



Beverages:

Orange Juice	\$1.59
Milk (whole, 2%, skim)	\$1.25
Fountain Coke Products & Freshly	
Brewed Iced Tea	\$0.95 16oz
	\$1.20 22oz
Dasani Water	\$1.00 20oz
Minute Maid Lemonade	\$1.49 20oz
Mountain Blast	\$1.49 20oz
Vitamin Water	\$1.59
V8	\$1.49 12oz
STARBUCKS Coffee & Espresso	tall/grande
Coffee	\$1.50/1.95
Cappuccino	\$2.75/3.45
Café' Latte	\$2.75/3.45
White Mocha	\$3.45/4.25
Café' Mocha	\$3.15/3.85
Café' Americano	\$1.95/2.45
Chai Tea Latte	\$2.95/3.65
Hot Chocolate	\$2.75/3.10
Tazo Hot Tea	\$1.95/2.20
Espresso	\$1.70/1.95

Add \$.55 for each additional espresso shot

Add \$.30 for each additional flavoring

BREAKFAST

Daily:	Cost:
Plain Bagel	\$1.50
Muffin	\$1.10
English Muffin	\$1.25
Cinnamon Twirl	\$1.55
Croissant	\$1.55
Scone, blueberry	\$1.60
Pancakes (4 w/ butter & syrup)	\$2.25

DAILY ROTATIONS SERVED 7:00—10:30 a.m.

Monday:	
*Bacon, Egg, & Cheese on a Croissant	\$2.45
Tuesday:	
*Western Omelet on a Bagel	\$2.80
Wednesday:	
*Ham, Egg, & Cheese on an English Muffin	\$2.55
Thursday:	
*Sausage Gravy on a Biscuit	\$1.25
*Steak, Egg, & Cheese Biscuit	\$2.25
Friday:	
*Country Ham and Egg on a Southern Biscuit	\$1.95

* Consuming raw or undercooked meats may increase your risk of food borne illness, especially if you have certain medical conditions.

Visit Regent Ordinary to Experience the Extraordinary

Regent Ordinary

ITEMS SERVED MONDAY—FRIDAY

* Hamburger	\$2.50
Add cheese	\$0.35
Add bacon	\$0.55
Grilled Cheese	\$1.50
Fries	\$0.99
Cheese Pizza	\$2.80
Pepperoni Pizza	\$3.10
Onion Rings	\$2.25
Caesar Salad	\$3.95
w/chicken	\$5.65
Fresh Fruit Cup	\$2.45
Homemade Brownies	\$0.85
O.S. Cookies	\$0.60
Saltine Crackers (2 packs)	\$0.20
Veggie Garden Burger	\$4.05
Dressing	\$0.60
Potato Chips	\$0.99
Whole Fruit	\$0.80
B.L.T	\$2.45
Side Vegetable	\$1.10
Grilled Chicken on a hamburger	\$2.95
bun w/ tomato & lettuce	
Ice Cream Sandwich	\$1.35
Ice Cream Cone	\$1.75
Heath Bar	\$1.45



Experience the Extraordinary

In colonial days, an Ordinary was an establishment that served good food at reasonable prices. Regent Ordinary is the university's effort to mimic the past today with good food in a delightful setting. Come and visit us soon at the Regent Ordinary. We believe you will find it an extraordinary experience.

Regent Ordinary seeks to serve the Regent/CBN community by providing good food at a reasonable price in a pleasant atmosphere

Regent Ordinary

Phone: 757-352-4931
 Fax: 757-352-4100
 Email: regentordinary@regent.edu

Revised 7/30/10

Regent Ordinary

Monday

Soup:

Corn Chowder	Cost
Senate Bean	\$2.55
	\$2.35

Salad & Deli:

Caesar	\$3.95
w/Chicken 4oz.	\$5.65
House Salad	\$2.85
Chicken Salad Croissant	\$4.10
w/ Swiss cheese	
Walter Salad—	\$4.95
Romaine lettuce w/cucumber, chick peas, walnuts, carrots, & ripe olives	

Grill:

*Fiesta Burger—	\$3.95
on Texas toast, topped w/guacamole, pepper jack cheese, salsa, & romaine lettuce	
Hot Italian Grinder—	\$4.55
salami, capicola, prosciutto, provolone, & hot pepper relish	

Pizza & Pasta:

Pesto Pizza—	\$4.10
tomato, mozzarella, & provolone	
Baked Rotini—	\$5.05
marinara, mozzarella, provolone & garlic bread	

Full Meal:

1. BBQ Style Pork	\$5.45
w/summer slaw & fries	
-OR-	
2. Oven Roasted Turkey w/dressing—	\$5.55
w/mashed potatoes & gravy, corn O'Brien, & a roll	

Tuesday

Soup:

Maryland Crab —	\$3.15
Puree Mongole—	\$2.85
peas, corn, carrots, split peas, & tomato puree	

Salad & Deli:

Chef Salad—	\$5.95
field greens, turkey, ham, Swiss & American cheeses, cucumber, tomato, radish, & boiled egg, w/ your choice of dressing	

Sesame Chicken Wrap—

sesame fried chicken strips, romaine lettuce, red onion, crunchy wontons & oriental dressing	\$3.55
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Grill:

Fish Cake Sandwich—	\$3.25
lettuce, tomato, American cheese, & tartar sauce	
*Spicy Blue Burger—	\$3.55
grilled & topped w/a spicy hot sauce & blue cheese	

Pizza & Pasta:

White Pizza w/Artichoke Hearts—	\$4.40
olives, diced tomato, alfredo sauce, mozzarella, & provolone	
Lasagna w/Meat Sauce	\$5.65
w/garlic bread	

Full Meal:

1. Oven Roasted Chicken—	\$5.25
w/mashed potatoes, seasonal vegetables, & a wheat roll	
-OR-	
2. Grilled Ham Steaks w/Red Eye Gravy—	\$5.35
w/baked sweet potatoes, seasonal vegetables, & cornbread	

Wednesday

Soup:

French Onion w/Parmesan Croutons	\$2.65
Tomato Bisque	\$3.20

Salad & Deli:

Cobb Salad—	\$6.50
tomato, cucumber, bacon, walnuts, blue cheese, & grilled chicken breast	
Turkey Club—	\$3.80
bacon, lettuce, tomato, turkey, & mayo	

Grill:

*Perfectly Grilled Turkey Burger—	\$3.20
seasoned w/blackened pepper garlic w/ lettuce & tomato	
Po Boy Flounder Sandwich—	\$3.85
tartar sauce, shredded romaine, & tomato	

Pizza & Pasta:

Philly Cheese Steak Pizza	\$3.90
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Baked Ziti—

marinara, mozzarella, provolone, & garlic bread	\$5.05
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Full Meal:

1. London Broil w/Bordelaise	\$6.35
w/oven roasted red potatoes, green beans w/garlic, & a wheat roll	
-OR-	
2. *Meatloaf w/Mushroom Gravy	\$5.55
w/macaroni & cheese, vegetables, & a wheat roll	

Thursday

Soup:

Three Cheese Broccoli	\$3.05
Lentil Bean	\$2.10

Salad & Deli:

Mesclun Salad—	\$7.50
tossed w/romaine & topped w/a grilled fish fillet	
Chicken Bistro Panini—	\$3.85
w/chicken & roasted peppers on a baggett	

Grill:

*Cheddar-Mushroom Burger—	\$3.65
w/lettuce & tomato	
Tweeter Bleu—	\$4.10
chicken breast, ham, & Swiss cheese w/ranch dressing, tomato, & lettuce on a toasted hoagie	

Pizza & Pasta:

Meat Lovers Pizza—	\$3.75
pepperoni, sausage, & ham, w/ marinara, mozzarella & provolone	
Spaghetti w/Meat Balls—	\$5.90
w/garlic bread	

Full Meal:

1. *Taco Salad w/ Southwest Topping	\$4.55
-OR-	
2. Chicken Marsala—	\$5.65
w/mashed potatoes, vegetable medley, & garlic bread	

Friday

Soup:

New England Clam Chowder	\$3.35
Amish Style Chicken & Corn Soup	\$2.55

Salad & Deli:

Mandarin Salad—	\$6.95
tossed romaine & spring mix, topped w/almonds, mandarin oranges, & grilled chicken breast	
Chipotle Turkey Wrap—	\$3.55
w/chipotle mayo, shredded romaine, & tomatoes	

Grill:

Philly Cheese Steak—	\$4.45
w/sautéed onions, green peppers, & provolone, on a sub roll	
*Patty-Melt Burger—	\$3.95
w/sautéed onions, mushrooms, & Swiss on toasted rye	

Pizza & Pasta:

BBQ Chicken Pizza	\$3.80
Baked Rotini—	\$5.05
w/marinara, mozzarella, provolone & garlic bread	

Full Meal:

1. Grilled Tilapia—	\$6.30
w/white wine sauce, rice pilaf, vegetables, & a wheat roll	
-OR-	
2. Trout Vera Cruz—	\$5.45
baked trout topped w/diced tomatoes, onions, garlic, & stuffed olives, served w/rice, seasonal squash, & a roll	

FULL MEALS:
The full meal options will rotate every week, with only one full meal offered each day. Therefore, on "1" weeks, the full meal option will be the first listed for each day. If you would like to know whether it is a "1" or "2" week, please feel free to call the cashier at 352-4931.

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