

KRISTEN KANSIEWICZ

CURRICULUM VITAE

EDUCATION

PhD in Counselor Education and Supervision (CACREP) Regent University Virginia Beach, Virginia	Aug 2017 - May 2021 GPA 3.98
Hybrid online via Blackboard	
Master of Arts in Counseling Gordon-Conwell Theological Seminary South Hamilton, Massachusetts	Aug 2003 - Jan 2006 Magna Cum Laude
Dual Track: Clinical Mental Health and Marriage/Family	
Bachelor of Arts in Psychology Wheaton College Wheaton, Illinois	Aug 1998 - May 2001 Magna Cum Laude
Urban Studies Certificate	

PROFESSIONAL LICENSES

Ordained Minister	April 2023 - present
Assemblies of God, Southern Missouri Ministry Network	
Licensed Professional Counselor-Supervisor	April 2021 - present
State of Missouri #2021013614	
Licensed Mental Health Counselor	September 2008 - present
Commonwealth of Massachusetts #6710	

CERTIFICATIONS

Approved Clinical Supervisor	June 2016 - present
Center for Credentialing and Education	
National Certified Counselor	March 2015 - present
National Board for Certified Counselors	
Certified Clinical Mental Health Counselor	March 2015 - present
National Board for Certified Counselors	

ADDITIONAL COURSES AND SPECIALIZATIONS

Organizational Leadership in Diversity, Equity, and Inclusion	January 2025
Professional Specialization Rice University via Coursera.org	
IRB Administration	November 2024
Professional Certificate CITI Program	
Inclusive Leadership	October 2024
Professional Certificate CatalystX via edX.com	
Human Subjects Research	April 2022
Social-Behavioral Programs CITI Program	
e-Learning Ecologies	September 2014
Online course University of Illinois via Coursera.org	
Teaching Online: Reflections on Practice	August 2014
Online course Kirkwood Community College via Canvas.net	
Approved Clinical Supervisor Training	July 2014
Online course University of North Carolina at Greensboro	

ACTIVE PROFESSIONAL MEMBERSHIPS

American Counseling Association (ACA)

- Member since 2018

Association for Counselors, Counselor Educators, Supervisors, and Students (ACCESS, a division of CAPS)

- Serving second 3-year term as ACCESS Representative to the CAPS Board (2023-2029)

Association for Counselor Education and Supervision (ACES)

- Member since 2018, Current 3-year term on TPB Editorial Review Board (2025-2028)

Chi Sigma Iota (CSI)

- Established Evangel University chapter, Primary Faculty Advisor 2022-2026

Christian Association for Psychological Studies (CAPS)

- Member since 2020

TEACHING EXPERIENCE

Associate Professor of Counseling | Regent University

July 2026 - present

Teach CACREP-accredited Master's- and doctoral-level counseling courses

- Online synchronous course delivery with residencies
- Focus on dissertation, research, and clinical mental health courses

Program Director, Graduate Counseling | Evangel University

Jan 2024 - July 2026

Led CACREP-accredited Master's-level counseling programs

- Seated and online deliveries
- Clinical mental health and school counseling degrees

Role highlights:

- Led a team of five core faculty, including restructuring of administrative responsibilities
- Established and enacted strategic initiatives to improve the quality of the program
- Ensured adherence to CACREP standards
- Oversaw development of master curriculum
- Hired, onboarded, and trained new core faculty and adjunct faculty
- Facilitated enrollment growth
- Managed budget

Assistant Professor, Core Faculty | Evangel University

Aug 2021 - July 2026

Taught the following courses, seated and online:

- COU 507 - Research Methods*
- COU 510/511 - Residency I & II*
- COU 521 - Professional Orientation and Ethics
- COU 524 - Clinical Interventions and Evidence-Based Treatments*
- COU 526 - Counseling Theories
- COU 534 - Integration of Christianity and the Counseling Profession*
- COU 598 - Internship
- COU 610 - Assessment*
- COU 627 - Social and Cultural Diversity
- COU 675 - Human Sexuality*
- COU 696 - Clinical Mental Health Capstone*

**Indicates a full rebuild of the course*

Rebuilt the following courses (did not teach):

- COU 527 - Couple and Family Counseling
- COU 628 - Crisis, Trauma, and Recovery
- COU 651 - Addiction Counseling

Dissertation Committee Member | Regent University **October 2022 - July 2026**

- PhD programs: Counselor Education/Supervision and Mental Health/Psychological Studies
- Methodologist
- Statistical analysis consultant
- Subject-matter expert on clergy/church mental health

Recovery Studies Online Course Development | MinistryStudiesOnline.com **Summer 2024**

- RSO 101 - Overview of Addictions
- RSO 201 - Scope of Care and Healthy Boundaries
- RSO 301 - Recovery Management

Adjunct Faculty (Online) | Huntington University **August 2022 - October 2022**

- CN 603: Theory and Techniques of Helping Relationships

Adjunct Faculty (Online) | Regent University **June 2019 - October 2022**

- COUN 578: Counseling and Christian Thought
- COUN 526: Theories of Counseling
- HSC/PAC 577: Survey of Christianity
- HSC 525: Advanced Counseling Skills

Adjunct Faculty (Online) | Grand Canyon University **August 2020 - May 2021**

- MHW 511: Mental Health, the Biblical Narrative, and Christian Theology
- MHW 521: Integrating Psychology/Christian Theology

Teaching Assistant (Online) | Nyack College **September 2018 - May 2019**

- GCN 618: Theology in Mental Health Counseling
- GCN 701: Psychology and Theology

Grader | Denver Seminary **September 2018 - June 2019**

- CO 501: Theological Foundations for Counseling

CLINICAL EXPERIENCE**Self-Employed | Grow Therapy Platform** **Jan 2024 - Present**

- Telehealth practice providing clinical mental health services in Missouri and Massachusetts

Fee-For-Service Clinician | Brightside Health **August 2023 - May 2024**

- Telehealth services using the Unified Protocol and the CAMS suicide intervention

Founder/Counselor | New Hope Christian Counseling **August 2005 - December 2022**

- Clinical counseling practice integrated within an inner-city church setting
- In-person clinical mental health services with telehealth added in 2020
- Established community partnerships and billed insurance to provide accessible care
- Maintained an active caseload and appropriate documentation of services

Fee-For-Service Clinician | BetterHelp **October 2017 - May 2018**

- Text-based online mental health counseling services

Family Worker | The Anchorage Group Homes **August 2004 - June 2006**

- Family reunification support and counseling services for adolescents in state custody

Mental Health Counselor | The Hunt Center Pediatric Inpatient Unit **Sept 2003 - Dec 2004**

- Direct-care team member facilitating group and individual treatment in a hospital setting

Community Support Worker | Burrell Behavioral Health **August 2001 - August 2003**

- Bachelor's-level community-based case management for adults with serious mental illness

SUPERVISORY EXPERIENCE

Clinical Supervisor | Evangel University **January 2025 - April 2026**

- Supervise three Master's-level practicum students providing services on campus
- Supervise one Master's-level practicum student in an international/cross-cultural site

Executive Director/Clinical Supervisor | Church Therapy Associates **Oct 2018 - Sept 2023**

- Supervised over 20 Master's-level counseling students in church internship sites

Founder/Contract Clinical Supervisor | NorthPoint Bible College **May 2016 - Aug 2021**

- Established and supervised Bible college student clinical mental health services

Clinical Supervisor | Grace Chapel **September 2017 - December 2018**

- Supervised Master's-level counseling students at a church internship site

Clinical Supervisor | The Haven Project **September 2012 - December 2017**

- Supervised Master's-level counseling interns providing individual outpatient services to unhoused young adults
- Co-led recovery groups with student interns

Clinical Supervisor | Health & Education Services **August 2009 - May 2011**

- Provided clinical supervision and documentation oversight to one Master's-level clinician

CONSULTATION EXPERIENCE

Church Mental Health Consultant **October 2012 - present**

- Create YouTube content related to pastor mental health training, counselor education, and research methods/statistics
- Provide one-time consultation services with pastors and counselors establishing church-based mental health care systems

Rural Initiatives Survey | Assemblies of God Theological Seminary **Nov 2024 - Jan 2025**

- Edited survey prior to distribution and advised on survey design
- Provided complete analysis of descriptive, quantitative, and qualitative data

Curriculum Development | Ministry Studies Online **June 2024 - August 2024**

- Developed and recorded content for three online Recovery Studies courses

Policy and Training Materials | Rapha Counseling Services **July 2022 - September 2022**

- Provided policy manuals and recorded trainings for a church-based mental health agency

NON-PROFIT LEADERSHIP EXPERIENCE

The Refuge Springfield **October 2022 - July 2025**

- Co-founded a non-profit ministry focused on supporting clergy well-being
- Served as the Executive Director for the first year

Church Therapy Associates **October 2018 - September 2023**

- Founded a non-profit counseling agency to provide clinical mental health services in church settings and train Master's-level counseling interns in Christian integration
- Established church partnerships and placed interns at sites around the Boston area
- Served as Executive Director and president of the board
- Oversaw the dissolution process to transfer assets and close the agency

PREACHING EXPERIENCE

Bent Oak Church	December 2023
• <i>The With-Us God</i> , Sunday morning sermon	
Freedom City Church	March 2022
• <i>God is for Everyone</i> , Friday night service	
Freedom City Church	September 2021
• <i>Real People, Real Faith: Elijah</i> , Sunday morning sermon	
East Coast International Church	May 2021
• <i>What are You Waiting For?</i> , Sunday morning sermon	
East Coast International Church	January 2021
• <i>All of Me: Responding to Jesus' Invitation into Soul Care</i> , Sunday morning sermon	
Cranston Christian Fellowship	January 2021
• <i>All of Me: Responding to Jesus' Invitation into Soul Care</i> , Sunday morning sermon	
Calvary Christian Church	April 2018
• Breakout session presenter, Women's Spring Conference	
Calvary Christian Church	April 2017
• Breakout session presenter, Women's Spring Conference	
Assemblies of God Southern New England Ministry Network	November 2015
• Breakout session presenter, Women's Conference	
Calvary Christian Church	September 2015
• Keynote speaker, Women's Fall Conference	
Calvary Christian Church	March 2015
• Breakout session presenter, Women's Spring Conference	

PUBLICATIONS

Kansiewicz, K. (Under contract). *Introduction to evidence-based treatments in counseling*. Cognella.

Kansiewicz, K., & Loosemore, P. (2026). *Engaging in counseling research with curiosity and wisdom: A Christian integrative approach*. IVP Academic.

Kansiewicz, K., Temple, M., Hoover, J., Ripley, J., & Sells, J. (2025). Well-being and help-seeking of Baptist ministers and spouses in the U.S. *Journal of Psychology and Theology*, 0(0).

Kansiewicz, K. (2025). The Minister Care Model: A qualitative case study of a denominational leadership approach to caring for ministers in the Assemblies of God. *Journal of Applied Christian Leadership*, 19(1), 32-51.

Hodge, A. S., Norton, J., Karwoski, L. T., Yoon, J., **Kansiewicz, K.**, Hook, J. N., Zhang, H., Captari, L. E., Van Tongeren, D. R., & Davis, D. E. (2024). The interplay of divine grace with forgiveness and humility in mainline protestant Christians: A consensual qualitative analysis. *Spirituality in Clinical Practice*.

Kansiewicz, K.M. (2024). "Ministering to Families in Poverty and Financial Crisis." In *Ministering to Families in Crisis*. Eds. J.S. Ripley, J.N. Sells, & D. Chandler. (pp. 238-259). InterVarsity Press.

Kansiewicz, K. (2024). "Addictions and pastors." In *Addictions Counseling: Body, Soul, and Spirit* (First Edition). Ed. C. Williams, (pp. xx-xx). Cognella Academic Publishing.

- Hodge, A. S., Norton, J., Karwoski, L. T., Yoon, J., **Kansiewicz, K.**, Hook, J. N., Zhang, H., Captari, L. E., Davis, D. E., & Van Tongeren, D. R. (2023). Experiences of, and beliefs about, divine grace in mainline protestant Christians: A consensual qualitative analysis. *Archive for the Psychology of Religion*. 45(3), 285–307.
- Kansiewicz, K.M. (2022, Fall). Ministers and mental health: The state of AG pastors today. *Influence Magazine*, (40), 34-37.
- Kansiewicz, K. M., Zaporozhets, O., & Yarhouse, M. A. (2022). Sexual development, identity, and support for same-sex attracted celibate Christians. *Journal of Psychology and Christianity*, 41(4), 253-264.
- Kansiewicz, K.M., Sells, J.N., Holland, D., Lichi, D., & Newmeyer, M. (2022). Well-being and help-seeking among Assemblies of God ministers in the USA. *Journal of Religion & Health*.
- Kansiewicz, K. (2021). *Attitudes toward seeking professional counseling among Assemblies of God ministers in the United States* (Order No. 28321112). Available from Dissertations & Theses @ Regent University; ProQuest Dissertations & Theses Global; ProQuest One Academic. (2507125230).
- Kansiewicz, K. M., & Smith, C. M. (2021). Implicit and explicit impacts of a church-based counseling program: A mixed method study. *Journal of Psychology and Christianity*, 40(1), 67–77.
- Kansiewicz, K. (2020, Fall). Meeting mental health needs in a church context. *Evangelicals Magazine*, 6(2). p. 23.
- Kansiewicz, K. (2018). *Freedom for today: The book of Mark*. CreateSpace Independent Publishing Platform.
- Kansiewicz, K. (2017). *On edge: Mental illness in the Christian context leader's guide*. CreateSpace Independent Publishing Platform.
- Kansiewicz, K. (2017, October). Becoming the you God sees. *Turning the Page*.
<https://turningthepage.info/becoming-the-you-god-sees-guest-post-by-kristen-kansiewicz/>
- Kansiewicz, K. (2017). *Becoming the you God sees: 3 secrets to getting unstuck*. Amazon Digital Services.
- Kansiewicz, K. (2017). *The pastor's guide to mental illness*. Amazon Digital Services.
- Kansiewicz, K. (2016, March/April). Stressed out: Why we worry and what to do about it. *Vital Magazine* (8). 60-61.
- Kansiewicz, K. (2015, October). A breeding ground for stigma: Why the church has a mental health problem. *No Silence Alliance*. <http://www.nosilencealliance.com/blog/a-breeding-ground-for-stigma-why-the-church-has-a-mental-health-problem>
- Kansiewicz, K. (2015, September). Leading through emotional pain. *Coffeeshop Conversations*.
<http://www.coffeeshopconversations.com/leading-through-emotional-pain/>

Kansiewicz, K. (2015, July). Inner healing ministry meets mental illness: How to navigate the physical and spiritual. *Institute for Christian Psychology*. <http://instchristpsy.wixsite.com/inst-christian-psy/single-post/2015/07/03/Inner-Healing-Ministry-Meets-Mental-Illness-How-to-Navigate-the-Physical-and-Spiritual>

Kansiewicz, K. (2015). *Momentum: How to build on positive choices and avoid downward spirals*. CreateSpace Independent Publishing Platform.

Kansiewicz, K. (2014). *Emotional traps: Finding freedom in everyday life*. CreateSpace Independent Publishing Platform.

Kansiewicz, K. (2014). *Getting your life under control: Making order from the chaos*. CreateSpace Independent Publishing Platform.

Kansiewicz, K. (2014). *On edge: Mental illness in the Christian context*. CreateSpace Independent Publishing Platform.

DISSERTATION COMMITTEE PUBLICATIONS

Bearden, M. (2024). Impact of telemental health factors on counselor professional quality of life [ProQuest Information & Learning]. In *Dissertation Abstracts International Section A: Humanities and Social Sciences* (Vol. 85, Issue 5–A).

McKinney, C. C. (2023). Efficacy of a music intervention to foster empathy and emotional intelligence with counselors-in-training [ProQuest Information & Learning]. In *Dissertation Abstracts International: Section B: The Sciences and Engineering* (Vol. 84, Issue 10–B).

Mitchell, T. F. (2024). *Predicting missionary burnout through emotional intelligence, resilience, and leadership* (Order No. 31641542). Available from ProQuest Dissertations & Theses Global; Publicly Available Content Database. (3134986416).

Pate, R. (2024). The relationship between White fragility and individualism [ProQuest Information & Learning]. In *Dissertation Abstracts International Section A: Humanities and Social Sciences* (Vol. 85, Issue 1–A).

PROFESSIONAL PRESENTATIONS

Kansiewicz, K. (2025, October 9). *For the love of research: Ideas for fostering curiosity and innovation in the Research Methods course* [50-minute education session]. Association for Counselor Education and Supervision 2025 conference. Philadelphia, PA.

Kansiewicz, K. (2025, September 20). *Spiritual integration in the counseling room: Applying the ASERVIC competencies* [1.5-hour breakout session]. Missouri Mental Health Counselor Association 2025 conference, Springfield, MO.

Kansiewicz, K. (2025, September 19). *Training your brain to help you thrive* [60-minute masterclass session]. Evangel University Forged Young Adult Conference, Springfield, MO.

- Kansiewicz, K., Fidler, B., Sells, J., & Smith, J. (2025, March 22). Finding balance in counselor educator identity: Moving through the five CES roles across a career [60-minute ACCESS track breakout session]. Christian Association for Psychological Studies 2025 conference, Denver, CO.
- Graham, A., Kansiewicz, K., & Kohls, B. (2025, March 20). Approaches to faith integration in counselor education programs: A panel discussion [60-minute breakout session]. Christian Association for Psychological Studies 2025 conference, Denver, CO.
- Kansiewicz, K. (2024, October 18). *Taking a data-driven approach to clinical practice* [1.75-hour presentation]. Missouri Mental Health Counselor Association 2024 conference, Camdenton, MO.
- Kansiewicz, K. (2024, September 27). *The Church Therapy model: Embedding clinical mental health care into church settings* [60-minute presentation]. Mental Health and the Church 2024 conference, Cleveland, OH.
- Kansiewicz, K. (2024, September 26). *Why pastors need more friends* [10 minute QuickTake presentation]. Mental Health and the Church 2024 conference, Cleveland, OH.
- Fidler, B., & **Kansiewicz, K.M.** (2024, March 21). *ACCESS: Association for Counselors, Counselor Educators, Supervisors, and Students info session* [60-minute presentation]. Christian Association for Psychological Studies 2024 conference, Atlanta, GA.
- Kansiewicz, K.M., Temple, M., Hoover, J., Ripley, J., & Sells, J. (2024, March 21). *Empowering clergy to live well: Lessons from a new study of Baptist pastors and their spouses* [60-minute presentation]. Christian Association for Psychological Studies 2024 conference, Atlanta, GA.
- Fidler, B., & **Kansiewicz, K.M.** (2024, March 23). *Character development and spiritual formation processes of master's counseling students* [60-minute presentation]. Christian Association for Psychological Studies 2024 conference, Atlanta, GA.
- Kansiewicz, K.M., & Caulk, M. (2023, March 31). *Creating trauma-informed churches: A guide for mental health professionals in faith communities* [60-minute presentation]. Christian Association for Psychological Studies 2023 conference, Louisville, KY.
- Kansiewicz, K.M. (2022, March 18-19). *Clergy mental health: Taking care of the caretakers* [30-minute presentation]. Christian Association for Psychological Studies, Virtual conference. <https://caps.net/2022-conference/>
- Kansiewicz, K.M. (2021, December 4). *Fostering innovation and curiosity* [Plenary address]. Midwest Christian Psychology Conference, Evangel University.
- Kansiewicz, K.M. (2021, March 26-27). *Multiculturalism, social justice, community, and the church's role in mental health care: A practical approach to integration for the next generation* [Poster presentation]. Christian Association for Psychological Studies, Virtual conference. <https://caps.net/2021conference/>
- Kansiewicz, K.M., Zaporozhets, O., & Yarhouse, M.A. (2021, March 26-27). *Paths to psychological well-being: Sexual identity choices of celibate gay Christians* [Poster presentation]. Christian Association for Psychological Studies, Virtual conference. <https://caps.net/2021conference/>

- Kansiewicz, K.M. (2020, October). Church Therapy: Models of Mental Health Care in the Church. Hope Made Strong Church/Mental Health Summit, Online.
- Kansiewicz, K.M., & Caulk, M. Safer Spaces: Stigma Reduction in Church Settings. The Chicago School of Professional Psychology 3rd Annual Virtual Conference. April, 2020. Online via Zoom.
- Kansiewicz, K.M. *Getting Your Life Under Control*. Freedom Workshop Series. November, 2017. East Coast International Church, Lynn, Massachusetts.
- Kansiewicz, K.M. *Regret & Shame*. Freedom Workshop Series. September, 2017. East Coast International Church, Lynn, Massachusetts.
- Kansiewicz, K.M. *Pause: Handling Conflict*. Freedom Workshop Series. June, 2017. East Coast International Church, Lynn, Massachusetts. Based on Patterson, K. et al. (2011). *Crucial conversations*. McGraw-Hill.
- Kansiewicz, K.M. *Understanding Mental Illness*. Freedom Workshop Series. March, 2017. East Coast International Church, Lynn, Massachusetts.
- Kansiewicz, K.M. *Momentum*. Freedom Workshop Series. November, 2016. East Coast International Church, Lynn, Massachusetts.
- Kansiewicz, K.M. *How to Talk So Kids Will Listen*. Freedom Workshop Series. October, 2016. East Coast International Church, Lynn, Massachusetts. Based on Faber, A. & Mazlish, E. (2012). *How to talk so kids will listen and listen so kids will talk*. Scribner.
- Kansiewicz, K.M. *Boundaries*. Freedom Workshop Series. June, 2016. East Coast International Church, Lynn, Massachusetts. Based on Cloud, H. & Townsend, J. (2007). *Boundaries*. Zondervan.
- Kansiewicz, K.M. *Emotional Traps*. Freedom Workshop Series. April, 2016. East Coast International Church, Lynn, Massachusetts.
- Kansiewicz, K.M. *The Daniel Plan*. Freedom Workshop Series. April, 2015. East Coast International Church, Lynn, Massachusetts. Based on Warren, R. & Amen, D. (2013). *The Daniel plan: 40 days to a healthier life*. Zondervan.

PROFESSIONAL SERVICE AND VOLUNTEER WORK

ACES Teaching Practice Briefs Editorial Review Board	September 2025 - present
• 3-year term (2025-2028)	
Peer Reviewer	March 2024 - present
• <i>Religions</i> • <i>Journal of Psychology and Theology</i>	
Christian Association for Psychological Studies Board Member	March 2022 - present
• ACCESS (counselor division) Representative to the Board • 3-year term with option for two terms	
Evangel University (Service Roles)	August 2021 - present
• Mission/Vision Statement Committee (2025-2026) • IRB Chair (May 2024 to present) • Title IX trained (2024 to present) • Academic Council (2022-2024) • Chapel Attendance (Wednesdays)	
Bent Oak Church Volunteer	January 2024 - present
• Sunday morning preschool-age teacher • Substitute worship team singer	
Freedom City Church Volunteer	June 2021 - July 2023
• Mental health educator for recovery house leaders • Media team: ProPresenter and graphic design • Preaching team • Worship team singer	
Conference Proposal Reviewer	January 2020 - March 2020
• The Chicago School Virtual Conference (NARACES)	
Mentor/Contributing Author	January 2018 - May 2018
• NARACES membership and newsletter	
East Coast International Church Volunteer	November 2003 - May 2021
• Prayer team leader • Pastoral intervention team • Worship team singer • Preschool-age ministry leader • Young adult mentor	

ADDITIONAL SKILLS

Team Leadership	Trauma-Informed Care	Mentoring
Public Speaking	Cultural Humility	Career Planning
Writing	Compassion	Curriculum Development
Strategic Planning	Empathy	Mental Health Training
Qualitative Research	Empowerment	Project Management
Quantitative Research	Emotional Intelligence	Outreach Ministry
Statistical Analysis/SPSS	Discernment	Canva/WordPress