

Alicea R. Jenkins, Ph.D., LPC-S (VA)
School of Psychology & Counseling, Regent University
1000 Regent University Drive
Virginia Beach, VA 23464
alicjen@regent.edu

EDUCATION

Ph.D., Counselor Education and Supervision 2023
(CACREP Accredited Program)
Regent University, Virginia Beach, VA

M.A., Clinical Mental Health Counseling 2016
(CACREP Accredited Program)
Regent University, Virginia Beach, VA

B.S., Psychology 2013
Regent University, Virginia Beach, VA

TEACHING EXPERIENCE

Assistant Professor July 2023 – Present
Regent University, Virginia Beach, VA
Core faculty member teaching and serving master's and doctoral programs in the Counseling Department of the School of Psychology & Counseling.

Adjunct Instructor January 2023 – June 2023
William & Mary, Williamsburg, VA
Taught in-person classes for the School of Psychology & Counselor Education's Master's in Counseling program.

Adjunct Instructor August 2020 – June 2023
Regent University, Virginia Beach, VA
Served as an adjunct faculty member teaching in-person and online classes in the Master's in Counseling program.

Teaching Assistant January 2020 – July 2020
Alliance University, New York, NY
Co-taught online courses in the Master's in Counseling program.
Courses: Group Dynamics & Therapy and Career Development w/ Colette Blakely, PhD

PROFESSIONAL CLINICAL EXPERIENCE

Owner/Clinician December 2020 – Present
Compassion & Healing Counseling, LLC, Chesapeake, VA
Providing professional counseling for a variety of mental health concerns in addition to neuropsychological evaluation and testing services. Additionally, serving as clinical

director/supervisor for counseling practicum and internship students and Virginia residents.

Clinical Staff Counselor

May 2016 – July 2021

Regent University Office of Counseling & Disability Services, Virginia Beach, VA

Provided professional clinical counseling services to enrolled students, specializing in trauma, and a special interest in supporting mature adult students facing a variety of concerns (e.g., career/military transitions, family/work/school harmony, returning to college).

Counseling Internship

January 2016 – May 2016

Spectrum Psychological Services & Neurotherapy, Virginia Beach, VA

Provided counseling and neurofeedback to clients facing a variety of mental health concerns.

Counseling Practicum

January 2015 – May 2015

Salvation Army Adult Rehabilitation Center, Virginia Beach, VA

Provided supportive services to male beneficiaries/residents, including leading smoking cessation classes, Bible studies, and co-facilitating therapeutic support groups.

PROFESSIONAL SUPERVISION EXPERIENCE

Clinical Supervisor

September 2021 – June 2022

Ukraine International Institute of Post Graduate Education

Provided cross-cultural supervision to Ukrainian students enrolled in the postgraduate education psychological counseling program.

Supervision of Supervision, Supervisor

August 2020 – December 2020

Regent University School of Psychology & Counseling

Provided supervision to doctoral students enrolled in the Counseling & Psychological Studies program.

PROFESSIONAL LICENSURE/CERTIFICATION/TRAINING

Virginia Board Approved Supervisor (LPC-S)

2021

Licensed Professional Counselor (LPC)

2019

Virginia License #0701008517

EMDR

2017

Completed level 1 & 2 EMDRIA approved training.

GRANTS

Brown, A. L., Principal Investigator. Co-Investigators, **Jenkins, A. R.** & Kongkaw-Oden, P. American Counseling Association Foundation Grant, (2022), *Double Pandemic & Great Resignation: Reflections of Racially Minoritized Counselors, Educators & Supervisors* (\$500)

RESEARCH & PUBLICATIONS

Brown, A. L., **Jenkins, A. R.**, Solomon, S., & Sebastian, M. L. (2024). Multiracial identity development: Narrative reflections from emerging adults. *Virginia Counselors Journal*, 39, 33-45.

Jenkins, A. R. (2023). *A reconciliation of religious values and professional values in counselors with a Christian identity: A grounded theory* (Publication No. 30815340) [Doctoral dissertation, Regent University]. ProQuest Dissertations & Theses Global.

Jenkins, A. R. (2023). Instructor Resources Contributor. In C. R. Williams, & T. Hourihan (Eds.), *Career, lifestyle, and spiritual development: Work, purpose, calling, and God* (2nd ed.). Cognella, Inc.

PRESENTATIONS

Solomon, S, **Jenkins, A. R.**, & Kongkaw-Oden, P. (2025, March 27-29). *Unraveling the power of metaphors in counseling* [Conference presentation]. American Counseling Association (ACA) Annual Conference & Expo, Orlando, FL, United States

Solomon, S. & **Jenkins, A. R.** (2025, March 20-22). *Unlock the power of metaphors in therapy* [Conference presentation]. Christian Association for Psychological Studies (CAPS) 2025 International Conference, Denver, CO, United States.

Brown, A. L., Solomon, S., & **Jenkins, A.R.** (2025, February 27 – March 1). *Soulful self-care: Cultivating holistic wellness and compassion-satisfaction through spiritual practices in counselors* [Conference presentation]. North Carolina Counseling Association 2025 Annual Conference, Charlotte, NC, United States.

Jenkins, A. R., & Solomon, S. (2024, March 21-23). *Honoring God and my profession: Helping Christian mental health students reconcile value conflicts* [Conference presentation]. Christian Association for Psychological Studies (CAPS) 2024 Conference, Atlanta, GA, United States.

Solomon, S., **Jenkins, A. R.**, & Brown A. L. (2024, March 21-23). *The impact of acculturation on counselor self-efficacy and job satisfaction* [Conference presentation]. Christian Association for Psychological Studies (CAPS) 2024 Conference, Atlanta, GA, United States.

Brown, A. L., **Jenkins, A. R.**, & Kongkaw-Oden, P. (2023, October 11-15). *The exit interview you missed: CES professionals of color resignations during the double pandemic* [Conference presentation]. Association for Counseling Education and Supervision (ACES) 2023 Conference, Denver, CO, United States.

Brown, A. L., **Jenkins, A. R.**, & Kongkaw-Oden, P. (2023, October 11-15). *Cope, comply, or quit: Qualitative research from counselors of color during the double pandemic* [Conference presentation]. Association for Counseling Education and Supervision (ACES) 2023 Conference, Denver, CO, United States.

Kongkaw-Oden, P., Brown, A. L., & **Jenkins, A. R.** (2023, May 31). *Double pandemic: Systems and personal approaches to alleviating BIPOC professional burnout & vicarious trauma* [Conference presentation]. Erie Coalition for Trauma-Informed Community, Virtual Conference

Jenkins, A. R., Brown, A. L., Solomon, S. (2021, June 5). *Multiracial identity development: Narrative reflections from emerging adults*. [Conference presentation]. Association for Humanistic Counseling (AHC) Annual Conference, Virtual Convention.

Herzel, K. L. & **Jenkins, A. R.** (2021, April 5 -30). *Team up: Counselors & music therapists for military trauma* [Conference presentation]. American Counseling Association (ACA) Annual Conference, Virtual Convention. (*Pre-recorded convention event*)

Herzel, K. L. & **Jenkins, A. R.** (2021, March 19). *Team up: Counselors and music therapists in collaborative treatment for military trauma*. [Conference presentation] Illinois Counseling Association Annual Spring Conference, Virtual Convention.

Jenkins, A. R., Durant, P., & Kaczmarczyk, K. A. (2020, November 12). *Social justice league @ the roundtable: A roundtable discussion on social justice in the counseling profession*. [Conference presentation] Virginia Counselors Association Annual Convention, Virtual Convention.

Mutter, K. M., & **Jenkins, A. R.** (2018, Nov 10). *My parents don't believe: The challenges of counseling Christian college students whose parents don't believe in mental health issues*. [Conference presentation] Virginia Counselors Association Annual Convention, Norfolk, VA.

PROFESSIONAL AFFILIATIONS/MEMBERSHIPS

Christian Association for Psychological Studies	2023 – present
Association for Counselor Education and Supervision	2021 – present
VA Association for Counselor Education and Supervision	2019 – present
Virginia Counselors Association	2016 – present
American Counseling Association	2015 – present

LEADERSHIP & PROFESSIONAL SERVICE

Conference Volunteer – 2021 Association for Counselor Education and Supervision (ACES) conference in Atlanta, GA

Social Justice Chair – 2020 Virginia Counselors Association (VCA) Convention Planning Committee

COMMUNITY LEADERSHIP/VOLUNTEER SERVICE

Youth Events Coordinator March 2010 – January 2012
Mount Lebanon Baptist Church, Chesapeake, VA

Planned and managed special events and outings geared towards developing cognitive and developmental abilities with youth, grades PK - 12, with 30 - 1200+ participants; Recruited

and supervised up to 150 adult youth leaders, teen leaders and general volunteers for events. Actively engaged in outings, lessons and learning with youth; Served as a mentor and provided resources to youth and their families.

Event Coordinator/Mentor

July 2005 – April 2010

Teens With a Purpose, Norfolk, VA

Served as facilitator and mentor for special programs on teen issues such as Dating Violence, HIV/STD Prevention, Pregnancy Prevention, LGBTQIA+ issues. Planned and managed special events with youth grades 6 – 12, with 50 – 300 participants; Recruited and supervised up to 50 volunteers for special events.