

CURRICULUM VITAE

Sherry M. Todd, PhD, LPC, ATR-BC, CTS
 Assistant Professor, Regent University
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Dynamic Instructor and Creative Problem Solver with Extensive Experience in Diverse Environments
 Member, Premier Speakers Bureau, National Center for Crisis Management, NC-CM.org
<http://www.nc-cm.org/biosherrytodd.htm>

Education

Doctorate of Philosophy in Counselor Education and Supervision (CACREP Accredited) 9/2009
 Old Dominion University, Norfolk, Virginia
 Dissertation: Traumatic Stress as a Predictor of Suicidality

Master of Science in Art Therapy 5/1994
 Eastern Virginia Medical School, Norfolk, Virginia
 Thesis: Denial Evidenced in the Family Drawings of Adolescents Who have Experienced the Loss of a Parent

Bachelor of Arts in Studio Art, Three Dimensional Design 5/1987
 Virginia Wesleyan College, Norfolk, Virginia

Professional Experience

Safe Schools Counselor, Norfolk Public Schools, Norfolk, VA 08/00-Present
 Mental Health Practitioner, District Crisis Team Founding Member (ICISF CISM Approach), Program Development and Evaluation, Suicide Screening/Prevention/Training Program Coordinator, Provide Family, Group & Individual Therapy, Clinical Evaluation & Consultation, Conflict Mediation, Develop Data Bases, Produced Annual Reports, Conduct Staff In-Services, Provide Referrals to Community Resources, Site Supervision of Graduate Interns (from five universities- school counseling, community mental health counseling and art therapy students), Community Liaison & Networking with Community Agencies, Universities and Community Service Board

Supervisor Intensive In-Home Therapy, Community Innovations, Norfolk, VA 03/99-12/00
 Intensive Home-Based Therapy / Mentoring Services Clinical Supervisor, Individual, Group & Family Therapist, Trauma Specialist, Juvenile Sex Offender Treatment & Evaluation, Court Documentation & Testimony, Crisis Intervention, Supervision / Leadership of Master Level Therapists and Graduate Interns, Quality Assurance

Emergency Services Clinician, Chesapeake Community Services Board, Chesapeake, VA 03/99-10/00
 Conduct Child / Adolescent / Adult Emergency Lethality Evaluations & Substance Abuse Assessments, Crisis Intervention, Assess Resources / Support, Court Reports / Documentation, Request Emergency Custody / Temporary Detention Orders, Client Stabilization, Court Appearances (Part-time Employment)

Therapist II, Hampton-Newport News Community Services Board, Newport News, VA 10/97-03/99
Provide Individual & Family Therapy, In-take & Diagnostic Evaluations, Crisis Intervention, Lethality Evaluations, Substance Abuse Assessments, Redesigned Play Therapy Room, Insurance Billing, Document /Testify for Court, Grant Reporting, Data Collection, Quality Assurance, Member Multi-Disciplinary Treatment Team; three positions:

Comprehensive Outpatient Services – Child, Adolescent, Adult and Family Treatment
Mental Health Clinician Newport News Juvenile Detention Center
Clinical Coordinator Pathways Independent Living Center

Trauma Track Coordinator/Family Therapist, Community Innovations, Norfolk, VA 07/94-10/97
Develop & Implement Program, Coordinate Treatment / Supervise Therapists in Trauma Work, Provide Crisis Intervention, Conduct Individual, Family, & Group Therapy, Collaborate with Community Agencies & Courts, Supervise Graduate Interns

Teaching and Supervision Experience

Adjunct Assistant Professor, Old Dominion University, Norfolk, VA 1/2010
655 Social and Cultural Issues in Counseling and Education

Adjunct Faculty, Health Professions, Eastern Virginia Medical School, Norfolk, VA 2000-Present
Responsible for university supervision of interns, special series guest lecturer, thesis committee chairperson, and thesis committee member

Graduate Course Guest Lecturer for Eastern Virginia Medical School's Graduate Art Therapy Program and Old Dominion University's Master Counseling Programs

Instructor, International Critical Incident Stress Foundation, 2007-Present
Critical Incident Stress Management Two/Three Day Courses, Continuing Education / Professional Development
"Suicide Prevention, Intervention, and Postvention", York CISM, York, PA, January 27 & 28, 2010
"Combo Course-Individual and Group Crisis Intervention, 3 days", Norfolk Police, March, 2009
"Stress Management for the Trauma Provider", Hampton Fire and Rescue, Hampton, VA, February 12 & 14, 2009
"Individuals Crisis Intervention and Peer Support", Virginia Beach, VA, January 24 & 31, 2009
"Advanced Group", Hampton Fire and Rescue, Hampton, VA, June 23 & 24, 2008
"Group Crisis Intervention", Virginia Beach, VA, June 19 & 20, 2008
"Group Crisis Intervention", CISM Team, Charlottesville, VA, October 13 & 14, 2007
"Stress Management for the Trauma Provider", Virginia Beach, VA, June 19 & 20, 2007
"From Trauma to Addictions", Virginia Beach, VA, April 12 & 13, 2007
"Assisting Individuals in Crisis", Virginia Beach, VA, February 26, 27 & 28, 2007

Supervision of Counselors and Art Therapists seeking state Licensure as Professional Counselors through the Virginia Department of Health Professions since 1999; Approved Supervisor

Supervision of Graduate Interns from Eastern Virginia Medical School, Liberty University, Norfolk State University, Old Dominion University, and Regent University (on-site direct clinical supervision)

Teaching Assistantship-Fine Arts Department, Old Dominion University, Norfolk, VA 1990-1991
Responsible for all teaching activities: planning, implementation of lessons, and grade assignment

Grant Work

Million Dollar Grants (Agency Procured)

Newport News CTQEL Grant \ **2007-2008**

Old Dominion University and Newport News Public Schools, Newport News, VA

Collaborated with assigned school, attended trainings/meetings, gathered data for needs assessment, developed research idea, assisted in implementation of study, data collection, report writing, and presentations

Disaster Research Team, National Child Traumatic Stress Network Grant **2007-2008**

University of Virginia and the Medical Reserves Corp, Charlottesville, VA

Participated in planning meetings and training, developed research idea and questions, assisted in development of research study and instrument, collaborated with other disciplines

Safe Schools / Healthy Students Initiative Grant **2000-2003**

Norfolk Public Schools, Norfolk, VA

Collected data, implemented mental health counseling program in the public school system, provided information for grant reports, developed a 'Clearinghouse of Safe Schools Resources', developed / implemented crisis intervention program; obtained several certifications in crisis response and school crisis

Newport News Juvenile Detention Recidivism Grant **1997-1998**

Hampton-Newport News Community Services Board, Newport News, VA

SAMHSA Funded Grant. Collected data, developed screening criteria, wrote grant reports (quarterly and annual), met with grant administrator (SAMHSA), maintained records, provided intake and lethality evaluations, on-going treatment and crisis intervention to incarcerated juveniles and their families

Smaller Grants (Writer Procured)

The Town Foundation Grant, Norfolk **2008-2009**

Norfolk Public Schools, Norfolk, VA

Wrote proposal for a mini-grant to purchase art supplies to use with students to express traumatic experience through art, completed grant reports, budget, ordering and teaching techniques used by counseling interns

Norfolk Education Foundation Grant **2007-2008**

Norfolk Public Schools, Norfolk, VA

Wrote proposal for a mini-grant for a curriculum to use with high school students dealing with violence, completed grant reports, and implementation of curriculum used by graduate counseling interns

Publications

Todd, S., Remley, T., and Nunnery, J. (Under Review). Traumatic stress as a predictor of suicidality. Manuscript submitted for publication.

Neukrug, E., Todd, S., et al. (In process). Instructor's manual for theories of counseling and psychotherapy (working title) [Electronic version]. Belmont, CA: Brooks/Cole.

Thompson, S., Todd, S., and Jenkins, C. (2009). A Mindful Model for Feedback: Centering, focusing and receiving. *SACES Newsletter*. Summer.

Todd, S. (2008). Integrated school mental health. *Reflections (Old Dominion University Department of Educational Leadership and Counseling's Newsletter)*, 2, 13.

Todd, S., Morant, A., and Taylor, G. (2008). Safe Schools Counseling Program orientation and training manual for intern and practicum students. Norfolk Public Schools, Department of Pupil Personnel Services, Safe Schools Counseling Program. Unpublished manual for district use.

Todd, S., Dryden, A., and Taylor, G. (2005). Signs of Suicide Program manual for NPS. Norfolk Public Schools, Department of Pupil Personnel Services, Safe Schools Counseling Program. Unpublished manual for district use.

Professional Presentations & Trainings

International and National Refereed Selected Presentations

- Lead Panel Presenter, "Saving Lives: Norfolk Public Schools' Suicide Prevention Programs", Association of Traumatic Stress Specialists International Conference, Dallas, TX, April, 2005.
- Conference Presenter, "Overcoming Grief Through Creative Healing", Association of Traumatic Stress Specialists International Conference, Dallas, TX, April, 2005.
- Conference Presenter, "Armed and Dangerous Kids: The Trauma-Violence Cycle", Association of Traumatic Stress Specialists International Conference, Charlotte, NC, March, 2006.
- Conference Presenter, "What They are Saying – Looking into the Art", National Early Childhood Education Association, March, 1997 & Virginia Early Childhood Education Association, February, 1997.
- Panel Presenter, "Integrating Community Mental Health and Substance Abuse Services into Juvenile Correctional Centers", International Adolescent Conference, Bethesda, MD, October, 1998.

Local, State, and Regional Refereed Selected Presentations

- Symposium Co-Presenter, "Art Therapy Techniques with Children in Crisis", Sixth Annual Symposium on Dynamic Approaches to Crisis and Trauma Interventions, Argosy University Sarasota, FL, February 25-27, 2010.
- Conference Presenter, "Synergism of Trauma and Addiction", Virginia Counselor Association, Graduate Student Conference, William and Mary University, Williamsburg, VA, March, 2009
- Conference Instructor, ICISF: "Suicide Prevention, Intervention, and Postvention", Virginia CISM Conference, Virginia Beach, VA, June 1 & 2, 2008
- Conference Instructor, ICISF: "Advanced Group", Va. CISM Conference, Virginia Beach, VA, June 1 & 2, 2007
- Conference Instructor, ICISF: "From Trauma to Addictions", Va. CISM Conference, Virginia Beach, VA, May 30 & 31, 2007
- Conference Presenter, "Armed and Dangerous: The Trauma-Violence Cycle", NICOSTY Conference, Chesapeake, VA, October, 2005.
- Conference Presenter, "SOS: Suicide Prevention Program", Virginia Association of School Counselors, Portsmouth, VA, April, 2005.
- Conference Presenter, "Art Therapy with Children and Adolescents", Norfolk Interagency Alliance for Children, Norfolk, VA, February, 1997.
- Workshop Facilitator, "Reducing Stress for Women", Virginia Beach Domestic Violence Task Force Conference for Women, Virginia Beach, VA, October, 1996.

Local, State, and Regional Invited Presentations

- Conference Presenter, "Communication Skills for Psychological First Aid", Disaster Preparedness Day, Virginia Beach Medical Reserves Corp, Virginia Beach, VA, October, 2008.
- Conference Presenter, "Crisis Intervention for School Nurses", Norfolk School Nurses, Norfolk Health Department, Norfolk, VA, June 2008.
- Guest Speaker, "Healthy Teams", State CISM Committee Meeting, Department of Health, Richmond, VA, March, 2008.
- Workshop Co-Facilitator, "Compassion Fatigue: The Cost of Caring", Virginia Beach, VA, March, 2008.
- Conference Presenter, "Disaster Behavioral Health", Virginia Beach Medical Reserves Corp, Virginia Beach, VA, October, 2007.
- Conference Presenter, "Psychological First Aid", Disaster Preparedness Day, Virginia Beach Medical Reserves Corp, Virginia Beach, VA, September, 2007.
- Facilitator, "Stress Management for School Staff", Norfolk Public Schools, Norfolk, VA, March 5, 2007.
- Guest Speaker, "Stress Management for Administrators", Norfolk Public Schools' Administrators Conference, Ted Constance Center, Norfolk, VA, January, 2007.

- Workshop Facilitator, “Art Smart: Integrating Art into Counseling”, Virginia Beach, VA, March, 24, 2007.
- Workshop Facilitator, “Got Stress? Develop Stress Management Skills”, Norfolk Public Schools Discipline In-service, Norfolk, VA, November, 2006.
- Workshop Facilitator, “Art Smart: Integrating Art into Counseling”, The Refuge, Norfolk, VA, July, 2006.
- Special Guest Speaker, “Loose Ends: Attachment Problems from Beginning to End”, Commonwealth Partnership for Women and Children Affected by Substance Use, Hanover, VA, November, 2005.
- Presenter, “Hurricane Katrina the Aftermath: Helping Kids in Crisis”, Norfolk Public Schools, Lake Taylor High School, Norfolk, VA, October, 2005.
- Presenter, “The Angry Child”, Norfolk Public Schools, Madison Alternative School, October, 2005.
- Facilitator, “Art Therapy Techniques for Stress Reduction”, YWCA/Response Sexual Assault Staff Training, Norfolk, VA, May, 2005.
- Team Instructor, “Multi-Hazard Emergency Planning for Schools”, Norfolk Public Schools, Norfolk Emergency Operations Center, January, February, March, April, August, October, and December, 2005.
- Presenter, “Crisis Intervention with Children Affected by Trauma”, Norfolk Public Schools Staff Training, Jacox Elementary School, Norfolk, VA, November, 2004.
- Workshop Facilitator, “The Impact of Traumatic Stress on Learning”, Norfolk Public Schools Staff In-Service/ Training, Tidewater Park Elementary School, Norfolk, VA, January, 2004.
- Co-Facilitator, “Motivating the Unmotivated Child”, Workshop Norfolk Public Schools Parent Workshop Series, Norview High School, Norfolk, VA, May, 2003.
- Instructor, “Question, Persuade, Refer – Suicide Prevention Program”, District Wide Crisis Team, Norfolk Public Schools, Maury High School, Norfolk, VA, June 2002.
- Panel Presenter, “Managing Classroom Behavior; Recognizing Sexual Abuse”, Norfolk Public Schools District Wide Teacher In-Service, Maury High School, Norfolk, VA, February, 2001.
- Guest Speaker, “Lethal Teens – Assessing Risk of Lethality”, Virginia Association of Detention Educators, Richmond, VA, September, 1998.
- Workshop Facilitator, “Expressive Therapies to Reduce the Effects of Stress”, Virginia Employee Assistance Program, Portsmouth, VA, April, 1997.

University and Academic Refereed Selected Presentations

- Symposium Lead Panel Speaker, “Integrating Structural Family Therapy and Art Therapy”, Art Therapy Regional Symposium, Eastern Virginia Medical School, Norfolk, VA, April, 1995.
- Research Symposium Presenter, “Denial Evidenced in the Family Drawings of Adolescents who have Experienced the Loss of a Parent”, Research Symposium, Eastern Virginia Medical School, Norfolk, VA, April, 1994.
- Grand Rounds Presenter, “Denial Evidenced in the Family Drawings of Adolescents who have Experienced the Loss of a Parent”, Grand Rounds, Eastern Virginia Medical School, Norfolk, VA, May, 1994.

University and Academic Invited Presentations

- Guest Lecturer, “Art in Assessment and Diagnosis”, Assessment and Diagnosis Graduate Course, Old Dominion University, Norfolk, VA, October 16, 2008.
- Workshop Facilitator, “Healing Power of Art”, Site Supervisor Training, Old Dominion University, Norfolk, VA, March 9, 2008.
- Guest Lecturer, “Writing Art Therapy Grants”, Graduate Art Therapy Program, Eastern Virginia Medical School, Norfolk, VA, February, 1999
- Guest Lecturer, “Adolescents in Dysfunctional Family Systems”, Graduate Art Therapy Program, Eastern Virginia Medical School, Norfolk, VA, January, 1997.
- Guest Lecturer, “Child Development Evidenced through Art”, Children’s Harbor Education Center, Tidewater Community College, Portsmouth, VA, November, 1996.
- Conference Presenter, “What They are Saying – Looking into the Art”, Peace and Violence Conference, Tidewater Community College, Chesapeake, VA, November, 1996.
- Guest Lecturer, “In-Home Family Art Therapy”, Graduate Art Therapy Program, Eastern Virginia Medical School, Norfolk, VA, October, 1994 & March, 1995.

Awards

Recipient of the **2009 Making a Difference Award**, Tidewater Emergency Medical Services CISM Team
 Recipient of the **2008 Chi Sigma Iota National Outstanding Practitioner/Supervisor Award**
 Recipient of the **Outstanding Practitioner/Supervisor Award**, 2008 Omega Delta, Chi Sigma Iota
 Recipient of the **Paul Fink, MD Outstanding Art Therapist Award**, 1994 Eastern Virginia Medical Sch

Professional Activities

Credentials

Licensed Professional Counselor (LPC) since 1997 - Virginia Board of Health Professions
 Board Certified (2006), Registered (1996) Art Therapist (ATR-BC) - Art Therapy Credentials Board
 Certified Traumatologist (CT, 2004) - Green Cross Academy of Traumatology
 Certified Trauma Specialist (CTS, 2002) - Association of Traumatic Stress Specialists
 Certified Compassion Fatigue Therapist (CFT, 2008) – Green Cross Academy of Traumatology
 Diplomate (2004), American Academy of Experts in Traumatic Stress
 Board Certified Expert in Traumatic Stress (BCETS, 2003), American Academy of Experts in Traumatic Stress
 Board Certified in School Crisis Response (BCSCR, 2003), American Academy of Experts in Traumatic Stress

Certified Instructor Credentials

Certified Compassion Fatigue Educator (CFE, 2006) – Green Cross Academy of Traumatology
 Multi-Hazard Emergency Planning for Schools Instructor (2004) – FEMA
 Certified “QPR – Question, Persuade, Refer” Gatekeeper Suicide Prevention Instructor
 Post Critical Incident Seminar Facilitator – 1 of 5 in Virginia trained by Retired FBI Agent Jim Horn, 2007
 “Child Assault Prevention” Program Facilitator

Specialized Training

ICISF Critical Incident Stress Management (CISM) Trained Trainer in all the Core Courses
 Eye Movement Desensitization and Reprocessing (EMDR) Level I and II Trained, 1998
 Thought Field Therapy Algorithm Trained, 2007; Diagnostic Trained, 2009 (TFTdx)
 FEMA Courses required to Deploy – IS 100, IS 700, and IS 22
 Certificate of Specialized Training in Crisis Intervention for Schools & Children – ICISF, 2006

Professional Affiliations and Additional Activities

Committees and Boards

Founding Member of the Board Advisory Committee to Green Cross, Academy of Traumatology
 Founding Member of the Consortium to Prevent School Violence
 Certification Board Member of the Association of Traumatic Stress Specialists
 Mental Health Representative on the Advisory Committee of the Virginia Beach Medical Reserves Corp
 Mental Health Representative (Virginia) State Critical Incident Stress Management Team
 Eastern Virginia Medical School Graduate Art Therapy Thesis Committee Member and Thesis Chair
 Regent University Doctoral Dissertation Committee Member

Professional Affiliations and Additional Activities

Professional Memberships

American Academy of Experts in Traumatic Stress
American Art Therapy Association
American Counseling Association
American School Counselor Association
Association of Traumatic Stress Specialist
Chi Sigma Iota, Counseling Honor Society
Consortium to Prevent School Violence
Green Cross, Academy of Traumatology
International Critical Incident Stress Foundation
National Center for Crisis Management
Omega Delta Chapter, Chi Sigma Iota
Virginia Counselor Association

Community Volunteer Work and Team Memberships

Norfolk Police Critical Incident Stress Management Team
Tidewater Emergency Medical Services Critical Incident Stress Management Team
Virginia Beach Medical Reserves Corps Volunteer
Virginia State Critical Incident Stress Management Team
Medical Team Volunteer for the Rock-n-Roll Half Marathon to benefit the Lymphoma and Leukemia Society

Research Interests

Traumatic Stress, Suicidality, Stigmatized and Marginalized Populations, Mental Health in the Schools, School Violence, Crisis Intervention, Compassion Fatigue/Satisfaction and Burnout, First Responder Stress/Resiliency, Adolescent Concerns, Attachment Problems

Teaching Interests

CACREP Program or Assisting in the Process of the Program Becoming CACREP Accredited, Social and Cultural Concerns in Counseling, Supervision, Clinical Counseling Skills, Diagnosis and Assessment, Differential Diagnosis/Misdiagnosis, Research, Trauma, Crisis Intervention/Suicidality, School Counseling, Creative and Alternative Treatments