdsong Initiative" that investigated effects of computer engagement on mood and cognitive functioning in patients with cognitive impairments (PI: Paul Aravich, Ph.D.; Co-PI: Scott Sautter, Ph.D.)
- Study was conducted through the IRB at the Eastern Virginia Medical School

Pre-Doctoral Internship (APA-Accredited)
Eastern Virginia Medical School, Norfolk, VA
Department of Psychiatry and Behavioral Sciences

July 1, 2015 – June 30, 2016

Major Rotations: Integrated Primary Care (Inpatient & Outpatient) Nov. 2015-June 2016

Supervisor: Barbara Cubic, Ph.D., LCP

Settings: Sentara Norfolk General hospital & Ghent Family Medicine

- Worked within a multidisciplinary team of primary care physicians, medical residents, nursing staff, and social workers
- Provided outpatient psychotherapy and assessment services to patients with a wide variety of chronic medical conditions, as well as inpatient consultations and evaluations
- Common presentations included cardiovascular problems (e.g., HTN, CHF), CVAs, cancer, HIV, ESRD, COPD, major affective disorders, smoking cessation, obesity, substance use, and medical regimen compliance
- Utilized interventions ranging from supportive contact, brief psychoeducation, and crisis intervention to longer-term psychotherapy
- Provided services to a broad range of patients with diverse ethnic, educational, and socioeconomic backgrounds
- Provided neuropsychological assessments and screeners to geriatric patients seen at the Senior Clinic led by Daniel Bluestein, M.D. at Ghent Family Medicine

Major Rotation: Obesity and Bariatrics

July 2015-October 2015

Supervisor: Ninoska D. Peterson, Ph.D., LCP

Setting: Sentara Comprehensive Weight Loss Solutions

- Assisted with and conducted pre-surgical psychosocial evaluations and follow-up care for patients seeking bariatric surgery
- Provided behavioral health interventions to assist patients in behavioral modification in preparation for surgery (e.g., motivational interviewing, increasing compliance with pre-surgical diet and exercise regimen, psychoeducation regarding bariatric surgery)
- Co-facilitated “Back on Track” psychotherapy groups for surgical patients who have regained weight
- Evaluated and provided psychological treatment to patients enrolled in the medical (non-surgical) weight loss program
- Common presentations included obesity, hypertension, diabetes, bariatric regimen compliance, binge eating disorder, and psychosocial factors associated with bariatric surgery

CLINICAL PRACTICA EXPERIENCES

Hampton Roads Neuropsychology, Virginia Beach, VA

Advanced Clinical Practica

Aug. 2013-June 2015

Supervisor: Scott W. Sautter, Ph.D., ABN

Setting: Neuropsychology and behavioral health clinic

- Conducted neuropsychological assessments for a variety of clinical presentations including dementias, traumatic brain injuries, CVAs, multiple sclerosis, and affective disturbances
- Served diverse outpatient populations of various age groups, cultural and ethnic backgrounds, sexual orientations, and clients with physical disabilities, serious mental illness, intellectual disabilities, and developmental disabilities
- Conducted psychoeducation and empirically supported treatments such as Cognitive-Behavior Therapy (CBT), Dialectical Behavior Therapy (DBT), Interpersonal Therapy (IPT) and Acceptance and Commitment Therapy (ACT) with patients experiencing anxiety, depression, substance use, personality disorders, traumatic brain injuries and cerebrovascular accidents, adjustment to illness and chronic pain, etc.
- Collaborated with mental health service providers as part of an interdisciplinary treatment team, which consisted of physicians, psychiatrists, neurologists, representatives from the Department of Rehabilitation Services, workers' compensation agents, and social workers
- Conducted reviews of medical records in preparation for forensic cases

Regent University Psychological Services Center, Virginia Beach, VA

Second Year Doctoral Clinical Practicum

Aug. 2012-July 2013

Supervisors: Gregg Jensen, Psy.D., Jeninne McNeill, Ph.D., and Carissa Dwiwardani, Ph.D.

Setting: University and community counseling center

- Provided evidence-based individual, couple, family, and group psychotherapy services to a diverse client population that included students and individuals from the surrounding community
- Conducted clinical interviews, administered psychological assessments, and wrote integrated testing reports
- **Adjunct rotation-Regent University Career Resource Center**
Provided career assessments and consultation for individuals from the university and surrounding community
- **Adjunct rotation- Psychological Services Center Outreach Team**
Provided support for various community mental health outreach events and co-facilitated psychoeducational events for students and community members

ACTIVE RESEARCH PROJECTS (MANUSCRIPTS UNDER REVIEW, N = 3)

Baker, C., Baum, L., Francis, J., Shura, R., & **Ord, A. S.** (under review). Examining test bias in MMPI-2-RF restructured clinical scales based on gender and race. *Professional Psychology: Research and Practice*. Manuscript submitted.

Magnante, A., **Ord, A.**, Holland, J., & Sautter, S. (under review). The neurocognitive functioning of patients with early-stage Parkinson's Disease. *Applied Neuropsychology: Adult*. Manuscript submitted.

Collen, M., **Ord, A.**, Garzon, F., & Artis, C. (under review). Social support and spiritual faith in patients with neurological disorders. *Spirituality in Clinical Practice*. Manuscript submitted.

PEER-REVIEWED PUBLICATIONS (N = 26)

Ord, A. S., Varela, J., & Shura, R. D. (in press). Embedded validity indicators within Conners Continuous Performance Tests. In E. Erdodi (Ed.), *Handbook of Embedded Performance Validity Indicators: A Neuropsychologist's Desk Reference*.

Varela, J. L., **Ord, A. S.**, Phillips, J. I., Shura, R. D., & Sautter, S. W. (2022). Preliminary evidence for Digit Span performance validity indicators within the Neuropsychological Assessment Battery. *Applied Neuropsychology: Adult*. Advance online publication. <https://doi.org/10.1080/23279095.2022.2076602>

Shura, R. D., **Ord, A. S.**, & Worthen, M. D. (2022). Structured Inventory of Malingered Symptomatology: a psychometric review. *Psychological Injury and Law*, 15, 64–78. <https://doi.org/10.1007/s12207-021-09432-y>

Ord, A. S., Epstein, E. L., Shull, E., Taber, K. H., Martindale, S. L., & Rowland, J. A. (2022). Factors associated with recovery from posttraumatic stress disorder in combat Veterans: The role of deployment mild TBI. *Rehabilitation Psychology*. Advance online publication. <https://doi.org/10.1037/rep0000400>

Ripley, J., Solfelt, L., **Ord, A.**, Garthe, R. C., Worthington Jr, E. L., & Channing, T. (2021). Short- and long-term outcomes of hope focused couple therapy. *Spirituality in Clinical Practice*. Advance online publication. <https://doi.org/10.1037/scp0000286>

Rowland, J. A., Stapleton-Kotloski, J. R., Martindale, S. L., Rogers, E. E., **Ord, A. S.**, Godwin, D. W., & Taber, K. H. (2021). Alterations in the topology of functional connectomes are associated with post-traumatic stress disorder and blast-related mild traumatic brain injury in combat veterans. *Journal of Neurotrauma*, 38(22), 3086-3096. <https://doi.org/10.1089/neu.2020.7450>

- Martindale, S. L., **Ord, A. S.**, Rule, L. G., & Rowland, J. A. (2021). Effects of blast exposure on psychiatric and health symptoms in combat veterans. *Journal of Psychiatric Research*, 143, 189-195. <https://doi.org/10.1016/j.jpsychires.2021.09.021>
- Ord, A. S.**, Slogar, S. M., & Sautter, S. W. (2021). Lifestyle factors, cognitive functioning, and functional capacity in older adults. *International Journal of Aging and Human Development*. Advance online publication. <https://doi.org/10.1177/00914150211009467>
- Jones, D. E., **Ord, A. S.**, Duskey, K., Jones, K., Duchac, N., Dern, M., & Montiel, L. (2021). Big Five factor personality differences by academic major and gender in a faith-based university sample. *Journal of School Counseling*, 19(11). <http://www.jsc.montana.edu/articles/v19n11.pdf>
- Varela, J. L., **Ord, A. S.**, Phillips, J. I., Shura, R. D., & Sautter, S. W. (2021). The development and validation of the Embedded Validity Indicator (EVI) for the Neuropsychological Assessment Battery (NAB). *Archives of Clinical Neuropsychology*. Advance online publication. <https://doi.org/10.1093/arclin/acab025>
- Sautter, S. W., **Ord, A. S.**, Azher, A., Chidester, A., & Aravich, P. (2021). Benefits of computer engagement in older adults with dementia. *Gerontology and Geriatric Medicine*. Advance online publication. <https://doi.org/10.1177/2333721421992996>
- Martindale, S. L., Lad, S. S., **Ord, A. S.**, Nagy, K. A., Crawford, C. D., Taber, K. H., & Rowland, J. A. (2020). Sleep moderates symptom experience in combat veterans. *Journal of Affective Disorders*. <https://doi.org/10.1016/j.jad.2020.12.161>
- Ord, A. S.**, Shura, R. D., Sansone, A. R., Martindale, S. L., Taber, K. H., & Rowland, J. A. (in press). Performance validity and symptom validity tests: Are they measuring different constructs? *Neuropsychology*. Advance online publication. <https://doi.org/10.1037/neu0000722>
- Ord, A. S.**, Shura, R. D., Curtiss, G., Armistead-Jehle, P., Vanderploeg, R., Bowles, A., Kennedy, J. E., Tate, D. F., & Cooper, D. B. (2020). Number of concussions does not affect treatment response to cognitive rehabilitation interventions following mild TBI in military service members. *Archives of Clinical Neuropsychology*. Advance online publication. <https://doi.org/10.1093/arclin/aaa119>
- Martindale, S. L., Shura, R. D., **Ord, A. S.**, Williams, A. M., Miskey, H. M., Brearly, T. W., & Rowland, J. A. (2020). Symptom burden, validity, and cognitive outcomes in Iraq and Afghanistan veterans. *Applied Neuropsychology: Adult*. Advance online publication. <https://doi.org/10.1080/23279095.2020.1847111>

- Martindale, S. L., **Ord, A. S.**, Lad, S. S., Miskey, H., & Taber, K. H. (2020). Differential effects of deployment and non-deployment mild TBI on neuropsychological outcomes. *Rehabilitation Psychology*. Advance online publication. <https://doi.org/10.1037/rep0000374>
- Ord, A. S.**, Stranahan, K. R., Hurley, R. A., & Taber, K. H. (2020). Stress-related growth: Building a more resilient brain. *Journal of Neuropsychiatry and Clinical Neurosciences*, 32(2), 207-212. <https://doi.org/10.1176/appi.neuropsych.20050111>
- Shura, R. D., Epstein, E. L., **Ord, A. S.**, Martindale, S. L., Rowland, J. A., Brearly, T. W., & Taber, K. H. (2020). Relationship between intelligence and posttraumatic stress disorder in veterans. *Intelligence*, 82, 101472-101479. <https://doi.org/10.1016/j.intell.2020.101472>
- Martindale, S. L., **Ord, A. S.**, & Rowland, J. A. (2020). Influence of blast exposure on cognitive functioning in combat veterans. *Neuropsychology*. Advance online publication. <https://doi.org/10.1037/neu0000672>
- Shura, R. D., **Ord, A. S.**, Martindale, S. L., Miskey, H. M., & Taber, K. H. (2020). Test of Premorbid Functioning: You're doing it wrong, but does it matter? *Archives of Clinical Neuropsychology*. Advance online publication. <https://doi.org/10.1093/arclin/aaa025>
- Ord, A. S.**, Lad, S., Shura, R. D., Rowland, J. A., Taber, K. H., & Martindale, S. L. (2020). Pain interference and quality of life in combat veterans: Examining the roles of posttraumatic stress disorder, traumatic brain injury, and sleep quality. *Rehabilitation Psychology*. Advance online publication. <https://doi.org/10.1037/rep0000333>
- Ord, A. S.**, Miskey, H. M., Lad, S., Richter, B., Nagy, K., & Shura, R. D. (2020). Examining embedded validity indicators in Conners continuous performance test-3 (CPT-3). *The Clinical Neuropsychologist*. Advance online publication. <https://doi.org/10.1080/13854046.2020.1751301>
- Ord, A. S.**, Phillips, J., Wolterstorff, T., Kintzing, R., Slogar, S.-M., & Sautter, S. W. (2019). Can deficits in functional capacity and practical judgment predict cognitive impairment in older adults? *Applied Neuropsychology: Adult*. Advance online publication. doi: 10.1080/23279095.2019.1698582
- Dwiwardani, C., **Ord, A. S.**, Fennell, M., Eaves, D., Ripley, J.S., Perkins, A., Sells, J., Worthington, E. L., Jr., Davis, D. E., Hook, J. N., Garthe, R. C., Reid, C. A., & Van Tongeren, D. R. (2017). Spelling HUMBLE with U and ME: The role of humility in intimate partner relationships. *Journal of Positive Psychology*, 2, 1-11.

Ripley, J. S., Garthe, R.C., Perkins, A., Worthington, E.L., Jr., Davis, D.E., Hook, J.N., Reid, C., Van Tongren, D., Dwiwardani, C., **Ord, A. S.**, Fennell, M., & Eaves, D. (2016). Relational humility predicts dyadic coping across the transition to parenthood. *Couple and Family Psychology: Research and Practice*, 3, 157-167.

Ord, A. S., Ripley, J., Hook, J., & Erspamer, T. (2016). Teaching statistics in APA-accredited doctoral programs in clinical psychology: Syllabi review. *Teaching of Psychology*, 43(3), 221-226.

PROFESSIONAL PRESENTATIONS (N = 46)

Varela, J., **Ord, A. S.**, & Sautter, S. W. (August, 2021). *Validation of an Embedded Validity Indicator (EVI) for the Neuropsychological Assessment Battery*. Poster session presentation at the Annual Convention of the American Psychological Association, Virtual (APA) (virtual).

Varela, J., **Ord, A. S.**, Shura, R. D., & Sautter, S. W. (June, 2021). *Efficacy of the Neuropsychological Assessment Battery Embedded Validity Indicator*. Poster session presentation at the 19th Annual Conference of the American Academy of Clinical Neuropsychology (AACN) (virtual).

Ripley, J.S., Solfelt, L., **Ord, A.**, Channing, T., & Worthington, E.L., Jr. (March, 2021). *What 12 years of running a Hope Focused Couples lab taught us about effective couple therapy*. Presentation at the annual national conference of the Christian Association for Psychological Studies (virtual).

Channing, T., Robinson, M., Stepien, D., **Ord, A.**, Schwartz, N., & Kettering, T. (February, 2021). *The impact of perceived organizational support (POS) and perceived supervisor support (PSS) on burnout in the direct support professional (DSP) population*. Poster session presentation at the 23rd Annual Rehabilitation Psychology Conference (virtual).

Robinson, M., Channing, T., Stepien, D., **Ord, A.**, Schwartz, N., & Kettering, T. (February, 2021). *Differences in levels of perceived support and burnout in direct support professionals who provide rehabilitative care for children versus adults*. Poster session presentation at the 23rd Annual Rehabilitation Psychology Conference (virtual).

Collen, M., Cary, A., **Ord, A. S.**, Magnante, A., McAuliffe, R., Kass, A., Shull, E., Morales, K., & Sautter, S. (2019, August). *Psychosocial stressors and neurocognitive functioning in older adults*. Poster presented at the annual convention of the American Psychological Association (Division 40), Chicago, IL.

Magnante, A., **Ord, A. S.**, Collen, M., Mullen, A., Varela, J., Toepp, J., & Jenks, J. (2019, August). *Memory recall and recognition in patients with Parkinson's Disease*. Poster presented at the annual convention of the American Psychological Association (Division 40), Chicago, IL.

- Varela, J., Jenks, J., & **Ord, A. S.** (2019, April). *Effects of technology use on attention and impulsivity*. Paper presented at the annual convention of the Virginia Association for Psychological Science, Newport News, VA.
- Morales, K., Rowan, A., **Ord, A. S.**, & Alexander, U. (2019, April). *Neuropsychological effects of depression and anxiety in older adults*. Paper presented at the annual convention of the Virginia Association for Psychological Science, Newport News, VA.
- Magnante, A., Mullen, A., Doughtie, T., Varela, J., & **Ord, A. S.** (2019, April). *CBT for reduction of non-motor symptoms in patients with Parkinson's Disease*. Paper presented at the annual convention of the Virginia Association for Psychological Science, Newport News, VA.
- Doughtie, T., **Ord, A. S.**, Mullen, A., Magnante, A., & Toepp, J. (2019, April). *Music interventions for memory improvement in patients with dementia*. Paper presented at the annual convention of the Virginia Association for Psychological Science, Newport News, VA.
- Benitez, A. J., Morales, K., Alexander-Bunn, U., Magnante, A., & **Ord, A. S.** (2019, April). *A neuropsychological profile of patients with chronic substance use*. Poster presented at the annual convention of the Virginia Association for Psychological Science, Newport News, VA.
- Phillips, J.L., Channing, T., **Ord, A.**, Wolterstorff, T., Lindo, J., & Alexander, U. (2018, August). *Premorbid function as a protective factor for cognitive change and IADL performance*. Poster presented at the annual convention of the American Psychological Association (Division 40), San Francisco, CA.
- Alexander, U., **Ord, A.**, Morales, K., Lindo, J., Phillips, J., & Magnante, A. (2018, August). *Neurocognitive functioning and medical history of diabetes and hypertension in older adults*. Poster presented at the annual convention of the American Psychological Association (Division 40), San Francisco, CA.
- Lindo, J., **Ord, A.**, Sykes, A., Shull, E., Alexander, U., Morales, K., ... Sautter, S. (2018, April). *Spiritual faith and neuropsychological functioning in patients with neurological disorders*. Poster presented at the annual conference of Christian Association of Psychological Studies, Norfolk, VA.
- Ord, A. S.**, Alexander, U., Shull, E., Lindo, J., Morales, K., Graham, D., Wolterstoff, T., Phillips, J., Bhattacharjee, K., Melchiorre, A., & Sautter, S. (2018, February). *Can alcohol and tobacco use predict neurocognitive functioning in older adults?* Poster presented at the International Neuropsychological Society (INS) Annual Convention, Washington, D.C.
- Aravich, P.F., **Ord, A.S.**, Azher, A., Chidester, A.P., Binder, M.S., & Sautter, S. (2017, October) *Individual computer access improves advanced dementia and MCI*. Teleconference Presentation for the Society for Neuroscience Symposium, Washington, D.C.

- Phillips, J., **Ord, A.**, Kintzing, R., Lindo, J., Perkins, A., Heath, J., Graham, D., Alexander, U., Morales, K., Sautter, S. (2017, August). *Cross-validation of RBANS effort scale using ACS Word Choice Test*. Poster presented at the 125th American Psychological Association (APA) Annual Convention, Washington, D.C.
- Phillips, J., **Ord, A.**, Sautter, S., Kintzing, R. (2016, October). *Can a PVT measure screen for genuine memory impairment in older adults?* Poster presented at the National Academy of Neuropsychology (NAN) Annual Convention, Seattle, WA.
- Phillips, J., Slogar, S. M., Kintzing, R., **Ord, A. S.**, Sautter, S., & Stitt, A. E. (2016, August). *Using a forced-choice word recognition measure as a predictor of dementia*. Poster presented at the annual American Psychological Association Convention, Denver, CO.
- Page, C., Jones, H., McSwain, E., **Ord, A.**, Morgan, T., Burke, C., Kimani, M., & Washington, A. (2016, August). *Protect and serve: Culturally informed training for law enforcement officers*. Structured discussion presented at APA's Annual Convention, Denver, CO.
- Chidester, A., Sautter, S., Aravich, P., & **Ord, A. S.** (2016, July). *Transforming dementia care and quality of life using innovative touch screen computer engagement*. Paper presented at the annual Alzheimer's Association International Conference, Toronto, Canada.
- Ord, A. S.**, Slogar, S. M., Sautter, S. W., Kintzing, R., Phillips, J., & Stitt, A. E. (2015, August). *Health-promoting behaviors and neurocognitive function in older adults*. Poster presented at the annual American Psychological Association Convention, Toronto, Canada.
- Ord, A. S.**, Phillips, J., Kintzing, R., Slogar, S. M., Stitt, A., & Sautter, S. W. (2015, April). *Can adaptive behavior and practical judgment predict the level of cognitive impairment in older adults?* Paper presented at the annual meeting of the Southern Gerontological Society, Williamsburg, Virginia.
- Ord, A. S.**, Slogar, S. M., Bhattacharjee, K., Howerin, D., Sautter, S., Stitt, A. E., & Edwards, K. (2015, April). *Aerobic exercise, quality of life, and instrumental activities of daily living in older adults*. Poster presented at the annual meeting of the Southern Gerontological Society, Williamsburg, Virginia.
- Ord, A. S.**, Kintzing, R., Phillips, J., Bhattacharjee, K., Slogar, M., Stitt, A., & Sautter, S. W. (2015, February). *Adaptive behavior, practical judgment, and cognitive functioning in older adults*. Poster presented at the 43rd annual meeting of International Neuropsychological Society, Denver, CO.
- Ord, A. S.**, Phillips, J., Kintzing, R., Bhattacharjee, K., Howerin, D., Stitt, A., & Sautter, S. W. (2015, February). *A factor analysis cross-validation of the Dementia Rating Scale-2*. Poster presented at the 43rd annual meeting of International Neuropsychological Society, Denver, CO.

- Ord, A. S.** (2014, October). *Neurocognitive functioning in patients with eating disorders*. Poster presented at the Hampton Roads Neuroscience Network Conference, Norfolk, VA.
- Sautter, S. W., **Ord, A. S.**, & Stitt, A. (2014, October). *Does aerobic exercise improve brain fitness?* Poster presented at the Hampton Roads Neuroscience Network Conference, Norfolk, VA.
- Bhattacharjee, K., Phillips, J., Kintzing, R., & **Ord, A. S.** (2014, August). *Religion, spirituality, and health outcomes in older adults: Systematic review of literature*. Paper presented at the annual American Psychological Association Convention, Washington, DC.
- Ord, A. S.** (2014, April). *Integrating behavioral health and primary care: History, trends, and models of integration*. Poster presented at the annual Hampton Roads Practitioner-Scholar Conference, Virginia Beach, VA.
- Ord, A. S.**, & McSwain, E. (2014, April). *Effects of sexual trauma on women in the US military*. Poster presented at the annual Hampton Roads Practitioner-Scholar Conference, Virginia Beach, VA.
- Ord, A. S.**, Baum, L., Jackson, L., Pittman, J., & Giovannelli, T. (2014, April). *Substance use experiences and attitudes among college students*. Paper presented at the annual spring convention of Virginia Psychological Association, Norfolk, VA.
- Ord, A. S.**, McSwain, E., & Jackson, L. (2014, April). *Substance misuse prevention in veterans within the VA system*. Poster presented at the annual spring convention of Virginia Psychological Association, Norfolk, VA.
- Wantke, A., Silander, N., **Ord, A. S.**, & Jackson, L. (2014, April). *Health outcomes of sexual trauma in female service members*. Paper presented at the annual spring convention of Virginia Psychological Association, Norfolk, VA.
- Partridge, K., & **Shirokova, A.** (2013, November). *Parent training as an approach for prevention and treatment of eating disorders in children and adolescents*. Paper presented at the annual conference of Christian Association of Psychological Studies (East Division), Virginia Beach, VA.
- Silander, N., **Shirokova, A.**, & Wantke, A. (2013, November). *Sexuality and body dysmorphia*. Poster presented at the annual conference of Christian Association of Psychological Studies (East Division), Virginia Beach, VA.
- Shirokova, A.**, Wantke, A., & Silander, N. (2013, November). *Exploring connections between sexual trauma and eating disorders*. Paper presented at the annual conference of Christian Association of Psychological Studies (East Division), Virginia Beach, VA.
- Shirokova, A.**, Partridge, K., Ripley, J., Wantke, A., Whitesell, A., & Villanueva, S. (2013, August). *Influence of initial distress on relationship satisfaction after Hope-Focused*

Couple Therapy. Poster presented at the annual American Psychological Association Convention, Honolulu, HI.

Shirokova, A., Wantke, A., & Silander, N. (2013, April). *Eating disorders, obesity, and weight management in a primary care and mental health integration (PCMHI) setting*. Paper presented at the annual Hampton Roads Practitioner-Scholar Conference, Virginia Beach, VA.

Shirokova, A., Wine, E., Ripley, J., & Villanueva, S. (2012, November). *Influence of religious commitment level and intervention type on marital satisfaction in military couples*. Poster presented at the annual conference of Christian Association of Psychological Studies (East Division), Chambersburg, PA.

Villanueva, S., **Shirokova, A.,** & Ripley, J. (2012, November). *Exploring commonalities among couples who do not experience improvement after marriage therapy*. Poster presented at the annual conference of Christian Association of Psychological Studies (East Division), Chambersburg, PA.

Shirokova, A., Silander, N., & Wantke, A. (2012, August). *Spiritual issues and interventions in the treatment of patients with eating disorders*. Poster presented at the annual American Psychological Association Convention, Orlando, FL.

Ripley, J., Sierra, T., **Shirokova, A.,** Erspamer, T., Candland, C., & Samuel, J. (2012, August). *Utility of behavioral coding measures and dyadic adjustment in assessing couple therapeutic alliance*. Poster presented at the annual American Psychological Association Convention, Orlando, FL.

Shirokova, A., & Knodel, K. (2012, August). *Obesity, depression, and suicide in children and adolescents: A systematic review of literature*. Poster presented at the annual American Psychological Association Convention, Orlando, FL.

Shirokova, A., Samuel, J., & Wantke, A. (2012, March). *Ethical implications of spiritual interventions in psychotherapy*. Poster presented at the annual Hampton Roads Practitioner-Scholar Conference, Virginia Beach, VA.

INVITED PRESENTATIONS

Ord, A. S. (2021, March). *Frontal lobes: Neuroanatomy, syndromes, and assessment*. Invited Didactic Presentation for the Clinical Internship Program at the W. G. Hefner HCS, Salisbury, NC.

Ord, A. S. (2020, July). *Assessment of performance validity and symptom validity*. Invited Didactic Presentation for the Mental Health Grand Rounds at the W. G. Hefner HCS, Salisbury, NC.

Ord, A. S. (2020, April). *Frontal lobes: Neuroanatomy, syndromes, and assessment*. Invited Didactic Presentation for the Clinical Internship Program at the W. G. Hefner HCS, Salisbury, NC.

Sautter, S., Aravich, P., **Ord, A.**, Chidester, A., & Azher, A. (2017, April). *Guided computer engagement and dementia: Initiative for exploring non-pharmacological interventions*. Invited Teleconference Presentation for Unnecessary Antipsychotic Medication Reduction Workgroup, Virginia Geriatric Mental Health Partnership, Virginia Beach, VA.

Ord, A. S. (2017, March). *Resilience: Addressing the challenges of Multiple Sclerosis*. Invited Presentation for the National Multiple Sclerosis Society, Norfolk, VA.

Sautter, S., Aravich, P., **Ord, A.**, Powell, A., & Azher, A. (2017, March). *Guided computer engagement and moderate dementia: The Birdsong Initiative*. Presentation to the Virginia Alzheimer's Disease and Related Disorders Association, Richmond, VA.

Ord, A. (2014, October). *Assessment of effort and validity in psychological testing*. Presentation to the Regent University Psychological Services Center staff, Virginia Beach, VA.

Ord, A., Baum, L., Jackson, L., Pittman, J., & Giovannelli, T. (2014, April). *Substance use experiences and attitudes among college students*. Presentation for the Center for Forensic and Assessment Psychology, Regent University, Virginia Beach, VA.

McSwain, E., & **Shirokova, A.** (2013, January). *The evolution of service: Effects of combat on women serving in the military*. Presentation in the Cultural Diversity Luncheon Series, Regent University, Virginia Beach, VA.

RESEARCH EXPERIENCE

Research Center for Clinical Neuropsychology

Aug. 2016-Present

Regent University, Virginia Beach, VA

Principal Investigator: Anna Ord, Psy.D.

- Led a research team in clinical neuropsychology for graduate students in the Doctoral and Master's Programs in Psychology
- Directed data collection efforts in partnership with Hampton Roads Neuropsychology
- Oversaw preparation of scholarly publications and presentations

Cross-Validation of Psychometric Properties of the Mattis Dementia Rating Scale-2 (Research Project)

Aug. 2014-June 2015

Hampton Roads Neuropsychology, Virginia Beach, VA

Co-Investigators: Scott W. Sautter, Ph.D. & Anna S. Ord, M.A.

- Participated as a lead student researcher in the project that examined validity and other psychometric properties of the Mattis Dementia Rating Scale-2
- Managed a research team of doctoral students who assisted with data entry
- Conducted literature reviews
- Ran multivariate statistical analyses
- Wrote up Results and Discussion sections for a manuscript
- Analyses used: Principal Component Analysis

Dissertation Research

Aug. 2013-Nov. 2015

Regent University, Virginia Beach, VA

- Dissertation Topic: Substance Use, Stress, and Spirituality in College Students
- Dissertation Chair: Linda Baum, Ph.D., LCP
- Dissertation Defended: November, 2015

NeuroHealth Research Team

Oct. 2013-June 2014

Regent University, Virginia Beach, VA

Principal Investigator: Joseph Francis, Psy.D.

- Participated in several research projects that studied various aspects of health psychology and neuropsychology with different populations
- Participated in monthly meetings and trainings on assessment and treatment of various behavioral health concerns, such as weight management, smoking cessation, chronic illness management, and medication compliance
- Coordinated a team of doctoral students who created a comprehensive database of empirical assessment data
- Presented research findings at regional, national, and international conferences

Substance Abuse among College Students (Research Project) June 2012-June 2015*Regent University, Virginia Beach, VA*

Principal Investigator: Linda Baum, Ph.D., LCP

- Assisted with the design of the study and of the research hypotheses
- Developed the questionnaire used in the survey
- Created and submitted proposals for the Human Subjects Review Committee
- Facilitated data collection, data analysis, and data interpretation
- Presented findings to the Substance Abuse Committee at Regent University
- Analyses used: Multivariate analysis of variance (MANOVA)

Hope-Focused Couple Therapy Research Team

Aug. 2011-June 2014

Regent University, Virginia Beach, VA

Principal Investigator: Jennifer Ripley, Ph.D., LCP

- Participated in a study that collected empirical support for the effectiveness of a Hope-Focused Couple Therapy protocol
- Conducted research tasks for couples participating in the research project, including data collection and administration of psychodiagnostic assessments
- Conducted qualitative interviews for research purposes
- Worked approximately 8-10 hours per week assisting professor on various research projects that have resulted in professional presentations and publications
- Conducted literature reviews
- Provided assistance with data coding, analysis, and interpretation
- Analyses used: Factorial Analysis of Variance (ANOVA), Multivariate Analysis of

SUPERVISION OF DISSERTATION PROJECTS

Embedded Performance Validity Indicator for Neuropsychological Assessment Battery

- Role: Dissertation Committee Member
- Status: Proposed

Health-Promoting Behaviors and Health Status as Predictors of Cognitive Functioning in Older Adults

- Student author: Sue-Mei Slogar
- Role: Dissertation Committee Member
- Status: Defended

Distinguishing Neurogenic and Psychogenic Contributions to Cognitive Concerns

- Student author: Elizabeth Shull
- Role: Dissertation Chair
- Status: Defended

Health-Promoting Behaviors and Neurocognitive Functioning in Patients with Diabetes and Hypertension

- Student author: Uniqua Alexander
- Role: Dissertation Chair
- Status: Defended

Neurocognitive Profile of Patients with Parkinson's Disease

- Student author: Anna Magnante
- Role: Dissertation Chair
- Status: Defended

Cognitive Functioning Problems in Normal Aging, Neurogenic, and Psychogenic Profiles

- Student author: Kimberly Morales
- Role: Dissertation Committee Member
- Status: Defended

Spiritual Faith and Religious Coping in Patients with Chronic Neurological Disorders

- Student author: Mackenzie Collen
- Role: Dissertation Chair
- Status: Proposed

Long-Term Outcomes of Hope Couples Therapy

- Student author: Lindsay Solfelt
- Role: Committee Member
- Status: Proposed

Impairment in Social Functioning Following Traumatic Brain Injury

- Student author: Arielle Mullen
- Role: Dissertation Committee Member
- Status: Pre-proposal

CONSULTING SERVICES

Dissertation Consultation: Exploring Race Bias in Higher-Order and Restructured Clinical Scales of MMPI-2-RF

Aug. 2014-Sep. 2014

Regent University, Virginia Beach, VA

Principal Investigator: Christopher Baker, Psy.D. Candidate

- Contributed approximately 20 hours of statistical data analysis and data interpretation
- Assisted with the Results section of the manuscript
- Analyses used: Moderated Hierarchical Multiple Regression and Hierarchical Logistic Regression

Dissertation Consultation: The Effects of Combat Exposure on Religious Coping in US Veterans

Jan. 2014-May 2014

Regent University, Virginia Beach, VA

Principal Investigator: Austin R. Holt, Psy.D. Candidate

- Assisted with research design and with hypotheses refinement
- Assisted with Results section of the manuscript
- Contributed approximately 20 hours of data coding, data interpretation, and statistical data analyses
- Analyses used: Factorial Multivariate Analysis of Variance (MANOVA)

Dissertation Consultation: Effects of Substance Use and Traumatic Brain Injuries on Executive Functioning Among Inmates

Jan. 2013-May 2013

Regent University, Virginia Beach, VA

Principal Investigator: Scott LaPoint, Psy.D.

- Assisted with research design and with hypotheses refinement
- Assisted with the Literature Review, Results, and Discussion sections
- Contributed approximately 80 hours of data collection, data coding, and statistical data analysis
- Analyses used: Discriminant Function Analysis

UNIVERSITY SERVICE ROLES/ COMMITTEES

Executive Committee

Aug. 2016-Present

School of Psychology and Counseling

Committee Member

- The committee covers a variety of leadership initiatives and consists of the Graduate Psychology and Counseling departments leaders within the School of Psychology and Counseling

Diversity Committee

Aug. 2016-June 2019

Regent University, Graduate Psychology Department

Committee Co-Chair

- The committee leads a variety of events and initiatives for retention and recruitment of minority students and faculty

Substance Abuse Prevention Committee

June 2012-Present

Regent University, Interdepartmental Committee

Committee Member

- The committee leads a variety of initiatives to facilitate Regent University compliance with Department of Education requirements regarding substance abuse prevention policies

OTHER WORK EXPERIENCE

Saddle Creek Logistics Services (SCLS), Lakeland, FL

Manager, Customer Solutions and Operations Support

Jul. 2004-Aug. 2011

- Managed a team of over 30 employees
- Analyzed and submitted over 50 major pricing projects that resulted in \$1,200,000 increase in revenue for Saddle Creek Corporation (2004-2009)
- Designed and implemented business forecasting models and logistics pricing models for multi-location pricing that enabled the company to participate in tenders more efficiently, thus contributing to the expansion of SCLS business across all locations
- Co-facilitated several start-ups of SCLS locations across the US
- Developed carrier relations in new markets that allowed the company to increase brokerage margin from 7% to 15%
- Designed and launched a new training system that reduced errors in picking and loading of orders by over 25% and increased productivity by 10%
- Implemented internal process improvement systems in various SCLS locations that resulted in successful ISO and LEAN certifications

HONORS, AWARDS AND SCHOLARSHIPS

Faculty Research Grant AY17-18 (\$5,000)

Dec. 2017

- Awarded by the Administration of Regent University

Award of Excellence, Outstanding Graduate (Doctor of Psychology)

May 2016

- Awarded by the School of Psychology and Counseling, Regent University

Academic Merit Scholarship

Aug. 2011-Aug. 2016

- Awarded by the School of Psychology and Counseling, Regent University

College of Business Administration Scholarship

Fall 2003

- Awarded by the Richard T. Farmer School of Business, Miami University

Marketing Department Graduate Assistantship

Sept. 2003-June 2004

- Awarded by the Marketing Department, Miami University

Dean's List and Merit-based Award

Aug. 1999-June 2003

- Awarded by the Institute of Business Studies, Academy of National Economy (all semesters of undergraduate studies)

Student of the Year Award

March 2001

- Awarded by the Institute of Business Studies, Academy of National Economy