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Curriculum Vitae  
Jennifer Sulouff Ripley  
Professor of Psychology  
Regent University

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## Education

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Doctorate of Philosophy, Virginia Commonwealth University, August 1999,  
Counseling Psychology. Dissertation: The effects of marital social values on  
outcomes of forgiveness couples enrichment psychoeducational groups, or  
communication couples enrichment psychoeducational groups.

Master of Science, Virginia Commonwealth University. August, 1996,  
Counseling Psychology. Thesis: The effects of religious values and beliefs on  
selection of religious or non-religious marital therapy situations.

Bachelor of Arts, Nyack College, Summa Cum Laude, May 1993, Psychology.

## Areas of Specialization

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Marital Dynamics and Therapy  
The Effects of Cultural and Religious Values on Marriages  
Technology in Teaching Excellence

## Journal Publications and Book Chapters

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Ripley, J.S. (2010). Living the legacy: A letter to my students. In G. Moriarty (Ed.).  
Integration journeys: 12 Psychologists tell their stories. *Intervarsity Press*.

Worthington, E.L., Jr., Hook, J., Davis, D., & Ripley, J.S. (2009). Empirically supported  
Christian treatments for counseling. *Christian Counseling Today, in press*.

Ripley, J.S., Garzon, F.L., Hall, E.L., Mangis, M.W., & Murphy, C.J. (2009). Pilgrims' Progress: Faculty and University Factors in Graduate Student Integration of Faith and Profession. Invited for submission to *Journal of Psychology and Theology* special issue on integration edited by Fernando Garzon. *Journal of Psychology & Theology*, 37

Hall, E.L., Ripley, J.S., Garzon, F.L., & Mangis, M.W. (2009). The other side of the podium: Student perspectives on learning integration. Invited for submission to *Journal of Psychology and Theology* special issue on integration edited by Fernando Garzon. *Journal of Psychology & Theology*, 37

Worthington, E.L. Jr., Berry, J.W., Miller, A.J. Sharp, C.B., Canter, D.E., Hook, J.N., Davis, D.E., Scherer, M., Campana, K.L., Wade, N.G., Yarhouse, M. & Ripley, J.S. (2009). Forgiveness-reconciliation and communication-conflict-resolution interventions versus retested controls in early married couples. *Under revision for resubmission.*

Hathaway, W. & Ripley, J.S. (2009). Ethical concerns around spirituality and religion in clinical practice. In J. Aten & M. Leach (Eds.). *Spirituality and the therapeutic process: A comprehensive resource from intake to termination* APA Books: Washington DC.

Worthington, E.L., Jr., Ripley, J.S., Hook, J., & Miller, A. (2007). The hope focused approach to couple therapy and enrichment. Invited special issue of the *Journal of Psychology and Christianity* on Christian interventions in counseling and psychotherapy edited by Siang Yang Tan and Donald Walker. *Journal of Psychology and Christianity*, 26, 132-139.

Ripley, J.S., Jackson, L., Tatum, R., & Davis, W. (2007). A developmental model of supervisee spiritual and religious development. Invited for special issue of *Journal of Psychology and Christianity* on supervision edited by Michael Mangis and Jamie Aten. *Journal of Psychology and Christianity*, 26, 298-306.

Worthington, E.L., Jr., Ripley, J.S., Davis, D.E., & Wood, B.T. (2007). Forgiveness. In D. Leeming & K. Madden (Eds.). *Encyclopedia of Psychology and Religion*. *In press.*

Worthington, E.L., Jr, Ripley, J.S., Hook, J.N., Miller, A.J. & Crawford, S. (2007). Why is the hope focused couple approach effective? *Marriage and Family A Christian Journal*.

Worthington, E.L., Jr., Ripley, J.S., Hook, J.N., & Miller, A.J. (2007). Hope focused marriage approach: Repairing and maintaining the emotional bond. In T. Clinton & G. Ohlschlager (Eds.). *Caring for people God's way in marriage and family life*. AACC Press. *In Press.*

Turner, P. & Ripley, J.S. (2006). Applying hope focused marriage therapy to conflict resolution in marriage: A case study. *Journal of Psychology and Christianity*, 26, 65-67.

Ripley, J.S., Cunion, A., Noble., N. (2005). Alcohol Abuse in Marriage and Family: Contexts and Treatment Considerations. *Alcoholism Treatment Quarterly*, 24, 171-184.

Ripley, J.S., Worthington, E.L., Jr., Bromley, D.G., & Kemper, S.D. (2005). Covenantal and contractual values in marriage: Marital Values Orientation towards Wedlock or Self-actualization (Marital VOWS) Scale. *Personal Relationships, 12*, 317-336.

Fries, E., Edinboro, P., McClish, D., Manion, L., Bowen, D., Beresford, S.A.A., & Ripley, J. (2005). Randomized Trial of a Low-Intensity Dietary Intervention in Rural Residents: The Rural Physician Cancer Prevention Project. *American Journal of Preventive Medicine, 28*, 162-168.

Ripley, J.S., Hatcher, R., Seymore, R., & Lile, R. (2004). Psychology and marriage ministry collaborations. In M.R., McMinn & A.W. Dominguez (Eds.) *Psychology and the Church*. Hauppauge, NY: Nova Science Publishers.

Ripley, J.S. & Kemper, S.D. (2004). Pastoral Care of Couples and Families. In D. Herl & M.L. Berman (Eds.) *Building Bridges Over Troubled Waters: Enhancing Pastoral Care and Guidance*. Lima, OH: Wyndham Hall Press.

Ripley, J.S. (2003). Reflections on the Current Status and Future of Christian Marriages. *Journal of Psychology and Theology, 31*, 175-178.

Worthington, E.L., Jr., Wade, N.G., Hight, T.L., Ripley, J.S., McCullough, M.E., Berry, J.W., Schmitt, M.M., Berry, J.T., Bursley, K.H., & O'Connor, L. (2003). The religious commitment inventory-10: Development, refinement, and validation of a brief scale for research and counseling. *Journal of Counseling Psychology, 50*, 84-96.

Ripley, J.S., Borden, C.R., Albach, K., Barlow, L.L., Kemper, S.D., Valdez, S., Babcock, J., Smith, C. & Page, M. (2002). Providing personalized feedback for marriage enrichment through distance formats: A pilot project. *Marriage and Family: A Christian Journal, 5*, 215-228.

Ripley, J.S., & Worthington, E.L., Jr. (2002). Hope-focused and forgiveness-based group interventions to promote marital enrichment. *Journal of Counseling and Development, 80*, 452-463.

Worthington, E.L., Jr., & Ripley, J.S. (2001). Interventions to promote hope in Christian marriages. Invited Book Chapter for T. Clinton and G. Ohlschlager, *Competent Christian counseling: Practicing and pursuing compassionate soul care*. (pp. 455-474). Nashville: Thomas Nelson.

Ripley, J.S., Parrott, L., III., Worthington, E.L., Jr., Parrott, L., & Smith, C. (2000). An initial empirical examination of the Parrotts' marriage mentoring: Training the program coordinators. *Marriage and Family: A Christian Journal, 4*, 77-93.

Worthington, E.L., Jr., Kurusu, T.A., Collins, W., Berry, J.W., Ripley, J.S., & Baier, S.N. (2000). Forgiving usually takes time: A lesson learned by studying interventions to promote forgiveness. *Journal of Psychology and Theology, 28*, 3-20.

- Fries, E., Ripley, J., Figueredo, M., & Thompson (2000). Can community organization strategies be used to implement smoking and dietary change in a rural manufacturing work site? *Journal of Rural Health, 15*, 413-420.
- Ripley, J.S., Parrott, L., & Worthington, E.L., Jr. (2000). An initial evaluation of the Parrotts' Saving Your Marriage Before It Starts (SYMBIS) Seminar: Who benefits? *Marriage and Family: A Christian Journal, 3*, 83-97.
- Ripley, J.S. & Worthington, E.L., Jr., (2001). Married Christians' preferences for and expectations of Christian and non-Christian marital therapists and interventions. *American Journal of Family Therapy, 29*, 39-58.
- Ripley, J.S. (1998). What does the internet offer for marriage counselors? A hands-on guide for the novice-where to go and what you'll find. *Marriage and Family: A Christian Journal, 1*, 401-405.
- Ripley, J. & Worthington, E.L., Jr. (1998). Marital counseling with religious Christians: What the pastor, clinician, and researcher can learn from extant journal articles. *Marriage and Family: A Christian Journal, 1*, 375-396.
- Jones, D.L., Ripley, J.S., Kurusu, T.A., & Worthington, E.L., Jr. (1998). Influential sources in the integration of psychology and theology: A decade summary. *Journal of Psychology and Christianity, 17*, 43-54.
- Worthington E.L., Jr., Hight, T.L., Ripley, J.S., Perrone, K.M., Kurusu, T.A., & Jones, D.R. (1997). Strategic hope-focused relationship enrichment counseling: Investigations of outcome and process. *Journal of Counseling Psychology, 44*, 384-394.
- Ripley, J.S., & Worthington, E.L., Jr. (1996). Exploring Christian marital counseling. In E.L., Worthington Jr. (Ed.), *Christian marital counseling: Eight approaches to helping couples*. Grand Rapids, MI: Baker.

#### Other Publications

- Schumm, W & Ripley, J.S. (2004) Using Dynamic Nonlinear Mathematical Models to Explain Patterns of Marital Interaction and the Failure of Marital Therapy. *Journal of Sex Research, 41*, 315-318.
- Ripley, J.S. (2002). A review of the American Psychological Association conference for the AACC publication *Christian Counseling Today*.
- Ripley, J.S. (1999). Computer applications in mental health. In Hill, P. (Ed.), *Baker encyclopedia of psychology*, 237-239.
- Ripley, J.S. (1999). Interfaith marriages. In Hill, P. (Ed.), *Baker encyclopedia of psychology*, 640-641.
- Ripley, J.S. (1999). Sexual pain disorders. In Hill, P. (Ed.), *Baker encyclopedia of psychology*, 1105.
- Ripley, J.S., & Worthington, E.L., Jr, & Renner, D. (1999). Pre-marital counseling. In Hill, P. (Ed.), *Baker encyclopedia of psychology*, 898-901.

#### Research or Scholarship in Progress

- Ripley, J.S. 6-year longitudinal study of the effects of covenantal marriage values

on family decisions and marital satisfaction.

Ripley, J.S., Yarhouse, M., Sells, J., et al., Clinical Trial study of Hope Focused marriage counseling.

### **Paper Presentations**

#### Papers Presented at National and International Conferences

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Ripley, J.S. (2008, April). Cases in integration in supervision. Symposium on supervision. Christian Association for Psychological Studies International Conference, Phoenix, AZ.

McClelland, K., Johnson, J. & Ripley, J.S. (2008, April). Couples forgiveness and marital satisfaction. Christian Association for Psychological Studies International Conference, Phoenix, AZ.

Leon, C., Ripley, J.S., Davis, W., Mazzio, L., & Smith, A. (2008, February). Forgiveness in intimate relationships: The impact of hope focused couples therapy. American Psychological Association Division 36 mid-winter conference on religion and spirituality, Columbia, MD.

Ripley, J.S. (2007, March). Couples counseling: Beloved by research geeks and relationship freaks. Keynote address to Christian Association for Psychological Studies International Conference, Philadelphia, PA.

Ripley, J.S., Quigley, C., Turner, P., & Miller, L. (2007, March). Hope focused marriage counseling: Case studies. Christian Association for Psychological Studies International Conference, Philadelphia, PA.

Ripley, J.S., & Noble, N. (2007, March). Apologies in romantic relationships. Christian Association for Psychological Studies International Conference, Philadelphia, PA.

Garzon, F., & Ripley, J.S. (2007, March). What is integration? Undergraduate student perception at a conservative evangelical University. Christian Association for Psychological Studies International Conference, Philadelphia, PA.

Ripley, J.S., & Tatum, R. (2006, August). Religion in clinical supervision. Presented at the American Psychological Association, Division 36, New Orleans, LA.

Aten, J., Ripley, J.S., Mangis, M. & Bufford, R. (2006, March). Clinical supervision: A Christian approach. Presented at the Christian Association for Psychological Studies International Convention, Cincinnati, OH.

Lile, R., & Ripley, J.S. (2006, March). Development and validation of a religious marital measure. Presented at the Christian Association for Psychological Studies International Convention, Cincinnati, OH.

Lile, R., & Ripley, J.S. (2006, March). Literature review and conceptualization of religious marriage. Presented at the Christian Association for Psychological Studies International Convention, Cincinnati, OH. *First place award winner for student paper competition.*

Ripley, J.S, Jackson, L., & Su, J. (2006, March). Apprenticeship group therapy training in Christian graduate education. Presented at the Christian Association for Psychological Studies International Convention, Cincinnati, OH.

Ripley, J.S., Lile, R., Cunion, A., Seymore, R., Denman, J., Ackinson, C., Perry, C., Quigley, C., Hull, C., Worthington, E.L., Jr., Keckler, W., Gollop-Brown, L., & Hatcher, R. (2005, August). The prediction of marital values orientation from religious commitment, big five personality and attachment style. Presented at the American Psychological Association, Division 36, Washington DC.

Ripley, J.S (2005, August). Covenantal and Contractual Values Systems as Models of Understanding the Conflict over Gay Marriage. Symposium for Division 36 of the American Psychological Association, led by Dr. Mark Yarhouse. Washington DC.

Noble, N. & Ripley, J.S. (2005, August). The Effect of Apologies, Attachment Style, Timing, and Offense Severity on Acceptance and Sincerity Perception in Romantic Relationships. Presented at the American Psychological Association, Division 36, Washington DC.

Cunion, A., Ripley, J.S., & Moriarty, G. (2005, August). The Effect of Intimate Partner Violence on God-Image and Attachment. Presented at the American Psychological Association, Division 36, Washington DC.

Ripley, J.S., Perry, C., Su, J., Quigley, C., & Gollop-Brown, L. (2005, April). Church-Psychology Collaboration on Marital Intervention: A Key Informant Survey. Presented at the Division 36, American Psychological Association mid-winter meeting. Frederick, MD.

Ripley, J.S. (2005, April). Truth in Love: Integrating marital therapy with faith and research. Presented at the International Conference for Christian Association for Psychological Studies, Dallas TX.

Lile, R., Ripley, J.S., Hatcher, R., Cunion, A., Seymore, R., Denman, J., Kemper, S., & Noble, N.(2004, August). Assessment of Marriages- a Church collaboration project. Presented at the American Psychological Association, Division 36, Hawaii.

Hatcher, R., Ripley, J.S., Lile, R., Cunion, A., Seymore, R., Denman, J., Kemper, S., & Noble, N.(2004, March). Collaboration with Church Marriage Ministries: A pilot case

for the MMATE Center. Presented at the National Christian Association for Psychological Studies, St. Petersburg, Florida.

Ripley, J.S. (2004, March). Cutting edge marital interventions using the community and the church. Presented at the National Christian Association for Psychological Studies, St. Petersburg, Florida.

Kemper, J.S., & Ripley, J.S. (2004, March). Marriage Enrichment Program for local churches: A within subjects outcome study. Presented at the National Christian Association for Psychological Studies, St. Petersburg, Florida. *Outstanding graduate student paper award winner*

Ripley, J.S., Worthington, E.L., Jr., Berry, J., Wade, N., Gramling, S., Nicholson, R., Witvliet, C., O'Connor, L., Oliver, G., & Parrott, L. (2003, October). Do dimensions of religious identity, behavior, commitment and experience inspire the trait of forgiveness? Presented at National Scientific Findings on Forgiveness Convention, Atlanta, Georgia.

Ripley, J.S. (October, 2003). Forgiving in marital relationships: Interventions. Presented at the Helping People Forgive conference, Atlanta Georgia.

Mair, B., Ripley, J.S., & Garzon, F. (2003, August). Cultural prejudices among conservative Christians towards inter-racial marriages. Presented at Division 8 of the American Psychological Association National conference, Toronto, Canada. *First place winner of outstanding graduate student paper competition at Christian Association for Psychological Studies.*

Ripley, J.S., et al. (2003, March). Empirical literature in religious marriages: A decade review. Presented at Division 36 of the American Psychological Association mid-winter conference, Timonium, Maryland.

Babcock, J. & Ripley, J.S. (2003, March). God-image through the lens of self. Presented at Division 36 of the American Psychological Association mid-winter conference, Timonium, Maryland.

Ripley, J.S., & Albach, K. (2002, August). The influence of gender and religiosity on marital values. Presented in Division 36 at the National conference for the American Psychological Association, Chicago, Illinois.

Ripley, J.S. (2002, August). The prisoner's dilemma game: High tech and low tech methods for classroom and distance demonstration. Presented in Division 2 at the National conference for the American Psychological Association, Chicago, Illinois.

Ripley, J.S., Yarhouse, M., Pawlowski, L., Russell, S., & Rademacher, B. (2002, March). Outcome efficacy study for marriage enrichment seminar: "Set apart." Presented at National conference for Christian Association for Psychological Studies, Chicago, Illinois.

- Ripley, J.S. & Albach, K. (2001, August). Marriage Covenants. American Association of Christian Counselors, Nashville, TN.
- Worthington, E.L., Jr., Mazzeo, S.E., Gramling, S., Yarhouse, M.A., & Ripley, J.S. (2001, August). Relationship Quality, Forgiveness, Stress, and Physical and Mental Health. American Psychological Association, Poster presentation for Focus on Science---Personal Relationships Presentation. San Francisco, CA.
- Ripley, J.S., Borden, C., Barlow, L., Albach, K., Kemper, S., Valdez, S., Smith, C., Babcock, J., & Page, M. (2001). The use of the internet for marital assessment and feedback: Data analysis. Paper presentation at Christian Association for Psychological Studies, National Convention. Richmond, VA.
- Ripley, J.S., Yarhouse, M.A., & Albach, K. (2001). "Set apart" marriage seminar: A pilot study. Paper presentation at Christian Association for Psychological Studies, National Convention. Richmond, VA.
- Ripley, J.S., Reed, H., & Zoby, M. (2001, February). Innovative training in group psychotherapy: Apprenticeship and more. Accepted for presentation at American Group Psychotherapy Association, Boston, MA.
- Ripley, J.S., Worthington, E.L., Jr., Bromley, D., & Kemper, S. (2000, August). Values orientation towards wedlock or self-interest (VOWS) Scale: Covenantal and Contractual Values in Marriage. American Psychological Association, Paper presentation within Division 36, Washington D.C.
- Ripley, J.S., Parrott, L., III., Worthington, E.L., Jr., Parrott, L., & Smith, C. (2000, March). Marriage mentoring: A critical evaluation. Paper presented at the meetings of the Christian Association for Psychological Studies, Tulsa, Oklahoma.
- O'Brien, A., Fries, E., Manion, L., & Ripley, J.S. (2000, April) Optimism, Biases, & Cognitions about Dietary Behaviors and Perceived Risk in Rural Diverse Adults Meeting of the Society for Behavioral Medicine, Nashville, Tennessee.
- Fries, E., O'Brien, A., Ripley, J., & Manion, L. (2000, April). The Rural Physician Cancer Prevention Project. Meeting of the Society for Behavioral Medicine, Nashville, Tennessee.
- Ripley, J.S., Worthington, E.L., Jr., & Bromley, D. (1999). Marital Social Values: Scale Development. Paper presented at the meetings of the Christian Association for Psychological Studies, Chattanooga, Tennessee. *Winner of the outstanding student paper award.*
- Worthington, E.L., Jr., Berry, J.W., McCullough, M.E., Sandage, S.J., Ripley, J., Wade, N.G., Collins, W., & Drinkard, D.T. (1999, April). Interventions to promote forgiveness. Paper presented at the invited symposium on Contemporary Issues in Psychology, York University, Toronto.
- Worthington E.L., Jr., Hight, T.L., Ripley, J.S., Perrone, K.M., Kurusu, T.A., & Jones, D.R. (1998). Strategic hope-focused relationship enrichment counseling: Investigations of outcome and process. Paper presented at the meeting of the

American Psychological Society, Washington, D.C.

Worthington E.L., Jr., Hight, T.L., Ripley, J.S., Perrone, K.M., Kurusu, T.A., & Jones, D.R. (1998). Hope-focused couple enrichment: Practice and research. Paper presented at the meeting of the Christian Association for Psychological Studies, Seattle, Washington.

Worthington, E.L., Jr., Berry, J.W., Gramling, S.E., Ripley, J.S., Drinkard, D.T., & Hight, T.A. (May, 1998). Unforgiveness, forgiveness, reconciliation, and the promotion of forgiveness and reconciliation. Paper presented at the national meeting of the American Psychological Society, Washington DC.

Fries, E., Ripley, J.S., & Figueredo, M. (April, 1997). A rural community worksite smoking and diet intervention: Feasibility and outcome. Paper accepted for presentation at National Convention, Society for Behavioral Health, Seattle, Washington.

Ripley, J.S., & Worthington, E.L., Jr. (March, 1996). Christian marriage counseling. Paper presented at the Christian Association of Psychological Studies, National Convention, St. Louis, Missouri.

Jones, D.L., Ripley, J.S., Kurusu, T.A., & Worthington, E.L., Jr. (April, 1995). Influential sources in the integration of psychology and theology: A decade summary. Paper presented at the National Meeting of the Christian Association for Psychological Studies, Virginia Beach, VA.

#### Papers Presented at Regional and Local Conferences

Ripley, J.S., Dewberry, J. (2007, November). Empathizing with the betrayer: Why empathy matters when forgiving others. Presented at the Christian Association for Psychological Studies, Eastern Division, Chambersburg, Pennsylvania.

Ripley, J.S., Lile, R., Ackinson, C., Quigley, C., & Hull, C. (2005, November). Ethics in couples and marital therapy. Presented at the Christian Association for Psychological Studies, Eastern Division, Chambersburg, Pennsylvania.

Ripley, J., Hatcher, R., Lile, R., Cunion, A., Seymore, R., Denman, J., Kemper, S., & Noble., N. (2004, November). Collaboration with Church Marriage Ministries: A pilot case for the MMATE Center. Presented at the Christian Association for Psychological Studies, Eastern Division, Chambersburg, Pennsylvania.

Lile, R., Ripley, J.S., Keckler, W., Seymore R. & Hatcher, R. (2004, November). Assessment of Religion in Marriages through Churches. Presented at the Christian Association for Psychological Studies, Eastern Division, Chambersburg, Pennsylvania.

Ripley, J.S. (2004, May). Applications of forgiveness and apologies in clinical practice. Presented at the Institute for Psychological Sciences Forgiveness Conference, Bethesda, MD.

Ripley, J.S., & Noble, N. (2004, May). Apologies and forgiveness in close relationships. Presented at the Institute for Psychological Sciences Forgiveness Conference, Bethesda, MD.

Ripley, J.S., Kemper, S., Cunion, A., Hatcher, R., Denman, J., Lile, R., & Seymore, R. (2003). Marriage Ministry Assessment Training and Empowerment Center: Theoretical Overview. Paper presentation at the Christian Association for Psychological Studies, Northeast, Maryland (presented at alternative site in Virginia Beach due to hurricane).

Ripley, J.S., Kemper, S., Reiner, B., Cunion, A., Albach, K., Valdez, S., Martiny, V., Hatcher, R., Covert, M.B., & Falwell, S. (2002, November). Religiosity in marital scholarship: A decade review. Paper presentation at the Christian Association for Psychological Studies, Frederick, Maryland.

Ripley, J.S., Borden, C., Barlow, L., Albach, K., Kemper, S., Valdez, S., Smith, C., Babcock, J., & Page, M. (2000, November). Distance assessment and feedback intervention from hope-focused marital enrichment. Paper presentation at the Christian Association for Psychological Studies, Waymart, PA.

Ripley, J.S., & Worthington, E.L., Jr. (1999, October). An evaluation of the Parrotts' Saving Your Marriage Before It Starts Program: Empirical study and review. Paper presented at the meeting of the Christian Association for Psychological Studies, East Division, Sandy Cove, Maryland.

Tilman, L., Ripley, J.S., & Worthington, E.L., Jr. (1999, October). Death loss and coping. Paper presented at the meeting of the Christian Association for Psychological Studies, East Division, Sandy Cove, Maryland.

Ripley, J.S., & Worthington, E.L., Jr. (1998, November). Marital psychoeducational intervention: A review of a recent outcome research project and outlook for the future. Paper presented at the meeting of the Christian Association for Psychological Studies, East Division, Ligonier, Pennsylvania.  
*Runner up, outstanding graduate paper.*

Worthington, E.L., Jr., Berry, J.W., Parrott, L. III, & Gramling, S.G., McCullough, M.E., Hight, T.L., Ripley, J.S., Drinkard, D.T., & Nicholson, R. (1998, November). Unforgiveness. Paper presented at the meeting of the Christian Association of Psychological Studies-East region, Waymart, PA.

Ripley, J.S., & Worthington, E.L., Jr. (1997, October). Marital power: What to do with it. Paper presented at the meeting of the Christian Association for Psychological Studies, East Division.

Ripley, J.S. (February, 1997). Fatherhood and family health. Paper presentation at Children First Convention, Richmond, Virginia.

Ripley, J.S., & Worthington, E.L., Jr. (November, 1996). Christian marriage counseling: What the counselors and clients say. Paper presented at Christian Association of Psychological Studies, Northeast Convention, Ligonier, Pennsylvania.

Ripley, J.S., & Worthington, E.L., Jr. (April 1996). Christian marriage

counseling: A review of the literature. Presented at the Virginia Commonwealth University Psychology Paper Competition.

Figueredo, M., Fries, E., & Ripley, J. (April, 1996). Stereotypes of low fat eaters by African-Americans. Paper presented at Southeastern Psychological Association, Norfolk, Virginia.

Figueredo, M., Fries, E., & Ripley, J. (March, 1995). Stereotypes of low fat eaters by African-Americans. Paper presented at Southeastern Psychological Association, Norfolk, Virginia.

Jones, D.L., Ripley, J.S., Kurusu, T.A., & Worthington, E.L., Jr. (April, 1995). Influential sources in the integration of psychology and theology: A decade summary. Paper presented at the Virginia Psychological Association, Alexandria Virginia.

Perrone, K., Kurusu, T., Ripley, J., & Worthington, E. (October, 1995). Child and Adolescent health and father presence (or absence) in the family. Paper presented at the Virginia Psychological Association, Richmond, Virginia.

#### Invited Seminars and Symposia

Ripley, J.S., (2008, March). Communication Tango. Campus lecture for Center for Student Development. Regent University.

Ripley, J.S. (2008, January). Hope focused couples counseling. Continuing education, Eden Counseling Center, Virginia Beach.

Ripley, J.S. (2006, October). A vision for parenting. Invited speaker for Mothers of Preschoolers group in Virginia Beach.

Ripley, J.S. (2005, April). Ethics in couples therapy. Invited Continuing Education speaker for Christian Psychotherapy Services. Virginia Beach, Virginia.

Ripley, J.S. (2005, February). Speaking the Truth in Love. Invited keynote speaker for Full Gospel Church. Founders Inn, Virginia Beach, Virginia.

Ripley, J.S. (2004, February). Relationships. Invited keynote speaker for singles ministry at New Life Providence Church. Chesapeake, Virginia.

Ripley, J.S., (2003, March). Marriage Covenants. Invited speaker for Regent University's women's conference: Released for His Glory, Virginia Beach, Virginia.

Ripley, J.S., (2003, March). Marriage Retreat. Invited speaker for Freedom Fellowship's marriage retreat. Virginia Beach, Virginia.

Ripley, J.S. (2003, February-March). Marriage Seminar: Two Becoming One. Invited seminar leader for Christian Psychotherapy Services 4 week course in marriage. Virginia Beach, Virginia.

Ripley, J.S. (2002, July). Forgiveness in Marriage. Invited speaker for Genesis Community Church, Virginia Beach, Virginia.

Ripley, J.S. & Yarhouse, M.A. (2002, June). Marriage enrichment: Sanctification through the Marriage Covenant. Invited seminar for Vineyard

Church, Virginia Beach, Virginia.

Ripley, J.S. (2002, April). Domestic Violence: A review of the research. Invited speaker for Regent University Law School, for Dr. Alice Curtis.

Ripley, J.S., & Yarhouse, M.A. (2001, October; 2002, February). Marriage enrichment: Sanctification through the Marriage Covenant. Invited seminars for Regent University, Virginia Beach, Virginia.

Ripley, J.S., & Yarhouse, M.A. (2000, June). Marital enrichment: Marriage as "set apart" . Invited seminar for Forefront Church. Wakefield, Virginia.

Worthington E.L., Jr., Hight, T.L., Ripley, J.S., Perrone, K.M., Kurusu, T.A., & Jones, D.R. (1997). Strategic hope-focused marital therapy. Invited paper presented at Rand Academic University, Pretoria, South Africa.

Worthington E.L., Jr., Hight, T.L., Ripley, J.S., Perrone, K.M., Kurusu, T.A., & Jones, D.R. (1997). Strategic hope-focused marital enrichment in cultural context. Invited paper presented at University of Durban-Westville, Durban, South Africa.

Ripley, J.S., & Worthington, E.L., Jr. (February, 1997). Marriage counseling: The influence of values and religious beliefs on counselor preference and expectations. Invited paper presentation at Virginia Commonwealth University Counseling Psychology Department Scientific Colloquium, Richmond Virginia.

1998-1999. Workshop in note-taking and utilizing textbooks for the Academic Success Program at Virginia Commonwealth University. Provided twice a week workshop for over 100 students on study skills. Received top ratings from workshop attendants.

1998-1999. Workshop in Final Exams for the Academic Success Program at Virginia Commonwealth University. In consultation, workshop scheduled for December of 1998.

### **Teaching Experience**

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*Completed Chaired Dissertations.* "Cultural prejudices among conservative Christians toward interracial marriages" by Barbara Mair; "The interaction of gender and religiosity on marital social values" by Katherine Albach; "An assessment of the interventions designed to promote forgiveness" by Lois-Elaine L. Barlow; "A needs assessment of religious graduate student marriages" by Vanessa L Martiny; " The impact of a community marital enrichment program: Today's marriage" by Stephanie D. Kemper; "The effects of values and religious commitment on relationship commitment" By Beth Lee Reiners. "Assessing the effectiveness of marriage enrichment programs" by Peggy McCaghy; "God-image through the lens of self" by Judy Babcock; "The Effect of Intimate Partner Violence on God-Image and Attachment" by April Cunion; "The Effect of Apologies, Attachment Style, Timing, and Offense Severity on Acceptance and Sincerity Perception in Romantic Relationships" by Nicole Noble. "Scale Development

of the Religious Marital Factors Measure-26” by Rachel Lile. “A Lay Counselor Training Program for the African-American Church” by Robin Seymore. “Christian Integration from the student’s perspective” by Christopher Murphy. “Strengthening Couples through Outdoor Relationship Education (SCORE): An Experiential Group Marital Intervention” by Chadwick Ackison.

*Proposed Chaired Dissertations.* “Efficacy of the Parrott’s Marriage Mentoring Program” by Shannan Crawford. “Forgiveness in the Hope focused marriage approach” by Cynthia Quigley. “Marriage and Mental Illness: Exploratory Research” by Lisa Mazzio.

Marital Therapy, 2000-present, Regent University, School of Psychology and Counseling. Course teaching principles of marital therapy, basic research, assessment, theory, application and skill training for students.

Statistics, 2002- present, Regent University, School of Psychology and Counseling. Doctoral level statistics course with conceptual and SPSS lab components.

Social Psychology, 2000- present, Regent University, School of Psychology and Counseling. Course integrated social psychology theory and research into clinical psychology theory, research and practice.

Research Internship, 2000-present, Regent University, School of Psychology and Counseling. Students participate in a variety of research projects, both faculty and student-led.

Advanced Group Therapy, 2000-2006, Regent University, School of Psychology and Counseling. Course mentoring advanced students in leadership roles in group therapy, seminar on group topics, and supervision of group therapy. Used innovative structure enabling advanced group therapy students to take leadership in training group therapy students.

Group Therapy, 2000-2006, Regent University, School of Psychology and Counseling. Course introducing doctoral students to basic group therapy theory and skills.

Clinical Interviewing, 1999-present, Regent University, School of Psychology and Counseling. Course introducing doctoral students to basic clinical skills.

Introduction to Statistics, Research, and Writing for Psychology, 2004 - present, Regent University Bachelors in Psychology Program, course design and teaching as an adjunct professor.

Methods of Research and Statistics for Psychology, 2004- present, Regent University Bachelors in Psychology Program, course design and teaching as an adjunct professor.

Practica, 1999-2002, Regent University, School of Psychology and Counseling. Taught one to two sections of students each semester with a strong focus on case presentations and discussions of on-going clinical cases.

Group Therapy Graduate Course, Teaching Assistant, 1998, Virginia Commonwealth University, Department of Psychology, 9 student enrollment. Assisted Jack Corrazzini, Ph.D., in teaching the course for graduate students in the APA accredited psychology program. Solely responsible for 2 weeks worth of class and assisted throughout course.

Research Internship Supervisor, 1997-1998, Virginia Commonwealth University, Department of Psychology. Supervised over 30 advanced undergraduate students' research internships in psychology. Moved from supervised to complete responsibility for setting up research projects, assignment of tasks, and grading.

Introduction to Psychology, 1998, Virginia Commonwealth University, Department of Psychology, 23 student enrollment. Course includes technology lab, and significant use of internet and email as tools for learning. On-line syllabus. Consistent high ratings from students in the 3.3 to 4.5 range on a 5-point scale.

Helping Relations, 1997, 1998, Virginia Commonwealth University, Department of Psychology, 15- 25 student enrollment. Established an innovative method for teaching helping skills to undergraduate students. Consistent high ratings from students with an instructor's abilities rating of 4.3 to 4.5 (good to excellent range) out of 5 from students in 1998.

Personal Adjustment, 1997, Virginia Commonwealth University, Department of Psychology, 125 student enrollment. Consistent high ratings from students in the 3.5 to 4.0 range on a 5 point scale.

Service-learning Course in Juvenile Corrections: Tutoring and Mentoring. Graduate Teaching Assistant, 1996, 1997. Assisted in instruction and coordination of service-learning course where students engaged in a community service project as part of this upper-level elective in psychology. Responsible for teaching several weeks worth of classes. Led supervision groups for one of the service-learning projects. Participated in course evaluation and revisions.

Completed course in Teaching in Psychology, 1995, under Don Forsyth, Ph.D., nationally respected professor in the teaching of psychology, educator in technology in the classroom, and winner of awards for excellence in teaching. Further observation and feedback granted from Everett L. Worthington, Jr., professor of psychology and winner of awards for excellence in teaching.

#### Technology and Teaching-related projects

Hope Focused marriage training project, Regent University. Create a DVD based training program for the Hope focused marriage therapy approach.

Video skills demonstration project, Regent University. Leadership in a video skills project targeted for Christian graduate students learning basic counseling skills. Directed the decision-making, planning, communication, selected therapists for videos and played the role of therapist in one video.

Video skills demonstration for marital therapy. Created a video skills demonstration of marital therapy for students learning marital therapy skills. Was solely responsible for this project, and played the role of therapist in the videos.

On-line audio interviews with leading Christian marriage and family experts. Conducted on-line interviews with Dr. Everett L. Worthington, Jr., Dr. Scott Stanley, Dr. Gary Oliver, Kirby Worthington and Dr. Fred DiBlasio. Interviews are used perpetually for marital therapy course and the MMATE Center.

## **Practice**

Licensed Clinical Psychologist, State of Virginia, License number 2828. No past or pending complaints or violations.

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August 2007 – present. Eden Counseling Center. Practice 2-6 hours per week. Provide supervision for residents in psychology and see clients on occasion. Theoretical orientation is interpersonal or existential in individual therapy, emotion-focused and behavioral in couples therapy, behavioral in family therapy, and interpersonal or existential in group therapy.

March 2000 to 2007, Christian Psychotherapy Services. Practice 2 to 6 hours per week. Caseload typically included 1 long-term patient, a couple or family and 1-2 groups. Groups led have included an adolescent group (two 15 week sequential groups), an open process women's group (40 weeks), a psychoeducational parenting group (6 weeks), and a marriage group (3 months). Typically, some work is pro-bono.

2004-present, supervision. Provided supervision for students in residency for licensure or practica student assigned to Christian Psychotherapy Services.

August 1998 to August 1999 Virginia Commonwealth University Counseling Services. Psychology Intern. APA-approved internship. Special focus on group therapy (open process type).

August 1997 to May 1998 Henrico County Mental Health and Mental Retardation Services, Practicum. Assigned to Outpatient Unit.

May 1996 to May 1997 Center for Psychological Services and Development, Virginia Commonwealth University.

September 1995 to May 1996, University Counseling Services, Virginia Commonwealth University.

### Psycho-educational Group Experience, Training and Consultation

2004. Founding director of Marriage Ministry Assessment Training and Empowerment (MMATE) Center at Regent University.

[www.regent.edu/marriage](http://www.regent.edu/marriage)

2003-4. Collaborative consultation with Atlantic Shores Baptist Church marriage ministry project. Assessment and recommendations to church for marriage

ministry implementation. Training in marriage programming.

1997-1999, Director of Programming, Marriage Assessment, Treatment and Enrichment (MATE) Center. Consultant to research and practice ongoing in the Center. Leadership of the design team for new programs in the MATE Center, responsible for piloting new programs and evaluation of outcomes of new programs. Conducted extensive outcome evaluation of 2 types of psycho-educational groups consisting of over 12 groups and over 50 couples, Expanded advertising and outreach into the community, developed MATE Center webpage handled placement of new clientele.

1998, Training of Marital Enrichment Program Group Leaders. Provided a training manual and 5 hours of training for post-masters doctoral students in 2 different psycho-educational group marital enrichment programs.

1996 to 1998, Mentoring Consultant for the Mentoring Skills Richmond One-to-One Program. Consultant to program for training mentors for adolescents in the community through local businesses, civic and church groups.

1997, Mentoring Trainer, Richmond One-to-One Program. Provided training for new mentoring consultants and trained over 100 new mentors in over 15 workshops.

## **Grants**

Principle investigator, 2006-7. Grant offered Jennifer S. Ripley, PhD by Regent University faculty senate. Investigating clinical trial of Hope focused marriage counseling.

Principle investigator, 2005-6. Grant offered Jennifer S. Ripley, PhD by Regent University faculty senate. Investigating Christian marriage scale development.

Principal Investigator, 2004-2005. Grant offered Jennifer S. Ripley, PhD by Regent University faculty senate. Investigating effects of marriage ministry on-line project on individual marriages and church groups.

Principal Investigator, 2003-2004. Grant offered Jennifer S. Ripley, PhD by Regent University faculty senate. Investigating a pilot study of marriage ministry collaborations.

Principal Investigator, 2000-2001. Grant offered Jennifer S. Ripley, Ph.D. by Regent University faculty senate. Investigating a pilot study for a longitudinal investigation of values for marriage.

Research in marital interactions and psycho-educational group outcomes. Partial funding by the John Templeton Foundation, 1998 through the Newlywed Forgiveness project at Virginia Commonwealth University. Grant amount: \$4000.00

Policies within the state that promote fatherhood. Prepared for the Virginia Department of Health, 1996. Co-principal Investigators: Everett L. Worthington, Jr., T. Hight, & J. Ripley. Grant amount: \$5300.00

Resiliency in adolescents and health. Prepared for the Virginia Department of Health, 1995. Co-principal Investigators: Everett L. Worthington, Jr., Kurusu, T., Perrone, K., & Ripley, J. Grant amount: \$3425.00

Fatherhood and health. Prepared for the Virginia Department of Health, 1995. Co-principal Investigators: Everett L. Worthington, Jr., Kurusu, T., Perrone, K., & Ripley, J. Grant amount: \$5156.00

Consultant, 1998-2000, Grant offered to Elizabeth Fries, Ph.D., of the Massey Cancer Center by the National Cancer Institute. Responsible for oversight of research aspects of the project. Continued on in consultative role to the project until its completion in 2002.

Program Coordinator, 1997-1998, Grant offered the Massey Cancer Center by the National Cancer Institute. Responsible for daily workings of a health behavior change study.

Director of Programming, 1997-1998, MATE Center. Partial grant funding by the John Templeton Foundation. Conducted research ventures, advertising, internet communications development, coordination and implementation of programs offered at the Marriage Assessment Treatment and Enrichment (MATE) Center at Virginia Commonwealth University. Included media promotion, long-range planning, and consultation for grant-funded research projects.

Program Coordinator, 1996-1997, Grant offered the Department of Psychology by Virginia Department of Correctional Education. Responsible for establishing and maintaining a mentoring program for juveniles in correctional facilities. Supervised mentors and established protocol for program. Developed, submitted and presented the grant renewal package to the funding agency.

Research Coordinator, 1997, Grant offered the Community Nursing Organization and Office of Community Programs, Virginia Commonwealth University. Responsible for establishing protocols for research, assisted in design of the research for a large scale health intervention with youth in elementary schools.

Graduate Research Assistant, 1994-1996, Grant offered Massey Cancer Center by the National Cancer Institute. Responsible for establishing a pilot intervention at a rural worksite, oversight of research assistants, writing publications from the research, contributing to research design, and analyses.

### **Awards and Honors**

March, 1998, Winning Graduate Paper, Ripley, J. & Worthington, E.L., Jr. (1998). Marital Power, Contracts and Covenants: Review of the Literature and Scale Development. National Convention for the Christian Association for Psychological Studies.

November, 1998, Award for excellence in research, Paper presented at the Eastern Regional Meeting of the Christian Association for Psychological Studies.

September, 1998, Virginia Commonwealth University, Department of Psychology, selected for department's submission to the American Psychological Association's Dissertation Awards.

April, 1998, John Hill Award for Family and Adolescent Research. Virginia Commonwealth University.

April, 1998, Winning paper, Ripley, J. & Worthington, E.L., Jr. (1998). Marital Social Values Scale Development. Winning paper presented at the Virginia Commonwealth University Psychology Paper Competition.

June, 1997, Best Data-Based Research Presentation, Worthington, E.L., Jr., Hight, T.L., Ripley, J.S., Perrone, K.M., Kurusu, T.A., & Jones, D.R. (1997). Hope-focused couple enrichment: Practice and research. Paper presented at the National meeting of the Christian Association for Psychological Studies.

November, 1997, Winning Graduate Paper, Ripley, J., & Worthington, E.L., Jr. (1997). Marital Power: What is it for? Paper presented at the Eastern Regional Meeting of the Christian Association for Psychological Studies.

April, 1996, Honorable Mention Paper, Ripley, J.S., & Worthington, E.L., Jr. (1996). Christian marriage counseling: A review of the literature. Virginia Commonwealth University Psychology Paper Competition.

April, 1996, Winning Paper, Figueredo, M., Fries, E., & Ripley, J. (1996). Stereotypes of low fat eaters by African-Americans. Virginia Commonwealth University Psychology Paper Competition.

April, 1993, Nyack Honor Society, Nyack College.

February, 1993, Alpha Chi National Honor Society, Nyack College.

April, 1993, Nyack Merit Award Honoree for service to the college community, Nyack College

### **Service to the Profession**

2007. Christian Association for Psychological Studies, Reviewer for the Marriage and Family Track of National conference.

2006. American Psychological Association, Division 36, Psychology and Religion, invited to be Program Chair for the convention.

2005-2007. American Psychological Association, Division 36, Psychology and Religion, reviewer for convention program.

2003 & 2004. Christian Association of Psychological Studies, Chair of Eastern Regional Conference.

2004. Invited book review for Toddy Holman's new book for Intervarsity Press.

2003. Guest editor, Special issue of Journal of Psychology and Theology, "Current Issues in Christian Marriage."

2000-present. Appointed to the editorial board for Marriage and Family: A Christian Journal.

2007- present. Reviewer for Psychology of Religion and Spirituality.

2001-2003. Reviewer for The Family Journal.

2000-present, Reviewer for Journal of Psychology and Theology

2000-present, Reviewer for Journal of Psychology and Christianity

2004-present Reviewer for Personal Relationships

2000, Summer. APA- Division 36, Psychology and Religion, hospitality suite coordinator.

2000, Fall. Christian Association of Psychological Studies, Program Chair of East Regional Conference.

1998-1999, Co- Editor of the "Perspectives" Journal on Multiculturalism at Virginia Commonwealth University. Assisted in publishing of the journal through editing, correspondence with authors, and contributions to the journal.

1997-2000, Reviewer for Marriage and Family: A Christian Journal.

### **Leadership and Membership in Professional Organizations**

2006. Program Chair for APA- Division 36

2003 & 2004. Conference Chair for CAPS-East.

1996-present, Christian Association for Psychological Studies. Elected regional board member 2000-2007, national board member 2005-2007.

1992-present, American Psychological Association. Division memberships: Psychology of Religion, Family Psychology, Groups

2000-2004 American Group Psychotherapy Association.

1996-1998 Elected student board representative to Christian Association for Psychological Studies- Eastern Region.

1998-2004. American Association for Christian Counselors.

1998-2000 Society for Teaching in Psychology.

1997, Graduate Student Representative to the faculty graduate student committee, Virginia Commonwealth University.

1994-1999, Counseling Psychology Student Association, Virginia Commonwealth.

1991-1993, Founding President, Student Psychological Association, Nyack College.

### **Personal**

Place of Birth: Orlando, Florida

Married: June 26, 1993. Daughters born January 17, 2001 and July 2, 2003.

Hobbies include theater, playing with the girls and watching the TV show Lost.