

Jonathan M. Hoover, Ph.D.

Assistant Professor, Program Director: MS in General Psychology

Regent University

jonahoo@regent.edu

jmhoover@newspring.org

Regent University
1000 Regent University Drive, Mail Drop
Virginia Beach, VA 23464
757.352.4000

251 N. Prairie Creek Ct.
Kechi, KS 67067
(316) 469-9243

Current position

NewSpring Church

Senior Associate Pastor/Couples Pastor

Wichita, KS

2010-2025

Senior Associate Pastor/Director of Leadership Formation
and Team Culture

Wichita, KS

2025-Present

Responsibilities:

- Preaching approximately 12 weekends per year (2010-present)
- Participate on senior leadership team (2010- present)
- Oversee publications/video (2010-2012)
- Oversee worship ministry (2013-2016)
- Oversee small groups ministry (2013-2015)
- Oversee couples ministry (2010-2025)
- Life-coaching for distressed couples (2010-2025)
- Oversee care ministry/Grief ministry (2020-2025)
- Oversee leadership training and task management at organization level (2025- Present)
- Serve as team conflict mediator and advise senior team of needed action (2025-Present)
- Conduct training to create and maintain positive and mission-consistent team culture (2025-Present)
- Other responsibilities as assigned by senior pastor

Regent University

Virginia Beach, VA

Assistant Professor/Program Director – M.S. in General Psychology

-School of Psychology and Counseling

8/2022-Present

Assistant Professor/Interim Program Director – Ph.D. in Counseling and Psychological
Studies

-School of Psychology and Counseling

10/2021-8/2022

Instructor (Teaching 30 credit hours/yr)
-School of Psychology and Counseling

12/2018-9/2021

Classes Taught at Regent University:

- GPSY 500 – Contemporary Psychology
- GPSY 513 – Research Methods in Psychology (Updated Course)
- GPSY 553 – Industrial and Organizational Psychology (Designed Course)
- GPSY 510 – Statistics I
- GPSY 511 – Statistics II
- GPSY 512 – Statistics III
- GPSY 517 – Social Psychology
- MHPS 616 – Research Methods in the Psychological Sciences I (Updated Course)
- MHPS 617 – Research Methods in the Psychological Sciences II (Designed Course)
- MHPS 714 – Statistics I
- MHPS 715 -Advanced Multivariate Statistics (Designed Course)

Education

Grand Canyon University

Phoenix, AZ

Ph.D. Industrial & Organizational Psychology

5/2021

Regent University

Virginia Beach, VA

MS General Psychology

12/2017

Liberty University

Lynchburg, VA

BS Psychology

1/2012

Research

Regent University

Virginia Beach, VA

Member: Research Team for Clinical Neuropsychology

3/2017-12/2017

Director: Pastoral Wellness Research Team

4/2021-8/2022

Professional Associations

American Association of Christian Counselors

American Psychological Association, Divisions 36, 40 and 43

Christian Association for Psychological Studies

Committees

Executive Committee – Regent University School of Psychology and Counseling

Publications

Articles:

Hoover, J. (2018). Can Christians practice mindfulness without compromising their convictions? Journal of Psychology and Christianity, 37(3), 207-215.

Hoover, J. (2019). How I learned to avoid overreacting. Focus on the Family Magazine, August/September Issue.

Hoover, J., Francis, L. J., Village, A., & Guilfoyle, J. (2024). Francis Burnout Inventory for people-workers: Initial psychometric testing. Journal of Workplace Behavioral Health, 1–13. <https://doi.org/10.1080/15555240.2024.2444416>

Books:

Hoover, J. (2025). Las Fracturas Por Estrés: Una Guía Definitiva Para Tu Reconstrucción Emocional (Belmonte Translators, Trans.). Whitaker House. (Original work published 2024).

Hoover, J. (2024). Stress Fracture: Your Ultimate Guide to Beating Burnout. Bethany House.

Hoover, J. (2024) Through This Valley Workbook. NewSpring Church Publications.

Hoover, J. (2013). The blindfolded marriage. J and W Publishers.

Hoover, J. (2015). Fight-proof your marriage. J and W Publishers.

Conference Presentations:

Hathaway, W. L. & Hoover, J. H. (2019, October). Christian psychologists as organizational and leadership consultants. Presented at the American Association of Christian Counselors World Conference, Nashville, TN.

Feldhahn, S. & Hoover, J. H. (2021, September). Money and love: The unseen truths that help any couple thrive instead of dive. Presented at the American Association of Christian Counselors World Conference, Orlando, FL.

Hoover, J. H. (2022, March). Clergy burnout - The Balanced Affect Model. Presented at the CAPS annual conference, online.

Feldhahn, S., & Hoover, J. (2023, September). Let's talk about sex: Giving couples essential tools for renewing connection and maximizing intimacy. Presented at the AACC World Conference, Nashville, TN.

Kansiewicz, K., Hoover, J., Temple, M., Sells, J., & Ripley, J. (March 2024). Empowering clergy to live well: Lessons from a new study of Baptist pastors and their spouses. Presented at the CAPS 2024 Annual Conference, Atlanta, GA.

Hoover, J.H. (2025, February). Stress Management and Burnout Prevention. Presented at Regent University CAPS Chapter Event 2025, Online.

Conference Posters:

Lindo, J., Ord, A., Sykes, A., Shull, E., Alexander, U., Morales, K., ... Sautter, S. (2018). Spiritual faith and neuropsychological functioning in patients with neurocognitive disorders. Presented at the 2018 International Conference, Norfolk, VA: Christian Association of Psychological Studies.

Hoover, J. & Chan, K. (2024) Comparison and practical implications of differing burnout models, assessment, and intervention. Presented at the 2024 International Conference, Denver, CO: Christian Association of Psychological Studies.