

VANESSA M. KENT, PhD, LMFT, LPCS

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Virginia Beach, VA 23463
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EDUCATION

Doctorate in Counselor Education and Supervision, Regent University, Virginia Beach, VA
(CACREP Accredited)

M.A. in Psychology, Clinical Counseling Track
University of West Florida, Pensacola, FL

B. A. in Special Education, *summa cum laude*
University of West Florida, Pensacola, FL,
Certification in learning disabilities, mental retardation, and emotional conflict

LICENSURE/CERTIFICATION

Licensed Marriage and Family Therapist- NC #1129 and FL #1795
AAMFT Approved Supervisor
Licensed Professional Counselor Supervisor- NC # S9900
Licensed Mental Health Counselor- FL #1872
National Board of Certified Counselors- #29352

PROFESSIONAL ORGANIZATIONS

American Counseling Association-ASERVIC Division
American Association of Christian Counselors - Clinical Member
American Association of Marriage and Family Therapist- Clinical Member
Chi Sigma Iota- Regent University, Virginia Beach, VA Chapter- Co faculty Advisor
Christian Association for Psychological Studies (CAPS)

SPECIALITY TRAINING

Advanced Core Skills Emotionally Focused Therapy- (June 20, 2015- February 6, 2016), 48 hours, UNCG, Greensboro, NC
EMDR Training I and II – (March 2017, June 2017)
Externship, Emotionally Focused Therapy- (February 1, 2015), 30 hours, Raleigh, NC
Forgiveness Model (REACH)- (seminar taught by Everett Worthington, August 2016) 30 hours
Gottman Level 2, Assessment and Treatment Training, (June 7, 2014), 12 hours, Raleigh, NC
Gottman Level 1, Assessment and Treatment Training, (March 2014), 12 hours, Raleigh, NC
Hope-Focused Counseling Therapy: Insights, Strategies and Interventions (October 8, 2016), 12 hours.
Fundamentals of Supervision. (2012, July), 30 hours of training for LMFT and LPC supervisors and LPCS. Gordon-Conwell Theological Seminary, Charlotte, North Carolina.

Trust-Based Relational Intervention. (2011, September). 32.5 hours neuropsychological interventions for pediatric neurosensory, attachment and trauma issues. Texas Christian University, Fort Worth, TX.

RESEARCH GRANTS AWARDED

Co-Investigator 2018-present. Grant given to Jennifer Ripley, Everett Worthington, and Vanessa Kent by Templeton Foundation, researching spiritually integrated couples counseling as part of Big Data research on spiritually integrated counseling through BYU. \$142,380.

PROFESSIONAL PAPERS AND PRESENTATIONS

Kent, V., Runyan, H., Savinsky, D., & Knight, J. (In press). Mentoring Doctoral Student Mothers in Counselor Education: A Phenomenological Study. *The Professional Counselor*.

Kent, V., Ripley, J., Worthington, E., & Loewer, E. (2020, March 19). What are spiritually-integrated therapists doing with couples in the counseling session? Poster presentation at Bridges Capstone Conference on spiritually integrated psychotherapies, Durham, North Carolina.

Loewer, E., Ripley, J., **Kent, V.,** ,Worthington, E., Urh, N., Leslie, S., & Stokes, E. (2020, March 19). Couples who present for spiritually integrated couple therapy: Who are they and what do they look like at intake? Poster presentation at Bridges Capstone Conference on spiritually integrated psychotherapies, Durham, North Carolina.

Ripley, J. S, Worthington, E. L., Jr., Loewer, E., **Kent, V.,** & Chen, J. (2020, March). Spiritually integrated couple therapy: Results of the Bridges project. Project Bridges Conference, Durham, NC.

Kent, V., Runyan, H., Savinsky, D., & Knight, J. (2018). Mentoring Doctoral Student Mothers in Counselor Education: A Phenomenological Study (Doctoral dissertation). Available from ProQuest Dissertations and Theses database.

Newmeyer, M, Keyes, B., Palmer, K., **Kent, V.,** Spong, S., Stephens, F., & Troy, M. (2016). Spirituality and religion as mitigating factors in compassion fatigue among trauma therapists in Romania. *Journal of Psychology & Theology*, 44 (2), 142-151.

Kent, V. (2019, May; July). MEND: training lay leaders in working with sexual assault. Presentation at Hope Community Church, Raleigh, NC.

Kent, V. (2014, March). *Are you listening dear-using empathic dialogue.* Presentation as part of Lifecare Counseling and Coaching Open House Series, Raleigh, NC.

Kent, V. (2012, April). *Boundaries in Marriage.* Presentation for Marriage Matters at Hope

Community Church, Raleigh, NC.

Kent, V. (2012, November). *Conflict Resolution*. Presentation for Marriage Matters at Hope Community Church, Raleigh, NC.

AWARDS/HONORS

2014-18 Chi Sigma Iota Honor Society- Regent University, Virginia Beach

6/92 Recipient of Above and Beyond Award for work with children needing mental health services in Escambia County

5/81 Outstanding Student in Special Education Department- University of West Florida

1980-81 Past President of Kappa Delta Pi- University of West Florida Chapter

TEACHING EXPERIENCE

7/2019- **ASSISTANT PROFESSOR- Counseling Department, School of Psychology and present Counseling, Regent University, Virginia Beach, VA**

2015-18 Teaching Assistant in Master's and Doctoral Programs, School of Psychology and Counseling, Regent University, Virginia Beach, VA

CES 618 *Qualitative Research*- Doctoral level course, spring 2018

CES 715 *Multivariate Analysis*- Doctoral level course, spring 2017

Masters Residencies- spring 2016, 2017, 2018

COUN 595 *Internship in CMHC*- Masters level supervision, fall 2017, spring 2018

COUN 523 *Practicum & Adv. Skills*- Masters level triadic supervision, summer 2016

COUN 554 *Group Counseling Skills*- Masters level course, spring 2018

COUN 545 *Concepts of Family Systems*- Masters level course, fall 2017, spring 2018

COUN 521 *Counseling Skills & Techniques*- spring 2016, spring 2017

COUN 548 *Theories of Human Sexuality*- Masters level course, summer 2017

COUN 514 *Counseling Children and Adolescents*-Masters level course, spring 2016, fall 2016, spring 2017

2010-11 Psychology Teacher and School Consultant

Grace Christian School, Raleigh, NC

Introduction to psychology

Provided teacher in-service on mental health issues and counseling services to students.

2004-05 Adjunct Instructor Pensacola State College

Behavioral Sciences Department, Pensacola, FL

Courses: *General Psychology & Human Growth and Development*

RESPONSIBILITIES-Prepare syllabus, lecture materials, and project descriptions for semester courses in; assess progress, assign grades, and all the other duties required to instruct freshman/sophomore students.

1984-85 **Teaching Assistant**

University of West Florida, Psychology Department, Pensacola, FL

Individual Intelligence Assessment-worked with clinical psychologist scoring testing
Experimental Psychology- worked with research psychologist assisting with teaching, preparing laboratories and grading student work.

1981 -84 **Varying Exceptionalities Teacher/Department Chairman**

Carver Middle School, Century, FL

RESPONSIBILITIES-Developed and implemented a pilot project curriculum for varying exceptionalities, provided instruction to 6th through 8th grade in areas of mentally handicapped, emotionally challenged, and giftedness.

CLINICAL SUPERVISORY EXPERIENCE

1/18-5/18 Off-Site Supervisor for practicum student in the Doctoral program at Regent University.

5/16-8/16 Triadic Supervisor at Regent University for practicum students in the Masters counseling program.

8/10- present Licensed Professional Counselor Supervisor

Provide weekly individual supervision to LPCA's working toward licensure in NC. Received **LPCS**- 2/13

1/00- present Marriage and Family Therapist Supervisor/AAMFT Supervisor

Provide weekly individual and group supervision to registered counselor associates and interns/practicum students. Received **AAMFT Supervisor** status- 6/16.

CLINICAL PROFESSIONAL EXPERIENCE

8/10- present Clinical Director, Lifecare Counseling and Coaching- Raleigh, NC

Private Practice Marriage and Family Therapist

RESPONSIBILITIES: Providing psychotherapy with individuals, couples, families and children for approximately 20 hours per week. Lead monthly peer supervision group for case presentations and training/staff development activities.

Areas of interest include adoption and attachment issues, ADHD evaluations and treatment, women's issues-including sexual abuse/trauma/domestic violence, depression and anxiety disorders, co-dependency, couples therapy, pre-marital counseling, and divorce recovery. Co-lead shame resilience group for women.

1/97-7/03 Clinic Director/Outpatient Therapist- Meier/New Life Clinics, Pensacola, FL

RESPONSIBILITIES – Managed and supervised a local outpatient clinic as part of a national organization of outpatient and partial hospitalization services.

Duties included supervising licensed and unlicensed therapists in the practice, overseeing the daily operations and financial obligations of the clinic; oversight of the marketing, public relations and community outreach activities.

Provided individual, couple, family and group therapy to children, adolescents and adults; conducted Boundaries groups, parenting classes and marriage enrichment

6/92-7/96 Clinic Director- Christian Counseling Center, Panama City, FL

RESPONSIBILITIES - Established a full-time, private practice and secured a non-profit status. Administrative duties included marketing, hiring and supervising clinical and clerical staff, preparing yearly budgets, and presenting monthly reports to the Board of Directors. Clinical services included individual, couples, family, group, counseling/ assessments. Conducted seminars/workshops for agencies, churches, and schools. Provided consultation and follow-up to clients admitted and returning from inpatient program with treatment privileges at Rivendall Psychiatric Center.

**6/91-4/92 Program Director- Children's Stress Treatment Program
Behavioral Medicine, Baptist Health Care-, Pensacola, FL**

RESPONSIBILITIES - Implemented inpatient treatment program for children ages 5-13 as well as marketed the program to ensure community awareness and maximized utilization of services. Provided direct care to patients and families, conducting seminars to professionals, staff, and the general public on mental health issues, working as part of a multidisciplinary team developing policies and procedures, and contacting referral sources for follow-up.

1/90-5/91 Assistant Clinical Director and Outpatient Therapist

**9/85-5/91 Outpatient Therapist-Adult/Child Outpatient Services, Lakeview Center, Inc.,
Pensacola, FL**

RESPONSIBILITIES - Provided individual, group and family counseling; provided consultation, education and linking services to Escambia Co. School System, HRS agencies, physicians, hospitals, and other agencies;

Supervisor for non-licensed clinicians, intake counselors, graduate student interns, and clerical staff;

Quality Assurance and Utilizations Reviewer for clinical care management.

Designed and implemented groups for a domestic violence program;

Co-developer of a multi-modal treatment program for Attention Deficit Hyperactivity Disorder (ADHD) for children and adolescents in Escambia School System and Lakeview Center clients.

3/89-5/91 Consultant for Child Protection Team, Pensacola, FL

Provided group therapy to minors of incest as part of comprehensive program for families under protective services.

1/90-5/91 Chairman for Family Services Planning Team (SEDNET-Network for Severely Emotionally Disturbed Children)

Staffed cases and made referrals for children and adolescents needing residential placement as part of state- funded interventions.