

Curriculum Vitae
VANESSA M. KENT, PhD, LMFT, LPCS
Assistant Professor
Regent University

School of Psychology and Counseling
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Education

Doctorate in Counselor Education and Supervision, Regent University, Virginia Beach, VA (CACREP Accredited). Dissertation: Mentoring Doctoral Student Mothers in Counselor Education: A Phenomenological Study (2018)

Master's in Psychology, Clinical Counseling, University of West Florida, Pensacola, FL
Thesis: Speak up, Say no- group intervention for sexual abuse prevention in high-risk elementary school children.

Bachelor's in Special Education, *summa cum laude* University of West Florida, Pensacola, FL,
Certification in learning disabilities, mental retardation, and emotional conflict

Credentials

Licensed Marriage and Family Therapist- Virginia # 0717001838;
North Carolina #1129- 2006-2022 (annual renewal), Florida #179
AAMFT Approved Supervisor – 2016; renewed 2021-2026
Licensed Clinical Mental Health Counselor Supervisor- NC # S9900
Licensed Mental Health Counselor- FL #1872
National Board of Certified Counselors- #29352; 1992- current through 2023

Professional Affiliation

American Counseling Association- ASERVIC division member
American Psychological Association (2020-2021)
American Association of Christian Counselors - Clinical Member
American Association of Marriage and Family Therapist- Clinical Member (since 2000)
Association for Training on Trauma and Attachment in Children (ATTACH) (2021-2022)
Chi Sigma Iota- Regent University Chapter, Co-Faculty Advisor (member since 2015)
Christian Association for Psychological Studies (CAPS)
Co-AAMFT Eligibility Review Committee Member (appointment-1/22-24)

Research Grants Awarded

Co-Investigator 2017-2020. Grant given to Jennifer Ripley (principal investigator), Everett Worthington and Vanessa Kent (co-investigators) through Bridges Consortium, funded by Templeton Foundation. Process and outcome research of spiritually integrated couple therapy in Hampton Roads, VA & Raleigh, NC. \$142,380.

Journal Publications and Book Chapters

Ripley, J.S., Worthington, E. L., **Kent, V. M.**, Loewer, E. & Chen, Z. J. (2022). Spiritually incorporating couple therapy in practice: Christian-accommodated couple therapy as an illustration. *Psychotherapy*.

Ripley, J. S., Worthington, E. L., Chen, Z. J., **Kent, V. M.**, & Loewer, E. (in press). Spiritually integrated couples counseling. In *Handbook of Spiritually Integrated Psychotherapies*, APA books.

Kent, V., Runyan, H., Savinsky, D., & Knight, J. (2020). Mentoring Doctoral Student Mothers in Counselor Education: A Phenomenological Study. *The Professional Counselor*. <https://tpcjournal.nbcc.org/category/volumes/volume-10/volume-10-issue-4/>

Newmeyer, M, Keyes, B., Palmer, K., **Kent, V.**, Spong, S., Stephens, F., & Troy, M. (2016). Spirituality and religion as mitigating factors in compassion fatigue among trauma therapists in Romania. *Journal of Psychology & Theology*, 44 (2), 142-151.

Presentations (most recent)

Ripley, J.S, **Kent, V.M.**, Loewer, E., Worthington, E.L., Jr., & Chen, J. (2021, March). Clinical trends in working with religious couples in therapy: A final report from the Bridges study. Christian Association for Psychological Studies (virtual conference).

Ripley, J.S, Worthington, E.L., Jr., Loewer, E., **Kent, V.**, & Chen, J. (2020, March). Spiritually integrated couple therapy: Results of the Bridges project. Project Bridges Conference, Raleigh NC.

Loewer, E., Ripley, J.S, Worthington, E.L., **Kent, V.**, & Chen, J. (2020, March). Couples who present for spiritually integrated couple therapy: Who are they and what do they look like at intake? Project Bridges Conference, Raleigh NC. Accepted for presentation but not presented due to coronavirus.

Kent, V., Ripley, J.S., Worthington, E.L., Jr., Loewer, E., & Chen, J. (2020, March). The spiritual lives of therapists who conduct spiritually integrated couple therapy. Project Bridges Conference, Raleigh NC. Accepted for presentation but not presented due to coronavirus.

Ripley, J.S, **Kent, V.** & Loewer, E. (2019, March). Spiritually integrated couple therapy: Process, research, clinical ethics and best practice. Christian Association for Psychological Studies, Dallas, TX.

Kent, V. (2020, February; 2019, March). MEND: training lay leaders in working with women who have experienced sexual assault. Presentation at Hope Community Church, Raleigh, NC.
Kent, V.

Kent, V. (2014, March). *Are you listening dear-using empathic dialogue as a couple intervention.* Presentation as part of Lifecare Counseling and Coaching Open House Series, Raleigh, NC.

Kent, V. (2010-2016). Frequent speaker on topics of marriage- attachment, boundaries, divorce recovery, family of origin, high conflict relationships, losses in families. Presentations for Marriage Matters – couple support ministry, Hope Community Church, Raleigh, NC.

Specialty Training

Attachment and Affect Regulation (Jan-Feb. 2021)

Emotionally Focused Therapy (EFT) (

Emotionally Focused Family Therapy (EFFT)

Eye Movement Desensitization Reprocessing (EMDR)-Level I and II

Forgiveness Model (REACH)

Gottman Level 1 & 2

Hope-Focused Counseling Therapy

Trust-Based Relational Intervention (TBRI)-9/2010

Clinical Supervisor/Trainer

1/00- present Marriage and Family Therapist Supervisor/AAMFT Supervisor

Train AAMFT Supervisor Candidates

Provide weekly individual and group supervision to registered counselor associates and interns/practicum students. AAMFT Supervisor since 2016

8/10- present Licensed Professional Counselor Supervisor Provide weekly individual supervision to LPCA's/residents working toward licensure.

1/18-5/18 Supervisor for student completing doctoral practicum/internship at Regent University.

5/16-8/16 Triadic Supervisor at Regent University for practicum students in the Master's counseling program.

Teaching Experience

2019-present Assistant Professor- Counseling Department, School of Psychology and Counseling, Regent University, Virginia Beach, VA

Core faculty for Marriage, Couples and Family Master's Program

2015-18 Teaching Assistant in Master's and Doctoral Programs, School of Psychology and Counseling, Regent University, Virginia Beach, VA
CES 618 *Qualitative Research*- Doctoral level course, spring 2018
CES 715 *Multivariate Analysis*- Doctoral level course, spring 2017
Masters Residencies- spring 2016, 2017, 2018
COUN 595 *Internship in CMHC*- Masters level supervision, fall 2017, spring 2018
COUN 523 *Practicum & Adv. Skills*- Masters level triadic supervision, summer 2016
COUN 554 *Group Counseling Skills*- Masters level course, spring 2018
COUN 545 *Concepts of Family Systems*- Masters level course, fall 2017, spring 2018
COUN 521 *Counseling Skills & Techniques*- spring 2016, spring 2017
COUN 548 *Theories of Human Sexuality*- Masters level course, summer 2017
COUN 514 *Counseling Children and Adolescents*-Masters level course, spring 2016, fall 2016, spring 2017

2010-11 Psychology Teacher and School Consultant, Grace Christian School, Raleigh, NC
Introduction to psychology
Provided teacher in-service on mental health issues and counseling services to students.

2004-05 Adjunct Instructor Pensacola State College Behavioral Sciences, Pensacola, FL
Courses: General Psychology & Human Growth and Development

1984-85 Teaching Assistant University of West Florida, Psychology Department, Pensacola, FL
Individual Intelligence Assessment-worked with clinical psychologist scoring testing
Experimental Psychology- worked with research psychologist assisting with teaching, preparing laboratories and grading student work.

1981 -84 Varying Exceptionalities Teacher/Department Chairman
Carver Middle School, Century, FL
Responsibilities-Developed and implemented a pilot project curriculum for varying exceptionalities, provided instruction to 6th through 8th grade in areas of mentally handicapped, emotionally challenged, and giftedness.

Clinical Experience

2010-19 **Clinical Director Lifecare Counseling and Coaching- Raleigh, NC**

(Present) Private Practice Marriage and Family Therapist

Responsibilities: Providing psychotherapy with individuals, couples, families, children.
Lead monthly peer supervision group for case presentations and training/staff development activities.

Areas of interest include **clinical research in couples work and clinical supervision**, adoption and attachment issues, ADHD evaluations and treatment, women's issues- including sexual abuse/trauma/domestic abuse; couples therapy, pre-marital and divorce recovery.

1/97-7/03 Clinic Director/Outpatient Therapist- Meier/New Life Clinics, Pensacola, FL

Responsibilities – Managed and supervised a local outpatient clinic as part of a national organization of outpatient and partial hospitalization services.

Duties included supervising licensed and unlicensed therapists in the practice, overseeing operations and financial obligations of the clinic; oversight of marketing, public relations and community outreach activities.

Provided therapy, conducted groups, parenting classes and marriage enrichment.

6/92-7/96 Clinic Director- Christian Counseling Center, Panama City, FL

Responsibilities - Establish a full-time, private practice and secured a non-profit status. Administrative duties included marketing, hiring, and supervising clinical and clerical staff, preparing yearly budgets, and monthly reports to the Board of Directors. Clinical services included individual, couples, family, group counseling/ assessments. Conducted seminars/workshops for agencies, churches, and schools. Provided consultation and follow-up to clients admitted and returning from inpatient program with treatment privileges at Rivendall Psychiatric Center.

6/91-4/92 Program Director- Children's Stress Treatment Program

Behavioral Medicine, Baptist Health Care-, Pensacola, FL

Responsibilities - Implemented inpatient treatment program for children ages 5-13 as well as marketed the program to ensure community awareness and maximized utilization of services.

Provided direct care to patients and families, conducting seminars to professionals, staff, and community on mental health issues, working as part of a multidisciplinary team developing policies and procedures, and contacting referral sources for follow-up.

1/90-5/91 Assistant Clinical Director- Outpatient Services, Lakeview Center, Pensacola, FL

9/85-5/91 Outpatient Therapist

Responsibilities - Provided individual, group and family counseling; consultation, education and linking services to Escambia Co. School System, HRS agencies, physicians, and hospitals;

Supervisor for non-licensed clinicians, intake counselors, graduate student interns, and clerical staff;

Quality Assurance and Utilizations Reviewer for clinical care management.

Designed and implemented groups for a domestic violence program;

Co-developer of a multi-modal treatment program for Attention Deficit Hyperactivity Disorder (ADHD) for children and adolescents in Escambia School System and Lakeview Center clients.

3/89-5/91 Consultant for Child Protection Team, Pensacola, FL

Resource consultant and provider of group therapy to minors of incest within comprehensive program for families under protective services.

1/90-5/91 Chairman for Family Services Planning Team (SEDNET-Network for Severely Emotionally Disturbed Children)
Determined services and residential placement for minors residing in Northwest Florida region using state funded grants.

Awards/Honors

2014-18 Chi Sigma Iota Honor Society- Regent University, Virginia Beach

6/92 Recipient of *Above and Beyond Award* for work with children needing mental health services in Escambia County

5/81 Outstanding Graduate Student in Special Education Department- University of West Florida

1980-81 Past President of Kappa Delta Pi- University of West Florida Chapter