The Office of International Student Services (OISS) invites all students in F-1 and J-1 immigration status to attend the following Immigration Information Sessions which are planned especially for you this semester. We hope you find these sessions beneficial to your stay in the U.S., & we look forward to seeing you this Spring!

**F-1 Student Optional Practical Training Employment Benefit** *(Mandatory for all F-1 students who plan to apply for OPT this Spring.)*
- Friday, February 4, 12 p.m.
- LOCATION: Room 252, Student Center

**J-1 Student Academic Training Employment Benefit** *(Mandatory for all J-1 students who plan to apply for AT this Spring.)*
- Friday, March 18, 12:00 p.m.
- LOCATION: Room 252, Student Center

**Overview of Employment Rules and Options for F-1 Students**
- Friday, February 18, 12:00 p.m.
- LOCATION: Room 252, Student Center

Employment is considered to be the rendering of services for compensation – financial or other. Working in the U.S. without proper authorization, and/or for more hours than permitted, are serious violations of the F-1 status which can lead to severe consequences, such as deportation. All F-1 international students who are considering employment in the U.S. are encouraged to attend this session, which will cover the five types of employment options available to them as well as the rules and regulations for working in the U.S.

we look forward to seeing you at this session!

**Special Note:** Self-employment is not permitted for F-1 students, and F-2 dependents are not permitted to work in the U.S. under any circumstances. (Details about F-1 student Employment Options can be found here: [http://www.regent.edu/admin/stusrv/iss/employment.cfm](http://www.regent.edu/admin/stusrv/iss/employment.cfm))

**F-1 Student Curricular Practical Training Employment Benefit** *(Mandatory for all F-1 students who plan to do a required academic internship during the Spring or Summer 2011 terms.)*
- Friday, March 11, 12:00 p.m.
- LOCATION: Room 252, Student Center

**J-1 Student Academic Training employment benefit are** *(Mandatory for all J-1 students who plan to do a required academic internship (Mandatory for all J-1 students who plan to do a required academic internship during the Spring or Summer 2011 terms.)*
- Friday, March 18, 12:00 p.m.
- LOCATION: Room 252, Student Center

All F-1 students who plan to do a mandatory academic internship during the Spring or Summer 2010 semesters are required to attend one of these two CPT sessions this spring before the OISS can process their CPT application. CPT is explained, the application process is discussed, and the CPT applications are distributed at this session. Sessions will start on time, so please do not be late. Attendance will be taken. (Details about CPT can be found here: [http://www.regent.edu/admin/stusrv/iss/employment.cfm](http://www.regent.edu/admin/stusrv/iss/employment.cfm))