# Ashley Jamison, PhD, ThM, LPC

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ED	TIC	AT	ION
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Doctor of Philosophy (PhD) – Counselor Education and Supervision	2019
New Orleans Baptist Theological Seminary	
New Orleans, Louisiana	
Master of Theology (ThM) – Psychology and Counseling	2017
New Orleans Baptist Theological Seminary	
New Orleans, Louisiana	
Master of Arts – Marriage and Family Counseling	2012
New Orleans Baptist Theological Seminary	
New Orleans, Louisiana	
<b>Bachelor of Business Administration</b>	2007
Focus in Economics	
Minor in Spanish	
Cameron University	
Lawton, Oklahoma	
CERTIFICATIONS AND LICENSURE	
Licensed Professional Counselor (LPC)	
Louisiana License #5508	2015
Louisiana Board Approved Supervisor (LPC-S)	2018
Virginia License #0701009491	2020
Virginia Board Approved Supervisor (LPC-S)	2020
Licensed Addiction Counselor (LAC)	
Louisiana License #1521 (inactive)	2015
COUNSELING EXPERIENCE	
Owner and Counselor	2023-present

# Owner and Counselor

2023-present

Solutions Now Therapy

This online practice provides Single-Session Therapy (or One-At-A-Time Therapy) to adults in Virginia and Louisiana.

### **Member Care Consultant**

2019-2023

International Mission Board, Rockville, VA

Facilitated care and assessed missionaries receiving counseling for readiness to return overseas. Consulted with counselors and made treatment recommendations. Developed and presented mental health-related training materials. Developed tracking tools to assess trends and better respond to needs. Provided consultation to field member care and others within the organization. Responded to crisis mental health situations as needed. Member of the Crisis Action Team which oversees crisis response for the organization.

# **Counselor and Clinical Supervisor**

2013-2019

Leeke Magee Christian Counseling Center, New Orleans, LA

Counseled students and families. Provided individual and group supervision to counseling students in practicum and internship. Developed a grading system for the program's practicum and internship. Assisted the director with CACREP accreditation tasks.

#### **Licensed Professional Counselor**

Restoration Counseling, New Orleans, LA

2017-2018

Counseled individual adults and adolescents, couples, and families with a variety of presenting problems.

# **Assertive Community Treatment Team Leader**

2015-2016

Resources for Human Development, Harvey, LA

Provided mental health services to individuals with severe mental illnesses. Supervised a multidisciplinary team, tracked and reported services provided and trends, and lead the quality improvement process. Assured that services and documentation met the requirements for CARF accreditation.

### **Counselor Supervisor**

2013-2015

Behavioral Health Group, New Orleans, LA

Provided substance abuse counseling to individuals with opioid dependence, provided supervision and support to counseling team in a multidisciplinary treatment facility, and assured that services and documentation met federal guidelines and JCAHO accreditation requirements.

### **Counselor Intern (Resident)**

2012-2013

The Gathering Counseling, Arabi, LA

Provided counseling to adults, adolescents, children, and families in an office setting, and provided counseling to juvenile detainees in a juvenile detention center. Provided training and support to student interns.

# **Student Counseling Intern**

2011-2012

Restoration Counseling, New Orleans, LA

Provided counseling to individuals, couples, and families.

#### **TEACHING EXPERIENCE**

Assistant Professor 2023-present

Regent University, Virginia Beach, VA

Courses: Counseling Skills and Techniques

Crisis, Trauma, and Clinical Mental Health

Co-instructor Spring 2018

New Orleans Baptist Theological Seminary

Course: Addictions Counseling with Jeff Nave, PhD

Adjunct Faculty 2016-2019

New Orleans Baptist Theological Seminary

Courses: Individual Supervision, Group Supervision

Teaching Assistant 2016-2017

New Orleans Baptist Theological Seminary

Courses: Addiction Counseling, Appraisal of Individuals

Adjunct Instructor Fall 2012

Nunez Community College, Chalmette, LA Course: Introduction to Psychology

# LECTURES & PROFESSIONAL PRESENTATIONS

- Jamison, A. R., (2024, January 27). *Attachment styles and how they impact your marriage* [church presentation]. Cool Spring Baptist Church Marriage Series, Mechanicsville, VA, United States.
- Jamison, A. R. & Permenter, R. H. (2023, November 3). *Treatment of childhood emotional neglect and its impacts on relationship with god* [conference presentation]. New Orleans Baptist Theological Seminary Christian Counseling Conference, New Orleans, LA, United States.
- Jamison, A. R., (2022, December 9). *Trauma considerations for member care* [conference presentation]. Global Member Care Leadership Meeting, Rockville, VA, United States.
- Jamison, A. R., (2022, July 27). *Marriage: How attachment helps us understand each other better* [conference presentation]. Faithfully Forward, Orlando, FL, United States.

- Jamison, A. R., (2022, July 25). *Anxiety and stress: How to deal with it in healthy ways* [conference presentation]. Faithfully Forward, Orlando, FL, United States.
- Jamison, A. R., (2022, January 26). *Dealing with stress and transition: Considerations for missionaries and TCKs* [conference presentation]. IMB Field Personnel Orientation, Rockville, VA, United States.
- Jamison, A. R., (2021, December 15). *Trauma: What happened to them?* [conference presentation]. Global Member Care Leadership Meeting, Rockville, VA, United States.
- Jamison, A. R. & Permenter, R. H. (2021, September 18). *Treating the invisible trauma of childhood emotional neglect* [conference presentation]. American Association of Christian Counselors World Conference, Orlando, FL, United States.
- Jamison, A. R., (2021, August 20). *Dealing with stress and transition* [conference presentation]. IMB Field Personnel Orientation, Rockville, VA, United States.
- Jamison, A. R., (2019, December 18). *Motivational interviewing* [conference presentation]. Global Member Care Leadership Meeting, Rockville, VA, United States.
- Jamison, A. R., (2019, July 10). *Depression and anxiety: Help yourself and help others* [conference presentation]. IMB Stateside Assignment Conference, Rockville, VA, United States.
- Morgan, A. C. & Jamison, A. R., (2017, November 3). *Surviving trauma: Care for the client and the caregiver* [conference presentation]. New Orleans Baptist Theological Seminary Christian Counseling Conference, New Orleans, LA, United States.
- Jamison, A. R., (2016, April 19). *Medication-assisted addiction treatment* [guest lecture]. Chemical Dependency course, New Orleans Baptist Theological Seminary, New Orleans, LA, United States.

#### **TRAININGS**

Crisis Response – Supporting Children After Disaster	2022
Trust-Based Relational Intervention (TBRI)	2019
Leslie Vernick: Emotional Abuse	2018
Gottman Training Level 1 and 2	2016
LOCUS Training	2015
EMDR Basic Training I and II	2014
Prepare/Enrich Training	2011

### **PUBLICATIONS**

Jamison, A.R. (2019). *The impact of views of suffering on trauma and emotion regulation*. (Doctoral Dissertation). Available from ProQuest Dissertations and Theses database. (Order No. 27663617).

Jamison, A.R. (2018). Walking with Clients Through Suffering. Transformation, 11(2).

### **CONFERENCES ATTENDED**

American Association of Christian Counselors World Conference	
New Orleans Baptist Theological Seminary Christian Counseling Conference	2018
New Orleans Baptist Theological Seminary Christian Counseling Conference	2017
American Association of Christian Counselors World Conference	2013
American Association of Christian Counselors World Conference	

### COMMUNITY AND PROFESSIONAL SERVICE

# **Cool Spring Baptist Church**

2022-present

Team Leader for a mental health ministry supporting emotional wellness in the church.

# **Baptist Friendship House**

2018-2019

Director of Mental Health Services for this transitional housing ministry to women in crisis in New Orleans.

### **AWARDS**

# James A. Headrick Award for Excellence in Christian Counseling

2013

New Orleans Baptist Theological Seminary