

KATRINA E. MAXWELL, Ph.D.
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ACADEMIC HISTORY

Florida State University, Tallahassee, FL

Doctor of Philosophy in Family Relations, 2006

Dissertation title: "Parenting among women sexually abused in childhood: Child temperament as an additional variable in a regression model"

Dissertation advisor: Ann Mullis

Master of Science in Family Relations, 2000

Thesis title: "Locus of control of mothers and daughters: A comparison of African American dyads in public and non-public housing"

Thesis advisor: David Wright

South Carolina State University, Orangeburg, SC

Bachelor of Science in Child Development, 1997,

Magna Cum Laude

COURSES TAUGHT (2007 – Present)

Regent University

Graduate Courses, 2022 – Present

- Multicultural Awareness & Individual Diversity (HSC/PAC 570)
- Field Experience (HSC/PAC 596, MHPS 696)
- Marriage & Relationship Counseling (HSC/PAC 544, MHPS 624)

Saint Leo University

Undergraduate Courses, 2017 - Present

- Interpersonal Helping Skills (HUS 335)
- Group Skills (HUS 340)
- Social Policy in Human Services (HUS 345)
- Human Services Administration (HUS 410)
- Introduction to Human Services (HUS 121)
- Research Methods: Quantitative Research (HUS 311)
- Research Methods: Qualitative Research (HUS 312)
- Field Placement (HUS 434/424)
- Senior Seminar (HUS 498)

Graduate Courses, Saint Leo University, 2017 – Present

- Management and Leadership for Human Services Organizations (HUS 505)
- Community Needs Assessment and Program Evaluation (HUS 515)
- Grantsmanship (HUS 560)

*South Carolina State University**Undergraduate Courses, 2007 – 2012*

- Adult Development (FCS 310)
- African American Families (FCS 250)
- Human Sexuality (FCS 306)
- Marriage and Family Relations (304)
- Professional Foundations of Family and Consumer Sciences (FCS 101)
- Professional Perspectives in Family and Consumer Sciences (FCS 498)
- University Community (UNIV 101)

Graduate Courses, 2007 - 2012

- Advanced Childhood Development (IFD 520)
- Contemporary Aspects of Education for Parenthood (IFD 525)
- Cultural Foundations of Family Life (IFD 503)
- Family Life Education (IFD 501)
- Family Theory and Research (IFD 546)
- Individual and Family Development (IFD 516)
- Problem in Lieu of Thesis (IFD 602 & 603)
- Problems in Family Resource Management (FCS 521)
- The Family: Middle and Later Years (IFD 515)

PROFESSIONAL EXPERIENCE

Assistant Professor, Department of Counseling Ministries, Regent University, September 1, 2022 – Present

- Director, M.A. in Human Services Program
- Director, M.A. in Pastoral Counseling Program

Adjunct Professor, Department of Counseling Ministries, Regent University, March – August 2022

Teach cross-listed graduate courses in multicultural awareness & individual diversity; field experience; and marriage & relationship counseling. Incorporate technology (e.g., YouTube) in the collaborate sessions to increase students understanding of course materials.

Associate Professor, Department of Human Services, Saint Leo University, 2017 – Present

Teach undergraduate courses in the Department of Human Services, advise and mentor undergraduate students, complete peer observations, perform professional development activities such as conference presentations and attendance and publications, attend trainings and workshops, maintain memberships in professional organizations, and serve the university, college, department, center, and students.

Teaching: activities involve creating learning tools to enhance student learning including but not limited to the following:

- Learning Tools examples are Critical thinking exercises (HUS 101, 340), Social research process outline (HUS 311, HUS 312), Jeopardy game (HUS 311), Research proposal outline (HUS 311, HUS 312), Sample survey designs (HUS 311), Steps in Conducting Research (HUS 312), Do First Model activities (HUS 311, HUS 312), Article Review Format

(HUS 311, 312), Research Project Worksheet (HUS 312), Agency Profile development (HUS 335, HUS 340), Case Assessment template (HUS 335), Case Development template (HUS 335), Assessment Process information sheet (HUS 335), Eco-Map template (HUS 335), Case Scenarios for Simulated Experience (HUS 335, 340), Ethical Dilemma Case Scenario for Simulated Experience (HUS program), Videos (all classes), and Guest Speakers (HUS 335, HUS 345, HUS 560).

- Classroom Technology: Use technology to enhance the learning environment such as LionsSHARE (all classes), Simulated Experience (HUS 335, HUS 340), Zoom (HUS 335, 340, 345, 410, 423, 424, 498), and Kahoot games (HUS 345).
- Scoring and Grading Rubrics: Develop rubrics for each activity that guides students through the completion of papers, presentations, and/or other assignments (HUS 335, 340, 345, 410, 311, 312)
- Field Placement Prep: Organize field placement for students including evaluating service site appropriateness, complete memorandum of understandings with agencies, and establishing relationships with site supervisors. Facilitate student meetings on topics such as field placement preparation.
- Student Advising/Mentoring: Assist students with career advising, resume development, class offering, and
- Availability to Students: Provide students with personal cell number to assist with any course materials, assignments, and potential issues.

Professional Development: work with disciplinary and interdisciplinary colleagues to help expand the Human Services profession and expansion of knowledge base and improve teaching.

- Presentations: Research Human Services' related topics and organize professional presentations for various conferences.
- Publication: Contributed to a chapter in an e-book related to mental health and cultural competencies.
- Trainings: Completed University required trainings (e.g., Essential, Savvy, Sage, VTT, Core Compliance) and attended workshops provided by the Center for Teaching and Learning Excellence (CTLE).

Service: engage in service-based activities to enhance student learning, strengthen university relations, bring awareness to the university and Human Service program, and serve others.

- HUS Club Advisor: Advise the students in the Human Services Club with student organization management, community service projects, and professional development.
- Faculty Lead: Serve as the lead faculty in the Human Services program at the Savannah Center assisting adjunct faculty with academic affairs issues.
- Partnering: Develop community partnerships for recruitment and field placement opportunities.
- Program Review: Assist with writing the Academic Program Review (APR) for the department.
- Course Development: Develop online courses using the 'Do First' model (HUS 340, 423).
- Course Custodian: Serve as course custodian for HUS 340, 345, 347, 410, 423, 498
- Liaison: Serve as liaison to the Clinical Social Work Association of Savannah with HUS program.
- Workshops: Conduct workshops for adjunct faculty in training series.

- Peer Observations: Complete observation reports of adjunct and other peers' teaching strategies.
- Committee Service: Aid university, college, department, center, and community committees.

Assistant Professor, Department of Family and Consumer Sciences, SC State University, 2007-2012

- Taught undergraduate courses in the areas of marriage and family relations, African American families, advanced child development, human sexuality, adult development, and University 101.
- Employed innovative teaching strategies that included using the 'Jeopardy' game show format.
- Created a course packet for African American Families.
- Developed African American Families as an on-line course.
- Increased Marriage and Family Relations course offering by 150% based on students' demand.
- Implemented student community involvement (e.g., National Black HIV/AIDS Awareness, Council on Aging, Week of the International Student, and Community Forum).
- Prepared the accreditation document needed for beginning the self-study.

Assistant Professor, Individual and Family Development Program, SC State University, 2007-2012

- Taught graduate courses in human and family development.
- Amended courses in an on-line format for distance – learning.
- Created rubrics for assessing students' academic performance.
- Established community involved for the students in various courses.

Coordinator/Advisor, Individual and Family Development Program, SC State University, 2007-2012

- Advised students based on their program of studies using a Banner system.
- Presided over graduate students' theses and special projects that met the Office of Graduate Studies criteria.
- Established program goals, completed program assessment reports to comply with the Office of Institutional Effectiveness, and presented program status to community partners.
- Created a student handbook, recruitment plan, and recruitment materials.
- Revised graduate program curriculum (i.e., course development) which was approved by SCSU's educational policies committee, faculty senate, and the Board of Trustees.
- Established policies and procedure for the graduate program.

Teaching Assistant, Department of Family and Consumer Sciences, SC State University, 2007

- Taught Professional Foundations of Family and Consumer Sciences and Professional Perspectives in Family and Consumer Sciences.
- Assessed students' performance on oral presentations, written examinations, and research papers.
- Facilitated group discussions with the students to enhance their understanding of class materials.

Teaching Assistant, Department of Family and Child Sciences, Florida State University, 2006

- Assisted a full-time faculty and taught a course in Individual and Family Life Span Development covering psychosocial development in adolescence.
- Proctored the final exam.

RESEARCH EXPERIENCE

E-Book: Maxwell, K., Boone-Thornton, M., & Walker-Pickett, M. (2021). Cultural competency. In D. Mims, N. Wood, & R. Waddell (Eds.), *Community Partnering for the Advocacy of Mental Health*. Great River Learning. <https://doi.org/9781644966815>

Published Article: Boone-Thornton, M., Maxwell, K., & Wilson, F. (2020). Job burnout: Causes and prevention from Human Services perspective. *Interdisciplinary Insights: The Journal of Saint Leo University's College of Education and Social Services*, vol.2 (1). <https://www.interdisciplinaryinsights.org/issue/2096>

External Evaluator, Research & Economic Development (1890), South Carolina State University, 2007

- Created a system for evaluating 1890 Research and Extension projects.
- Conducted on-site visit to project and provided feedback to the principal investigator and the 1890 Research and Extension Office.
- Wrote a final progress report on the status of the projects and the means of measurement of project success.

Assistant Professor, Department of Family and Consumer Sciences, SC State University, 2007

- Grant Proposal: Discovering the unreported incidences of child abuse and neglect and expanding the data collection system of Orangeburg County Department of Social Services.
- Reviewed research proposals for 1890 Peer Review Committee, Section: Community, Youth and Family Development.

Student, Department of Family and Child Sciences, Florida State University

- Dissertation: "Parenting Among Women Sexually Abused in Childhood: Child Temperament as an Additional Variable in a Regression Model" 2004-2006
- Thesis: "Locus of Control of Mothers and Daughters: A Comparison of African American Dyads in Public and Non-Public Housing" 1999 – 2000

Relationship Counselor, DISC Village, Inc., Tallahassee, FL, 2004-2006

- Gottman-Based Relationship Strengthening Program, a demonstration project and the research conducted through Florida State University. Assessed the Gottman-based program as a prevention and intervention method in the recidivism of families in the child welfare system.

UNIVERSITY, COLLEGE, DEPARTMENT, AND CENTER COMMITTEES

Current

- University Strategic Planning Committee – Discovery 2027
- Catholic Identity Advisory Committee of the University Senate
- CESS Strategic Planning Committee
- Human Services Annual Program Review (APR/ASR)
- Human Services Community Advisory Board
- Honor Code Violation Committee
- Saint Leo Friends and Family Day

2007 – 2012

- 1890 Peer Review Committee: Community, Youth and Family Development Section
- Accreditations
- Catalog
- Curriculum
- Facilities Décor, Chair
- Family Leadership Institute/STAR Day
- Grants
- National Council on Family Relations (NCFR), Co-Advisor
- Professor/Teacher of the Year, Chair
- Public Relations and Recruitment and Retention
- SCSU Family & Consumer Sciences Club
- Strategic Planning
- Student Affairs

PRESENTATIONS AND WORKSHOPS

- National Association of Social Workers – GA Chapter Virtual State Conference, 2022
Examining the Antecedents of Professional Efficacy: Building Protective Layers
- South Carolina Association of Family and Consumer Sciences 107th Annual Conference, 2022
Prioritizing Self-Care
- Saint Leo University’s College of Education and Social Services Faculty Forum
The unexpected mentor and the unintended mentee (presentation accepted by the Southern Organization of Human Services, 2020 – conference canceled)
- Southern Organization of Human Services (SOHS), 2019
Promoting human connections in a complex world
- Atlanta Region Interdisciplinary Academic Conference (ARIAC), 2019
Success strategies for developing human connections
Workplace success: The importance of soft skills
- National Association of Social Workers of Georgia (NASWGA), 2018
Integrating social and emotional intelligence into the Social Work practice
- Virginia Region Interdisciplinary Academic Conference (VRIAC), 2018
Interdisciplinary engagement in the classroom: Problem-based solution education
- Southern Organization of Human Services (SOHS), 2018
The social and emotional intelligence IMPACT
- School of Education and Social Services (SESS), 2018

First Interdisciplinary Conference: 21st Century Issues in a Challenging World
How job burnout and Blue Trauma Syndrome impacts human service professionals and law enforcement officers' professional performance and personal well-being

- Southern Organization of Human Services (SOHS), 2017
Calling all Human Services professionals to self-awareness
- Women of Purpose, Varnville, SC, 2014
Self – Awareness
- South Carolina Association for the Education of Young Children (SCAEYC), 2011
 Fall Conference 2011: Discovering Nature: At the Heart of Early Childhood
Communication and Problem Solving in Professional and Personal Relationships
- Grace is Sufficient Fellowship Ministries, Savannah, GA, 2009
 Women's Fellowship Meeting
Breaking the Cycle of Emotional Hurt
- Faith Deliverance Temple, Savannah, GA, 2009
 Family Conference
Breaking the Cycle of Emotional Hurt
- American Association of Family and Consumer Sciences Annual Meeting, June 1999
 - *Recruiting Students into the Family and Consumer Sciences Profession – The American Association of Family and Consumer Sciences Millennium Project Grant Program*
 - *New Millennium Scholars: Their Present and Future*

COMMUNITY SERVICE

- Fresh Start Back to School Event – SLU Savannah Center, Savannah, GA, 2021
- Savannah Feed the Hungry – Thanksgiving Meals, Savannah, GA, 2020
- The Cottages, Pooler, GA, 2020
- Salvation Army Angels, 2017 – Present
- Ben Hazel Primary School Advisory Council, Hampton, SC 2018 - Present
- Outpouring Ministries, Inc., Estill, SC, 2013
- Council on Aging, Orangeburg, SC 2011
- Life House Church, Beaufort, SC, 2011-2013
- Wesleyan Bible College and Seminary, Beaufort, SC, 2011-2013
- Ebenezer New Life Ministries of Luray, SC, 2008-2009
- Carolina House Assisted Living, Hilton Head Island, SC, 2007

HONORS

- Pi Gamma Mu International Honor Society, 2017 – Present
- Kappa Omicron Nu Honor Society, 1996 - Present

- Department of Family and Consumer Sciences' Professor of the Year, 2011-2012
- Presidential Scholar Award, South Carolina State University, 1996 – 1997
- Dean's List, South Carolina State University, 1996 – 1997

SERVICE AND OTHER PROFESSIONAL ACTIVITIES

- Faculty Course Observations, 2018 – Present
- Human Services Club Advisor, 2017 – Present
- Field Placement Coordinator, 2017 – Present
- Pi Gamma Mu Advisor, 2017 – Present
- Minority Mentoring Program, 2019 – 2020
- Clinical Social Work Association Liaison, 2017 – 2019
- Georgia Legislature Day, 2018 – Present
- Human Trafficking CEU Conference, April 2020
- Domestic Violence CEU Conference, May 2020
- South Carolina Association of Family and Consumer Sciences, Charleston, SC, 2009
- American Association of Family and Consumer Sciences Annual Meeting Reno, NV, 2007
- American Association of Family and Consumer Sciences Executive Director Search Committee, 2001

RESEARCH INTERESTS

My research interests include:

- Family relations and human connection
- Balancing work – family responsibilities and job burnout
- Forgiveness and healing from interpersonal relationships
- Managing stress in families
- Self - Awareness
- Strengthening marriages and families

OTHER PROFESSIONAL EXPERIENCES

Co-Owner, Max's Candy Bar, LLC. Hampton, SC 2014 – Present

Manages the daily business operations, financial status, and provides direct service to customers of Hampton County, Barnwell County, and surrounding communities. Selects inventory items and prepares homemade treats and savory goods. Providing entertainment and food to parties and other special events.

- Obtained and maintains an A rating from Department of Health and Environmental Protection
- Increased inventory offerings
- Increased location thus customer base by 800%

Program Director, LOW COUNTRY FAMILY SERVICES Varnville, SC 2016

Established standard operating procedures for providing Medicaid Targeted Case Management which adhered to state and federal guidelines. Created human resource documents, organized beneficiary files, and developed service awareness campaign materials. Determined beneficiary

qualification for program assistance based on Medicaid policies. Hired, trained, and supervised case managers. Regulated billable and non-billable activities. Conducted interviews and pre-assessments with beneficiaries/clients, preformed home visits, attended state meeting, and presented at meetings.

Relationship Counselor, DISC Village, Inc., Tallahassee, FL, 2004 – 2006

Provided relationship counseling based on Dr. John Gottman's Sound Relationship House Theory. Counseled families involved in the child welfare system and those at risk for child abuse and neglect. Conducted assessments and wrote treatment plans, interpretative summaries, case notes, monthly and annual reports. Accomplishments:

- Conducted community outreach which increased referrals by 75%.
- Established 50% more community partners.
- Assisted with monthly and annual reports.
- Received 95% client satisfaction.

Program Director, Communities In Schools of Leon County, Inc., Tallahassee, FL, 1999 – 2004

Recruited, interviewed, supervised, and evaluated members and volunteers. Developed training materials and facilitated the trainings. Created principles and techniques for the administrative management of the program based on federal guidelines such as developed goals and objectives, policies and procedures, forms, operations manuals, and tutorial instruments. Established and maintained relationships with school site personnel and community partners. Created a homework help center and assisted the students. Assisted in the development and implementation of parent workshops. Collected, organized, and analyzed data for program performance evaluation and created databases to manage the data. Completed financial status, quality assurance, monthly, and progress reports. Accomplishments:

- Improved students' reading skills on average of 75%.
- Helped schools with their overall students' academic performance.
- Increased the number of schools and students served by 100%.
- Recruited 50% more AmeriCorps members and volunteers.
- Secured 10 new partnerships for community outreach opportunities.
- Planned, supervised, and assisted with a summer program for students' academic enhancement.