



Beverages:

Orange Juice	\$1.59
Milk (whole, 2%, skim)	\$1.25
Fountain Coke Products & Freshly Brewed Iced Tea	\$1.19 16oz \$1.49 24oz
Dasani Water	\$1.00 20oz
Minute Maid Lemonade	\$1.49 20oz
Mountain Blast	\$1.49 20oz
Vitamin Water	\$1.59
V8	\$1.49 12oz
STARBUCKS Coffee & Espresso	tall/grande
Coffee	\$1.50/1.95
Cappuccino	\$2.75/3.55
Café' Latte	\$2.75/3.55
White Mocha	\$3.55/4.25
Café' Mocha	\$3.25/4.05
Café' Americano	\$1.95/2.55
Chai Tea Latte	\$2.95/3.60
Hot Chocolate	\$1.95/2.70
Tazo Hot Tea	\$1.95/2.15
Espresso	\$1.75/1.95
Macchiato	\$3.55/4.25

Add \$.55 for each additional espresso shot
 Add \$.30 for each additional flavoring

BREAKFAST

Daily:	Cost:
Plain Bagel	\$1.85
Muffin	\$1.65
(Blueberry, poppy seed, cranorange, or banana nut)	
Cinnamon Twist	\$1.85
Croissant	\$1.25
Scone	\$1.95
(Blueberry, white chocolate raspberry, or apple & cinnamon)	

DAILY ROTATIONS SERVED 7:00—10:30 a.m.

Monday:	
*Bacon, Egg, & Cheese on a Croissant	\$2.75
Tuesday:	
*Western Omelet on a Bagel	\$2.95
Wednesday:	
*Ham, Egg, & Cheese on an English Muffin	\$2.95
Thursday:	
*Steak, Egg, & Cheese Biscuit	\$3.05
Friday:	
*Country Ham and Egg Biscuit	\$2.50

* Consuming raw or undercooked meats may increase your risk of food borne illness, especially if you have certain medical conditions.

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ITEMS SERVED MONDAY—FRIDAY

* Hamburger	\$3.25
Add cheese	\$0..35
Add bacon	\$0.75
Grilled Cheese	\$1.55
Fries (1.25 oz.)	\$1.75
Sweet Potato Fries (4 oz.)	\$1.35
Cheese Pizza	\$2.85
Pepperoni Pizza	\$3.40
Onion Rings	\$2.45
Caesar Salad	\$4.15
w/chicken	\$6.00
Fresh Fruit Cup	\$2.95
Homemade Brownies	\$0.90
O.S. Cookies	\$0.75
Saltine Crackers (2 packs)	\$0.15
Veggie Garden Burger	\$4.35
Dressing (1pk)	\$0.75
Potato Chips	\$1.20
Whole Fruit	\$1.20
B.L.T	\$2.65
Side Vegetable	\$1.10
Grilled Chicken on a hamburger	\$3.45
bun w/ tomato & lettuce	
Ice Cream Sandwich	\$1.65
Ice Cream Cone	\$2.20
Heath Bar	\$1.90



Experience the Extraordinary

In colonial days, an Ordinary was an establishment that served good food at reasonable prices. Regent Ordinary is the university's effort to mimic the past today with good food in a delightful setting. Come and visit us soon at the Regent Ordinary. We believe you will find it an extraordinary experience.

Regent Ordinary

Phone:757-352-4931
 Fax: 757-352-4100
 Email: regentordinary@regent.edu

Revised 12/19/11

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Monday

Soup:

Old Fashion Cabbage Soup	Cost
Knicker Bocker Soup	\$2.45
	\$2.35

Salad & Deli:

Caesar	\$4.15
w/ Grilled Chicken Breast	\$6.00
Spinach Salad	\$5.65
Egg, mushroom, red onions, and diced bacon	
House Salad	\$2.10
Tuna Salad Croissant	\$4.70
w/ lettuce and tomato	

Grill:

*Judge Gordon's Burger on a pretzel roll w/ ham, Swiss cheese, & spicy mustard	\$4.65
Fried Chicken Breast Sandwich w/ lettuce, & sliced tomato	\$3.55

Pizza & Pasta:

Pesto Pizza— Tomato, mozzarella, & provolone	\$4.85
Baked Ziti w/ Meatballs— marinara, mozzarella, provolone & garlic bread	\$5.95

Full Meal:

1. Carolina Style Pork BBQ Platter w/summer slaw & fries	\$5.95
-OR-	
2. Chicken Pot Pie- w/ carrots, onions, celery, peas, & mushrooms in a cream sauce	\$5.65

Tuesday

Soup:

Minestrone	\$3.25
Cream of Tomato Florentine	\$2.95

Salad & Deli:

Grilled Chicken & Bleu Cheese Salad	\$6.90
Romaine, spinach, field greens, bacon, walnuts, cucumber, tomato, red onion & your choice of dressing	

Pitt's Roast Beef Sandwich \$4.75
Served on rye w/ cheddar, horseradish, & onion rings

Grill:

*Italian Burger	\$4.10
grilled 1/4 lber topped w/ marinara, provolone, & grilled peppers	
Catfish PoBoy	\$3.95
Fried catfish on a hoagie w/ Cajun tartar sauce & American cheese	

Pizza & Pasta:

White Pizza w/Artichoke Hearts— olives, diced tomato, alfredo sauce, mozzarella, & provolone	\$4.75
Lasagna w/Meat Sauce w/garlic bread	\$6.20

Full Meal:

1. Sweet and Sour Chicken	\$6.60
Served over rice w/ broccoli	
-OR-	
2. Grilled 6 oz. Pork Chop w/ applesauce, lyonnaise potato, sautéed kale, and a cheesy biscuit	\$6.80

Wednesday

Soup:

French Onion	\$3.25
Cream of Broccoli	\$3.10

Salad & Deli:

Southwestern Tilapia Salad	\$6.95
Field salad finished w/ roasted corn, black beans, red pepper & grilled tilapia	
Extra-Ordinary Club—	\$5.10
Three slices of toasted western bread w/ turkey, ham, bacon, lettuce, tomato, & mayo	

Grill:

*Turkey Burger— seasoned w/ pepper garlic and topped w/ lettuce & tomato	\$4.25
Rueben	\$5.45
Grilled corned beef on toasted rye w/ 1000 Island dressing, Swiss cheese, & sauerkraut	

Pizza & Pasta:

Hawaiian Pizza	\$4.35
Capicola ham, pineapple chunks, red & green	

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peppers, mozzarella, & provolone

Baked Ziti \$6.05
W/ Italian sausage, marinara, mozzarella, provolone, & garlic bread

Full Meal:

1. Beef Pot Roast	\$6.85
w/ stewing vegetables & cornbread	
-OR-	
2. Salisbury Steak	\$5.95
w/ mushroom gravy, mashed potatoes, zucchini, tomato, chickpeas, and a roll	

Thursday

Soup:

Pumpkin Soup	\$3.25
Lentil Soup	\$2.55

Salad & Deli:

Chef Salad	\$6.65
Array of greens w/ turkey, ham, Swiss cheese, pepper cheese, and an array of condiments	
Italian Sub	\$4.05
w/ capicola ham, cotto salami, provolone, onions, pepperoni, spices & olive oil	

Grill:

*Cheddar-Mushroom Burger— w/lettuce & tomato	\$4.45
Gyro—	\$4.00
Chicken, lamb, toasted pita w/ tzatziki sauce, tomato and lettuce	

Pizza & Pasta:

Meat Lovers Pizza— pepperoni, Italian sausage, bacon & ham, w/marinara, mozzarella & provolone	\$3.95
Penne—	\$6.25
with chicken, marsala cream sauce, mushrooms, peas and garlic bread	

Full Meal:

1. *Taco Salad w/ turkey or beef served w/ corn chips, lettuce, shredded cheddar Salsa, sour cream & jalapenos	\$5.85
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Friday

Soup:

Manhattan Clam Chowder	\$3.95
Vegetarian Vegetable	\$3.95

Salad & Deli:

Grilled Chicken Citrus Salad— Greens w/ grapefruit and orange sections, dried cranraisins and walnuts	\$6.45
Chipotle Turkey Wrap—	\$4.35
In a tomato tortilla w/shredded lettuce, tomatoes, olives and Swiss cheese	

Grill:

*BLT Swiss Burger— Served on a toasted bun w/ lettuce and tomato	\$4.10
Your Philly Cheese Steak— w/sautéed onions, green peppers, mushrooms & provolone finished w/ your choice of aioli, chipotle, or sweet and sour	\$5.75

Pizza & Pasta:

BBQ Chicken Pizza	\$4.35
diced chicken finished w/ lime juice, cilantro, marinara, mozzarella and provolone	
Bow Tie Pasta— w/marinara, mozzarella, provolone & garlic bread	\$5.75

Full Meal:

1. Chargrilled Salmon Filet— w/white wine sauce, wild rice, seasonal vegetables, & a roll	\$7.65
-OR-	
2. Puffy Baked Trout— Egg white and tartar sauce served w/ wild rice, seasonal squash, & a roll	\$6.10

FULL MEALS:
The full meal options will rotate every week, with only one full meal offered each day. Therefore, on "1" weeks, the full meal option will be the first listed for each day. If you would like to know whether it is a "1" or "2" week, please feel free to call the cashier at 352-4931.