

DENISE R. FRIEDMAN, PHD

Associate Professor
Regent University

EDUCATION

Ph.D., Spring 2006, Virginia Polytechnic Institute and State University

Program: Developmental and Biological Psychology

Dissertation: *Cognitive development in late childhood: An examination of working memory and inhibitory control*

Mentor: Martha Ann Bell, Ph.D.

M.S., Spring 2004, Virginia Polytechnic Institute and State University

Program: Psychological Sciences

Thesis: *Individual differences in spatial memory performance at 12 months of age: Contributions from walking experience and brain electrical activity*

Mentor: Martha Ann Bell, Ph.D.

B.S., Fall 2001, Averett University, *Summa Cum Laude*

Major: Psychology

AREAS OF SPECIALIZATION

Developmental Cognitive Neuroscience, Scholarship of Teaching and Learning, Curriculum Development, Emerging Adulthood, Survey Development, Cyberpsychology, Child Development, EEG, Frontal Lobe Development, Working Memory and Inhibitory Control, Executive Attention, Home Visiting, Consulting, Poverty, Child Health, Executive Function, Work-Life Balance

RELEVANT WORK EXPERIENCE

2020-present: Associate Professor, PsyD in Clinical Psychology, Regent University

Teach research and science-content courses in the PsyD program and contribute to other programs at the masters and undergraduate level as needed. Serve on departmental, school, and university committees. Run a wellbeing research lab.

Jan 2020-May 2020: Adjunct Professor, Psychology, Regent University

Taught two courses for the Psychology department in the College of Arts & Sciences. Worked with undergraduates on research.

- Taught biological psychology online.
- Taught data analysis.
- Worked with 5 students on manuscript preparation.

2018-2019: Associate Professor, Psychology, Hampton University

Taught upper-level research courses, cyberpsychology, development, biological psychology, advanced research methods and introductory psychology. Served on departmental, college, and university committees. Ran a cyberpsychology and Scholarship of Teaching and Learning (SoTL) research lab.

- Received teaching evaluations in upper quartile.
- Ran a team of 10+ graduate and undergraduates.
- Served on committees (Research Committee, Equestrian Task Force).
- Collaborated with external organizations on research and service, including United Way, the local VA hospital, and the local Americian Foundation for Suicide Prevention.
- Advised Psi Chi honor students.
- Advised Psychology Club students.
- Helped write departmental curricular redesign to align with APA 2.0 guidelines.
- Advised junior psychology majors.

2017-2018: Program Manager for Adaptive Brain and Behavior Destination Area (ABB), Virginia Tech

Worked with the Provost Office, destination area stakeholders, deans, department heads, and grassroots faculty to establish Adaptive Brain and Behavior as a destination area at VT.

- Coordinated implementation of destination area.
- Collected and analyzed pertinent data, including survey development and qualitative analysis.
- Wrote audience specific reports (deans, stakeholders, departments, grassroots constituents, industry partners, external consultants, senior administrative personnel).
- Effectively communicated destination area initiatives internally and externally.
- Ensured compliance with Provost guidelines and deadlines.
- Managed, organized, and led stakeholder meetings, workshops, conferences, curriculum meetings, research meetings.
- Developed summary documents related to curricular plans, cluster hiring, research foci.
- Worked with other destination and strategic growth area program managers to facilitate transdisciplinary work.
- Provided framework for establishing, implementing, and evaluating cross-cutting, multi-function initiatives.
- Recommended course of action for problems which are not covered by standard practices.
- Reported to stakeholders and Vice Provost for Learning Systems Innovation and Effectiveness.
- Served as primary contact for and facilitator of collaborative work across destination and strategic growth areas program manager, college deans, institute directors, department head, industry leaders, communication specialists, center directors, faculty, and graduate students.
- Served to sustain morale and mediate communication challenges.
- Worked with University Relations and various consultants to develop marketing/promotional materials.
- Work with Graduate School to develop an IGEP or ABB certificate.
- Worked with Center for Teaching and Learning to develop undergraduate ABB minor (to be launched Fall 2019).
- Worked with Undergraduate Academic Affairs to establish appropriate experiential opportunities.
- Expanded community networks to allow for greater and higher quality experiential learning.

- Worked with Hokie Wellness, Cook Counseling, and others on Wellness Living-Learning Community (to be launched Fall 2019).
- Worked with InclusiveVT to highlight and encourage research in and on diverse and underrepresented individuals with a specific emphasis on equity in the human condition.
- Presented briefings and/or presentations as required.
- Oversaw Request for Concepts, awarding \$130K to 9 transdisciplinary research teams this AY.
- Secured curricular partners to develop and teach in a minor suitable for the general education.
- Awarded \$30K+ in professional development funds to faculty, staff, and student ABB affiliates.
- Hosted an internal networking conference, reaching over 100 unique individuals.
- Grew primary stakeholder group (renowned researchers) by almost 50%.
- Grew ABB affiliates by 200% (325+ affiliates). Affiliates represent all 9 colleges, 3 campuses, all institutes, and over 5- unique departments.
- Managed \$250K budget.
- Secured new hires in Animal and Poultry Science, Sociology, Biomedical Engineering and Mechanics,
- Work with Research and Innovation to identify and encouraged application for competitive funding in transdisciplinary spaces.
- Analyzed financial and budgetary program data/interrelationships, and coordinated the preparation of accurate and reasonable plans and proposal.

2016-2020: Faculty, Basic Science Education, Virginia Tech Carilion School of Medicine and Research Institute

Serve in faculty appointment, engaging in various research, teaching, and service roles.

- Supervise medical students on research projects.
- Teach occasional modules (e.g., scientific integrity).
- Evaluate medical student research presentations.
- Serve as elected representative on Medical Student Performance and Promotion Committee (MSPPC).

2016-2017: Research & Evaluation Director, CHIP of Roanoke Valley

Led initiative to become an evidence-based home visiting program. Assessed effectiveness of current protocol and assessment. Worked with staff across all departments. Participated in management team and board of director meetings. Supervised medical students, interns, and quality assurance staff. Reported to the CEO.

- Revised protocol referral system at hospitals, thus far gaining a 30% enrollment increase.
- Extended protocol to cover children through Kindergarten, addressing an age-based service gap for 90%+ of children served.
- Presented 6 conference presentations.
- Drafted two manuscripts (under review by co-authors).
- Submitted 5 external grants.
- Reinstated the research and evaluation committee (board of visitor members) and developed a research workgroup (subject matter experts from various disciplines).
- Collaborated with legal to update Memorandum of Agreements (MOA's) and Memorandum of Understandings (MOU's), research agreements and practices.

- Used professional knowledge of disciplinary research and related disciplines to design, develop and adapt scientific methods and techniques to analyze management problems and procedures.
- Established collaborations with non-profits, educational institutions, hospitals, insurance providers, school systems and others to advance mission.
- Helped translate research into social media blurbs.

2013-2016: Psychology Department Chair, Roanoke College

Oversaw 200+ majors/minors in psychology, human development, and neuroscience while managing 11 faculty/staff direct reports. Managed departmental budget. Wrote strategic plan. Trained new faculty. Reported to Dean of the College/Academic Affairs VP.

- Coordinated theory and data-based curriculum overhaul based on APA standards.
- Increased student involvement in national research presentations by 65% and in publications by 85%.
- Increased external funding of students and faculty from 0 to 11 awards.
- Managed budget of \$30K.
- Used social media (i.e., WordPress blog, LinkedIn, Facebook) to publicize departmental achievements, engaging ~100+ individuals/post.
- Assessed program effectiveness through knowledge tests, reflection (pilot), and focus groups, with initial results indicating growth in knowledge domains from 25% to 50% over time.
- Developed, coordinated, and recommended plans to ensure existing curricula met SACs standards.
- Participated in development of evaluation on courses and used information collected to recommend modification or revision to curriculum for specific target audiences.

2012-2013: Pedagogical Development Director* *Stepped down to serve as department chair mid-year.*

Led faculty development programming to advance evidence-based teaching and supported scholarship of teaching and learning (SOTL) efforts.

- Organized and executed faculty development around curriculum.
- Led revision of curricular assessment efforts.
- Developed optional peer teaching evaluation opportunities.
- Invited guest speakers.
- Ran SOTL groups.
- Developed guidelines for evaluating SOTL work in the tenure and promotion process.
- Vetted and made available SOTL work based on faculty interests.
- Led teaching workshops designed to support general education efforts.

2007-2016: Assistant/Associate Professor, Roanoke College

Taught work-life balance, women's issues, cyberpsychology, research methods/seminar, quantitative/social science methods, developmental psychology, neuroscience courses. Conducted / published research in cyberpsychology, scholarship of teaching and learning (SOTL), developmental cognitive neuroscience, mindfulness, and emerging adulthood. Served on committees as elected.

- Consistently received teaching evaluations in upper quartile.
- Ran a team of 15+ undergraduates, resulting in numerous conference presentations and approximately 1 publication annually, and 100% graduate school acceptance for undergraduates.

- Published with 10 undergraduates in peer-reviewed journals and presented with 67+ undergraduates at peer-reviewed conferences.
- Served on committees determining tenure and promotion for faculty, developing SACS- compliant programs, making internal research funding decisions, and determining ethics in research proposals (IRB).

2006-2007: Assistant Professor, Shippensburg University

Taught psychology courses, conducted research, participated in college service

CONSULTANT WORK

2019-present: Consultant, YourSeat

Assist with development of training modules to aid technologically based assessment of collaboration between Virginia Social Services and local non-profits in Montgomery County.

- Provide operational knowledge of developmentally appropriate actions, family systems, and non-profit operations.
- Review platform and assessment and provide user feedback.
- Suggest changes and considerations based on expertise.

2017-present: Independent Research Consultant, Child Health Investment Partnership of Roanoke Valley

Work to establish organization as evidence-based.

- Conduct secondary analysis of case management data.
- Submit conference presentations.
- Provide reports for the Board of Visitors.
- Develop research projects in collaboration with community partners, researchers at various higher education institutions, and managed care organizations.
- Prepare manuscripts.
- Write grants.
- Serve as representative on School Study project with Roanoke City lead scientists, Drs. Craig and Sharon Ramey.

2015-2017: Research Analyst, Zentangle, Inc.

Designed series of studies to examine efficacy of Zentangle (mindfulness) method.

- Analyze and report findings to Zentangle management using graphics.
- Completed study with emerging adults in stressful situation. Analyzing results.
- Recruiting participants for study two on senior citizens.

2014-2017: Executive Member, Psi Chi International Psychology Honor Society

Served as SouthEastern representative and Research Advisory Committee member. Reviewed awards/grants for faculty and staff, raised resource awareness for members and worked with external organizations to gain access to tools/data/collaborators.

- Developing a special issue of the Psi Chi journal on replication science and an experts database for members.
- Helping design standardized rubrics for assessment for travel, research, and scholarship grants.

2015-2016: Curriculum Development Developer, BISSWVA

Wrote best practices curriculum, based on empirical literature, for telehealth program to serve veterans with traumatic brain injury (TBI).

- Delivered 100+ page curriculum and activities for participants and facilitator to be pilot tested on 20 veterans.

2013-2015: Research Design & Assessment Consultant, Goodwill Industries

Assisted Grants Director in development of research design and assessment for external funding.

- Provided design and assessment for two federal grant applications.

2011-present: Academic Journal Reviewer

Review manuscripts submitted to peer-reviewed journals on topics ranging from development and neuroscience to technology and poverty.

- Assess effectiveness of premise, methodological design, analyses conducted, and conclusions drawn.
- Submit feedback within 2-4 weeks and on revisions as needed.

2007-present: Professional Development Speaker

Conduct workshops, symposia, panels, and lectures on SOTL, cyberpsychology, mindfulness, succession planning, strengths-based leadership, conflict in the workplace, etc. Events range from academic to industry events.

- Provide training at level appropriate for attendees, ranging from 10-250.

PUBLICATIONS (* indicates undergraduate co-author)

Joyce, A.W., **Friedman, D.R.**, Wolfe, C.D., & Bell, M.A. (2017). Executive attention at 8 years: Concurrent and longitudinal predictors and individual differences. *Infant and Child Development*, e2006.

Hudson, M.B.*, Nicolas, S.C.*, Howser, M.E.*, Lipsett, K.E.*, Robinson, I.W.*, Pope, L.J.*, Hobby, A.F.*, & **Friedman, D.R.** (2015). Examining how gender and emoticons influence Facebook jealousy. *Cyberpsychology, Behavior, and Social Networking*, 18(2), 87-92.

Gladfelter, J.* & **Friedman, D.R.** (2014). Texting during homework: The Millennial generation's ability to thrive despite constant technological interruptions. *Journal of Psychology and Behavioral Science*, 2(3&4), 39-50.

Corbetta, D., Bell, M.A., & **Friedman, D.R.** (2014). Lateralization and cognitive systems. In S. Ocklenburg, C. Beste, O. Gunturkun, & M. Hirnstein (Eds.), *Frontiers in Psychology: Cognition*, 5:245, 1-10.

- Roberts, A.* & **Friedman, D.R.** (2013). The impact of teacher immediacy on student participation: An objective cross-disciplinary examination. *International Journal of Teaching and Learning in Higher Education*, 25(1), 38-46.
- Adkins, D.R.** & Lyon, J.S. (2012). Promoting research to the masses: Assessing the impact of a poster walk. *The International Journal for the Scholarship of Teaching and Learning*, 6(2).
- Bell, M.A., **Greene, D.R.**, & Wolfe, C.D. (2010). Psychobiological mechanisms of cognition emotion integration in early development. In S.D. Calkins & M.A. Bell (Eds.), *Child development at the intersection of emotion and cognition* (pp. 115-132). Washington, DC: American Psychological Association.
- Donohoe, J.*. & **Greene, D.R.** (2009). Social Relationships mediate the relation between emotional intelligence and meaning in life. *Psi Chi*, 14(2), 59-64.
- Bell, M.A., Wolfe, C.D., & **Adkins, D.R.** (2007). Frontal lobe development during infancy and early childhood. In D. Coch, K.W. Fischer, & G. Dawson (Eds.), *Human behavior, learning, and the developing brain* (2nd ed): Typical development. New York: Guilford.
- Adkins, D.R.** (2003). Introduction to Development. In P.K. Lehman, C. Dula, J.W. Finney (Eds.), *Introductory Psychology Recitation Reader* (pp. 139-140). Boston, MA: McGraw Hill.

MANUSCRIPTS UNDER REVIEW:

- Friedman, D.R.**, Yoke, C. *, & Dorrance, S.R.* (under revision). Planned time away from technology: Exploring the benefits for college students' well-being.
- Gladfelter, J.*, Kohlhaas, P.*, McLawhorn, T., & **Friedman, D.R.** (under revision). Examining technological expectations for millennials in the workplace: What bosses report.
- Friedman, D.R.**, Plouff, B.*. McKnight, M.*, Dulaney, C.*, Taylor, A.*, & Schwarcz, L.* (under review). Examining the role of teacher immediacy in offsetting cell phone interruptions in the college classroom.
- Friedman, D.R.**, Slater, M.*, Munro, S.*, Johns, A.*, Powell, C.* (under review). How lecture style and testing format effect student academic performance at a liberal arts institution.
- Gladfelter, J.* & **Friedman, D.R.** (under review). Does texting during homework harm learning?: Exploring the effects of note-taking and techno-interruptions on a homework task.
- Foster, M.*, Grimes, L.*, Khosla, C.*, & Holcomb, P.* & **Friedman, D.R.** (under review). How professor gender impacts perceived professionalism by students: An examination of various social networking sites.

MANUSCRIPTS IN PROGRESS (note listed manuscripts have been drafted):

- Friedman, D.R.**, Roberts, A.*, McKnight, M.* (in preparation). Investigating teacher immediacy and student notetaking as techniques for promoting cognitive learning.
- Cook, C.* & **Friedman, D.R.** (in preparation). Does notetaking strategy vary with reading medium to impact reading comprehension?
- Holt, K.* & **Friedman, D.R.** (in preparation). Can teacher immediacy offset the effect of various forms of cell phone interruptions on learning?

- Friedman, D.**, Haldiman, R., Brickhouse, T., Puryear, E. (in preparation). Differential participation in dental services predicted by ethnicity in an impoverished early childhood sample.
- Foster, M.* & **Friedman, D.R.** (under review). Approval from others mediates the relationship between emotionality and Facebook-contingent self-esteem.
- Friedman, D.**, Vaughn, S.*, Evarts, D.*, Hobby, A.*, & Yoke, C.*. Will you swipe left or right?: An examination of factors influencing attractiveness and short-term mating behaviors on Tinder.
- Wright, B.* & **Friedman, D.R.** (in preparation). Political candidate presentation via social networking platforms: How self-monitoring and homophily influence the electorate response.
- Miesen, C.* & **Friedman, D.R.** (in preparation). Empirically examining offline jealousy evoking situations' translation to Facebook.
- Friedman, D.R.**, Miesen, C.M.*, Woods, J.*, Williams, A.*, & Seeyle, J.* (in preparation). Understanding Facebook jealousy: The effects of message accessibility and content.
- Foster, M.* & **Friedman, D.R.** (in preparation). Facebook contingent self-esteem: Validation of a measure.
- Friedman, D.R.**, Powell, D.N., & Armstrong, S. (in preparation). Exploring Zentangle as a stress-reducing mechanism in college students.

CONFERENCE PRESENTATIONS

PAPER PRESENTATIONS:

- Friedman, D., Tramell, N.*, Borrelli, G.*, Thomason, L.*, & Beckwith, M.* (2016, February). How professor ethnicity and email tone impact student emotionality: Possible insight into classroom bias. Research session accepted at the Conference on Higher Education in Pedagogy, Blacksburg, VA.
- Powell, D., Freedman, G. & Friedman, D. (2016, January). Revitalizing zombified student groups. Participant Idea Exchange presented at the National Institute on the Teaching of Psychology. St. Pete Beach, FL.
- Friedman, D.R., Gladfelter, J.*, Dorrance, S.*, Wright, B.*, Miesen, C.A.*, Roberts, A.*, McKnight, M.*, Holt, K.*, Yoke, C.*, Hobby, A.*, Hudson, M.*, & Nicolas, S.* (2015, May). Recognizing the rewards and challenges of EA technology use and responding effectively. In D.R. Friedman (*Chair*), Technology use in emerging adulthood: Examining the pros and cons. Symposium presented at Association for Psychological Science. New York City, NY.
- Gladfelter, J.A.*, Friedman, D.R., Yoke, C.*, Boudrye, J.*, Holt, K.*, Slater, M.*, Cook, C.*, McKnight-Forbes, M.*, Galluch, P., Donohue, N.*, Munro, S.*, Dulaney, C.*, Schwarcz, L.*, Taylor, A.*, Bramhall, T.*, Gueye, A.*, Johns, A.*, Powell, C.*, & Schwabe, L.* (2015, May). Understanding the impact of technology use on academic performance in emerging adults. In D.R. Friedman (*Chair*), Technology use in emerging adulthood: Examining the pros and cons. Symposium presented at Association for Psychological Science. New York City, NY.

- Friedman, D.R. & Gladfelter, J.* (2015, May). Teaching & learning in the research lab: Engaging students via first-hand experience. Interactive session presented at the UVA Pedagogy Summit in Charlottesville, VA.
- Gettman, H., Sipe, M., Friedman, D.R., Ramesh, A., & Lyon, J. (2015, April). I-O Women IGNITE: Stories of mid-career challenges and opportunities. IGNITE Panel Session presented at Society for Industrial and Organizational Psychology in Philadelphia, PA.
- Powell, D. & Friedman, D.R. (2015, March). Tacking primary literature in lower-level classes with creative projects. Workshop presented at the Developmental Science Teaching Institute at the Society for Research Development, Philadelphia, PA.
- Corbetta, D. Friedman, D.R., & Bell, M.A. (2015, March). Cortical reorganization as a function of walking experience in 12 month old infants. In T. Wilcox & J. Spencer (*Chairs*), Common principles of cortical reorganization in early development. Symposium presented at Society for Research Development, Philadelphia, PA.
- Friedman, D.R. (2015, January). Classroom cell phone conduct: Making it work for everyone. Teaching Slam presentation presented at the National Institute on the Teaching of Psychology, St. Petersburg, FL.
- Friedman, D.R., Holt, K.*, Miesen, C.*, McKnight, M.*, & Roberts, A.* (2014, August). Battling cell phones for student attention: Examining the role of teacher immediacy across contexts. Paper to be presented at the American Psychological Association in Washington, DC.
- Friedman, D.R. & Lyon, J.S. (2014, February). Video storytelling as an engaging alternative to the traditional paper. Practice session presented at the Conference on Higher Education in Pedagogy, Blacksburg, VA.
- Holt, K.*, Dulaney, C.*, Menezes, A.*, Schwarcz, L.*, & Friedman, D.R. (2012, October). Effects of teaching style and cell phone interruptions on learning. Presentation at Mid-Atlantic Regional Conference for Undergraduate Studies in Sweet Briar, VA.
- Newman, A.*, & Adkins, D. (2011, October). Intimacy and texting behaviors. Presentation at Mid-Atlantic Regional Conference for Undergraduate Studies in Sweet Briar, VA.
- Schwabe, L*. Boudrye, J.*, Adkins, D., & Galluch, P. (2011, October). Smartphone usage in college students: Implications and impact. Presentation at Mid-Atlantic Regional Conference for Undergraduate Studies in Sweet Briar, VA.
- Schwabe, L.*, Boudrye, J.*, Adkins, D., & Galluch, P. (2011, April). Smartphone usage in college students: Does it help or hurt coursework? Presentation at MADRUSH Conference in Harrisonburg, VA.
- Boudrye, J.* & Greene, D.R. (2010, October). An examination of technology use in college students: The correlates of reserved quiet time. Presentation at the MARCUS Conference in Sweet Briar, VA.
- Greene, D.R. & Lyon, J.S. (2010, March). Promoting research to the masses by collaborating across disciplines. Presentation at SoTL Commons in Statesboro, GA.
- Greene, D., Hanstedt, P., Marsh, G., & Ramesh, M. (2009, March). This is your brain on writing: James Zull's *The Art of Changing the Brain*, the biology of learning and why writing teachers should care. Presentation at Conference on College Composition and Communication (CCCC) in San Francisco, CA.

- Wolfe, C.D., Greene, D.R., & Bell, M.A. (2009, April). Predicting 8-year-old cognitive ability from 8-month and 4-year measures of cognition, temperament, and electrophysiology. In K. Perez-Edgar (Chair), *Developmental neuroscience approaches to studying the relation between cognition and emotion*. Symposium paper presented at Society for Research in Child Development, Denver, CO.
- Adkins, D.R. (2005, November). A brain-behavior investigation of attention in middle childhood. NIH travel awardee oral presentation given at International Society for Developmental Psychobiology. Washington, D.C.

INVITED PRESENTATIONS:

- Friedman, D.R. (2015, September). Managing the multi-generational workforce: How mindfulness, company culture, and strengths assessment can provide the basis for successful succession planning. Invited concurrent session presented at the MSI Partners in Global Talent Mobility Executive Forum, Hot Springs, VA.
- Friedman, D.R. & Lyon, J.S. (2015, February). Using video storytelling as an engaging alternative to the traditional paper. Invited preconference workshop presented at the Conference on Higher Education in Pedagogy, Blacksburg, VA.
- Friedman, D.R. (2014, September). Psychology behind the generation gap. Invited presentation at Western Virginia Workforce Development Board's Business Summit/Awards Event. Salem, VA.
- Friedman, D.R. (2014, August). Establishing a successful program for retaining young professionals in the Roanoke area. Invited talk for Roanoke City Young Professionals Group. Roanoke City Manager's Office, Roanoke, VA.
- Friedman, D.R. (2014, March). Managing the multi-generational workplace. Invited talk for The Management Institute, Roanoke College. Salem, VA.
- Lyon, J.S. & Friedman, D.R. (2013, March). The leader as facilitator and negotiator.. Invited talk for The Management Institute, Roanoke College. Salem, VA.
- Lyon, J.S. & Friedman, D.R. (2012, March). The leader as facilitator and negotiator.. Invited talk for The Management Institute, Roanoke College. Salem, VA.
- Lyon, J.S. & Friedman, D.R. (2011, March). The leader as facilitator and negotiator.. Invited talk for The Management Institute, Roanoke College. Salem, VA.

POSTER PRESENTATIONS: ([†]denotes VTCSOM student co-author)

- Patel, S.[†], Haldiman, R., & Friedman, D.R. (2017, October). Examining the effects of maternal depression on developmental outcomes for at risk preschool age children. Poster to be presented at the Society for Developmental and Behavioral Pediatrics, Cleveland, OH.
- Friedman, D., Haldiman, R. & Lincoln, J. (2017, April). Understanding how quantity and type of risk factors influence school outcomes for impoverished children. Poster at the Society for Research in Child Development. Austin, TX.
- Friedman, D., Haldiman, R. & Howell, B.* (2017, April). In-home education enhance shaken baby syndrome knowledge in high-risk parents. Poster presented at the Society for Research in Child Development. Austin, TX.

- Destro, L., Friedman, D., Haldiman, R. & Howell, B.* (2017, April). Parent satisfaction and child success: An assessment of client/provider rapport-building in a school-readiness intervention program Poster presented at the Society for Research in Child Development. Austin, TX.
- Puryear, E., Brickhouse, T., Haldiman, R., & Friedman, D. (2017, April). Effects of social determinants on oral health care participation. Poster presented at the Society for Research in Child Development. Austin, TX.
- Friedman, D., Lincoln, J., Ramey, C., Ackley, E., & Haldiman, R. (2016, September). Examining the impact of asthma in school aged children: Can an early childhood intervention program place impoverished children on a level playing field with their more advantaged peers? Poster presented at the Society for Developmental and Behavioral Pediatrics. Savannah, GA.
- Gladfelter, J.* & Friedman, D. (2016, March). Texting during homework: Impacts on reading and writing. Poster presented at the Society for Research on Adolescence. Baltimore, MD.
- Foster, M.*, Yoke, C.*, Scott, M.*, & Friedman, D. (2016, March). Approval from others mediates the relationship between emotionality and Facebook-contingent self-esteem. Poster presented at the Society for Research on Adolescence. Baltimore, MD.
- Yoke, C.*, Dorrance, S.*, & Friedman, D. (2016, March). Depression and digital natives: An examination of time away from technology. Poster presented at the Society for Research on Adolescence. Baltimore, MD.
- Dorrance, S.*, Yoke, C.*, & Friedman, D.R. (2015, May). Time out: Examining benefits for emerging adults across contexts. Poster presented at the Association for Psychological Science, New York City, NY.
- Foster, M.* & Friedman, D.R. (2015, May). Facebook contingent self-esteem: What is it? What predicts it? How does it impact emerging adults? Poster presented at the Association for Psychological Science, New York City, NY.
- Gladfelter, J.* & Friedman, D.R. (2015, May). Techno-interruptions: Are emerging adults adapting? Poster presented at the Association for Psychological Science, New York City, NY.
- Grossheim, T.* & Friedman, D.R. (2015, May). Video game violence: Have we really said all there is to say? Poster presented at the Association for Psychological Science, New York City, NY.
- Gladfelter, J.*, Kohlhaas, P.*, Greene, K.*, Carleno, J.*, Charest, K.*, Christopher, S.*, Ciskowski, E.*, Coles, W.*, Flynn, A.*, Johnson, J.*, Lachapelle, A.*, Merrill, T.*, Nicolas, J.*, Pritts, J.*, Shannon, A.*, Sichelstiel, K.*, VanBuren, E.*, McLawhorn, T., & Friedman, D.R. (2015, May). What a boss wants: Examining technological expectations for millennials in the workplace. Poster presented at the Association for Psychological Science, New York City, NY.
- Friedman, D.R., McQueen, E.*, & Grossheim, T.* (2015, May). Classroom cell phone conduct: Research-based suggestions for success. Poster presented at the Association for Psychological Science, New York City, NY.
- Friedman, D.R., Hobby, A.*, McQueen, E.*, Grossheim, T.* (2015, May). Emoticon interpretations and use: A descriptive examination of SNS type by gender. Poster presented at the Association for Psychological Science, New York City, NY.
- Foster, M.*, Grimes, L.*, Khosla, C.*, & Holcomb, P.* & Friedman, D.R. (2015, May). How professor gender and social networking site type effect student perceptions of educator

- professionalism. Poster presented at the Association for Psychological Science, New York City, NY.
- Slater, M.*, Munro, S.*, Johns, A.*, Powell, C.*, & Friedman, D.R. (2015, May). Traditional or New-Aged?: The effects of lecture style and testing format on student academic performance at a liberal arts institution. Poster presented at the Association for Psychological Science, New York City, NY.
- Yoke, C.*, Henold, M., & Friedman, D.R. (2015, May). Take 30 Seconds: Examining an in-class reflection activity. Poster presented at the Association for Psychological Science, New York City, NY.
- Friedman, D.R. & Cook, C.* (2014, August). Reading medium and note-taking methods matter for reading comprehension. Poster presented at the American Psychological Association in Washington, DC.
- Gladfelter, J.* & Friedman, D.R. (2014, August). Texting during homework: Does it really hamper learning? Poster presented at the American Psychological Association in Washington, DC.
- Hobby, A.*, Holt, K.*, & Friedman, D.R. (2014, August). Battling cell phone interruptions in the classroom: Can teacher immediacy behaviors help? Poster presented at the American Psychological Association in Washington, DC.
- McKnight, M.*, Roberts, A.*, & Friedman, D.R. (2014, August). Examining teacher immediacy and student note-taking as predictors of lecture retention. Poster presented at the American Psychological Association in Washington, DC.
- Miesen, C.* & Friedman, D.R. (2014, August). Do offline jealousy evoking situations translate to Facebook? Poster presented at the American Psychological Association in Washington, DC.
- Wright, B.* & Friedman, D.R. (2014, August). Engaging young adults via Facebook: How political candidates profiles may predict voting behavior. Poster presented at the American Psychological Association in Washington, DC.
- Friedman, D.R., McKnight, M.*, Dulaney, C.*, Taylor, A.*, & Schwarcz, L.* (2014, February). What teachers can do to stop cell phone interruptions from harming learning. Poster presented at the Conference on Higher Education in Blacksburg, VA.
- Bailey, J.*, Cook, C.*, Galluch, P., & Friedman, D. (2013, May). Understanding the effect of reading medium on comprehension. Poster presented at the Association for Psychological Science, Washington DC.
- Dorrance, S.* & Friedman, D. (2013, May). Achieving work-life balance through time away from technology: The impact of goal-setting. Poster presented at the Association for Psychological Science, Washington DC.
- Friedman, D. (2013, May). Lecture free zone: Can they do it on their own? Poster presented at the Association for Psychological Science Teaching Institute, Washington DC.
- Friedman, D., Dulaney, C.*, Menezes, A.*, & Schwarcz, L.* (2013, May). Examining the role of teacher immediacy in offsetting cell phone interruptions. Poster presented at the Association for Psychological Science, Washington DC.
- Galluch, P., Boudrye, J.*, Schwabe, L.*, & Friedman, D. (2013, May). Smartphone use: Does it help or hurt coursework? Poster presented at the Association for Psychological Science, Washington DC.

- Holt, K.* & Friedman, D. (2013, May). The effects of cell phone interruptions and teacher immediacy on learning. Poster presented at the Association for Psychological Science, Washington DC.
- Hudson, M.*, Nicolas, C.*, Howser, M.*, Lipsett, K.*, Pope, L.*, Robinson, I.*, & Friedman, D. (2013, May). Examining how gender and emoticons effect Facebook jealousy. Poster presented at the Association for Psychological Science, Washington DC.
- Lewis-Whitson, T.* & Friedman, D. (2013, May). Role of technology in the relationship between social anxiety and emotion recognition. Poster presented at the Association for Psychological Science, Washington DC.
- McKnight, M.*, Roberts, A.*, & Friedman, D. (2013, May). Examining the effects of teacher immediacy and student note taking on cognitive learning. Poster presented at the Association for Psychological Science, Washington DC.
- Newman, A.*, Gladfelter, J.*, & Friedman, D. (2013, May). Intimacy and texting: An examination of best friend relationships. Poster presented at the Association for Psychological Science, Washington DC.
- Gladfelter, J.*, Newman, A.*, & Friedman, D. (2012, October). An examination of texting in friendships. Presentation at Mid-Atlantic Regional Conference for Undergraduate Studies in Sweet Briar, VA.
- Wright, B.*, Hudson, M.*, Howser, M.*, Lipsett, K.*, Robinson, I.*, Pope, L.*, & Friedman, D. (2012, October). The effect of gender and Facebook induced jealousy in romantic relationships. Presentation at Mid-Atlantic Regional Conference for Undergraduate Studies in Sweet Briar, Virginia.
- Adkins, D. (2011, November). Are all Stroop tasks created equal?: EEG activation suggests not. Poster presented at the annual meeting of the Society for Neuroscience, Washington, D.C.
- Dillon, K.*, Huffman, S.*, & Adkins, D.R. (2011, October). Examining college students' perceptions of professors. Poster presented at the Mid-Atlantic Regional Conference for Undergraduate Studies in Sweet Briar, Virginia.
- Adkins, D. (2011, May). Using annotated bibliographies to enhance creative research-based writing assignments. Poster presented at the 23rd annual meeting of the Association of Psychological Science, Washington, DC.
- Boudrye, J.* & Adkins, D. (2011, May). Reserving quiet time predicts Face-to-Face cell phone manners with friends. Poster presented at the 23rd annual meeting of the Association of Psychological Science, Washington, DC.
- Roberts, A.* & Adkins, D. (2011, May). Using objective methodology to examine how teacher immediacy influences student participation. Poster presented at the 23rd annual meeting of the Association of Psychological Science, Washington, DC.
- Tripp, M.* & Adkins, D. (2011, May). Predicting interaction with Facebook friends: Examining personality, gender, and friendship strength. Poster presented at the 23rd annual meeting of the Association of Psychological Science, Washington, DC.
- Adkins, D., Wilson, L.*, & Bell, M.A. (2011, April). Examining working memory and inhibitory control in late childhood and adulthood. Poster presented at Society for Research in Child Development, Montreal, Canada.

- Bell, M.A., Raj, V., Greene, D.R., & Wolfe, C.D. (2009, October). Individual differences in executive attention at age 8. Poster presented at the International Conference on Developmental Psychobiology, Chicago, IL.
- Wolfe, C.D., Greene, D.R., & Bell, M.A. (2009, April). Associations Between Cognitive Processing and Shyness From 8-Months to 8-Years of Age. Poster presented at the Society for Research in Child Development, Denver, CO.
- Donohoe, J.* & Adkins, D.R. (2008, May). Social relationships mediate the relationship between emotional intelligence and meaning in life. Poster presented at the American Psychological Society, Chicago, IL.
- Donohoe, J.* & Adkins, D.R. (2008, March). Emotional intelligence and meaningful social relationships. Poster presented at the Eastern Psychological Association, Boston, MA.
- Wilson, L.*, Adkins, D.R., Wolfe, C.D., & Bell, M.A. (2006, April). Cognitive Development in childhood and adulthood: An examination of working memory and inhibitory control. Poster presented at the Virginia Tech Undergraduate Research and Prospective Graduate Student Conference, Blacksburg, VA.
- Adkins, D.R. & Bell, M.A. (2005, November). An investigation of attention in middle childhood. Poster presented at International Society for Developmental Psychobiology, Washington, D.C.
- Adkins, D.R. & Bell, M.A. (2005, August). Regulatory Processes and the Interactions between Emotion and Cognition. Poster presented at the American Psychological Association, Washington, D.C.
- Adkins, D.R., Clory, T.*, & Bell, M.A. (2005, April). Individual Differences in Spatial Memory at 12 Months of Age: Contributions from Walking Experience and Brain Electrical Activity. Poster presented at the Society for Research in Child Development, Atlanta, GA.
- Adkins, D.R., Clory, T.*, & Bell, M.A. (2004, May). Associations between locomotor experience and spatial search performance in 12-month-old infants. Poster presented at the International Conference on Infant Studies, Chicago, IL.

SELECT ACTIVE RESEARCH PROJECTS

- Understanding how implicit ethnic biases impact emotionality interpretations via email communication
- Time away from technology & reflection: How mindfulness impacts well-being (Courtney Yoke, Villanova; Jessica Dilworth & Arriek Douglas, Hampton University)
- Reducing depressive symptoms in digital natives (Sara Dorrance, University of Baltimore; Zhane Thomas-Hemingway, Hampton University)
- Cell phone interruptions in the college classroom: Is it all bad news? (Jessica Gladfelter, Virginia Tech; Jazmyn Colon-Johnson, Hampton University)
- Gender biases in the college classroom: How SNS use effects views of professor professionalism (Mackenzie Rhodes, Make-A-Wish Foundation; Caleesha Body, Hampton University)
- The role of self-selection in learning: Agency matters (Autumn Griffin, Hampton University)
- Enhancing Student Participation and Learning via Teacher Immediacy (Dr. Amy Roberts, Buffet Early Childhood Institute, University of Nebraska)
- Reading Medium Matters (Cindy Craig, VCU; Nailah Wright, Hampton University)

- How do risk and resilience factors differentially predict school performance in CHIP children? (Nikki Sood, VTCSOM; Shivani Patel, VTCSOM; Sahal Thahir, VTCSOM; Dr. Craig Ramey, VTCRI; Dr. Maria Stack-Hankey, VTCRI; Robin Haldiman, CHIP)
- Examining home visiting program service participation in relation to school performance (Dr. Craig Ramey, VTCRI; Dr. Maria Stack-Hankey, VTCRI; Dr. Nancy Crowell, Georgetown)
- Does home visiting support predict absenteeism and school performance for low-SES children with chronic asthma? (Dr. Craig Ramey, VTCRI; Robin Haldiman, CHIP)
- How does concurrent maternal depression at 48 months impact CHIP child outcomes? (Shivani Patel, VTCSOM; Robin Haldiman, CHIP)
- How does prenatal maternal depression impact child ASQ scores? (Nikki Sood, VTCSOM; Robin Haldiman, CHIP)
- Is dental caries reduced in low SES families who participate in CHIP? (Dr. Tegwyn Brickhouse, VCU/MCV; Robin Haldiman, CHIP)
- Social determinants of oral health outcomes in high-risk children (Dr. Tegwyn Brickhouse, VCU/MCV; Robin Haldiman, CHIP)
- Examining the impact of substance use, maternal depression, and parenting stress on noncompliance in CHIP (Dr. Kirby Deater-Deckard, University of Massachusetts- Amherst; Elizabeth Peacock-Chambers, MD, Boston University School of Medicine; Robin Haldiman, CHIP)
- SBS education: Effectiveness in underserved populations (Brooke Howell, Virginia Tech; Robin Haldiman, CHIP)
- Literacy in low-SES children: Does putting books in the hands of children predict reading performance? (Roanoke City Library; Turn the Page; Robin Haldiman, CHIP)
- Is there value in retaining children in a home visiting program through Kindergarten? (Dr. Lisa Earp, Roanoke College)
- Is rapport with the case worker related to compliance and retention in CHIP? (Dr. Lane Destro, UNC; Robin Haldiman, CHIP)
- What factors are related to postpartum visit completion? (Virginia Premier; Robin Haldiman, CHIP)
- What factors predict retention in CHIP? (Robin Haldiman, CHIP)
- Stress-reduction: Can Zentangle help? (Sacil Armstrong, My Creative Mischief)

SELECT MEDIA COVERAGE

- Friedman, D. (2015-present). Always more to learn: Living in the connected world. *Psychology Today* blog. Retrieved from: <https://www.psychologytoday.com/experts/denise-friedman>
- Agence France-Presse. (2015, August 26). Ashley Madison hack strikes fear in outed users. Retrieved from: <http://www.rappler.com/authorprofile/agence-france-presse>.
- Dick Jones Communication. (2015, March 19). Study: Emoticons make men more jealous than women. New research examines how gender and emoticons influence jealousy. In *Newswise*. Retrieved from: <http://www.newswise.com/articles/study-emoticons-make-men-more-jealous-than-women>.
- Toglia, M. (2015, March 20). Science says emoticons on Facebook make men more jealous than women, because a wink face clearly means you're cheating. In *Bustle*. Retrieved from:

<http://www.bustle.com/articles/70971-science-says-emoticons-on-facebook-make-men-more-jealous-than-women-because-a-winky-face-clearly>.

Associated Press. (2014, February 24). Why online quizzes are taking over your Facebook feed. In *New York Post*. Retrieved from: <http://nypost.com/2014/02/24/why-online-quizzes-are-taking-over-your-facebook-feed/>.

Rettner, R. (2013, July 5). High achievers more prone to jealousy on Facebook. In *LiveScience*. Retrieved from: <http://www.livescience.com/37988-facebook-jealousy-gpa.html>. (translated in 15+ languages)

Carter, E.P. (2012, February 24). Coffee shop talk boosts the brain. In *So Salem at the Roanoke Times*. Retrieved from: <http://blogs.roanoke.com/sosalem/2012/02/emily-paine-carter-coffee-shop-talks-offer-boost-for-the-brain/>

SUPERVISION OF MEDICAL STUDENT RESEARCH

Supervision of Medical Students at Virginia Tech Carilion School of Medicine

- Fall 2017-Fall 2018: Supervising Sahal Thahir, Nikki Sood, and Shivani Patel on a project entitled *Do risk and resilience factors differentially predict school performance in an impoverished sample?*
- Fall 2015-Fall 2018: Supervising Shivani Patel on a project entitled *Predicting preschool cognitive and social outcomes from maternal depression indices in an impoverished population*
- Summer 2015-Spring 2017: Supervising Nikki Sood on a project entitled *An analysis of the impact of maternal perinatal care compliance and risk factors on ASQ scores*

SUPERVISION OF UNDERGRADUATE EXPERIENCES

Supervision of Graduate and Undergraduate Student Employees

- Fall 2017-Spring 2018: Supervising Virginia Tech economics graduate student, Dongwoo Lee, who is aiding in curricular and research data collection and organization pertinent to the destination area
- Spring 2017-Spring 2018: Supervising Virginia Tech human development student, Brooke Howell, who aids in data collection and entry for the destination area
- Spring 2017-Summer 2017: Supervised Virginia Tech philosophy student, Steven Zaboji, who aided in curricular activities pertinent to the destination area

Supervision of Undergraduate Interns at Child Health Investment Partnership of Roanoke Valley

- Summer 2015-2016: Supervised human development CHIP intern and volunteer, Brooke Howell, from Virginia Tech who aided in data entry, social media efforts, conference preparation, file organization, and multiple research projects
- Spring 2015-present: Supervised Roanoke College research student and cyberpsychology lab manager, Courtney Yoke, who is aiding in preparation, revision, and submission of manuscripts
- Spring 2015: Supervised sociology intern, Michaela McDonald, from Roanoke College who aided on social media projects, input data, and conducted lit searches

SUPERVISION OF UNDERGRADUATE RESEARCH

- Supervision of Graduate and Undergraduate Research at Hampton University
 - Fall 2018-Spring 2019: Mentored graduate student, Deona White, for her masters project
 - Spring 2019: Oversaw honors student Autumn Griffin (JR) in assisting with manuscript preparation
 - Spring 2019: Mentored Jazmyn Colon-Johnson (JR) in applying for REU's and developing a cyberpsychology project
 - Spring 2019: Worked with Zhane Thomas-Hemingway (JR) on preparing a manuscript
 - Spring 2019: Mentored Filip Stevanovic (JR) in preparing a manuscript and developing a research project
 - Spring 2019: Oversaw David Burkholder (SR) on developing a research project
 - Spring 2019: Worked with Davonia Moore-Porter (SR) in preparing a Robert Wood Johnson Foundation Grant in collaboration with Dr. Demetris Geddis (HU) and Mr. Kevin Lyles (United Way)
 - Spring 2019: Mentored Jessica Dilworth (JR) and Arriek Douglas (JR) on conducting a replication of previous work and on preparing a manuscript
 - Spring 2019: Over saw Caleesha Body (JR) on developing a manuscript and preparing for the LSATs
 - Spring 2019: Worked with Nailah Wright (JR) on developing a research project and preparing a manuscript
 - Spring 2019: Oversaw Marain Rosario (JR) on cleaning and analyzing data and preparing a manuscript
 - Spring 2019: Worked with Kaitlin Gates (SR) on multiple research and class projects
- Supervision of Undergraduate Research at Roanoke College
 - Fall 2015: with honors in the major student, Alex Grant (SR), on a project to examine protective factors against cognitive decline in the aging population
 - Fall 2015: Worked with independent study and Pathways student, Courtney Yoke (JR), on conducting a project she developed this summer examining the impact of time away from technology and reflection on identity development
 - Fall 2015: Worked with independent study student, Nicole Tramell (SR), on a follow-up to her seminar project examining whether social desirability plays a role in political correctness behaviors in the classroom
 - Fall 2015: Worked with independent study (lit review) student, Abby Hobby (JR), on developing a project investigating Tinder
 - Fall 2015: Worked with independent study (lit review) student, Joanna Peders (SR), on an interdisciplinary project with Dr. Lee and his student examining free will on the internet

- Fall 2015: Worked with research practicum student, Stephanie Whitecross (JR), as she aides other students, runs studies, and prepares annotated bibliographies on women and power in the workplace
- Fall 2015: Worked with research practicum student, Sabrina McAllister (SO), as she aides other students, runs studies, and prepares annotated bibliographies on the WWP/BISSWVA project
- Fall 2015: Worked with research practicum student, Sophie Bolton (JR), as she aides other students, runs studies, and prepares annotated bibliographies on mindfulness
- Fall 2015: Worked with research practicum student, McKenzie Scott (SO), as she aides other students, runs studies, and prepares annotated bibliographies on mindfulness
- Fall 2015: Worked with research experience student, Courtney Yoke (JR), in her role as lab manager
- Fall 2015: Worked with research experience student, Emily McQueen (JR), as she assists me and Dr. Rearick in our work for the college on the Innovative Furniture project and helps assists lab members
- Fall 2015: Worked with research experience student, Delaney Russell (SR), as she assists me with preparing a proposal for a handbook and helping lab members
- Fall 2015: Worked with RWS student, Brittany Naumann (SO), in her efforts to assist with lab tasks
- Summer 2015: Worked with Courtney Yoke (SO), a summer scholar student and Psi Chi SRCD Research Grant recipient, to develop a project examining the impact of taking time away from technology on well-being in college students
- Spring 2015: Worked with Courtney Yoke (SO), a research practicum student, to complete data analysis for the 30 second pause project with Dr. Henold, to complete summer scholar, Psi Chi, and APA grant applications, to learn how to manage the lab for next year, and to develop the day/night project idea
- Spring 2015: Worked with Emily McQueen (SO), a research practicum student, on designing the innovative classroom project to be conducted at RC in Fall 2015
- Spring 2015: Worked with Caitlin Kholza (SR), a research practicum student, to collect literature on a variety of SoTL and cyberpsychology projects while aiding other students with manuscript preparation and data collection
- Spring 2015: Worked with Delaney Russell (JR), a research practicum student, to collect literature on a variety of SoTL and cyberpsychology projects while aiding other students with manuscript preparation and data collection
- Spring 2015: Worked with Sabrina McAllister (FR), a research experience student, to examine perceptions of emerging adults
- Spring 2015: Worked with Kristen Wicander (FR), a research experience student, on a variety of lab projects
- Spring 2015: Worked with Jane Pugh (FR), a research experience student, on a variety of lab projects

- Spring 2015: Worked with Sara Dorrance (SR), an honors in the major student, to extend her previous project examining the impact of time away from technology on well-being
- Spring 2015: Worked with Tyler Grossheim (SR), an independent study student, to complete an empirical project examining the impact of realism on aggression in violent video game play
- Spring 2015: Worked with MacKenzie Slater (SR), an independent study student, to complete a manuscript from her Fall 2014 research seminar project
- Spring 2015: Worked with Mariam Foster (SR), a research practicum student, to complete a manuscript from her Fall 2014 research seminar project
- Spring 2015: Worked with Jessica Gladfelter (SR), a research experience student, as lab manager
- Spring 2015: Worked with Jessica Gladfelter (SR), a research practicum student, to complete a manuscript based on my Spring 2014 INQ 300 project
- Spring 2015: Worked with RWS student, Brittany Naumann (FR), in her efforts to assist with lab tasks
- Fall 2014-Spring 2015: Worked with honors in the major student, Jessica Gladfelter (SR), on her project examining the effects of self-regulation, notetaking, and texting on homework assignment performance
- Fall 2014-Spring 2015: Worked with research experience student, Jessica Gladfelter (SR), in her role as lab manager
- Fall 2014: Worked with honors in the major student, Mariam Foster (SR), on her project examining the effects of Facebook acceptance and rejection on self-esteem in emerging adults
- Fall 2014: Worked with independent study student, Sara Dorrance (SR), on preparation piloting physical well-being measures for her honors project
- Fall 2014: Worked with research practicum student, Courtney Yoke (SO), on 30 second pause study and day-night study
- Fall 2014: Worked with research practicum student, Delaney Russell (JR), to prepare a manuscript for publication
- Fall 2014: Worked with research practicum student, Abby Hobby (SO), to revise a manuscript
- Fall 2014: Worked with research practicum student, Brandy Plouff (JR), to prepare a manuscript
- Fall 2014: Worked with RWS student, Brittany Naumann (FR), in her efforts to assist with lab tasks
- Fall 2014: Worked with RWS student, Leslie Grimes (SR), in her role as manuscript and grant editor
- Fall 2014: Worked with RWS student, Sabrina McAllister (FR), in her role transcribing qualitative data and learning NVivo
- Summer 2014-Spring 2015: Worked with Liebman Grant research assistant, Jessica Gladfelter (SR), to learn NVivo and analyze qualitative data from multiple projects

- Summer 2014: Worked with summer scholar and Psi Chi summer research grant recipient, Sara Dorrance (JR), to complete a manuscript and collaborate with Dr. Holbrook on designing physical well-being measures for a time away study
- Summer 2014: Worked with independent study student, Mariam Foster (JR), to complete a literature review in preparation for her honors project on Facebook acceptance and rejection
- Summer 2014: Worked with Liebman Grant research assistant, Carolyn Powell (JR), to learn NVivo
- Spring 2014: Worked with independent study student, Jessica Gladfelter (JR), to prepare an extensive literature review
- Spring 2014: Worked with independent study student, Sara Dorrance (JR), to prepare a manuscript for submission
- Spring 2014: Worked with research practicum student, Abby Hobby (FR), to run a replication study on texting and teacher immediacy
- Spring 2014: Worked with research practicum student, Alison Sumbs (SR), to conduct a literature review and collect data on Breanna's project
- Spring 2014: Worked with research experience student, Abby Hobby (FR), to coordinate management of multiple project roles
- Spring 2014: Worked with research experience student, Sara Dorrance (JR), to collect replication data for the time away study
- Spring 2014: Worked with research experience student, Courtney Yoke (FR), to collect additional data for 30 second study (collaboration with Dr. Mary Henold) and to learn basic research lab practices
- Spring 2014: Worked with research experience student, Jessica Gladfelter (JR), in her capacity as lab manager
- Spring 2014: Worked with recent graduate, Megan McKnight, to prepare presentations for CIDER and APA conferences
- Spring 2014: Worked with recent graduate, Breanna Wright, to prepare manuscript for submission and to collect additional data for a follow-up project
- Spring 2014: Worked with recent graduate, Kristi Holt, to prepare poster for national conference
- Spring 2014: Worked with former graduate, Amy Roberts, to prepare national conference presentations and manuscript
- Spring 2014: Worked with research work-study, Robyn French (JR), who assists in various lab needs
- Spring 2014: Worked with research work-study, Leslie Grimes (JR), who assists in writing projects and conference presentation preparation
- Fall 2013: Oversaw independent study student, Sara Dorrance (JR), in writing a manuscript on how planned time away from technology influences college students' well-being
- Fall 2013: Oversaw independent study student, Jessica Gladfelter (JR), in conducting a project to determine the effects of texting while completing an essay assignment

- Fall 2013: Oversaw independent study student, Carolyn Miesen (SR), in developing a project to investigate the link between Facebook jealousy and GPA
- Fall 2013: Oversaw research experience student, Abigail Hobby (FR)
- Summer 2013: Oversaw summer scholar, Jess Gladfelter (SO), in developing a project examining the role of oxytocin in the failure to address technointerruptions
- Fall 2012-Summer 2013: Oversaw alum, Megan McKnight in manuscript preparation and international conference submission
- Fall 2012-Spring 2013: Oversaw alum, Ben Hudson, and Hollins student, Claire Nicolas, in manuscript preparation and international conference submission
- Fall 2012-Summer 2013: Oversaw former student, Tessa Lewis-Whitson in an international conference submission
- Spring 2013: Oversaw volunteer student, Steven Huffman (SO), on a project examining student perceptions of the value reflection time holds
- Spring 2013: Oversaw research practicum student, Sara Dorrance (SO), in developing a project examining the benefits of quiet time away from technology
- Spring 2013: Oversaw independent study student, Kacy Dillon (SR), on her project *Social Anxiety, Mode of Communication, & Social Skills*
- Spring 2013: Oversaw independent study student, Jessica Gladfelter (SO), on her project *Because It Makes Me Feel Good: The Role of Oxytocin in Failure to Address Techno-interruptions*
- Spring 2013: Oversaw independent study student, Cindy Cook (SR), on her project *Effects of Text Presentation and Note-Taking on Reading Comprehension*
- Spring 2013: Oversaw honors in the major student, Julia Boudrye (SR), on her project entitled *Examining How Technointerruptions Effect Brain Electrical Activity and Cognitive Performance*
- Spring 2013: Oversaw honors in the major student, Amanda Newman (SR), on her project entitled *An Examination of Intimacy and Personality in Text Messaging Content*
- Spring 2013: Oversaw honors in the major student, Breanna Wright (SR), on her project entitled *Political Candidate Presentation via Social NetWorked Platforms: How Self-Monitoring and Homophily Influence the Electorate Response*
- Fall 2012: Oversaw independent study student, Kristi Holt (SR), on her project entitled *Impact of Cell Phone Disruptions and Teacher Immediacy on Learning*
- Fall 2012: Oversaw independent study student, Breanna Wright (SR), on development of her honors in the major project via a literature review marrying her interest in political science to her work in cyberpsychology
- Fall 2012: Oversaw independent study student, Julia Boudrye (SR), on development of a manuscript based on her practicum project and development of her honors in the major project marrying her work in cyberpsychology with neuroscience
- Fall 2012: Oversaw Kacy Dillon (SR) on execution of her independent study project entitled *Examining CMC as a Mediator between Social Anxiety and Emotion Recognition*

- Fall 2012: Oversaw research practicum student, Amanda Newman (SR), on development of the protocol for her honors in the major project
- Fall 2012: Oversaw research practicum student, Steven Huffman (JR), on a project entitled *Understanding the Impact of the 30 Second Pause Activity*
- Fall 2012: Oversaw research practicum student Jessica Gladfelter (JR) as she develops her own project and as she assists Dr. Kim Filer in developing a survey examining student perceptions of the writing center's effectiveness
- Fall 2012: Oversaw Cindy Cook (SR) on her independent study project entitled *Effects of Text Presentation and Note-Taking on Reading Comprehension*
- Fall 2012: Oversaw Sara Dorrance (SO) on developing a research practicum project entitled *Taking Time Away from Technology to Reflect*
- Spring 2012-Fall 2012: Oversaw Amanda Newman (SR) on developing a manuscript from her independent study project entitled *Texting Behaviors in Intimate Relationships*
- Summer 2012: Over alum Megan McKnight in qualitative coding and manuscript preparation
- Spring 2012: Oversaw Kacy Dillon (SR) on development of her independent study project entitled *Examining CMC as a Mediator between Social Anxiety and Emotion Recognition*
- Spring 2012: Worked with Jessica Gladfelter (JR) in research practicum where she gained research experience by assisting a senior student in the lab
- Spring 2012: Worked with Steven Huffman (SO) in research practicum to advance the project entitled *Perceptions of Professors*
- Spring 2012: Worked with Julie Brown (SR) in research practicum where she gained research experience by assisting in multiple projects in the lab
- Spring 2012: Worked with research experience student, Sara Dorrance (FR), who helped senior students with lab projects
- Fall 2011-Spring 2012: Worked with Amy Markol (SR) in research practicum where she gained research experience by assisting in multiple projects in the lab
- Fall 2011-Spring 2012: Oversaw Julia Boudrye (SR) on her independent study entitled *How Technostress Impacts Academic Performance*
- Fall 2011: Worked with Kacy Dillon (JR) on her research practicum project entitled *Perceptions of Professors*
- Fall 2011: Oversaw Amanda Newman's (JR) research practicum project entitled *Texting Behaviors in Intimate Relationships*
- Fall 2011: Oversaw Ben Hudson (SR) in research experience to refine and extend his seminar project
- Spring 2011: Oversaw honors in the major project by Amy Roberts (SR), entitled *The Cognitive Benefits of Teacher Immediacy*
- Spring 2011: Worked with research experience students, Steven Huffman (FR) and Kacy Dillon (SO), on a pedagogy project entitled *Perceptions of Professors*
- Fall 2010-Spring 2011: Oversaw independent project by Julia Boudrye (SO) and Lauren Schwabe (JR) entitled *Does Smartphone Usage Help or Hurt Coursework?*

- Fall 2010-Spring 2011: Oversaw independent project by Amanda Newman (FR) entitled *Intimacy, Texting Messaging, and Romantic Relationships*
- Fall 2010-Spring 2011: Oversaw INQ 260 project by Steven Huffman (FR) and Jared Johnson (FR) entitled *Correlates of Academic Internet Usage*
- Fall 2010-Spring 2011: Oversaw honors in the major project by Matt Tripp (SR), entitled *Understanding Facebook Friendships*
- Fall 2010: Worked with research practicum student, Amy Roberts (SR), to prepare a manuscript based on her honors project
- Fall 2010: Oversaw research practicum project by Julia Boudrye (SO) entitled *An Examination of Technology Use in College Students: The Correlates of Reserved Quiet Time*
- Fall 2010-present: Worked with Undergraduate Research Assistant Program student, Amanda Newman, to develop research program investigating how technology impacts cognitive and social skills
- Summer 2010: Oversaw summer scholar project by Matt Tripp (JR) entitled, *Social Interactions in a Computer-Driven World: An Examination of Facebook Friendships*
- Spring 2010: Oversaw independent project by Julia Boudrye (FR) entitled *Examining Cell Phone Usage Behaviors in College Students*
- Fall 2009-Spring 2010: Oversaw independent study/honors project by Amy Roberts (JR) entitled *The Impact of Teacher Immediacy on Student Participation*
- Fall 2009-present: Worked with URAP student, Julia Boudrye, to develop research program investigating how technology impacts cognitive and social skills
- Summer 2009: Oversaw independent study project by Tessa Whitson (JR), entitled *Communication Technology Use and Aspects of Social Functioning*
- Spring 2009: Oversaw independent study project by LeAndra Cale (SR), entitled *Defining the Checkerboard: Racial Bias and Similarity Impact on Punishment*
- Supervision of Undergraduate Research at Shippensburg University
 - Fall 2006-Spring 2007: Aided in development, supervision and execution of Joe Donohoe's psychology honors project, entitled *The Development of an Existential Identity and its Relation to Emotional Intelligence*
 - Fall 2006-Spring 2007: Trained undergraduate research assistant, Amber Gift, in data collection, entry, ethics
- Supervision of Undergraduate Research at Virginia Tech
 - Fall 2005-Spring 2006: Aided in development, supervision and execution of Laura Wilson's independent student research project, entitled *Cognitive Development in Early Adulthood: An Examination of Worked Memory and Inhibitory Control* (received Virginia Tech Psychology Department Undergraduate Research Award)
 - Fall 2005-Spring 2006: Trained Brennan Fitzgerald in lab procedures including data collection, event marking electrophysiological files, interaction with child participants, cleaning electrophysiological equipment, coding, and data entry

- Fall 2004-Spring 2006: Trained Laura Wilson in data collection, electrophysiological techniques, data entry and manipulation in SPSS, and lab procedures including interactions with child participants
- Summer 2004 & Summer 2005: Trained and supervised McNair Scholar, Ardenna Downing, on interaction with participants, child care for siblings, coding and cleaning and care of electrophysiological equipment
- Spring 2004: Trained Ceci Elpi in coding, data entry, confidentiality, and file maintenance
- Summer 2003: Supervised a McNair Scholar, Tiffany Clory's independent research project, entitled *EEG Indices of Hemispheric Activation: Laterality Differences during Verbal and Spatial Tasks* including a formal presentation of her work

COURSES TAUGHT

HAMPTON UNIVERSITY (2018-19):

- Cyberpsychology
- Junior Seminar
- Developmental Psychology
- Human Growth and Development
- Introduction to Psychology
- Advanced Cyberpsychology

Introduction

ROANOKE COLLEGE (2007-16):

- Research Methods
- Child Development
- Introduction to Psychology
- Child & Adolescent Development
- Cognitive Neuroscience
- Research Seminar in Physiological Psychology
- Research Seminar in Cognition
- Research Seminar: Cyberpsychology
- Women, Work, and Life
- How Does Technology Impact Us?
- Technology: Medium or Master?

SHIPPENSBURG UNIVERSITY (2006-2007):

- Human Cognitive Development
- Child & Adolescent Psychology
- General Psychology

VIRGINIA TECH (2002-2006):

- Advanced Developmental Psychology
- Cognitive Psychology

- Principles of Psychological Research
- Developmental Psychology
- Advanced Developmental Lab
- Introductory Psychology Recitation

SELECT TEACHING INNOVATIONS

- Reflection and Research
 - Students in INQ 300 reflected on perceptions of their generation as portrayed by the popular press and empirical work, reflected on the accuracy or lack thereof of these claims and considered how their behaviors would be perceived as they transitioned to the workforce/graduate school. Toni McLawhorn from Career Services and I worked with students to complete a CV or resume, set up a LinkedIn account, attend networking events and job fairs, hear from a guest speaker, and conduct informational interviews. Students analyzed the information from common questions for inclusion in their final projects. For the final project, they wrote a formal paper examining how their generation is perceived and why, which perceptions are most accurate and what influenced those behaviors, and what young adults leaving college need to know about all of this in order to transition successfully. As technology was a core part of the course and the perceptions of their generation, they utilized multiple tools for the solutions component of their project. They gave a formal defense via PPT, used eportfolios to organize their materials for submission, learned to scan to PDF documents, created YouTube videos and educational posters, wrote a Facebook post, Tweeted, and blogged relaying solutions to their generation. A paper from these projects is in preparation.
- Manuscript Preparation Project
 - Students in research seminar identified a journal appropriate for publishing the research project they conducted. Final papers for the course were formatted for the journal, allowing students to gain a fuller understanding of how research is presented for peer-review. One paper was published and 3 are under review.
- Lecture Free Zone
 - Child development students experienced a flipped classroom where they had to read the text and complete activities rather than participate in lecture. This project was presented at a national conference.
- Video Storytelling Project
 - Students created a video story to exemplify and apply the concepts learned. This project was presented at CHEP to great interest and resulted in an invited workshop.
- Women, Work, & Life Intensive Learning Course (May 2010; May 2013)
 - Dr. Julie Lyon and I used a number of reflection projects to help students apply research and theories we discussed to their lives. They took a strengths test, examined their gender identity, developed a work-life plan, kept journals, interviewed a respected female to learn how she managed balance issues, gave several oral presentations, worked in groups to examine current balance techniques and suggest alternatives, investigated salaries, practiced negotiation techniques, examined effective leadership

techniques, discussed sexual discrimination and harassment and the law, and submitted a final paper integrating their learnings and how they hoped to use them to create balance. They also wrote a letter to their future selves which we mail 5 years later.

- Educational Posters
 - My child development courses create educational posters targeted at parents, educators, and daycare providers. They are required to translate research articles on these topics into layman terms for a general audience and provide citations for their work. This project was published in the *International Journal for the Scholarship of Teaching and Learning*.

PROFESSIONAL SERVICE

- Conference Submission Reviewer, *Society for Research in Adolescence*
- Psi Chi, Research Advisory Committee
- Editorial Board, *Cyberpsychology, Social Networking, & Behavior*
- Editorial Board, *Theory into Practice*
- Reviewer, *International Journal for the Scholarship of Teaching and Learning*
- Reviewer, *Journal of Developmental and Behavioral Pediatrics*
- Reviewer, *Frontiers in Neuroscience*
- Reviewer, *North American Journal of Psychology*
- Reviewer, *Infancy* journal
- Psi Chi International Scholarship Committee (Eastern Region Representative)
- Grant reviewer, Psi Chi International Honor Society
- Expert Blogger, *Psychology Today*
- Textbook reviewer for Psychology Press, Taylor & Francis Group
- Textbook reviewer for John Wiley & Sons, Inc.

UNIVERSITY/COLLEGE LEVEL SERVICE

- Search Committee Member, Center for Instructional Design and Educational Research (CIDER; Spring 2016)
- Innovative Classroom Project Director (2015-2016)
- Pedagogical Development Director (2012)
- Faculty Personnel Committee (2012-2015)
- Institutional Review Board Member (2012-2016)
- QEP PEP Review Participant (Spring 2015)
- Criminal Justice PEP Participant (Spring 2015)
- Search Committee, Educational Technologist (2013-2014)
- Lean In Cluster Co-Founder (2013)
- Professional Life Cluster Co-coordinator (2010-2013)
- Quality Enhancement Plan Member (2009-2010)
- Faculty Development Committee Member (2008-2009)
- Center for Teaching and Learning Workshop Speaker
- Mock Class Teacher and Faculty-Staff Panel Member for Open House

- Scholarship Interviewer
- Jordan Endowment Essay Judge
- Recycling Coalition Member
- Participated in 'R' House at Roanoke College
- Junior Faculty Research Colloquium Founding Member and Leader
- Advisor – general education, accessible education
- Research Committee Member
- Equestrian Task Force Member

DEPARTMENTAL LEVEL SERVICE

- Department Chair
- Advisor – majors, minors, transfers, freshmen, general education
- Assessment Committee Member
- Curriculum Committee Member
- Chair, Visiting Developmental Psychology Search
- Public Relations Coordinator
- Honors in the Major Revision Coordinator
- Courses Offered List Coordinator
- Curricular Reform Committee (Chair)
- Search committees (Developmental Visiting (Chair), Social Visiting, Tenure-Track)
- Visions and Goals Committee
- Neuroscience Concentration Committee
- Psi Chi Advisor
- Introduction to Psychology Course Review Committee
- Psychology Club Advisor
- Departmental Recorder

HONORS/AWARDS

- BISSWVA partner for Wounded Warrior Project grant (Summer 2015-Spring 2016)
- Psi Chi Unrestricted Travel Grant (Winter 2015)
- Psi Chi Summer Research Faculty Advisor Award (Summer 2014; Summer 2015)
- Roanoke College Faculty Research Grant (Spring 2014)
- Roanoke College Faculty Scholar (AY 11-12 through AY 13-14)
- Roanoke College Center for Learning & Teaching Travel Award (2009-present)
- Roanoke College Dean's Fund Travel Award (2008-present)
- Roanoke College Cluster & Task Force Award (Fall 2010; Fall 2011; Fall 2012)
- Roanoke College Curriculum Development Grant (Spring 2008, Spring 2010; Summer 2013)
- Roanoke College Faculty-Staff Learning Community Award (AY 08-09, AY 10-11)
- Roanoke College Collaborative Teaching Grant (AY 08-09, AY 09-10)
- Roanoke College Summer Scholar Mentor (Summer 2010; Summer 2013; Summer 2014; Summer 2015)
- Roanoke College Faculty Enrichment Grant (Spring 2009; Spring 2015)

- Roanoke College Faculty Summer Research Award (Summer 2008; Summer 2012; Summer 2015)
- Roanoke College Professional Achievement Nominee (AY 14-15)
- Roanoke College Exemplary Teaching Nominee (AY 07-08-present)
- Roanoke College Undergraduate Research Assistants Program Grant Recipient (2007, 2008)
- Shippensburg University General Education Grant (Spring 2007)
- Phi Kappa Phi Literacy Grant (Fall 2006)
- Averett University Featured Alumna
- Phi Kappa Phi Honor Society member
- Alpha Chi Honor Society member
- Virginia Tech Outstanding Graduate Teaching Excellence Award (2006)
- Virginia Tech Psychology Department Galper Fund Award (2006)
- Virginia Tech Department of Psychology Nominee for APA Dissertation Research Award (2006)
- Virginia Tech Future Professoriate Graduate Certificate (2006)
- NIH travel grant to International Society for Developmental Psychobiology (Fall 2005)
- Virginia Tech Graduate Student Travel Fund Award (Fall 2005, Spring 2005, Spring 2004)
- Virginia Tech Graduate Research Development Project Award (Fall 2005, Spring 2003)
- Virginia Tech Clinical Child Research Fund Award (Summer 2004)
- Bustard Graduate Scholarship from Averett University (Fall 2002)

PROFESSIONAL SOCIETY MEMBERSHIP

- American Psychological Association (APA)
- Society for Developmental and Behavioral Pediatrics (SDBP)
- Home Visiting Applied Research Collaborative (HARC)
- Association for Psychological Science (APS)
- National Institute for the Teaching of Psychology (NITOP)
- Society for the Study of Emerging Adulthood (SSEA)
- Society for Research on Adolescence (SRA)
- Society for Research in Child Development (SRCD)
- Society for the Teaching of Psychology (STP)
- Society for Industrial and Organizational Psychology (SIOP)
- Eastern Psychological Association (EPA)
- Virginia Network for Women in Higher Education