

APA 6th Edition *Corrected* Quick-View Sample Pages

1 inch margins on all sides, all pages.

Text should be double-spaced. Single spacing can only be used as needed in tables or figures.

Indent paragraphs and block quotations ½ inch.

Font should be 12-pt Times New Roman.

Do not justify text in the right margin.

Running head: PRAYER PROFESSIONAL COUNSELING 1

Running head is flush left in the header of every page. It is shortened title of max 50 characters, all capitalized.

Page numbers flush right in the header.

Using Prayer in Professional Counseling
Kristin L. Swindle
Regent University

Title is concise in 12 words or less.

Keep the author's name uniform in all publications.

Affiliation at time of study

Title information stays in the top half of the page.

Running head: PRAYER PROFESSIONAL COUNSELING 1

Note: The prefix "Running head:" before the shortened title is **only** used on the title page.

Using Prayer in Professional Counseling
Kristin L. Swindle
Regent University

Author's Note is **only** used for publication.

Author Note

Research conducted by Kristin L. Swindle, School of Psychology and Counseling, Regent University.
Kristin L. Swindle is now at The University Writing Center, Regent University.
This paper is referenced as a sample paper for use by the University Writing Center.
Special thanks to Martin L. Dignard for reformatting this paper in the New Sixth Edition of The Publication Manual of the American Psychological Association.
Correspondence concerning this paper should be addressed to The Regent University Writing Center, Student Center #117, 1000 Regent University Drive, Virginia Beach, VA 23464.
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PRAYER PROFESSIONAL COUNSELING 2

Abstract

Because religion or spirituality is important to many people, mental health workers need to be aware of the issues surrounding each so that they can better help their clients. However, many mental health workers do not have a large part in the lives of many people. Instead, they are often a part of their therapy. Instead, mental health workers need to be aware of the ethical guidelines surrounding these issues. Also, they should be educated in when and how to incorporate spiritual treatment methods into therapy and then strive to remain updated on these topics.

No indent

Abstract heading is **not bold**; it is centered at top of page 2.

The Abstract is typically between 150-250 words, depending upon the paper requirements. It should be an accurate, concise, objective, and specific summary of the whole paper without evaluation or opinion.

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PRAYER PROFESSIONAL COUNSELING 3

Using Prayer in Professional Counseling

Everyday, prayer is used in homes, workplaces, and schools across the world, but is it appropriate to use prayer in counseling... who simply claim to be spiritual... people use prayer as a means to find... with their anger (Gabb, 2001, p. 15)... dealing with emotional problems, 42% first turn to clergy rather than counselors or psychologists (p. 49). Furthermore, two-thirds of Americans view religion as important in their lives; two-thirds also said that when dealing with a serious issue, they prefer to see a therapist who holds... seeking counseling feel that... need to understand the role of... used for Christian integration in... counseling, what ethical concerns there are regarding prayer, and how spiritual issues such as prayer can be incorporated into the professional development of counselors.

Christian Integration

...important part of... is much lower... biologists said... that religion was not very important to them compared to only 11% of the general population (Russell & Vasbough, 2006, p. 92). The population better, mental health profits... spirituality and religion. For... of medication for the treatment of...

References

Gabb, P. M. (2001). An exploration of... *British Journal of Guidance and Counseling*, 29(4), 425-434. doi:10.1080/0306989010800306989

Gabb, P. M. (2004). Secou... *Counseling*, 32(4)

Annotations:

- The title of the paper is repeated for the introduction. It should be **Centered & Uppercase (no bold)**.
- Level 1 Headings are **Centered, Bold, and in an Uppercase font**.
- Paraphrases and references should include **full citation (with page number if possible)**.
- Papers usually have **only 1 space** after punctuation at the end of a sentence, but **2 spaces** may be preferred for drafts sent to an editor **for publication**.

PRAYER PROFESSIONAL COUNSELING 4

...integrated into counseling. (Gabb, 2001) for doctoral degrees on the topic of prayer, and... counseling (p. 431). Some of the participants... viewed prayer as a way... it's that feeling... rather than desp... there will be some influence upon that outside of the relationship (Gabb, p. 428). Although research has found that prayer is important for some counselors, the use of overt prayer with clients is treated with caution and is not a practice that is commonly engaged in (Gabb, 2004, p. 464).

Ethical Use of Prayer

Abernethy et al. (2006) discussed... during therapy (pp. 103-106). The clients that were involved in the session were Jamal, a 14-year-old African American male and his 16-year-old aunt and legal guardian, Martha Williams. Because of his mother's death... abandonment. Both clients... reason that prayer was used... an ethically correct prayer for several reasons:

1. The prayer was consistent with the clients' faith traditions.
2. The terminology was adapted to fit the clients (i.e. referring to God as Jehovah).
3. It focused on positive aspects of the clients' relationship, such as unconditional love.
4. The prayer... that closer together.

Annotations:

- For 40 or more words use a block quotation.
- 1st citation option: put all items (Author, Year, Page #) at the end of the sentence.
- Level 2 Headings are **flush left, Bold, and in an Uppercase font**.
- 2nd citation option: put Author + (Year) in the text and the (Page #) at the end.
- Lists can be bulleted, numbered, or lettered. See 3.04 for specifics.

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References

Abernethy, T., & Boyd-Franklin, N. (2006). Using prayer in... Sue's differential to enhance culturally competent care. *Ethnic Minority Psychology*, 12(1), 101-114. doi:10.1037/1099-9809.12.1.101

Cox, G., Cox, M. S., & Collins, R. (2006). *...* Pacific Grove, CA: Brooks/Cole.

Fitcham, F., Hall, J., & Beach, S. (2006). ... directions. *Family Relations: Interdisciplinary Journal of Applied and Preventive Family Psychology*, 55(3), 415-427. Retrieved from <http://www.erf.org/doi/10.1111/j.1741-3729.2006.00041.x>

Fouquet, R., & Giacomin, M. (2000). The impact of Christian counseling on survivors of sexual... (2), 201-220. doi:10.1080/713658485

Garrison, F., & Bolanos, M. (2003). Theophany... *Pastoral Psychology*, 51(5), 387-398.

Gabb, P. M. (2001). An exploration of... *British Journal of Guidance and Counseling*, 29(4), 425-434. doi:10.1080/0306989010800306989

Gabb, P. M. (2004). Secou... *Counseling*, 32(4)

Annotations:

- Center References heading at top of page; it is **not bold**.
- Reference online articles using their DOI numbers. Verify each of them at www.CrossRef.org.
- If no DOI exists for an article, give the journal's **homepage**.
- The database name or date accessed is not referenced.
- Author Name is provided for each source even if multiple sources by the same Author are listed.

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Hage, S. (2006). A closer look at spirituality in psychology training programs. *Professional Psychology: Research and Practice*, 37(3), 303-310. doi:10.1037/0735-7028.37.3.303

Lewis, C. M., & ... and religious problem-solving... *Minority Psychology*, 12(3)

McNair, M. E., Furr, J. N., Mann, D., Wright, J. B., & Gilbert, N. B. (2006). Professional... *...*

Russell, S. R., & Vasbough, M. A. (2006). Training in religion/spirituality within APA accredited psychology doctoral internships... *...* 430-436. doi:10.1037/0735-7028.37.3.430

Sumner, N. (2006). ... *...*

Tseng, F. T., & Brown, J. R. (2006). ... *Professional Psychology: Research and Practice*, 37(3), 283-294. doi:10.1037/0735-7028.37.3.283

Annotations:

- References are all double spaced with hanging indent.
- Use the ampersand "&" symbol for multiple authors listed in references and citations.
- List references alphabetically by Author's Last Name, First Initial, and Year of Publication.
- If different Authors have the same Last Name and First Initial, provide their First Names in brackets. E.g., Smith, J. [John] and Smith, J. [Jane].