

Alicea R. Jenkins, MA, LPC-S (VA), PhD Candidate

School of Psychology & Counseling, Regent University
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EDUCATION

Ph.D., Counselor Education and Supervision (Pending Dissertation Defense) (CACREP Accredited Program) <i>Regent University, Virginia Beach, VA</i>	2023
M.A., Clinical Mental Health Counseling (CACREP Accredited Program) <i>Regent University, Virginia Beach, VA</i>	2016
B.S., Psychology <i>Regent University, Virginia Beach, VA</i>	2013
A.A.S., Information Technology/Business Administration <i>ECPI University, Virginia Beach, VA</i>	2004

TEACHING EXPERIENCE

Instructor <i>Regent University, Virginia Beach, VA</i> Full time faculty member teaching courses in the Master's in Counseling program.	July 2023 – Present
Adjunct Instructor <i>William & Mary, Williamsburg, VA</i> Taught in-person classes for the School of Psychology & Counselor Education's Master's in Counseling program. Course: Theory and Practice of Multicultural Counseling	January 2023 – June 2023
Adjunct Instructor <i>Regent University, Virginia Beach, VA</i> Served as an adjunct faculty member teaching in-person and online classes in the Master's in Counseling program. Courses: Orientation to the Counseling Profession, Counseling Skills & Techniques, Group Counseling, Ethics of Counseling, Treatment Plannings, CMHC Internship	August 2020 – June 2023
Teaching Assistant <i>Alliance University, New York, NY</i> Co-taught online courses in the Master's in Counseling program. Courses: Group Dynamics & Therapy and Career Development w/ Colette Blakely, PhD	January 2020 – July 2020

PROFESSIONAL EXPERIENCE

Owner/ Counselor December 2020 – Present

Compassion & Healing Counseling, LLC, Chesapeake, VA

Serving as clinical director/supervisor for counseling students and residents, and as a professional counselor for a variety of clinical mental health concerns.

Clinical Staff Counselor May 2016 – July 2021

Regent University Office of Counseling & Disability Services, Virginia Beach, VA

Provided professional clinical counseling services to enrolled students, specializing in trauma, and a special interest in supporting mature adult students facing a variety of concerns (e.g., career/military transitions, family/work/school harmony, returning to college).

Counseling Internship January 2016 – May 2016

Spectrum Psychological Services & Neurotherapy, Virginia Beach, VA

Provided counseling and neurofeedback to clients facing a variety of mental health concerns.

Counseling Practicum January 2015 – May 2015

Salvation Army Adult Rehabilitation Center, Virginia Beach, VA

Provided supportive services to male beneficiaries/residents to include leading smoking cessation classes, Bible studies, and co-facilitating therapeutic support groups.

PROFESSIONAL SUPERVISION EXPERIENCE

Clinical Supervisor

Ukraine International Institute of Post Graduate Education

Provided cross-cultural supervision to Ukrainian students enrolled in the postgraduate education psychological counseling program.

Supervision of Supervision, Supervisor

Regent University School of Psychology & Counseling

Provided supervision to doctoral students enrolled in the Counseling & Psychological Studies program.

PROFESSIONAL LICENSURE/CERTIFICATION/TRAINING

Virginia Board Approved Supervisor (LPC-S) 2021

Licensed Professional Counselor (LPC) 2019

Virginia License #0701008517

EMDR 2017

Completed level 1 & 2 EMDRIA approved training.

GRANTS

Brown, A. L., Principal Investigator. Co-Investigators, **Jenkins, A. R.** & Kongkow-Oden, P. American Counseling Association Foundation Grant, (2022), *Double Pandemic & Great Resignation: Reflections of Racially Minoritized Counselors, Educators & Supervisors* (\$500)

RESEARCH & PUBLICATIONS

Jenkins, A. R. (2023). A reconciliation of religious values and professional values in counselors with a Christian identity: A grounded theory (*Doctoral Dissertation, Pending Defense*)

Jenkins, A. R. (2023). Instructor Resources Contributor. In C. R. Williams, & T. Hourihan (Eds.), *Career, lifestyle, and spiritual development: Work, purpose, calling, and God* (2nd ed.). Cognella, Inc.

Brown, A. L., **Jenkins, A. R.**, Kongkow-Oden, P. (2023). Double Pandemic & The Great Resignation: Reflections of Minoritized Counselors, Educators & Supervisors (*in-progress qualitative study*).

Brown, A. L., **Jenkins, A. R.**, Solomon, S. & Sebastian, M. L. (2020). Examination of environmental factors impacting racial identity formation among multiracial emerging adults. *Virginia Counselors Journal* (under review).

PRESENTATIONS

Jenkins, A. R., Brown, A. L., Solomon, S. (2021, June 5). Multiracial identity development: *Narrative reflections from emerging adults*. Session at the Association for Humanistic Counseling Annual Conference, Virtual Convention.

Herzel, K. L. & **Jenkins, A. R.** (2021, April 5 -30). *Team up: Counselors & music therapists for military trauma*. Session at the American Counseling Association Annual Conference, Virtual Convention. (*Pre-recorded convention event*).

Herzel, K. L. & **Jenkins, A. R.** (2021, March 19). *Team up: Counselors and music therapists in collaborative treatment for military trauma*. Session at the Illinois Counseling Association Annual Spring Conference, Virtual Convention.

Jenkins, A. R., Durant, P., & Kaczmarczyk, K. A. (2020, November 12). *Social justice league @ the roundtable: A roundtable discussion on social justice in the counseling profession*. Session at the Virginia Counselors Association Annual Convention, Virtual Convention.

Mutter, K. M., & **Jenkins, A. R.** (2018, Nov 10). *My parents don't believe: The challenges of counseling Christian college students whose parents don't believe in mental health issues*. Session at the Virginia Counselors Association Annual Convention, Norfolk, VA.

PROFESSIONAL AFFILIATIONS/MEMBERSHIPS

Association for Counselor Education and Supervision	2021 – present
VA Association for Counselor Education and Supervision	2019 – present
Virginia Counselors Association	2016 – present
American Counseling Association	2015 – present

LEADERSHIP & PROFESSIONAL SERVICE

Conference Volunteer – 2021 Association for Counselor Education and Supervision (ACES) conference in Atlanta, GA

Social Justice Chair – 2020 Virginia Counselors Association (VCA) Convention Planning Committee

COMMUNITY LEADERSHIP/VOLUNTEER SERVICE

Youth Events Coordinator March 2010 – January 2012

Mount Lebanon Baptist Church, Chesapeake, VA

Planned and managed special events and outings geared towards developing cognitive and developmental abilities with youth, grades PK - 12, with 30 - 1200+ participants; Recruited and supervised up to 150 adult youth leaders, teen leaders and general volunteers for events. Actively engaged in outings, lessons and learning with youth; Served as a mentor and provided resources to youth and their families.

Event Coordinator/Mentor July 2005 – April 2010

Teens With a Purpose, Norfolk, VA

Served as facilitator and mentor for special programs on teen issues such as Dating Violence, HIV/STD Prevention, Pregnancy Prevention, LGBTQ issues. Planned and managed special events with youth grades 6 – 12, with 50 – 300 participants; Recruited and supervised up to 50 volunteers for special events.