

Daniel Holland, Ph.D., LPC (VA), LCMHC (NC), LMHC (HI), NCC, BC-TMH, ACS

EDUCATION

Ph.D. in Counselor Education and Supervision Old Dominion University (CACREP Accredited) Dissertation: <i>Counselors' perceived preparedness for technology-mediated distance counseling: A phenomenological examination</i> The College of William and Mary <i>Ph.D. Practicum</i> <i>Instructor in MA Family Counseling class</i>	2012-2016
Master of Arts in Community Counseling Regent University (CACREP Accredited) <ul style="list-style-type: none">- <i>Chi Sigma Iota International Honor Society of Counselors</i>- <i>Graduate Student of the Year, Regent University / VSCA (2011)</i>- <i>Outstanding Graduate Counseling Student, CAPS (2011)</i>- <i>Who's Who Among Students in American Universities & Colleges</i>	2008-2011
Master of Arts in School Counseling Regent University (CACREP Accredited) <i>MA Internship</i> <i>Professional School Counselor Intern, Virginia Beach City Public Schools</i>	2008-2011
Bachelor of Arts in Psychology and Counseling Regent University	2004-2007

PROFESSIONAL LICENSURE / CERTIFICATION

Licensed Professional Counselor Virginia	2014-Present
Licensed Clinical Mental Health Counselor North Carolina	2021-Present
Licensed Mental Health Counselor Hawaii	2021-Present
Nationally Certified Counselor NBCC	2011-Present
Board-Certified TeleMental Health	2020-Present
Approved Clinical Supervisor Certification in Virginia	2014-Present

PROFESSIONAL EDUCATIONAL EXPERIENCE

Assistant Dean <i>Regent University</i> <i>College of Health & Behavioral Sciences</i>	2024–present
Associate Professor <i>Regent University</i> <i>College of Health & Behavioral Sciences</i> <i>School of Psychology and Counseling</i>	2021–present
Assistant Professor <i>Regent University</i> <i>School of Psychology and Counseling</i>	2016–present
Faculty Instructor <i>Regent University</i> <i>School of Psychology and Counseling</i>	2015–2016
Assistant Professor <i>Eastern Virginia Medical School</i> <i>School of Health Professions</i> <i>Graduate Art Therapy and Counseling Program</i>	2013–2014
Dean of Men / Instructor <i>Pacific Rim Bible College</i> <i>Honolulu, Hawaii</i>	2006–2007
Instructor / Curriculum Development <i>University of North Florida</i> <i>Institute for Police Technology and Management</i> <i>Jacksonville, Florida</i>	1998–2000
Instructor / Curriculum Developer <i>Department of Criminal Justice Services</i> <i>Virginia Center for Safe Schools</i> <i>Richmond, Virginia</i>	2002–2007
Instructor <i>Virginia Community Policing Institute</i> <i>Richmond, Virginia</i>	2000–2001

OTHER PROFESSIONAL EXPERIENCE

Member / Subject Matter Expert / Clinician <i>Special Forces Network Provider</i>	2024–Present
Therapist / Co-Owner <i>Coast to Coast Counseling & Wellness, LLC</i> <i>Virginia Beach, Virginia</i>	2021–Present

Therapist / Co-Owner <i>The Psychotherapy Center</i> <i>Norfolk, Virginia</i>	2014-2021
Regional Director of Therapeutic Foster Care <i>National Counseling Group</i> <i>Virginia Beach, Virginia</i>	2012-2015
Director of Intake, Assessment and Referral <i>Virginia Beach Psychiatric Center</i> <i>Virginia Beach, Virginia</i>	2011-2012
Founder / President <i>Parent & Teen Universities, Inc.</i> <i>Yorktown, Virginia</i>	2000-2012
Teaching Pastor / Director of Life Stages <i>New Hope Oahu</i> <i>Honolulu, Hawaii</i>	2006-2007

TRAINING AND SPEAKING ENGAGEMENTS

- Kipper, R., **Holland, D.**, & Holland, J. (2021, October). *Effective Strategies for Law Enforcement Health and Wellness*: Virginia Department of Criminal Justice Services. Richmond, Virginia.
- Holland, D.**, Lee, B., Jones, D., & Holland, J. (2020, April). Regent University SPC/RSON Webinar: *Finding Peace in Pandemic*, Virginia Beach, Virginia.
- Holland, D.**, & Holland, J. (2020, May). *Trauma Response for COVID-19 Nurses: Stress Debriefing and Peer Response*. Virginia Beach, Virginia.
- Holland, D.** (2020, July). *Surviving a shooting: takeaways for school counselors*. Virginia Beach, Virginia.
- Holland, D.** (2020, October). *Compassion fatigue assessment and interventions for educators*

PROFESSIONAL PRESENTATIONS

National and International Presentations

- Holland, D.**, Newmeyer, M., Holland, J. & Quaranta-Leech, A.* (2021, October). *Tarasoff vs. Mass Shootings: A Database Analysis of 50 Years and What We've Learned*. Association for Counselor Education and Supervision, Annual National Conference. Atlanta, GA
- Holland, D.**, Holland, J., & Ferlic, K.* (2018, August). *Positive counseling: moving from what's wrong to what's strong*. American Mental Health Counselors Association National Conference, Orlando, Florida.
- Holland, D.** & Holland, J. (2018, September). *Overcoming common pitfalls of interprofessional team development: communication strategies that really work*. National Center for Interprofessional Practice and Education, NEXUS National Summit, Minneapolis, Minnesota.
- Holland, D.** (2017, September). *Consultation on Strategies for Integration of Student Counselors into Multidiscipline Health Care Clinic*. PACER Conference, Chicago, IL.
- Holland, D.** (2016, October). *A Primer on Positive Counseling: Not Only What's Wrong, but also What's Strong*. 3-hour pre-conference workshop. Southern Association of Counselor Education and Supervision, Annual Conference. New Orleans, LA.
- McAuliffe, G., & **Holland, D.** (2016, March). *Practicing Positive Psychology*. American Counseling Association, National Conference. Montreal, CANADA.
- Holland, D.** (2010-invited). *Combating Cultural Influences of the Digital Media that are Undermining the Development of Millennials: Effective Strategies for Professional Counselors, Counselor Educators, and Important Stakeholders*. National Youth-At-Risk Conference, Savannah, GA.

- Holland, D. (2010-invited). *Combating Cultural Influences of the Digital Media that are Undermining the Development of Millennials: Effective Strategies for Professional Counselors, Counselor Educators, and Important Stakeholders*. American School Counselors Association National Conference, Boston, MA.
- Holland, D. (2008-invited). *Advanced Youth Intervention Techniques*. Virginia Center for Policing Innovation, Richmond, VA
- Holland, D. (2006-invited). *Reaching and Keeping Kids: Techniques that Really Work; Creative Communication*. Youth Specialties National Youth Worker Conferences. Los Angeles, CA; Cincinnati, OH; Charlotte, NC
- Holland, D. (2005-invited). *Media Influences on Today's Youth, Reaching and Keeping Kids: Techniques that Really Work*. DARE America, National Conference, San Antonio, TX.
- Holland, D. (2007-invited keynote). *Shaping Forces of Today's Adolescents, and Effective Strategies to Reduce Gang Involvement*. Utah National Gang Conference, Salt Lake City, UT.

Complete List Available Upon Request

SERVICE AWARDS, TO PROFESSION, UNIVERSITY AND SCHOOL

University Service Award

Regent University "Excellence in Service" Award (March 2020).

Service to the Profession through Professional Development Training

- Holland, D. (2021, Sept). *ADHD: An Executive Disorder*. School-based counselor training. Norfolk, Virginia.
- Holland, D. (2021, Sept). *Trauma focused cognitive behavioral therapy strategies for implementation in schools – part 3*. School-based counselor training. Norfolk, Virginia.
- Holland, D. (2021, Aug). *Trauma focused cognitive behavioral therapy strategies for implementation in schools – part 1*. School-based counselor training. Norfolk, Virginia.
- Holland, D. (2021, July). *Trauma focused cognitive behavioral therapy strategies for implementation in schools – part 1*. School-based counselor training. Norfolk, Virginia.
- Holland, D. (2021, June). *Trust-based relational intervention application in school settings*. Clinician training. Norfolk, Virginia.
- Holland, D. (2021, May). *TF-CBT: An introduction to treatment of traumatized children*. Clinician training. Norfolk, Virginia.
- Holland, D. (2021, January-invited). *Proper Functioning: Evaluating Wellness and Healthy System Function*. Norfolk home-based counselor training. Norfolk, Virginia.
- Holland, D. (2021, January). *Risk assessment and treatment protocol*. Chesapeake regional community-based training. Chesapeake, Virginia.
- Holland, D. (2020, December). *Safety planning for telemental health services*. Community-based counselor professional development. Virginia Beach, Virginia.

Complete List Available Upon Request

Service to the University

- Holland, D. (2019, June). Response to Shooting and Campus Safety. All employees of Regent University, Founders Inn and CBN. **Chapel Speaker**. Virginia Beach, Virginia.
- Co-Developer**. Counseling center suicide screening policy and procedures. Old Dominion University (2015)
- Co-Developer**. New Leaf Counseling Center protocol development support. The College of William & Mary (2013)

Complete List Available Upon Request

Service to the School of Psychology and Counseling

CACREP Liaison, master's in counseling programs and Ph.D. in Counselor Education and Supervision Program (2021-2024)

Primary Author. Regent University's Masters in Community Mental Health Counseling, Masters in School Counseling, and Ph.D. in Counselor Education and Supervision Program CACREP Reaffirmation Self-Study (2023-2024). (resulting in 8 year accreditation).

Director, Institute for Violence Research in the School of Psychology & Counseling, Regent University (2020-Present)

SERVICE TO THE COMMUNITY

Services to Community Through Media & Social Media

Member, Veteran and Military Behavioral Health Subcommittee. Hampton Roads Chamber of Commerce. Virginia Beach, Virginia (2021-2024)

Holland, D. (2021, March). *The return to "normal": Post-COVID transition considerations for parents.* Provided to Virginia Department of Education (and all VA school district superintendents – training for families of 1,265,419 students). Virginia Beach, Virginia.

Holland, D. (2021, March). *The return to "normal": Post-COVID transition considerations for parents.* Provided to North Carolina Department of Public Instruction (training for families of 1,518,465 students). Virginia Beach, Virginia.

Holland, D. (2021, March). *The return to "normal": Post-COVID transition considerations for educators.* Provided to Virginia Department of Education (and all school district superintendents – 89,389 educators in VA). Virginia Beach, Virginia.

Holland, D., (2021, February). COVID-19 and rising homicide rates. **700 Club**, Virginia Beach, Virginia.

Holland, D., (2021, February). COVID-19 and rising homicide rates. Virginia Beach, Virginia.

Holland, D., (2020, December). COVID-19 worsening and strategies to decrease anxiety. **700 Club**, Virginia Beach, Virginia.

Holland, D. (2020, December). Emergency Vaccine Can't Come Soon Enough as Weary Healthcare Workers Reach Tipping Point, **CBN News** interview,

Holland, D. & Holland, J. (2020, April). Flattening the curve: managing anxiety and panic to thrive during disruption, Virginia Beach, Virginia.

Holland, D. & Holland, J. (2020, April). Thriving together during disruption: part 1, Virginia Beach, Virginia.

Holland, J., & Holland, D. (2020, April). *Every moment together is a gift: nursing those dying alone during COVID-19.* **700 Club**, Virginia Beach, Virginia.

Holland, J., & Holland, D. (2020, April). *Every moment together is a gift: nursing those dying alone during COVID-19 (story written by Holland, D. & Holland, J.).* **700 Club**, Virginia Beach, Virginia.

Holland, D. (2020, April). *Telehealth during COVID-19.* **700 Club**, Virginia Beach, Virginia.

Holland, D. & Holland, J. (2020, April). Thriving together during disruption: part 2, Virginia Beach, Virginia.

Holland, D. & Holland, J. (2020, April). Thriving together during disruption: part 3, Virginia Beach, Virginia.

Holland, D. (2020, March). Anxiety and COVID-19, **CBN News** interview. Virginia Beach, Virginia.

Holland, D., & Holland, J. (2020, March). Thriving during disruption: think winter not blizzard, Virginia Beach, Virginia.

Holland, D., & Holland, J. (2020, March). Thriving during disruption: managing conflict during quarantine, Virginia Beach, Virginia.

Holland, D. (2020, Mar.). Wave Church podcast series: Fear and anxiety. Norfolk, Virginia.

Holland, D. (2020, May). Wave Church: sister's night talk with Dr. Danny Holland. Virginia Beach, Virginia.

Holland, D. (2019, June). *Response to Critical Incidents and Grief.* Panel with Steve Kelly and Brian Houston. Wave Church. Virginia Beach, Virginia.

Holland, D. (2019, June). Addressing the Tragic Events. **CBN News** Special Segment. Virginia Beach, Virginia.

Holland, D. (2019, June). *Addressing the Virginia Beach Tragedy: Regent University with Dr. Daniel Holland*. Video segment for social media and University outreach. Virginia Beach, Virginia.

Holland, D. (2019, June). *Working Through Grief: Regent University with Dr. Daniel Holland*. Video segment for social media and University outreach. Virginia Beach, Virginia.

Holland, D. (2019, June). *God's Presence in Grief: Regent University with Dr. Daniel Holland*. Video Segment for Social Media and University outreach. Virginia Beach, Virginia.

Direct Services to Community

Member, Veteran and Military Behavioral Health Subcommittee. Hampton Roads Chamber of Commerce. Virginia Beach, Virginia (2021-2024)

Holland, D. (2021, March). *The Role of Community in Military Suicide Prevention*. Hampton Roads Chamber of Commerce subcommittee: Veteran and Military Behavioral Health. Virginia Beach, Virginia.

Holland, D. & Holland, J. (2019, June). Critical Incident Stress Debriefing Strategies. Virginia Beach, Virginia

Clinical Support (2019, May-June). Virginia Beach Shooting Response. Conducted 7 of the 11 death notifications. Consulted Virginia Beach Police, Virginia Beach Department of Occupational Health, Virginia Beach City Counsel, Virginia Beach Chaplains, Tidewater Inter-faith Network, Virginia Beach City Management, Department of Behavioral Health for the Commonwealth of Virginia, and other stakeholders.

Complete list available upon request

Clinical Support, *Surfer's Healing of Virginia Beach*, Surf camp for those diagnosed with Autism Spectrum Disorder and their Families, Virginia Beach, Virginia (2011-Present, annually).

Support Staff Volunteer, *Remote Area Medical (RAM)*, Medical and psychological support to rural community members, Wise, Virginia (2016, July).

Clinical Lead Volunteer, *Out of Darkness – Community Walk*. Suicide awareness and prevention campaign, Virginia Beach, Virginia (2014-2015, annually)

Clinical Support and Volunteer, *Wounded Warriors: They will surf again event*, Virginia Beach, Virginia (2014-2019)

Volunteer/Host, *Anthem Blue Cross Blue Shield / Children's Hospital of the King's Daughter's Lemon'Aide Stand* to support the fight against cancer, Norfolk, Virginia (2013, August).

CONSULTATION ROLES

Member, Veteran and Military Behavioral Health Subcommittee. Hampton Roads Chamber of Commerce. Virginia Beach, Virginia (2021-Present)

Subject Matter Expert / Clinical Telemental Health Lead Consultant: Lighthouse Wellness App (Development of first national app-based 24-hour telemental health network exclusively for first responders), National Center for Prevention of Community Violence, (U.S. Justice Department Valor Grant / Motorola Solutions Foundation). (2020-current).

Lead Consultant, Roll Call: National faith-based devotional curriculum/spiritual support program for law enforcement officers. The Kipper Group. (2020-Present)

Member, Advisory Board, Virginia Strong Victim's Support non-profit, Virginia Beach, Virginia. (2020-2023)

Consultant/Subject Matter Expert (Mental Health / Violence), The 700 Club / CBN News. Virginia Beach, Virginia. (2019-Present)

Volunteer, Mental Health and Wellness Coordinator, Wave Leadership College, Wave Church, Virginia Beach, Virginia. (2019-Present)

Volunteer and Coordinator, Mental Health Intervention and Wellness Support with the Wave Church Network (7 campuses). (2018-Present)

Executive Team Member / Clinical Consultant, Ambulator Care Clinic student led PACER Interprofessional Clinic (in association with Eastern Virginia Medical School and Old Dominion University faculty), Norfolk, Virginia (2015-2018)

GRANTS

- National Advisory Board Team Member**, Lighthouse Wellness App (\$500,000). U.S. Justice Department Valor Grant awarded to National Center for Prevention of Community Violence (2021-2023).
- Grant Officer / Subject Matter Expert/Team Member**, Optimizing Populations through Enhanced Academic-Practice Partnership. HRSA-17-067 Advanced Nursing Education Work Force “ANEW” grant (\$684,489). Opioid treatment education through telehealth (Project ECHO) for rural community Advance Practice Nurses (2017-2019).
- Executive Team Member**, TEACH Grant, representing Regent University as a provider of Clinical Supervision for student counselors and Student Counselors at student-led clinics providing interprofessional and free clinics within the community (2017).

PUBLICATIONS

Peer-Reviewed Book Chapters

- Holland, D., & Holland, J.** (2024). *Addressing What's Wrong with What's Strong*. In C. Williams and T. Hourihan, Addictions Counseling: Body, Soul and Spirit. San Diego: Cognella Academic.
- Nelson, J., & Holland, D.** (2021). *Active Shooter Lockdown Practice*. In J. Nelson, & L. Wines, Responding to Critical Cases in School Counseling: Building on Theory, Standards, and Experience for Optimal Interventions (pages 209-215). New York, NY: Routledge.
- Holland, D., & Holland, J.** (2021). *A School Shooting*. In J. Nelson, & L. Wines, Responding to Critical Cases in School Counseling: Building on Theory, Standards, and Experience for Optimal Interventions (pages 216-223). New York, NY: Routledge.

Other Books/Booklets/Book Chapters

- Holland, D.** (2010). You are here: a straight-shooting guide to mapping your future. Colorado Springs, CO: Waterbrook Press. ISBN: 9780307499301
- Holland, D.** (2010). Reaching teens in their natural habitat: a field guide for savvy parents -ebook. Colorado Springs, CO: Waterbrook Press. ISBN: 9780307499714
- Holland, D.** (2008). *You are here: a straight-shooting guide to mapping your future*. (YWAM Publishing Seoul, Korea, Trans.) KCBS Literary Agency: Seoul, Korea. (Original work published 2007). ISBN: 978-89-5536-293-0
- Holland, D.** (2007). You are here: a straight-shooting guide to mapping your future. Colorado Springs, CO: Waterbrook Press. ISBN: 978-4000-7203-3
- Holland, D.** (2006). Reaching teens in their natural habitat: a field guide for savvy parents. Colorado Springs, CO: Waterbrook Press. ISBN: 9781400072026

Peer-Reviewed Journals Articles

- Quarantra-Leech, A., Zaporozhetes, O., Holland, D., & Jarero, I.** (in press). EMDR-IGTP-OTS-R for Reduction of Trauma Symptomology in Ukraine. *Journal of EMDR*.
- Kansiewicz, K.*, Sells, J., Holland, D., Lichi, D. & Newmeyer, M.** (2022). Well-being and help-seeking among Assemblies of God ministers in the United States. *Journal of Religion & Health*. DOI: 10.1007/s10943-021-01488-z
- Holland, D., Newmeyer, M., Holland, J., & Quaranta-Leech, A.*** (2021). Tarasoff vs threat: Considerations for mental health providers navigating legal, ethical, and practical variables associated with preventing mass acts of violence. *International Journal of Emergency Mental Health and Human Resilience*, 23(6), 86-92. DOI: 10.4172/1522-4821.1000477
- Holland, D., Moe, J., Schweitzer, A., Pribish, S., & Franklin, J.** (2021). Counselors' perceptions of their preparedness for telemental health services: A phenomenological examination. *Telemedicine Reports*, 2(1), 1-7. DOI: 10.1089/tmr.2021.0011

Other Professional Journals and Manuals

- Holland, D. (2016). Dissertation: Counselors' perceived preparedness for technology-mediated distance counseling: A phenomenological Examination. Old Dominion University. Norfolk, Virginia. <https://doi.org/10.25777/9m8h-gn42>
- Institute for Police Technology and Management (2004). *Kids and Khemicals: A Guide for Professionals*. Jacksonville, FL: Daniel Holland.
- Virginia Department of Education (2005). *Conducting Emergency Drill Guide for School Administrators*. Richmond, VA: Daniel Holland
- Virginia Center for Safe Schools (2000). The North American Teenager In Its Natural Habitat: A Guide for School Resource Officers. Department of Criminal Justice Services Basic SRO Training. Richmond, VA: Daniel Holland.

TRAININGS, HONORS AND AWARDS

CEU Specific Training (2022-2025)

Additional Training

- *Psychiatry in 2024*, Harvard Medical School (2024)
- General Psychiatric Management of Borderline Personality Disorder, Harvard Medical School (2021)
- Training for Board Certification in Telemental Health

Complete List Available Upon Request

Awards

- Regent University "Excellence in Service" Award (March 2020).
- Outstanding Graduate Counseling Student, CAPS Award (2011)
- Graduate Student of the Year, Regent University VSCA (2011)