

Lisa Compton, Ph.D.

Lecturer
Regent University

Education

2010-2013	Ph.D. in Counselor Education and Supervision (CACREP accredited), Regent University
1994-1996	Masters in Clinical in Social Work, Virginia Commonwealth University,
1990-1994	Bachelors of Arts in Psychology and Religion, University of Richmond

Professional Licensure/Certification

2012- Present	Eye Movement Desensitization and Reprocessing (EMDR), Green Cross Academy
2011- Present	Certified Trauma Treatment Specialist (CTTS), Association of Trauma Stress Specialists
2010- Present	Compassion Fatigue Educator (CFE), Green Cross Academy
1998- Present	Licensed Clinical Social Worker (LCSW), Virginia # 0904003902
1995- Present	Critical Incident Stress Management (CISM), International Critical Incident Stress Foundation
1996-1998	Certified Employee Assistance Professional (CEAP), Employee Assistance Professional Association
1995-1997	General and Family Mediation, Virginia
1994-1996	Emergency Medical Technician (EMT)

Professional Memberships

- American Counseling Association (ACA)
- Association for Counselor Education and Supervision (ACES)
- Association for Spiritual, Ethical, and Religious Values in Counseling (ASERVIC)
- Association of Traumatic Stress Specialists (ATSS)
- Chi Sigma Iota- International Counseling Honor Society (CSI)
- Florida Mental Health Counselors Association (FMHCA)
- Green Cross Academy of Traumatology
- International Critical Incident Stress Foundation (ICISF)

Courses Taught

Doctorate:

CES 740 Instruction in Counselor Education
CES 650 Preventive Counseling

Masters:

COUN 521 Counseling Skills and Techniques
COUN 523 Practicum & Advanced Skills
COUN 526 Theories of Counseling
COUN 532 Assessment Techniques in Counseling

COUN 540 Human Growth and Development
 COUN 559 Treating PTSD, Compassion Fatigue, and Complex Trauma
 HSC 561 Crisis and Community Counseling
 COUN 562 Crisis, Trauma, and Clinical Mental Health
 COUN 557 Sexual Trauma
 COUN 558 Disaster Trauma

Undergraduate:

PSY 299: You're Hired! Secrets of Professional Success
 GENE 402: Christian Leadership

Professional Experience

2014- Present	Lecturer, Regent University, Virginia Beach, VA
2013- 2017	Field Supervisor for Masters of Counseling and PhD interns, Liberty University and Regent University
2008-2017	Director of Counseling, Counselor and Instructor, Cloverhill A.G., Midlothian, VA <ul style="list-style-type: none"> • Provided counseling for individuals, couples, families, and groups in various areas of mental health, specializing in trauma treatment, mood disorders, marriage and family, and spiritual issues • Taught seminars on mental health and spiritual issues • Taught at women's conferences • Supervised Marriage Mentors Program • Led support groups and supervise other group leaders • Supervised interns • Led art therapy groups
2014	Adjunct Professor, University of Richmond, Richmond, VA <ul style="list-style-type: none"> • Created a professional development class for undergraduates • Teach elective to Psychology majors and other students
2013- 2014	Adjunct Professor, Adams State University (online), Alamosa, CO <ul style="list-style-type: none"> • Teach counseling classes in Masters of Professional Counseling program
2007-2011	Consultant, Millwood School, Midlothian, VA <ul style="list-style-type: none"> • Develop and implement Parent Education Program • Provide consultation on student mental health issues • Teach mental health seminars • Lead Critical Incident Stress Debriefings
1995-1999	Director and Counselor, Pinnacle Employee Assistance Program, Richmond, VA <ul style="list-style-type: none"> • Provide assessments, case management, and counseling for individuals, couples, families, and groups in various areas of mental health • Conduct seminars and orientations for corporations • Lead Critical Incident Stress Debriefings for First Union Banks
1994-1995	Medical Social Worker, Southside Regional Medical Center, Petersburg,

VA

- Assess patients' psychological needs and discharge planning
- Provide counseling to patients in hospital and home visits
- Counsel patients at out-patient psychiatric facility

Professional Presentations and Trainings

2020	Webinar presenter: "COVID 19 and Mental Health", Regent AACC online, Richmond, VA
2019	Workshop presenter: "Compassion Fatigue Prevention", SPCA, Virginia Beach, VA
2017	Guest instructor: "Introduction to Trauma", Trinity Episcopal School, Richmond, VA
2017	Workshop presenter: "Distancing in Relationships", Cloverhill Assembly of God, Richmond, VA
2016	Small Group Leader Workshop: "Boundaries for Small Group Leaders", Cloverhill Assembly of God Richmond, VA
2016	Ministry conference presenter: "Boundaries for Women in Ministry Leadership", Element Leading and Loving Retreat, Richmond, Virginia
2016	Richmond Alliance of Faith-based Therapists seminar: "Emotional Distancing and Compassion Fatigue", Richmond, VA
2015	Guest lecturer: "Professional Identities in Social Sciences", University of Richmond, Richmond, VA
2015	Conference Lead Presenter: "Degrees of Emotional Separation: The key to longevity in CISM work.", International Critical Incident Stress Foundation World Congress, Baltimore, MD
2013	Marriage conference presenter: "Holiday Spoilers: Boundaries in relationships", Cloverhill Assembly of God, Richmond, Virginia.
2013	Marriage conference presenter: "Intimate Interactions", Cloverhill Assembly of God, Richmond, Virginia.
2012-2013	Research Consultant for HEART model intervention for survivors of sex trafficking, Baltimore, Maryland.
2012	Marriage conference presenter: "What I wish I had known", Cloverhill Assembly of God, Richmond, Virginia.
2012	Marriage conference presenter: "Help! I married a different species", Cloverhill Assembly of God, Richmond, Virginia.
2011	Marriage conference presenter: "How to have a good fight", Cloverhill Assembly of God, Richmond, Virginia.
2011	Women's conference keynote speaker: "Secrets and surrender", My Life Inside the Box, Richmond, Virginia.
2010	Marriage conference presenter: "Reducing the junk in your marriage", Cloverhill Assembly of God, Richmond, Virginia.
2010	Women's conference speaker: "Spinning plates", My Life Inside the Box, Richmond, Virginia.
2010	School workshop presenter: "Technology safety", Millwood school, Richmond, Virginia.
2009	School workshop presenter: "Sibling and peer rivalry", Millwood

- School, Richmond, Virginia.
- 2008 Women's conference speaker: "What makes your child tick- Birth order and child development", My Life Inside the Box, Richmond, Virginia.
- 1995-1999 Training instructor: "Stress management", Pinnacle Employee Assistance Program, Richmond, Virginia.
- 1995-1999 Training instructor: "Depression and anxiety", Pinnacle Employee Assistance Program, Richmond, Virginia.
- 1993 Research assistant and presenter with Dr. Scott Allison: "Advertent overestimation of shared rewards and costs," Southeastern Psychological Association, Atlanta, Georgia. (Travel grant awarded)
- 1993 Research assistant and presenter with Dr. Craig Kinsley: "The role of corticotrophin-releasing factor in the activity-stress paradigm," Southern Society for Philosophy and Psychology, New Orleans, Louisiana. (Travel grant awarded)

Academic Honors

- 2010 Chi Sigma Iota, Regent University (Alpha Omega Lambda chapter)
- 2010 Academic Merit Scholarship, Regent University
- 1994 Golden Key, University of Richmond
- 1994 Mary Dickerson Award, University of Richmond
- 1994 Philip Hart Award, University of Richmond
- 1994 Theta Alpha Kappa, University of Richmond
- 1993 Mortar Board, University of Richmond
- 1993 Omicron Delta Kappa, University of Richmond
- 1993 Psi Chi, University of Richmond

Specialized Trauma Trainings

- 2020 When Clinical goes Digital- PESI
- 2019 Trauma-Informed Supervisor Training- GR-TICN
- 2019 Federal Emergency Management Association (FEMA): IS 33.18, IS 909, IS 394a, IS 100.c, IS 700.b, IS 241.b, IS 10.a
- 2019 The National Child Traumatic Stress Network (NCTSN): Psychological First Aid (PFA), Skills Psychological Recovery (SPR), Remembering Hurricane Katrina
- 2019 New Rules for Trauma Treatment- PESI
- 2019 The Ethically Attuned Therapist- Psychotherapy Networker Symposium
- 2018 Teaching without Traumatizing: Strategies to integrate trauma theory and practice- NBCC
- 2018 Promoting Societal Change: Integrating traumatic stress research, practice, and policy for vulnerable populations- The International Society for Traumatic Stress Studies (ISTSS) conference
- 2018 Trauma & Resilience Basics- GR-TICN
- 2017 Translating Trauma Reactions into Recovery Strategies- New Orleans Institute at River Oaks Hospital

- 2016 Attachment, Trauma, & Psychotherapy: Neural Integration as a Pathway to Resilience and Well-being- PESI
- 2016 Cognitive Processing Therapy- MUSC
- 2016 Core Competencies of Trauma, Grief, and Loss- PESI
- 2015 Psychological Trauma- State of the Art- ICISF
- 2015 Ethics and Risk Management- PDR
- 2015 OCD and CD in Children and Adolescents- PESI
- 2014 Grief and Loss- PESI
- 2014 Trauma Informed Care- Criminal Injuries Fund
- 2013 Art Therapy and Anxiety, Cross Country Education
- 2013 TEED: From the Classroom to the Web- An intensive online training course, Adams State University
- 2012 Federal Emergency Management Association (FEMA) IS 7, IS 100, IS 700
- 2012 Eye Movement Desensitization and Reprocessing (EMDR), Green Cross Academy of Traumatology
- 2012 Critical Incident Stress Management (CISM): The Changing Face of Crisis and Disaster Mental Health Intervention, Weber State University
- 2012 Critical Incident Stress Management in Schools (parts I and II)
- 2011 Trauma Assessments and Interventions (202), Traumatology Institute of Canada
- 2011 Trauma Assessments and Interventions (203), Traumatology Institute of Canada
- 1995-1996 Critical Incident Stress Debriefing: Individual and Group

Publications

- Compton, L.** & Schoeneberg, C. (2021). *Preparing for Trauma Work in Clinical Mental Health: A workbook to enhance self-awareness and promote safe, competent practice*. New York, NY: Routledge.
- Fielder, M. & **Compton, L.** (2020, August). Encountering and addressing racism as a multiracial counselor. *Counseling Today*, 63 (2) 42-47. <https://wp.me/p2BxKN-69c>
- Keck, B., **Compton, L.**, Schoeneberg, C., & Compton, T. (2017). Trauma recovery: A heroic journey. *Heroism Science*, 2, 1-17.
- Compton, L.**, Todd, S., & Schoeneberg, C. (2017). Compassion Fatigue and Satisfaction Among Critical Incident Stress Management (CISM) Providers: A Study on Risk and Mitigating Factors, *Virginia Counseling Journal*, 35, p. 20-27.
- Compton, L.** (2013). *Compassion Fatigue and Compassion Satisfaction in Critical Incident Stress Management (CISM) Providers*. (Electronic Thesis or Dissertation). Retrieved from <http://gradworks.umi.com/35/77/3577317.html>

Non- refereed Publications

- Compton, L.** (2017). Forward. *A Different Kind of Super Hero*. Richmond, VA: Bigtree
- Compton, L.** (2010). Dangers in Virginia counseling, *Virginia Counselors Association Newsletter*, Fall, 7.
- Compton, L.** (2011). The role of the church in crisis group interventions. *Green Cross Academy of Traumatology Newsletter*, 2, 7-8.

Unpublished Manuscripts

Rehfuss, M., Underwood, L., **Compton, L.**, Gilbert, A., Malcom, S., & Meder, C., (2010).
 Predicting suicide risk in incarcerated adolescent females utilizing the MAYSI-2.
 A manuscript titled Biblically-based meditation: Effect Upon Chronic Pain Perception and Religious/spiritual Coping (JPT-2018-0001) has been submitted by Dr. William Haynes to Journal of Psychology and Theology.

Community Work

2019- present	Community Resilience Committee, Trauma-Informed Care Network, Richmond, VA
2018	Workforce Committee, Trauma-Informed Care Network, Richmond, VA
2015- Present	President and founder Richmond Alliance for Faith-based Therapists (RAFT), Richmond, VA
2014-2015	President Trinity Parent Association (TPA) and Trustee Board, Trinity Episcopal School, Richmond, VA
2012-2014	Vice President and class representative, Trinity Parent Association (TPA), Trinity Episcopal School, Richmond, VA
2011-2013	Mental Health Leader of Critical Incident Stress Management, Old Dominion Emergency Medical Systems Alliance (ODEMSA), Richmond, VA
2011	Consultant for Critical Incident Response protocols, Chesterfield County Public School System, Chesterfield, VA
1995-1996	Director of Explorers Program for adults with Mental Retardation, Henrico, VA
1994-1996	Emergency Medical Technician, Tuckahoe Rescue Squad, Richmond, VA
1992-1994	Crisis Counselor, Crisis Pregnancy Center, Richmond, VA
1992	Counselor for abused children, Camp Ramapo, Rhinebeck, NY