

Tom Alexander, PhD

Assistant Professor

Regent University

EDUCATION

2012-2017 PhD, Psychology, Capella University
2007-2010 MRC, Master of Rehabilitation Counseling, Arkansas State University
2000-2003 BS, Psychology, Williams Baptist College

PROFESSIONAL EXPERIENCE

2023 – Present Regent University, Doctoral Faculty
2017 – 2023 Purdue University Global, Faculty
2017 – 2021 Clinical Director, Centene Corporation
2015 – 2017 Clinical Manager, Centene Corporation
2015 - 2015 Clinical Supervisor, Centene Corporation
2014 – 2015 Director of Utilization and Review, Strategic Behavioral Health
2013 – 2014 Lead Assessment and Referral Clinician, Peak View Behavioral Health
2011 – 2013. Health Professional, Behavioral Health, Colorado Dept of Corrections

PROFESSIONAL LICENSURE/CERTIFICATION

2013 - Present Licensed Professional Counselor, CO
2014 - Present Licensed Professional Counselor, TX

PUBLICATIONS

Peer-Reviewed Journal Articles

Alexander, T., Guilfoyle, J., Perozzi, M., & Maples, N. (2023). Trends in the provision of trauma treatment in substance use treatment centers: An analysis of national public health data from 2015-2020. *HSOA Journal of Addiction and Addictive Disorders*.

Alexander, T, Hoke, M., Barrett, K., and Cumella, E. (2020) Trauma treatment and addictions: Results of the NAADAC member survey. *Advances in Addiction and Recovery*.

Books/Booklets/Book Chapters

Alexander, T., Hoke, M., Barrett, K. and Chandler, T. (2022). Trauma, PTSD, Substance Use, and Neuroscience. In Chandler, T.L., Dombrowski, F., & Matthews, T.G. (Eds). (2022) Co-occurring mental illness and substance use disorders: Evidenced-based integrative treatment and multicultural applications (1st ed., pp.3-16).

Dombrowski, F., Alexander, T., and Chandler, T. (2022). Recovery programming: 12-steps, cognitive behavioral therapy, and motivational interviewing. In Chandler, T.L., Dombrowski, F., & Matthews, T.G. (Eds). (2022) Co-occurring mental illness and substance use disorders: Evidenced-based integrative treatment and multicultural applications (1st ed., pp. 177-195).

Matthews, T. G., Alexander, T. (2022). Men with co-occurring disorders. In Chandler, T.L., Dombrowski, F., & Matthews, T.G. (Eds). (2022). Co-occurring mental illness and substance use disorders: Evidenced-based integrative treatment and multicultural applications (1st ed., pp. 98-111).

Reyes-Fournier, E., Matthews, T. G., & Alexander, T. (2022). Assessments of co-occurring disorders, levels of care, and ASAM requirements. In Chandler, T.L., Dombrowski, F., & Matthews, T.G. (Eds). (2022). Co-occurring mental illness and substance use disorders: Evidenced-based integrative treatment and multicultural applications (1st ed., pp. 159-176).

Behavioral Health Curriculum Publication

Alexander, T. (2019). Co-Occurring psychiatric and substance use disorders: Training modules 1-7. *Texas Health and Human Services Commission and University of Texas Health San Antonio: Centralized Training.*

Alexander, T. (2019). Harm reduction: Training modules 1-2. *Texas Health and Human Services Commission and University of Texas Health San Antonio: Centralized Training*

Alexander, T. (2019). Trauma training module. *Texas Health and Human Services Commission and University of Texas Health San Antonio: Centralized Training.*

Alexander, T. (2019). Serious emotional disturbance training module. *Texas Health and Human Services Commission and University of Texas Health San Antonio: Centralized Training.*

Alexander, T. (2019). Aging and mental health training module. Texas Health and Human Services Commission and University of Texas Health San Antonio: Centralized Training.

Alexander, T. (2019). Motivational interviewing training module. Texas Health and Human Services Commission and University of Texas Health San Antonio: Centralized Training.

Alexander, T. (2019). Abuse neglect and exploitation training module. Texas Health and Human Services Commission and University of Texas Health San Antonio: Centralized Training.

Alexander, G.T. (2021). Introduction to trauma informed care. Texas Health and Human Services Commission Centralized Training Infrastructure.

Alexander, G.T. (2021). Trauma informed care and the Aging population. Texas Health and Human Services Commission Centralized Training Infrastructure.

Alexander, G.T. (2021). Trauma informed care and substance use disorder. Texas Health and Human Services Commission Centralized Training Infrastructure.

Alexander, G.T. (2021). Chronic pain. Texas Health and Human Services Commission Centralized Training Infrastructure.

Alexander, G.T. (2021). Restrictive interventions. Texas Health and Human Services Commission Centralized Training Infrastructure.

Alexander, G.T. (2021). Critical incident reporting. Texas Health and Human Services Commission Centralized Training Infrastructure.

Alexander, G.T. (2021). Local Mental Health Authorities 101. Texas Health and Human Services Commission Centralized Training Infrastructure. <https://centralizedtraining.com/online-courses.html>
Alexander, G.T. (2021). Harm Reduction. Texas Health and Human Services Commission Centralized Training Infrastructure.

Alexander, G.T. (2021). Abuse, neglect, and exploitation. Texas Health and Human Services Commission Centralized Training Infrastructure.

Alexander, G.T. (2021). Motivational interviewing. Texas Health and Human Services Commission Centralized Training Infrastructure.

PRESENTATIONS

National and International Conferences

Alexander, T. (2023). Improving treatment retention through trauma-informed care. Real Voices Real Choices Conference.

Alexander, T. (2023). Improving treatment retention through trauma-informed care. Addictions Studies Institute Conference, Ohio State University

Alexander, T. (2023). Increased prevalence of trauma-informed care in substance use treatment centers: Regional and payer-based differences in access. Global Conference on Addiction Medicine, 5th Edition.

Guilfoyle, J. & Alexander, T. (2025, March 21) Growth and transformation through adversity: Modeling and teaching resilience in Christian psychology and counseling. Denver, CO, United States.

State and Regional Conferences

Alexander, T. (2023). Addressing substance use treatment retention through trauma-informed care principles. Texas Association of Addiction Professionals Conference.

Invited Addresses, Workshops, Seminars

Alexander, T. (2018). *Suicide risk assessment*. Purdue University Global: General Psychology Brown Bag.

Alexander, T. (2018). *The role of trauma in major psychological disorders*. Purdue University Global: General Psychology Brown Bag.

Alexander, T. (2018). *Addiction career paths: Thinking outside of the treatment center*. Purdue University Global: Addiction Student Webinar

Alexander, T. (2018). *Career Options in the field of psychology: An overview*, Purdue University Global Psi Chi.

Alexander, T., Hoke, M., & Barrett, K. (2019). *Trauma treatment provided by clinicians who treat substance use disorder*. Purdue University Global: Purdue Village.

Alexander, T. (2019). *Vicarious Trauma*. Purdue University Global: General Psychology Brown Bag.

Alexander, T. (2019). *Procrastination: What the research says and how to overcome it.*, Purdue University Global: Moving Forward to Graduation

Alexander, T. (2019). *Trauma informed adult education*. Purdue University Global: Higher Ed Journals Round Table.

Alexander, T. (2019). Co-Occurring psychiatric and substance use disorders: Training modules 1-7. *Texas Health and Human Services Commission and University of Texas Health San Antonio: Centralized Training*.

Alexander, T. (2019). Harm reduction: Training modules 1-2. *Texas Health and Human Services Commission and University of Texas Health San Antonio: Centralized Training*

Alexander, T. (2019). Trauma training module. *Texas Health and Human Services Commission and University of Texas Health San Antonio: Centralized Training*.

Alexander, T. (2019). Serious emotional disturbance training module. *Texas Health and Human Services Commission and University of Texas Health San Antonio: Centralized Training*.

Alexander, T. (2019). Aging and mental health training module. Texas Health and Human Services Commission and University of Texas Health San Antonio: Centralized Training.

PROFESSIONAL AFFILIATIONS AND DEVELOPMENT

2023-present	American Psychological Association, Member
2023-present	Texas Counseling Association, Member
2024-present	NAADAC Member