Habits of the Heart: Doing the Stuff #3
Drawing Close to God Through Study

Today: Remember the 4 steps of study that Dr. Bekker mentioned:

1. Repetition
2. Concentration
3. Comprehension
4. Reflection

Recalling Martin Luther's quote, "Study is prayer and prayer is study," select two lines from either Psalm 63 or Psalm 145. Spend significant time repeating them, focusing your attention on them, seeking to understand them, then reflecting on how they might "change your orientation towards the world," as Dr. Bekker explained the crucial last step of study. Remember to do this prayerfully, and have pen and paper ready to record any insights from the Lord.

Weekly Activity:
Choose a passage of scripture and use it for your study session. Applying the 4 steps of study you have learned (Repetition, Concentration, Comprehension and Reflection) to the passage, notice how this changes your experience with the scriptures as opposed to just reading through the passage. Share some of your thoughts and observations in the reaction space provided on this site.

Remember: God's presence does not require absence of sin! He is present in every chaotic and dark situation, ready to bring order and holiness, just as in Genesis 1:2. Our hope and salvation rest on His readiness to step in and act on our behalf.