

# DR. MICHELLE BOONE-THORNTON

## EDUCATION

- Ed.D** Educational Psychology May 2008  
Regent University, Virginia Beach, VA  
Dissertation: *Can A Therapeutic Summer Camp Program Improve School Performance and Behavioral Outcomes for Students with Emotional and Behavioral Disorders?*  
Committee: Dr. Alan A. Arroyo (chair), Dr. Alfred Rovai (committee), Dr. W. George Selig (committee)
- MS.Ed** Urban Education Guidance and Counseling May 2001  
Norfolk State University, Norfolk, VA  
Thesis: *Barriers in Higher Education for Adult Learners*  
Advisor: Dr. Evelyn Mitchell
- BSW** Social Work, Sociology minor May 1999  
Christopher Newport University, Newport News, VA  
Graduated Cum Laude

## RESEARCH

- Virginia Beach Department of Human Services.** Virginia Beach, VA 2018
- Conducted analysis and data outcomes for HR Recruitment
- Family Restoration Services.** Hampton, VA 2016
- Analyzed client behavioral outcomes
- Suffolk and Portsmouth City School.** Suffolk and Portsmouth, VA 2010
- Analyzed environmental factors (risk and protective) for students in Suffolk and Portsmouth Public Schools utilizing the Brief Resiliency Checklist BRC for measurement
- Dissertation.** Regent University, Virginia Beach, VA 2009  
*Name:* Can A Therapeutic Summer Camp Program Improve School Performance and Behavioral Outcomes for Students with Emotional and Behavioral Disorders? *ProQuest Dissertations Publishing*
- Virginia Beach and Florence City Schools.** Virginia Beach, VA; Florence, AL 2006
- Designed survey instrument for faculty at Florence City Schools in 2006 and Virginia Beach Public Schools in 2003 to measure classroom outcomes
- Florence City Schools.** Florence, AL 2005-2008
- Administered, Scored, and Analyzed: Functional Behavioral Assessment, Child Behavior Checklist, Aberrant Behavior Checklist, Autism Behavior Checklist, Vanderbilt ADHD Scale for all children and adolescents receiving mental health services in three counties in North Alabama

## TEACHING EXPERIENCE

### **Regent University Counseling & Psychological Studies and Counseling Ministries**

Assistant Program Director (8/2023-present)

Assistant Professor (8/2023-present)

Adjunct Professor (4/2023-7/2023)

- Teach courses averaging 20-40 students per semester.
- Course set-up and maintenance
- Syllabus Updates
- Identify guest speakers who can provide hands-on experience for: assignments, student presentations, classroom discussions, and current research.
- Coordinate/Update/Training Adjunct Staff
- Pi Gamma Nu Chapter Sponsor
- HUS Club Faculty Sponsor
- New Students Orientation Team Member
- Service-Learning Faculty Coordinator (International)
- Dissertation Topic Committee Approval Form and Proposal Form Completion

### **Ph.D. in Counseling & Psychological Studies**

MHPS 795 Dissertation Continuation

MHPS 763 Supervision

MHPS 758 Disaster Trauma & Psychological First Aid

MHPS 700 Dissertation Seminar

MHPS 701 Dissertation I

MHPS 702 Dissertation II

MHPS 703 Dissertation III

MHPS 625 Advanced Counseling Skills & Techniques

MHPS 616 Research Methods in Psychological Sciences I

### **University Teaching & Recruitment Initiatives**

*Faculty Telethon*- Retention program with Enrollment Management Metroplex Bldg. Regent University 5:00-8:00pm December 4, 2023

*Operation Blessing* Disaster Trauma Course Facilitator/Trainer International and Stateside Deployment Preparation Founder Inn Jefferson Amphitheater 2/28/24

*STEM Symposium and College Fair 2024* CHBS Representative Hampton Roads Convention Center- Hampton, VA 3/9/2024

### **Counseling Ministries Dissertation Committee Chair/Reader**

#### *Dissertations In-Progress*

**LaNette Bugress**, (chair) *Curriculum Development for Educators and Clinicians Working with Adolescent Black Girls*, Department of Counseling Ministries Regent University (2023-)

**Latricia Buckner**, (reader) *Prophecy: The Power of Words to Foster Change and Transformation, A Narrative Coaching Approach*, Department of Counseling Ministries Regent University (2023-)

Published Dissertations

**Sherita Davis**, *Mental Health and the African American (AA) Church: Developing A Resource to Help Clergy and Church Laypersons Provide Trauma Informed Care and Mental Health Linkage in the AA Faith Community*, Department of Counseling Ministries Regent University (2022-2023)

**Nannan Liu Byrne**, *A Professional Development Addressing the Disparities in Mental Health Services For New York City's Youth*, Department of Counseling Ministries Regent University (2020-2022)

**Sherry Pipen**, *Evangelical Pastors Theological Development Around LGBTQ Issues: An Evangelical Faith-Based Workshop Manual*, Department of Counseling Ministries, Regent University (2020-2021)

**Faculty Development Courses Completed**

FAC 100 Regent Foundations for Teaching Success  
RU Faculty Training Course - Growing with Canvas  
Regent June 2024 Security Awareness Training

**Department of Counseling Ministries Committee**

**2023-present**

Transition of program courses from Blackboard to Canvas  
CANVAS set-up and Maintenance Ph.D. courses

**2023-present**

HUS Club- Faculty Advisor Online & On-ground

**2023-2024**

Trailblazer Scholarship Faculty Administrator

**2023-2024**

Adjunct Faculty Coordinator

**2023-2024**

Course Custodian for CHBS Psychology-500 general elective course

**Saint Leo University**, Chesapeake/ Newport News Education Centers and Online  
Department of Human Services

**Tenured Professor-2022-present**

**Associate Chair** 2020-present

**Associate Professor** 2022-present

**Assistant Professor** 2017-present

**Adjunct Professor** 2015-2017

- Teach courses averaging 10-25 students per semester
- Develop quizzes, exams, and homework
- Create HUS course syllabi (15) to meet accreditation standards
- Oversee and coordinate group observations with area community agencies and organizations for students enrolled in HUS-340 Group Skills.

- Identify guest speakers who can provide hands-on experience for assignments, student presentations, classroom discussions, and current research.
- Provide external and internal HUS Program Informational ZOOM sessions enrollment and program retention focused
- Community Advisor Board Selection and appointment, and Meeting Coordinator

#### **Dissertation Committee Member/ Reader**

Trovana Davis, *The Impact Lived Experiences have on Police-Minority Interactions* CESS Criminal Justice Department, Saint Leo University (2021- 2022)

#### **Faculty Development Courses Completed**

FDT 105: Active Learning

FDT 107: Assessment of Learning

VTT 100: Certified Instructor for Virtual Technology and Online Classroom Formats/Learning Studio

LMS 100: Learning Management Systems: Desire 2Learn-Essentials

LMS 200: Learning Management Systems: Desire 2Learn-SAVVY

LMS 300: Learning Management Systems: Desire 2Learn-SAGE

CITI: Social and Behavioral Research- 8/21-8/24

#### **Human Services Undergraduate Courses Taught On-Ground at Education Centers & Online-Blended Asynchronous and Synchronous**

HUS 121 Introduction to Human Services

HUS 311 Research and Methods I Qualitative

HUS 312 Research and Methods II Quantitative

HUS 335 Interpersonal Skills

HUS 337 Intellectual and Developmental Disabilities

HUS 340 Group Skills in Human Services

HUS 342 Issues and Practice in Child Welfare

HUS 345 Social Policy for Human Services

HUS 347 Theories on Aging

HUS 410 Human Services Administration

HUS 423 Field Placement Module I

HUS 424 Field Placement Module II

#### **Undergraduate Online Courses Developed (SLU)**

HUS 311- Research and Methods I Quantitative

HUS 424 Field Placement Module II

HUS 337- Intellectual Disabilities

HUS 342- Child Welfare

#### **Graduate Courses Taught Online (SLU)**

HUS 505 Management and Leadership

HUS 510 Legal Issues and Ethics

HUS 515 Community Needs Assessment

HUS 550 Advocacy and Policy Analyses

#### **Micro Credentialing Badges Developed (Center for Alternative Pathways Program)**

QMHP-A Qualified Mental Health Provider- Adult  
QMHP-C Qualified Mental Health Provider- Children  
Peer Recovery Specialist

### **University Committees**

#### **2022**

Faculty Mentor Committee

#### **2018-2022**

University Senate (Collaborative Subcommittee)  
University Senate (Undergraduate Academic Standards and Policy)

#### **2020-present**

Interfolio Team Electronic processing for faculty Tenure/Promotion/Academic Planning  
Transition Team: Developing the Interim Handbook for Shared Governance  
Saint Leo University Online Faculty Advisory Committee

#### **2020-2022**

SLU Center for Teaching and Learning Excellence Advisory Board

#### **2019**

Photovoice Showcase Gallery Conference- Proposal Committee Chair, College of Education and Social Services

#### **2018-present**

Interdisciplinary Insights: The Journal of Saint Leo University's College of Education and Social Services  
Review Board member

#### **2018-2020**

Saint Leo University College of Education and Social Services Dean's Forum member

#### **2018**

Saint Leo University Virginia Region Interdisciplinary Academic Conference committee member

### **Department of Human Services Achievements**

#### **2020-present**

CS-HSE Accreditation Team

#### **2019-2023**

Pi Gamma Mu Honor Society Student Membership/Induction Coordinator, Annual Report

#### **2018-2023**

HUS Adjunct Observations

#### **2017-2023**

HUS Syllabi Review committee member

HUS Accreditation committee member  
Community Advisory Board-Chair

**2016-2023**

Human Services Club Faculty Advisor

**International Service-Learning**

**Kenyatta University, Nairobi, Kenya**

**Visiting Professor 2022**

- Discussed serving-learning initiatives
- Participated in the 2-day International Business Connect Summit
- Speaker at LYBL-Tour Conference-Trademark Hotel, Nairobi

**Comillas Pontifical University, Madrid, Spain**

**Visiting Professor 2019**

- Developed service-learning initiatives across Business, Engineering, and Law curriculums
- Participated in service-learning courses with professors throughout Spain
- Paper Presentation and Round Table Discussion

**Indonesia (Bali, Umer, Yogyakarta)**

**Visiting Professor 2019**

- Pilgrimage with the 45th International Religious Ambassador Dr. Suzan Johnson Cook
- Borobudur, Tanah Lot, and Prambanan Temples
- Studied Ancient customs, batik designs, and religious traditions.

**Community Teaching Initiatives**

**Hampton Diversity College, City of Hampton Citizens Unity Commission, Hampton, VA**

**Instructor 2018-2022**

- The Hampton Diversity College (HDC) is a multi-level and interactive educational program that concentrates on increasing knowledge of the value of diversity, unity, and inclusion in contemporary workplaces and throughout the City of Hampton.

**Diversity and Inclusion Courses Taught**

Disability Awareness

Body Size and Image

**OTHER EXPERIENCE**

**Consultant Services (Mental Health/Education/Non-Profit)**

- Amber R.I.S.E. Newport News, VA (2021-present)
- Razel Academy, Hampton, VA (2021-present)
- Family Restoration Services Hampton, VA (2017-2018)
- AIMS Family Services Virginia Beach, VA (2013-2017)
- Family Systems II, Inc. Norfolk, VA (2009-2011)

**Training Solution, Newport News, VA**

**Trainer 2009 - 2014**

- Providing and developing training for mental health, foster care, and family reunification agencies throughout the Hampton Roads community.

**Training Topics**

Child and Teen Development

Grief and Loss

Mood/Personality Disorders

Substance Abuse Prevention

Parenting EBD children

Child Welfare and Identifying At-Risk Youth

Psychiatric Disorders in Children

Developmental vs. Chronological Age

**Hampton-Newport News Community School Board, Hampton, VA**

**School-based Therapeutic Day Counselor 2010-2017**

- Provided coordination of services training and interventions for school administrators and staff on managing maladaptive student behaviors in the classroom during the school year
- Program Enrollment/Testing-Assessments/Referrals
- Classroom observations
- Child Advocate
- Individual/ family/ group interventions
- Developed student/individual treatment and service plans
- Part of the Child Study and IEP/504 plan team and developed and implemented Behavior Intervention Plans/Classroom Accommodations as well as interventions/techniques for parents

**Boone-Thornton Associates, Hampton, VA**

**Consultant/Grant Writer 2008-2010**

- Research and identify new government and private funding prospects.
- Generate proposals and supporting documents.
- Grant writing – submission through the grant management system, using SMART web-based geographic mapping information, funding entities (National Institute of Health, SAMHSA, OJJDP, Children’s Defense Fund, DMHMRSAS).
- Synthesize complex or diverse information, collect research data, and design workflows, logic models, and procedures.
- Therapeutic program development and marketing
- Training/Workshops

**Riverbend Center for Mental Health, Florence, AL**

**Director of Children Services 2004-2008**

- Coordinator of Children’s Services and management of program budgets for the following programs: Basic Living Skills, Case Management, Outpatient Therapist, In-School Therapist, Summer Camp Day Treatment Program, Preschool Day Treatment Program, FIND Team (Intensive in-home services), Prevention, Adolescent IOP Substance Abuse Program, and Juvenile Court Liaison. These services covered three North Alabama counties (Franklin, Lauderdale, and Colbert), serving over 4000 youth and their families.

- Ensure all programs meet Medicaid and Alabama State regulations and obtain two-year certification.
- Managed program budgets and grant funding
- Collection, Evaluation, and Analysis of Statistical Data for Evidence-Based Research to Measure Program and Treatment Effectiveness
- Direct supervision of (70 to 48 number increased for summer camp) Doctorate, Masters, Bachelor, non-degreed, summer interns.
- Develop Off-Site Service Contracts for Preschool, In-School, and Summer Camp Programs
- Provide supervision and training for program supervisors, bachelor, and master-level counselors/clinicians/mental health providers
- Taught Anger Management courses in conjunction with Lauderdale and Colbert Co. Juvenile Probation Offices.
- Taught continuing education and professional development courses
- RFP, Proposals, and Grant Writing

**First Home Care, Portsmouth, VA**

**Program Manager 2002-2004**

**Program Supervisor, home-based services 2001-2002**

**Master Level Clinician 2001-2002**

- Provide supervision and training for program supervisors, bachelor, and master-level counselors/clinicians, and Individual and Family Counseling
- Ensure all programs meet Medicaid and Virginia State regulations and obtain two-year certification.
- Responsible for recruitment and marketing of program services
- Participate in FAPT /IEP/504 coordination of services with the public-school sector
- Coordination of services and monthly meeting with Hampton, Newport News, and Suffolk DHS to discuss family reunification services with shared consumers.
- Sex Offender and Substance Abuse Provider
- Provide Direct Services to individuals with intellectual/developmental disabilities
- Provided Diagnostic Impressions, Home Studies for York County DSS, Medicaid Assessments and Program Eligibility
- Developed program training manuals
- Provided individual and family counseling

## PUBLICATIONS

### *BOOKS*

**Boone-Thornton, M.** (2023) Transforming Your Reality: Removing the Mask (Full-Book). Weird Disciple Publishing.

**Boone-Thornton, M.** (2022) Transforming Your Reality: Removing the mask (Workbook). Weird Disciple Publishing.

**Boone-Thornton, M.** (2022) Transforming Your Reality: Removing the mask (Companion Journal). Weird Disciple Publishing



### **BOOK CHAPTERS**

**Boone-Thornton, M.** (2023) Looking for Me, From Death to Renewal. In Smith, B. H, (Ed). Empowering You: Let Go of The Past & Step into Your Greatness. BHS Associates, LLC in conjunction with T. Ward Enterprise, LLC.

**Boone-Thornton, M.**, Maxwell, K., Walker-Pickett, M. (2021) Cultural Competency. In Mimms, D., Woods, N., Waddell, R. (Eds.). *Community Partnering for the Advocacy of Mental Health*. Great River Learning

**Boone-Thornton, M.** (2021). Soul-Care Shifts- Release and Refill. In Johnson-Cook S, *Rhythms of Rest: 40 Devotions for Women on the Move*. Our Daily Bread Publishing.

**Boone-Thornton, M.** (2020) Understanding Crimes Against and Amongst LGBTQ through an Intersectionality Lens. In Coates, C. M and Walker-Pickett, M., *Women, Minorities, Criminal Justice: A Multicultural Intersectionality Approach*. Kendall Hunt Publishing Co.

### **JOURNAL PUBLICATIONS**

Wood, N., **Boone-Thornton, M.**, and Rivera-Singletary, G. (2021, January). Teaching in a pandemic era: Special considerations. [The Impacts of COVID]. *The Interdisciplinary Insights: The Journal of Saint Leo University's College of Education and Social Services*, (3)1, 84 – 105. <https://www.interdisciplinaryinsights.org/article/18945-teaching-in-a-pandemic-era-special-considerations>

**Boone-Thornton, M.**, Maxwell, K., and Wilson, F (2020). Job Burnout Causes and Prevention from the Human Services Perspective. *The Interdisciplinary Insights: The Journal of Saint Leo University's College of Education and Social Services* (2)1, 105-124. <https://www.interdisciplinaryinsights.org/section/1298-human-services>

### **CONFERENCE PROCEEDINGS**

Abdullah, A., Winstead, C.N., Kinsella, S., **Boone-Thornton, M.**, (2019). *An Interdisciplinary Approach to Entrepreneurship: A Theoretical Model for Starting a Non-Profit*. ICSSH Conference Proceedings Madrid, Spain

### **MAGAZINES/BULLETINS/NEWSLETTERS Articles**

Abdullah, A. & **Boone-Thornton, M.** (2022) Council for Human Services Education. *Web-based Teaching Tools to Enhance the Online Learning Experience*. Fall 2022 Alexandria, VA <https://cshse.org/wp-content/uploads/2022/10/CSHSE-Bulletin-10.22-WEB.pdf>

**Boone-Thornton, M.**, (2022, July 14) Emotional Wellbeing. *Live Your Best Life-Nairobi, Kenya.*, 40-41.

Abdullah, A. & **Boone-Thornton, M.** (2021) Council for Human Services Education. *Academic Learning & Professional Development through Simulated Avatar Experiences*. Fall 2021 Alexandria, VA. <https://cshse.org/wp-content/uploads/2021/10/CSHSE-Bulletin-10.21-WEB.pdf>

## MAGAZINES FEATURES

Distinguished Women Magazine (2023) *God Keeps His Promises Dr. Michelle Boone-Thornton the UnMasking Guru You Can Be Your Authentic Self!* SoAllMayKnow Publishing. Summer Edition. [Summer DWM 2023](#)

Essence Magazine (2019) This Former White House Adviser Created A Retreat For High-Powered Women Who Need To Recharge. **Dr. Boone-Thornton** pictured (4<sup>th</sup>) from the end on the right. <https://www.essence.com/lifestyle/travel/women-on-the-world-stage-retreat-suzan-johnson-cook/>

Journal and Guide (2018) *Hampton Club Promotes Business And Professional Black Women- Dr. Michelle Boone-Thornton & Dorothy Murray*. Published by Rosaland Tyler- Associate Editor New Journal and Guide November 17, 2018

## HANDBOOKS, MANUALS, AND GUIDES

Boone-Thornton, M. (2014). AIM Family Services Staff Training Handbook /Year End Report for Norfolk Public Schools.

Boone-Thornton, M. (2013). Psychotropic Medications Education Guide for Foster Parents. Training Solutions, LLC.

Boone-Thornton, M. (2005-2008) Riverbend Center for Mental Health Summer Camp Handbook.

Boone-Thornton, M. (2004) First Home Care Corporation Home Based Services: In-Home Client Rights Handbook

Boone-Thornton, M. (2003). First Home Care Home Based Services Program Orientation Manual

## EVALUATIONS

Boone-Thornton, M (2010). Environmental Factors that Impact Classroom Behavior for Students in the Hampton Roads Region- Report. Published in Suffolk Public School District, Program Evaluation of Therapeutic Day Treatment Services.

## PRESENTATIONS (LAST 10 YEARS)

### SCHOLARLY PRESENTATIONS (PEER-REVIEWED)

#### 2024

***Using A Faith-based Community Initiative to Address Youth Violence and Prevention*** Dr. Michelle Boone-Thornton and Dr. Carletta Artis. ReAligned Empowering Change in Self and Others. Christian Association for Psychological Studies Conference March 21, 2024

***The Christian Principle of Love and Relationship***” by Dr. Jessica Guilfoyle, Dr. Katrina Maxwell, and Dr. Michelle Boone-Thornton. ReAligned Empowering Change in Self and Others. Christian Association for Psychological Studies Conference March 22, 2024

## **2022**

***Preparing For Careers in Human Services.*** National Organization of Human Services Virtual Symposium Partnership Forum 2022

## **2021**

***Diggin-In-It Takes SEED.*** American Community Gardening Association Conference 2021 “Gardening in Challenging Times”. Hampton, VA.

## **2020**

***The Unexpected Mentor and The Unintended Mentee.*** Saint Leo University College of Education and Social Sciences Virtual Faculty Forum

## **2019**

***An Interdisciplinary Approach to Entrepreneurship: A Theoretical Model for Starting a Non-Profit.*** ICSSH Conference Proceedings Madrid, Spain

***Promoting Human Connections in a Complex World.*** Southern Organization for Human Services 44<sup>th</sup> Annual Conference, Miami Florida

## **2018**

***Evaluating Adult Transgender Community Services.*** American Evaluation Association Conference: Speaking Truth to Power, Cleveland, Ohio.

***Engaging the Adult Transgender Community: An Interdisciplinary Approach for Practitioners.*** College of Education and Social Services 1<sup>st</sup> Annual Conference, Saint Leo University, St. Leo, Florida.

***Engaging (Non-Traditional or Adult) Students in Online Environments.***

Southern Organization for Human Services 43<sup>rd</sup> Annual Conference, Johnson City, Tennessee

***The Customer Service Oriented Human Services Worker.*** Southern Organization for Human Services 43<sup>rd</sup> Annual Conference, Johnson City, Tennessee

## **2017**

***Growing Successful Families and Community Cohesion.*** School of Education and Social Services 3<sup>rd</sup> Annual Social Work Conference, Saint Leo University, St. Leo, Florida

## **2016**

***Therapeutic Gardening Growing Successful Families and Community Cohesion.*** 37<sup>th</sup> Annual American Community Garden Association Conference at Cleveland State University Cleveland, Ohio

## **PROFESSIONAL PRESENTATIONS**

## **2024**

***How to Decide What to Write: Start Your Book!*** Dr. Boone-Thornton Keynote Speaker for Global Chamber Authors Series virtual [www.globalchamber.org/events 2-21-2024](http://www.globalchamber.org/events 2-21-2024)

***Unmasking the Stress, Burnout, and Mental Health Crisis in the Aftermath of COVID-19*** Dr. Boone-Thornton Speaker at CMV Lecture Series Luncheon Ignite, Engage & Explore 2024 World Trade Center Norfolk, VA February 3, 2024

## **2023**

***Transforming Your Reality Series & Workshop*** Transformational Writers Conference Keynote Speaker Ambassador Michelle Boone-Thornton. December 7-10, 2023, San Juan, Puerto Rico.

***Infusing Cultural Humility in Education Through Technology & Trades.*** VOICES DEI/JBA Global Diversity Awareness Month event Dr. Boone-Thornton Panelist CNU Ferguson Center Peebles Theater October 17, 2023 Newport News, VA.

***Seeds of Greatness-The Transformation Begins with You.*** Live Your Best Life Nairobi Conference Speaker Dr. Michelle Boone-Thornton July 15, 2023, Nairobi, Kenya.

## **2022**

***Unmasking Buried Emotions*** Behind the Mask Gala, Keynote Speaker Dr. Michelle Boone-Thornton October 2022 Stream Center, Hampton, VA

***Unseen Mental Scars Sisters Empower Sister to Advance Retreat,*** -Speaker Dr. Michelle Boone-Thornton October 2022 Marriott Virginia Beach Waterfront, Va.

***Emotional Wellness-The Transformation Begins with You.*** Live Your Best Life Conference Speaker Dr. Michelle Boone-Thornton July 16, 2022, Nairobi, Kenya.

***Emotional Wellbeing-Professional Development*** 1<sup>st</sup> International Business Connection Summit Speaker Dr. Michelle Boone-Thornton Nairobi, Kenya. July 14-15, 2022. [www.IBCS-Kenya.com](http://www.IBCS-Kenya.com)

***Removing the Mask of Mental Illness*** Kick-off Women's Month Workshop Guest Speaker Dr. Michelle Boone-Thornton, Topic: Mt. Zion Baptist Church (virtual). March 2022 Dover, New Jersey

***A Focus on African American Health and Wellness*** Conversations that Matter: - Black History Month Guest Speaker Dr. Michelle Boone-Thornton. Department of Veterans Health Administration Southeastern Region (MD, VA, NC), Readjustment Counseling Services (RCS). Feb. 2022 Virtual Baltimore, MD

***Achieving Emotional Wellness: Transforming Your Reality*** Healthy Living: Mind, Body & Soul: Speaking Ministries Chesterfield Campus, Feb. 2022 Richmond, VA

## **2021**

***The Stigma of Mental Health: Removing the Mask.*** Abide Luncheon Beverly Claiborne Ministries: Hilton Hotel Conference Room (A-B-C-D) Short Pump, Nov. 2021 Richmond, VA

***Disability Awareness Workshop.*** Unity Commission Diversity College: Lecturer Dr. Michelle Boone-Thornton City of Hampton (Virtual Forum), Hampton, VA.

#### **2018**

***Body Image and Size.*** Unity Commission Diversity College: Lecturer Dr. Michelle Boone-Thornton City of Hampton, Hampton, VA.

#### **2016**

***Mental Health in the Classroom.*** Department of Student Support Services In-Service training: Facilitator Dr. Michelle Boone-Thornton Norfolk Public Schools, Norfolk, VA

#### **2013**

***Psychiatric Disorder: Four Prominent Disorders. The Diagnosis Process, Interventions, “Making Healthy Choices”.*** Isle of Wight County Department of Social Services- Foster Care Unit (Families) In-Service training: Facilitator Dr. Michelle Boone-Thornton (Training Solutions) Isle of Wight, VA.

***Developmental Versus Chronological Age.*** Isle of Wight County Department of Social Services- Foster Care Unit (Families) In-Service training: Facilitator Dr. Michelle Boone-Thornton (Training Solutions) Isle of Wight, VA.

#### **2008**

***Behavior Modification, Social Development, and School Success.*** Morgan Co./Cullman/Decatur Head Start Programs In-Service Training Facilitator Dr. Michelle Boone-Thornton Decatur, AL.

#### **2007**

***Understanding the Social Impact of ADHD/ADD.*** ARC of the Shoals: Speaker Michelle Boone-Thornton Holiday Inn Sheffield, AL.

#### **2006**

***Grief & Loss: It’s Impact on Children & Adolescents.*** Union Chapel M. B. Church Panelist Michelle Boone-Thornton Huntsville, AL.

#### **2005-2008**

***Therapeutic Summer Camp 4-day Staff Training Seminar*** Riverbend Center for Mental Health Coordinator/Facilitator (Dissertation Research) Michelle Boone-Thornton - Director of Childrens Services, Florence, AL.

#### **2005**

***Picture Exchange Communication System: Working with Nonverbal Children in Specialized and Preschool Programs.*** Colbert County Department of Human Services Workshop Michelle Boone-Thornton- Director of Childrens Services RCMH Colbert Co., AL.

***Behavior Disorders & Mental Health Services for Children & Adolescents.*** Continuing Education Training for Lauderdale, Franklin, and Colbert Co. Department of Human Resources Michelle Boone-Thornton-Director of Childrens Services RCMH Florence, AL.

### **COMMUNITY PRESENTATIONS**

#### **2024**

***Patient-Centered Self-Care and Wellness Part II:*** Emotional, Psychological, and Social Well-Being of Women Veterans and how it affects their families. Dr. Boone-Thornton was a panelist for Disabled American Veterans Norfolk, VA May 25, 2024

***Patient-Centered Self-Care and Wellness*** Emotional, Psychological, and Social Well-Being of Women Veterans and how it affects their families. Dr. Boone-Thornton was a panelist for Disabled American Veterans Norfolk, VA March 30, 2024

***QVC Black History Month Diversity Equity and Inclusion Panel*** Dr. Boone-Thornton was a panelist at the QVC Fulfillment Center 1 QVC Drive Suffolk, VA on February 28, 2024

#### **2023**

***Emotional Wellness in Practice*** Amazing Faith Women’s Summit “Get Fired Up Putting Power to Your Purpose”. Drury Hotel Conference Room Dr. Boone-Thornton speaker. Glen Allen, VA. May 5-6 2023

***Transforming your Reality Removing the Mask Workshop*** held at Natasha House Inc., Yorktown, VA. Workshop is designed to help residents (homeless women) to support emotional wellness and initiate discussions about mental health. Tools Dr. Boone-Thornton Workbook and Companion Journal activities, assessment checklist. Yorktown, VA. March 15, 2023.

***Emotional Wellness of Women in Leadership*** 28<sup>th</sup> Annual Woman-to-Woman Forum National Association of Negro Business Professional Women’s Club. Oyster Point City Center Conference Room, Dr. Boone-Thornton speaker Newport News, Virginia. March 11, 2023

***Transforming your Reality Removing the Mask Workshop*** held at Natasha House Inc., Workshop is designed to help residents (homeless women) to support emotional wellness and initiate discussions about mental health. Tools Dr. Boone-Thornton Workbook and Companion Journal activities, assessment checklist. Yorktown, VA. March 1, 2023.

#### **2022**

***Case Managers: Cornerstone of Service.*** Peninsula Alcohol Safety Action Program Case Managers Oath of Office Ceremony- The Honorable Judge Tonya Henderson-Stith presiding. Dr. Boone-Thornton speaker Newport News Newport Police Headquarters, Virginia. October 29, 2022

***Body Image and Size.*** Diversity College City of Hampton Unity Commission. Dr. Boone-Thornton speaker Virtual Forum June 2022

## **2021**

**Body Image and Size.** Diversity College City of Hampton Unity Commission. Dr. Boone-Thornton speaker Virtual Forum June 2021

## **2020**

**Human Connections and Mental Health.** Zeta Phi Beta Sorority, Inc. Alpha Beta Zeta Chapter. Virtual-Mental Health and Wellness Summit Dr. Boone-Thornton speaker Hampton, Va. May 2020

**Leadership Development: Time Management.** Zeta Phi Beta Sorority, Incorporated Eastern Region Leadership Conference (ERLC) Dr. Boone-Thornton speaker March 2020 Hampton Virginia.

**Workforce Development: Time Management.** Natasha House's staff, interns, and volunteers. Dr. Boone-Thornton speaker York County, Va.

**Professional Writing and Casework.** Virginia Employment Commission Veterans Workforce Program regional training conference Dr. Boone-Thornton speaker Thomas Nelson Community College Workforce Center, Williamsburg, VA.

**New Year-New Vision: S.M.A.R.T. formula for setting Goals.** Main Street Public Library, Dr. Boone-Thornton speaker Newport News, VA

## **2019**

**Let's Deal with It.** Women on the World Stage (WOW) 2019 Selah by the Sea, Ambassador Susan Johnson-Cook-Women's Retreat, Dr. Boone-Thornton speaker West Palm Beach, Florida.

## **2018**

**She Talks and Mingles-Understand Your Purpose.** Panelist- Dr. Boone-Thornton. She's Got Purpose, LLC, Hampton, VA

**Understanding How Body Image Can Impact Children in Foster Care Self-Esteem.** Hampton Department of Social Services: Foster Adoptive Unit, Dr. Boone-Thornton speaker Hampton, Va.

**Staying the Course with New Beginnings.** Zeta Phi Beta Alpha Beta Zeta Chapter Retreat, Dr. Boone-Thornton speaker Christopher Newport University.

## **2017**

**Understanding Time Management.** Resident Training- NATASHA House, Dr. Boone-Thornton speaker Yorktown, VA.

## **TELEVISION AND RADIO APPEARANCES**

**What's Hiding Under Your Mask??** Dr. Boone-Thornton Interview on the Empowering You Show- BHS and Associates March 29, 2024. [https://youtu.be/ycZlr\\_9UiB4](https://youtu.be/ycZlr_9UiB4)

*The UnMasking Guru* Dr. Boone-Thorntons interview on Black Business Olympics Moderator: Dr. Debbie Hood June 29, 2023 <https://www.youtube.com/watch?v=-FGvgZEF1fE>

*The UnMasking Guru* Dr. Boone-Thorntons interview on Black Business Olympics Moderator: Sheniqua Nikie Smith May 25, 2023 <https://blackbusinessexpousa.com/>

*The UnMasking Guru* Dr. Boone-Thorntons interview on Black Business Olympics Moderator: Grant McGaugh January 21, 2023 <https://youtu.be/mp15exC-Nbg>

*Mental Health in the Small Business* Dr. Boone-Thornton's interview on Black Business News Show hosted: Dr. Linda Mitchell December 9, 2022  
<https://www.youtube.com/watch?v=ddBZPNDofk>

*Emotional Wellness: The Stressors of Being the Boss* Dr. Boone-Thornton's interview on Black Business Olympics Moderator: Naomi Lewis November 20, 2022  
<https://youtu.be/i3wiJdih2JI?start=4845&end=6947>

*Removing the Mask* Dr. Boone-Thornton's interview on Sirius XM Radio channel 141 BLifted-Up October 2, 2022. Segment airs monthly: <https://www.youtube.com/watch?v=drG0wpQpxaU>

*It's Time to Level Up* Dr. Boone-Thornton Interview on the Empowering You Show- BHS and Associates September 15, 2022. [https://drive.google.com/file/d/1eojdtRDaj7C9wBZEZR86OOJhWktl6Y-3/view?usp=drive\\_web](https://drive.google.com/file/d/1eojdtRDaj7C9wBZEZR86OOJhWktl6Y-3/view?usp=drive_web)

*Travels to Africa* Dr. Boone-Thornton Interview on the Empowering You Show- BHS and Associates September 1, 2022. <https://drive.google.com/file/d/1WiU8fM3BopxT5q7sXCx82PKkGaoxPDis/view>

*Transforming Your Reality: Removing the Mask and Self-Imposed Stress* Dr. Boone-Thornton Interview on WomeNomic\$ with host Linda Pringle Evans September 1, 2022  
<https://winwinwomen.tv/show/womenomics-show-with-linda-pringle-evans>

*Preparing for the Level Up* Dr. Boone-Thornton Interview on WomeNomic\$ with host Linda Pringle Evans June 30, 2022  
<https://winwinwomen.tv/show/womenomics-show-with-linda-pringle-evans>

*Removing the Mask* Dr. Boone-Thornton Interview on the Empowering You Show- BHS and Associates April 28, 2022. <https://www.youtube.com/watch?v=91-57xoKWwA>

## GRANTS FUNDED

### 2023

The Office of Youth and Young Adult Opportunities Hopeful Hampton Divergent (Pilot Program) November 1, 2024, \$5,000.00 (Module 3) Dr. Michelle Boone-Thornton



**2009**

Tobacco Use Prevention & Cessation Program with Youth in Virginia through Virginia Tobacco Settlement Foundation \$50,000 2009 Family Systems, II Norfolk, VA.

**2008-2005**

Prevention Block Grant through Alabama DMHMRSAS \$768,000 Riverbend Center for Mental Health, Florence Alabama 2005, 2006, 2007, 2008

**HONORARY AWARDS AND ACCOMPLISHMENTS****AWARDS****2024**

Humanitarian Award "Blessing The World" Selah Retreat: The Soul of A Woman West Palm Beach Florida Presented by Rev. Dr. Suzan Johnson Cook 45<sup>th</sup> International Religious Ambassador Obama Administration. June/19/2024

Citizenship Award for Outstanding Service VA PASAP 2024 Virginia Alcohol Commission 5/25/2024

PASAP Distinguished Service 2024 Virginia Alcohol Commission 5/25/2024

Public Service Award 2024 Virginia Alcohol Commission 5/25/2024

Irma B. Thompson Leadership Award Alpha Beta Zeta Newport News-Hampton Chapter Zeta Phi Beta Sorority Inc. January 20, 2024

**2023**

International Peace Award 2023 International College of Peace Studies Nairobi, Kenya

iChange Nations (ICN) Builders in Action Legacy Award, Nairobi, Kenya July 2023

National Sojourner Truth Meritorious Service Award- National Association of Negro Business and Professional Women's Club, Inc. April 2023

**2022**

iChange Nations (ICN) Astell Collins Global Inspiration Generation Leader Award Nairobi, Kenya July 2022

**2019**

Juanita Scott Legacy Award-Alpha Beta Zeta Chapter-Zeta Phi Beta

**2018**

Christopher Newport University Distinguished Alumni Award

<https://www.captainforlife.com/s/1646/17/interior.aspx?sid=1646&gid=2&pgid=1663>

Alpha Beta Zeta Chapter, Zeta Phi Beta Service Award

**2017-2018**

Saint Leo University Excellence in Service Award

**2017**

Alpha Beta Zeta Chapter, Zeta Phi Beta Finer Womanhood Award

**2014**

Exceptional Women Award in Hampton Roads by Councilwoman Tina Vick

**2013**

National Pan-Hellenic Council Greek of the Year Zeta Phi Beta

**2005-2008**

University of North Alabama Awarded Outstanding Field Supervisor  
BSW and master's in counseling programs

#### ***HONOR SOCIETY MEMBERSHIPS***

**2016**

Pi Gamma Mu Human Services International Honor Society-FL. Lambda Chapter

**1998**

Phi Alpha Social Work Honor Society- Chi Kappa Chapter

**1997**

Alpha Kappa Delta International Sociological Honor Society- Theta Chapter

#### ***OTHER HONORS***

**2023**

***iChange Nations, Appointment World Civility Ambassador Nairobi Kenya***

Women in History Month Dr. Michelle Boone-Thornton was recognition by BLifted-Up Sirius XM Radio Channel 141 Outstanding Woman in History. March 1-31, 2023

**2021**

Honorary Parade Marshal Denbigh Community Day Southern Christian Leadership Conference

**2014**

Coined by Mayor Wallace City of Hampton for Outstanding Leadership

**2002**

Christopher Newport University Social Work Advisory Board

#### **CERTIFICATIONS**

Years: 2021-2024

Internal Review Board: Social and Behavioral Research Certification

Years: 2018-2021

Mental Health First Aid USA Certification

Years: 2018-present	ZOL Leadership Certification
Years: 2013-2018	Medication Administration Certification through HNNCSB
Years: 2012-present	Certified Therapeutic Foster Care Provider, Trainer, Parent
Years: 2011-2017	Suicide Prevention Certified
Years: 2010-present	Peninsula Medical Reserve Corp Mental Health/Counseling Support
Years: 2009-2018	Crisis Prevention Intervention Certification
Years: 2002-2004	Crisis Prevention Intervention Certification
Years: 2001-2021	Red Cross First-Aid/ Heart Savers Child and Adult

#### BOARDS AND APPOINTMENTS

Virginia Alcohol Safety Action Program Advisory Board, City of Hampton

2023-current **Policy Board Chair**  
 2020-2023 elected **Board Vice Chair**  
 2017-2020 elected **Board Secretary**  
<http://www.peninsulaasap.com/policy-board>

Natasha House

2020-2023 elected **Board Vice Chair**  
 2017-2021 Chair Personnel Committee **Board Member**  
<http://natashahouse.org/board.html>

Virginia Peninsula Community College Advisory Board

2022-present **Board Member**

March of Dimes Executive Leadership, Virginia Peninsula

2018-2021 **Team Member**

#### PROFESSIONAL AFFILIATIONS

Years: 2023-current	Christian Association Psychological Studies
Years: 2021-current	Child Welfare League of America
Years: 2021-current	National Foster Parent Association
Years: 2020-current	Vice President of Engagement Peninsula Board of Alumni Christopher Newport University
Years: 2019-current	Peninsula Board of Alumni Christopher Newport University
Years: 2017-current	National Organization of Human Services
Years: 2015-current	National Association of Negro Business and Professional Women’s Club-Hampton
Years: 2010-current	Peninsula Medical Reserve Corporation Mental Health Team
Years: 2009-current	Southern Christian Leadership Conference Newport News
Years: 2000-current	Zeta Phi Beta Sorority Incorporated Alpha Beta Zeta Chapter Newport News/Hampton

## PROFESSIONAL SERVICE

**Company Name:** CMV Communicators, LLC      **Position:** Vice President

## LICENSES

Qualified Mental Health Professional-Child, Commonwealth of Virginia Board of Counseling #0733001889

## PROFICIENCIES IN ONLINE SYSTEMS AND TECHNOLOGIES

### *Applications*

Canvas, Blackboard Collaborate, Desire 2 Learn- D2L, IGNITE, Interfolio Dossier/Trainer, Microsoft Office 365, Microsoft Office Mix, Microsoft Teams, Mursion Technology, Photovoice, TurnItIn, Workday, ZOOM, Navigate, Mind Tapp, Handshake, FlipGrid, E-Learning, Whiteboard, Synchronous and Asynchronous Learning

## NEWSPAPER FEATURES

Newspaper: **Virginia Pilot**, 2018

**Article Title:** *Tawanda Davis Her Vision Reaches Far Beyond Her Sight*

[https://www.pilotonline.com/news/health/article\\_39fe36fc-aca3-11e8-ac4e-e33d60c9f86b.html](https://www.pilotonline.com/news/health/article_39fe36fc-aca3-11e8-ac4e-e33d60c9f86b.html)

Newspaper: **The New Journal and Guide**, 2018

**Article Title:** *Hampton Club Promotes Business and Professional Black Women*

<http://thenewjournalandguide.com/hampton-club-promotes-business-and-professional-black-women/>

## REFERENCES

*References Available Upon Request*