

# Stacie D. Otey-Scott , PsyD.

## EDUCATION

### **2001-2007 Regent University, Virginia Beach, VA**

*Doctorate in Clinical Psychology - Graduated May 05, 2007*

*American Psychological Association accredited*

- Overall Grade Point Average: 3.83
- Teaching/Research Scholarship
- Regent University Academic Merit Scholarship
- Regent University School Dean's Leadership Award

### **2007, April Regent University, Virginia Beach, VA**

*Dissertation Defended*

"A Lesson in Gratitude: Exploring the Salutogenic Relationship Between Gratitude and Health". Research focused on Quality of Life (QOL) concerns addressed by measures created by the Center for Disease Control and Prevention in conjunction with a positive psychology measure. Implications include cost effective interventions targeted at populations coping with the effects of physical and mental illness that could improve areas related to general QOL. Recovery, wellness and hope focused approach.

Dissertation Chair, Judith Johnson, Ph.D., Loyola University  
Committee Member, Scott Sautter, Ph.D., Vanderbilt University

### **2004, May Regent University, Virginia Beach, VA**

*M.A. in Clinical Psychology*

- Overall Grade Point Average: 3.87

### **1990 - 1994 Norfolk State University, Norfolk, VA**

*B.A. in Communications*

- Magna Cum Laude
- Overall Grade Point Average: 3.74

## CLINICAL INTERNSHIP EXPERIENCE

### **2006 to 2007 Veterans Administration Medical Center, Hampton, VA**

*Psychological Intern in Mental Health and Behavioral Medicine*

- Internship Completion Date: September 05, 2007
- Participated in and successfully completed clinical rotations in inpatient and outpatient Mental Health Hypnosis, Drug Abuse Program, and Post Traumatic Stress Treatment Team
- Provided individual/marital therapy using empirically validated/evidence based treatment approaches including Cognitive Behavioral Therapy, EMDR, Hypnosis, Interpersonal Therapy, Survivor Therapy et cetera
- Completed mental health intake and screening evaluations
- Conducted and assisted with psychoeducational and process oriented groups in the Mental Health and other behavioral medicine specialty clinics (MST, PTSD)
- Conducted staff and patient focus groups to improve patient care, customer service and staff satisfaction
- Conducted diagnostic psychological assessments
- Participated in multidisciplinary treatment teams
- Conducted, assisted, and participated in didactic/seminar presentations
- Participated in Industrial/Organization Psychology related tasks including customer service initiatives, staff psychoeducation, organizational assessments, et cetera
- Attended to administrative tasks including report writing, treatment planning, et cetera
- Supervised clinical psychology practica students
- Attended weekly individual & group supervision under licensed psychologist including D. Epstein, Ph.D., K. Babel, Psy. D., M. Miller, Ph.D., and J. Goalder, Ph.D.

## **CLINICAL PRACTICA**

### **2005 Veterans Administration Medical Center, Hampton, VA**

#### *Clinical Psychology - Practica*

- Completed trauma intake evaluations
- Conducted and assisted with individual and group psychotherapy for survivors of sexual trauma.
- Utilized traditional empirically validated treatment approaches including Cognitive Behavioral Therapy, EMDR, Interpersonal Therapy, et cetera
- Conducted diagnostic assessment and personality testing
- Attended to report writing/record keeping, treatment planning, and treatment summary activities
- Attended weekly individual supervision under Kathy Babel, Psy. D., a licensed psychologist and Debra Vick, a psychology intern

### **2004 - 2005 TRAIT Consulting, Virginia Beach, VA**

#### *Clinical Psychology - Practica*

- Assisted with individual, child/adolescent and group psychotherapy
- Conducted crisis intervention/crisis management
- Conducted intake interviewing, diagnostic assessment, personality testing, psychoeducational, and forensic assessment with adults and adolescents
- Attended to report writing/record keeping, treatment planning, and treatment summary activities
- Participated in consultation activities with Sentara Health Management
- Attended weekly individual and group supervision under Lee Underwood, Psy. D., a licensed psychologist

### **2004 - 2005 Indian Creek Correctional Center**

#### *Clinical Psychology - Practica*

- Co-led weekly process groups with adult male inmate population in a forensic therapeutic treatment setting
- Co-led weekly forgiveness groups with adult male inmate population in forensic therapeutic treatment setting
- Attended weekly individual and group supervision under Glen Moriarty, Psy. D., a licensed psychologist

### **2003 - 2004 Regent University Psychological Services Center**

#### *Clinical Psychology - Practica*

- Facilitated individual, couples, and family psychotherapy
- Conducted clinical interviews and utilized empirically supported treatment plans
- Conducted psychological testing, provided testing interpretation, updated client records
- Attended weekly individual and group supervision under Glen Moriarty, Psy. D., a licensed psychologist

### **2003 - 2004 Tidewater Detention Home**

#### *Clinical Psychology - Practica*

- Conducted general assessments with incoming residents in a therapeutic treatment setting
- Conducted supportive therapy with residents
- Provided psychological testing for residents under the supervision of Lee Underwood, Psy. D.
- Attended weekly supervision under Glen Moriarty, Psy. D.

### **2003 - 2004 The Therapy Center**

#### *Clinical Psychology - Practica*

- Conducted psychological intake interviews
- Provided psychological assessments for individuals being evaluated by the Virginia Department of Rehabilitative Services to assist with determination of program eligibility and placement
- Attended weekly supervision under Glen Moriarty, Psy. D.

## **PROFESSIONAL POSITIONS**

### **2011 - Present, Regent University, Virginia Beach, VA**

*Assistant Professor, School of Psychology and Counseling Clinical Doctoral Program (Psy.D.)*

- Teach doctoral level psychology courses to first through fourth year clinical psychology doctoral students
- Provide supervision for second year students working with clients in the Psychological Services Center
- Serve as academic advisor and mentor to psychology doctoral students
- Engage in program development and research related activities
- Consult and collaborate on multiple academic related committees

### **2011 - Present Eastern Virginia Medical School, Norfolk, VA**

*Primary Care Psychologist, Assistant Professor, Department of Psychiatry and Behavioral Sciences*

*Part-time Appointment*

- Supervise Psychology Interns (Integrated Care Line Supervisor) providing primary care psychology services in multiple family medicine practice/hospital settings. Service may include:
  - Provide direct patient care via individual, family and/or collaborative group visits
  - Provide psychological and biopsychosocial assessments to patients and families
  - Provide collaborative care visits with family medicine residents
  - Provide outpatient behavioral medicine precepting for family medicine physicians and residents
  - Provide consultation liaison services on inpatient rounds
  - Provide behavioral health skills appraisals to family medicine residents and medical students
  - Engage in collaborative research projects with family medicine residents
  - Assist with providing supportive services for residents

### **2009 - Present, Dr. SOS, LLC, Chesapeake, VA**

*Co-Founder*

*Clinical Psychologist*

- Primary care consultation with focus on motivational interviewing, stages of change & patient ownership
- Individual consultation by telephone exclusively out of pocket, web-based self-scheduling
- Wellness seminars and speaking engagements
- Management and administration of Licensed Clinical Psychologists network for administering various psychological services

### **2009 - Present, Summit Counseling Center at the Mount, Chesapeake, VA**

*Part-time Clinical Director*

- Supervise lay counselors
- Review lay counselor cases
- Provide administrative oversight
- Provide training to lay counselors

### **2008 - 2011, Eastern Virginia Medical School, Norfolk, VA**

*Primary Care Psychologist, Assistant Professor*

*Departments of Family and Community Medicine and Psychiatry and Behavioral Sciences*

- Educate Family Practice faculty and residents, Psychology faculty and interns and medical students regarding Primary Care Psychology via a variety of presentations, shadowing, individual instruction, et cetera
- Provide inpatient and outpatient behavioral medicine precepting
- Provide direct patient care via individual, family and group therapy
- Provide psychological and biopsychosocial assessments to patients and families
- Consult and collaborate on multidisciplinary teams
- Engage in program development, supervision and research
- Serve as an integral faculty member working with the Residency Program
- Provide supportive services for residents

### **2007 - 2008, Eastern Virginia Medical School, Norfolk, VA**

*Behavioral & Preventative Medicine Specialist*

*Family and Community Medicine and Psychiatry and Behavioral Sciences Departments*

*Post Doctoral Fellow*

- Coordinated Behavioral Health educational experiences
- Educated and mentored family medicine residents in 1<sup>st</sup> - 3<sup>rd</sup> year residency regarding patient centered care, biopsychosocial aspects of patient care
- Provide inpatient and outpatient behavioral medicine precepting
- Educate faculty, residents and medical students in behavioral and preventative medicine

- Provide resources for collateral services, crisis intervention, long term counseling, and assessment resources
- Serve as behavioral medicine consultant on multidisciplinary teams
- Supervised residents and psychology intern

### **2007 - 2008, Hampton Roads Neuropsychology**

#### *Post Doctoral Fellow*

- Evaluated patients with complaints of memory and other cognitive problems
- Determined medical/neurological versus psychological etiology
- Provided assessment services to adults and older adults with diagnosis including, but not limited to dementia, post concussion syndrome, learning disabilities, mental retardation, and mood disorders
- Assisted with differential diagnosis under the supervision of a licensed Neuropsychologist
- Attended individual supervision under Scott Sauter, Ph.D., a licensed neuropsychologist

### **2006 Compass Youth Services**

#### *Qualified Mental Health Professional Clinician*

- Provided in-home therapeutic services to at-risk youth referred by various community, court, and social services agencies
- Developed treatment plans based on diagnosis, presenting issues, and goals for service
- Provided effective interventions in the home, school and community
- Worked on multidisciplinary teams providing case consultation as needed with medical, social services and human services professionals
- Completed accurate and efficient case note documentation
- Served as a character/fact witness during client litigation procedures

### **2006 Eden Counseling Center**

#### *Psychometrician*

- Administered, scored and reported various results measuring intelligence, aptitude, achievement, interest, personality, behaviors, and proficiency in specific areas
- Consulted with supervisor regarding clinical impressions and possible diagnosis as it related to developmental or learning disorders in child and adolescent population

### **2005 Old Dominion University, Norfolk, VA**

#### *Adjunct Instructor - Physical Therapy Department*

#### *Psychosocial Aspects of Patient Care*

- Designed and conducted a doctoral level psychology course for physical therapy students focusing on the psychological and social aspects of health care delivery based on the biopsychosocial model of patient care
- Conducted all teaching responsibilities including instructing students, teaching course material, administering and grading all projects, exams, and general coursework
- Provided students with additional course resources
- Met with students to address academic issues and concerns

### **2004 Old Dominion University, Norfolk, VA**

#### *Teaching / Administrative Specialist - Psychology Department*

#### *Health Psychology*

- Assisted professor (Dr. Val Derlega) with teaching duties including instructing students, teaching course material, proctoring and grading exams, as well as grading general course work
- Provided students with additional course resources
- Met with students regarding questions and / or concerns regarding coursework
- Met with course professor to update and provide information regarding course and student progression

### **2004 - 2005 Sentara Health Care, Norfolk, VA**

#### *Crisis Intervention Clinician*

- Assessed individuals presenting in local hospital Emergency Departments in psychological crisis comorbid with physical health complications
- Determined level of care and intervention required to effectively treat patient
- Provided treatment recommendations based on clinical training and clinical judgment
- Interacted with a multidisciplinary team (ED physicians, psychiatrists, nurses, and medical staff) to ensure the quality of care for patient
- Provided brief individual and family psychotherapy and psychoeducation from the Mental Health Wellness Model
- Demonstrated a detailed understanding of the interaction between physical illness and psychological illness
- Demonstrated a working knowledge of the community resources available to the patient

- Assisted with preparation of follow-up care

**2003 - 2005 Regent University Virginia Beach, VA**

*Teaching Assistant / Psychological Assessment*

- Assisted Drs. Judy Johnson and Lynn Olson, professors of Intelligence Testing and Psychometrics, and Dr. William Hathaway, program director and professor of Personality Assessment and Psychometrics, with student application of testing materials
- Assisted students with comprehension and synthesis of intelligence testing and personality assessment materials
- Evaluated and scored student final competency exams
- Evaluated student performance on written materials
- Augmented lectures with instrument demonstration
- Proctored student examinations

**2001 - 2002 Virginia Employment Commission, Chesapeake, VA**

*Workforce Representative*

- Assisted unemployed population regarding Virginia State claim filing policies and procedures
- Assessed and analyzed dislocated workers employability to assist with job development and placement
- Created and managed partnership with area employers to promote staffing through the Commission
- Demonstrated a working knowledge of community resources available to assist clients

**1999 - 2000 Chesapeake Department of Social Services, Chesapeake, VA**

*Senior Case Manager*

- Performed initial client assessment, collected and analyzed data and applied written instructions to determine program eligibility
- Serviced and maintained corporate relationships with contracted companies
- Team-trained new employees regarding state related programs and mass changes

**1997 - 1999 Portsmouth Department of Social Services, Portsmouth, VA**

*Case Manager*

- Displayed exceptional documentation, organization, oral, and written communication abilities
- Effectively managed case load
- Educated clients regarding self-sufficiency, community resources and employment opportunities
- Acted as agency facilitator for strategic planning activities

**1997 The Pines Residential Treatment Facility**

*Residential Counselor*

- Contributed to formulation, implementation and revision of Resident Service Plans
- Developed therapeutic relationships, employed behavior and crisis management skills
- Ensured environment remained safe and normative for juvenile residents

**1996 - 1997 Norfolk Airport Hilton**

*Reservations Management*

- Utilized strategic planning to exceed yield management expectations in a fast paced call center environment
- Screened, interviewed, hired, and trained for front office and reservations positions with a focus on excellent customer service

**1995 - 1996 Walt Disney World Company**

*Guest Services Manager / Operations Manager*

- Managed and coached 100+ employees based on corporate mission and company growth potential
- Created company based presentations proposing cost effective standard operation procedures
- Collaborated with staff to create customer services initiatives increasing territory customer service ratings

**AFFILIATIONS**

**2011 (October) - current Clinical Research Associates of Tidewater**

400 Gresham Drive, 402 Medical Tower  
Norfolk, Virginia 23507

**RESEARCH EXPERIENCE**

**2010 Eastern Virginia Medical School**

*Care Managers and Diabetics Who Function Poorly*

*Co-investigator Diabetes Project with R. Bikowski and Risi Green*  
Portsmouth Family Medicine

**2004 Regent University***Health Psychology Research Assistant*

Designed and implemented health study with Scott Sautter, Ph. D., APBN and the Health Psychology Research Team evaluating the correlation between religious coping, gratitude, humor, and physiological health markers during the Health Fair at Regent University.

**2002 - 2005 Regent University***Forgiveness Research Team Assistant*

Assisted with data collection and analysis of the relationship between personality, forgiveness, and health indicators using biofeedback information.

**2002 - 2003 Regent University***Health Psychology Research Assistant*

Worked with the Health Psychology Research team to research the correlations between health and various psychological constructs.

**2003 Regent University***Dissertation Research Assistant*

Assessed the impact of religious coping in graduate level law students by scoring related testing instruments.

**2003 Regent University***Human Sexuality Research Assistant*

Received training, conducted interviews and administered assessments with the goal of studying various issues related to human sexuality through a funded research initiative.

**2003 Regent University***Humor, Gratitude, and Spirituality Research Assistant*

Assisted with designing a web-based study to explore aspects of Positive Psychology and Religion. Obtained over 400 participants.

**PROGRAM DEVELOPMENT, EVALUATION, AND CONSULTATION****2009 Eastern Virginia Medical School***Implemented Primary Care Psychology Rounds with Dr. B. Cubic*

Focus group of psychology interns meet monthly to share and discuss relevant scholarly articles related to Primary Care Psychology in Medical Settings

- Managing the psychological aspects of chronic medical conditions
- Curriculum issues related to training psychology learners to work in medical settings
- Professional development issues of psychologists adjusting to working in medical settings

**2006 - 2007 Hampton Veterans Administration Medical Center, Hampton, VA***HVAMC Extended Greeter Program Coordinator*

Expanded on the existing customer service initiative including revising policy and procedures, organizing and introducing new recruitment/marketing efforts and creating an orientation component. This included creating educational and training materials to systematically and efficiently train volunteer staff and veterans to serve as HVAMC greeters. Attended to all logistical issues related to the program including meeting staffing needs and managing volunteer schedules. Allocated additional resources to promote the program and increase staff/veteran participation. Implemented safety standards as SOP for volunteer protection.

**2006 Hampton Veterans Administration Medical Center, Hampton, VA***HVAMC Service Level Patient Advocate Guest Speaker*

Provided supplemental education regarding customer satisfaction in a medical center setting. Provided psychoeducation regarding potential challenges associated with veteran specific population (physically and mentally disabled/challenged individuals) to Medical Center staff.

**2004 - 2005 Chesapeake Juvenile Court Services, Chesapeake, VA***Program Evaluator*

Co-conducted a program evaluation assessing the efficacy of a new method of information dissemination for the Chesapeake Juvenile Court Services Unit.

**2004 Sentara Norfolk General Hospital, Norfolk, VA***Program Evaluator*

Co-conducted a preliminary evaluation, involving data analysis and outcome data of the Psychiatric Emergency Response Service at SNGH.

**2003 Regent University, Virginia Beach, VA***Outreach Coordinator to the Regent University Psychological Services Center (PSC)*

Assisted with outreach organization set-up. Collaborated with PSC Director and staff to establish additional community resources. Co-facilitated mentorship program (Operation Bridging the Gap).

Dr. Stacie Otey-Scott  
School of Psychology and Counseling  
Regent University

**2003 Regent University, Virginia Beach, VA**

*Missionary Outreach Support Services (MOSS), Regent University*

Provided consultation services to the Operations Division of the organization.

**GROUPS FACILITATED**

**2007 - 2011 Eastern Virginia Medical School, Norfolk, VA**

*Resident Support Group*

Led a process group for first through third year residents addressing issues related to professional development, professional and personal adjustment, program issues, and overall emotional well-being.

**2007 Hampton Veterans Administration Medical Center, Hampton, VA**

*Advanced PTSD Support Group*

Co-led a process group for male combat veterans diagnosed with PTSD. Group members were considered advanced in the treatment process and must have successfully participated in pre-requisite groups prior to attending this group. Addressed issues related to adjustment, interpersonal relationships, coping, and understanding the VA system. Group was an ongoing, open group held on a weekly basis.

**2007 Hampton Veterans Administration Medical Center, Hampton, VA**

*PTSD Support Group*

Co-led a process group for male combat veterans diagnosed with PTSD. Group members are in the early stages of treatment and group interventions. Addressed issues related to adjustment, QOL, coping strategies, and interpersonal relationships. Group was an ongoing, open group held on a weekly basis.

**2007 Hampton Veterans Administration Medical Center, Hampton, VA**

*Military Sexual Trauma Support Group*

Co-led psychoeducational support group for female survivors of military sexual trauma. Addressed issues related to understanding the nature of military sexual trauma and the emotional healing process. Groups were held weekly for a total of 9 sessions.

**2007 Hampton Veterans Administration Medical Center, Hampton, VA**

*Inpatient Unit Focus Group Facilitator and Recorder*

Evaluated the level of satisfaction veterans voiced regarding their experience on the Inpatient Units at HVAMC. Group facilitators analyzed information provided by patients from several subgroups who received services on the unit within the last 3 months as well as patients that were on the unit at the time of the focus group. Information was gathered to determine what kinds of customer service and service recovery initiatives would be useful for increasing customer satisfaction ratings. Facilitators created a report based on the data received from the focus groups and submitted it to the Chief of Mental Health Services. This information was used to create policy changes and updates on the unit.

**2006 Hampton Veterans Administration Medical Center, Hampton, VA**

*Dialectical Behavioral Therapy Skills Group (Female Trauma Survivors)*

Co-led psychoeducational skills training groups based on DBT principles for female trauma survivors. Address issues related to emotion regulation, coping strategies and interpersonal skills to assist patients with developing, identifying and maintaining supportive interpersonal relationships. Groups were long-term (6 months) and are held on a weekly basis.

**2006 Hampton Veterans Administration Medical Center, Hampton, VA**

*HVAMC Customer Service Committee Member*

Assisted with creating and implementing customer service initiatives and strategies in an effort to promote excellent customer service throughout the facility.

**2006 Hampton Veterans Administration Medical Center, Hampton, VA**

*Bi-monthly Seminar Lecturer - Psychological Assessment*

Provided psychoeducation lecture regarding psychological assessment to psychiatry residents along with fellow Interns.

**2006 Hampton Veterans Administration Medical Center, Hampton, VA**

*New Employee Orientation Focus Group Recorder*

Evaluated the level of satisfaction new employees voiced regarding their experience with the new employee orientation program designed to address the needs of employees new to the VA and Federal Employment System. Group facilitators systematically analyzed information provided by HVAMC employees that were employed with the last 6 months to HVAMC to assess their perspectives regarding program efficacy. Recorders kept the minutes of these groups and assisted leaders with identifying significant points of concerns as voiced by group participants.

**2005 Hampton Veterans Administration Medical Center, Hampton, VA**

*Inpatient Support Group*

Co-led a support group designed to support veterans receiving treatment on an inpatient psychiatric unit. Group participants varied from session to session (open group format) and addressed issues related to living with mental disorders, coping and interpersonal relationships.

**2004 Indian Creek Correctional Center, Chesapeake, VA**

*Cross Roads III Group*

Co-led a psychoeducational / process group with two other doctoral students for ten sessions in a forensic therapeutic treatment environment. Addressed issues salient to incarcerated population including interpersonal relationships, transitional placement concerns, rehabilitation, and quality of life. Approximately 17 group participants.

**2003 Regent University, Virginia Beach, VA**

*Assertiveness Training. Masters Level Group*

Co-led a psychoeducational / process group addressing issues regarding assertiveness and teaching group therapy skills. Approximately 8 group participants.

**2003 Indian Creek Correctional Center, Chesapeake, VA**

*Mind Over Matter I and II*

Indian Creek Correctional Center, Chesapeake, VA. Co-led two process / psychoeducational groups in a forensic therapeutic treatment environment addressing issues related to interpersonal relationships. Approximately 8-15 group participants in each group.

**2003 Indian Creek Correctional Center, Chesapeake, VA**

*Cross Roads I and II*

Co-led two process / psychoeducational group addressing issues salient to the incarcerated population in a forensic therapeutic treatment environment. Approximately 8-10 group participants in each group.

**TEACHING EXPERIENCE**

**2005 Old Dominion University, Norfolk, VA**

*Adjunct Instructor -Department of Physical Therapy*

Lectured on topics related to the psychosocial aspects of patient care. See detailed description in Professional Positions section of CV.

**2004 Old Dominion University, Norfolk, VA**

*Adjunct Instructor - Psychology Department*

Lectured on topics related to abnormal psychology to Master's level and undergraduate psychology students. See detailed description in Professional Positions section of CV.

**2004 Old Dominion University, Norfolk, VA**

*Teaching / Administrative Specialist - Psychology Department*

Assisted teaching Health Psychology course. Lectured on topics relating to Health Psychology with a focus on issues related to treatment compliance, clinician-patient relationship building and stress and coping. Supervised by Dr. V. Derlega. See detailed description in Professional Positions section of CV.

**2004 Old Dominion University, Norfolk, VA**

*Guest Lecturer*

"Understanding Psychological Testing in the Educational System" in a combined masters/doctoral level Early Educators Class. Addressed issues related to intelligence assessment, psychometric properties and test interpretation.

**2003 - 2004 Regent University, Virginia Beach, VA**

*Teacher Assistant*

Lectured on topics relating to intelligence testing and personality assessment. Led class discussions, assisted with demonstration of related materials, proctored examinations, scored homework assignments, test reports and write-ups, and competency evaluations under the supervision of Dr. J. Johnson, Dr. W. Hathaway, and Dr. L. Olson. See detailed description in Professional Positions section of CV.

## **PROFESSIONAL PRESENTATIONS**

**2011**

*Norfolk State University – Office of First Year Experiences (ACCESS), Annual Mentoring Retreat*  
"Defining your Dreams and Defending your Destiny: How to Successfully 'Do You!' "  
*Keynote Speaker, Stacie Otey-Scott*

**2009**

Association for the Behavioral Sciences and Medical Education (ABSAME)  
Behavioral Competence for Integrated Health Development and Implementation  
*"A Model of Integrated Health Care Training for Psychologists and Primary Care Providers"*  
*Barbara Ann Cubic\*, Daniel Bluestein, Stacie Otey-Scott, and Nathan Butzen*

**2009**

*Resident Stress and Burnout 2008 Eastern Virginia Medical School Resident Retreat*  
Provided research related evidence to understand the impact of resident and manifestation of resident stress and burnout. Provided treatment options including relaxation techniques and supportive interventions.

**2009**

*Keynote Speaker Anjella Paulette Women's Seminar*  
Presented on topics salient to women's health with a focus on physical, mental, emotional and spiritual well-being.

**2008**

*Primary Care Psychology*  
Eastern Virginia Medical School Family Medicine Grand Rounds  
Provided an understanding of Primary Care Psychology in a family medicine setting including differentiation between Primary Care and traditional Psychology, practical utility of Primary Care Psychology in a medical school setting.

**2008**

*Diabetes Obstacles Didactic*  
Eastern Virginia Medical School  
Discussed physician versus patient perspectives regarding diabetes obstacles and concerns. Used an original assessment instrument for data comparison.

**2008**

*Primary Care Psychologist*  
*Eastern Virginia Medical School Psychology Internship Didactic*  
Provided information regarding diverse training needs and requirements involved in working as a Primary Care Psychologist in an academic medical setting. Issues addressed included professional identity, multiple models of practice, brief assessments and interventions, and medical resident education and support.

**2006**

CSPAN Psy. D. Representative for televised John Ashcroft event at Regent University in Virginia Beach, Virginia.

**2004**

Poster presentation accepted at CAPS East 2004. "A Correlation Between Humor, Gratitude, and Relationship with God: An Exploratory Analysis". Melissa Jerkins, M.A., Mary-Beth Covert, M.A., and Stacie Otey-Scott, M.A. Presented November 14th, 2004 in Chambers-burg, PA.

**2004**

Poster presentation accepted at the Annual APA Conference, Division 36, in 2004. "Religious Coping, Gratitude, and Humor". Presented July 28<sup>th</sup>, 2004 in Oahu, HI. Scott Sautter, Ph. D., Melissa Jerkins, M.A., and Stacie Otey-Scott, M.A.

**2004**

Diversity Series Presenter. "Celebrating MLK: What Happens to 'The Dream' When You're Living a Nightmare? A Look Behind the Walls of America's Prisons". Denise Biron, M.A., Stacie Otey-Scott, M. A. Presented at Regent University, Virginia Beach, VA.

## **CONFERENCES & CONTINUING EDUCATION SEMINARS**

**2011**

*Patient-Centered Primary Care Collaborative 5th Annual Summit (awarded an attendance scholarship)*  
Washington D.C.

**2011**

*Association of Psychologists in Academic Health Centers 5th National Conference.*  
The Langham, Boston, MA ( 16 CE Credits)

**2011**

*Ethics Complaints and Malpractice Lawsuits: Managing High Risk Clinical Situations*  
PESI, LLC. Norfolk, VA (6 CE Credits)

**2011**

*Psychopharmacology: What You Need to Know about Psychiatric Medications.* Fran Miller  
Norfolk, VA (6 CE Credits)

**2011**

*Academic Remediation Is Not Always Punishment: How to Design an Appropriate Remediation Learning Plan.* Franklin J. Medio, Ph.D.  
Eastern Virginia Medical School, Norfolk, VA (1 CE Credit)

**2010**

*Intimate Partner Violence.* Jean Crawford, Ed. D., Angela Lawrence  
Virginia Beach Psychiatric Center, Virginia Beach, VA (.2 CE Credits)

**2010**

*The Role of Psychology in The Patient Centered Medical Home: The Tasks On The Ground.* Rodger Kessler, Ph.D. ABPP.  
Eastern Virginia Medical School, Norfolk, VA (3 CE Credits)

**2009**

*Issues in Treating Complex Traumatic Stress Disorders for Therapists and Supervisors.* Christine Courtois, Ph.D.  
Psychology Department Naval Medical Center Portsmouth, Portsmouth, VA (4 CE Credits)

**2009**

*Association of Psychologists in Academic Health Centers Annual Conference.*  
The Drury Plaza, St. Louis, MO. (12 CE Credits).

**2009**

*Association for the Behavioral Sciences and Medical Education (ABSAME). Behavioral Competence for Integrated Health Care: Development and Implementation.*  
The Lodge at Santa Fe, Sante Fe, NM.

**2009**

*The William Glasser Institute. Teaching the World Choice Therapy: A Day with Dr. William Glasser, M.D.*  
Presented by William Glasser, M.D. Saint Patrick Catholic School, Norfolk, VA.

**2009**

*Enhancing our Cultural Competence Skills: Tricks of the Trade.*  
Presented by K. Hartman, Ph.D., J. Sanchez, Ph.D., L. Pasquinelli, M.D. Eastern Virginia Medical School, Norfolk, VA (3 CE Credits)

**2009**

*A United Protocol for the Treatment and Prevention of Emotional Disorders.*  
Presented by David Barlow, Ph.D., ABPP. Regent University, Virginia Beach, VA (4 CE Credits)

**2009**

*Integrated Care in the Medical Home: Clinical, Organizational, Financial and Research Considerations.*  
Presented by Rodger Kessler, Ph.D. ABPP. Eastern Virginia Medical School, Norfolk, VA (3 CE Credits).

**2008**

*Taking Charge of Your Health with Dr. Mehmet Oz*  
Heart Institute, Virginia Beach, VA

**2008**

*19th Annual Alzheimer's Education Conference*  
Alzheimer's Association (6 credits), Virginia Beach, VA

**2008**

*Association for Advanced Training*  
EPPP Workshop (32 Credits), New York, NY

**2008**

*Alcoholism and the Family Focus on Public Policy and Innovations in Treatment*  
Department of Psychology and Psychiatry Sciences, Norfolk, VA

**2008**

*Cultural Competence in Teaching and Supervising Psychology Interns*  
Eastern Virginia Medical School Faculty Development Program (3 Credits), Suffolk, VA

Dr. Stacie Otey-Scott  
School of Psychology and Counseling  
Regent University

**2008**

*28th Annual Families and Health Conference*

“The Medial Home Team: Collaborating with Families to Restructure Health Care”  
Society of Teachers of Family Medicine

## **ACADEMIC HONORS AND ACCOLADES**

**2011**

*Patient-Centered Primary Care Collaborative 5th Annual Summit Scholarship Recipient*  
Washington, DC

**2010**

William R. Goldman Supervisor of the Year Award  
Given by: Clinical Psychology Internship Class of 2009 - 2010

**2007**

Graduating Class Student Body Speaker  
Commissioning Ceremony  
Regent University Virginia Beach, VA.

**2005**

National Counsel of Schools and Programs of Professional Psychology Student Delegate for 2005 Winter Conference in San Diego, CA.

**2003**

Psy. D. Scholarship Recipient

**2002 - 2007**

Academic Merit Scholarship Recipient

**2002 - 2007**

Dean's Leadership Award Recipient

## **PROFESSIONAL MEMBERSHIPS**

**2011 – Present**

American Psychological Association Division 38 (Health Psychology)

**2008 - 2010**

Society of Teachers of Family Medicine

**2005 - Present**

Association of Black Psychologists (ABPSI)

**2002 - Present**

American Psychological Association (APA)

**2002 - 2007**

American Psychological Association of Graduate Students (APAGS)

## **SPECIALIZED TRAINING AND SUPPLEMENTAL COURSEWORK**

**2007**

Pharmacological Management of Persistent Pain in Adults. Hampton Veterans Administration Medical Center. Hampton, VA (May 2007). Received training certificate.

**2007**

DBT (Dialectical Behavioral Therapy) skills training held in Bethesda, MD October 2006. Received training certificate

**2004**

EMDR (Eye Movement Desensitization & Reprocessing) Level 1 Training. Crisis and trauma intervention training held in Bethesda, MD September 17<sup>th</sup>-19<sup>th</sup>. EMDR Institute. Watson, CA.

**2004**

WISC-IV Clinical Training: Orientation and Overview. Regent University Colloquia Series. 4 CEUs. Virginia Beach, VA.

**2004**

Psychotherapy and Forgiveness Conference. The Institute for the Psychological Sciences of Arlington, VA. Attended this week-end intensive seminar to explore the practical application of forgiveness in a clinical setting. 10 CEUs. Bethesda, MD.

**2004**

Program Evaluation and Consultation. Course provided a basic understanding of the various models of program evaluation and consultation with a focus on practical applications and ethical considerations as they relate to the profession. Regent University. Elective course.

**2003**

Clinical Health Psychology. Course provided a generalist perspective of Clinical Health Psychology grounded in the scientific underpinnings of the Biopsychosocial Model with a strong focus on hope, well-being, and prevention. The psychological impact of chronic and terminal illness salient to the patient, care givers, and family members was addressed. Regent University. Elective course.

**2003**

AIDS Clinical Training: Orientation and Overview: The Facts. Eastern Virginia Medical School. Attended this daylong seminar for medical and mental health professions to learn how to more effectively serve the AIDS/HIV population. Norfolk, VA.

**2003**

Models of Inner Healing. Course provided a comprehensive overview of several spiritual/faith based psychological interventions. Regent University. Elective course.

## REFERENCES

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