

Anita A. Neuer Colburn, PhD, LPC(S), ACS, CRC, NCC
 Assistant Professor
 Regent University

EDUCATION

2009 – 2011 Ph.D., Counselor Education & Supervision, Old Dominion University
 1995 – 1998 M.A., Rehabilitation Counseling, University of AL at Birmingham
 1980 – 1984 B.A., Sociology, Rutgers, The State University of New Jersey

PROFESSIONAL EXPERIENCE

2009 – Present Part-time Private Practice (Clinical & Supervision), Norfolk, VA
 2009 – 2011 Instructor/Adjunct Faculty, Old Dominion University, Norfolk, VA
 2009 – 2010 Assistant Director, ODU/Norfolk CSB Counseling Center, Norfolk, VA
 1998 – 2009 Full-Time Private Practice, Birmingham, AL
 1998 – 2005 Site Coordinator/National Trainer, Christian Women’s Job Corps
 1993 – 1998 Owner/Operator, Executive Recruitment Practice, Birmingham, AL
 1990 – 1993 Branch Manager, Olsten Staffing Services, Paramus, NJ
 1985 – 1989 Account Executive, Roth Young/Division 10 Personnel, Edison, NJ
 1984 – 1985 Sales Manager, Abraham & Straus Department Store, Woodbridge, NJ

PROFESSIONAL LICENSURE/CERTIFICATION

Licensed Professional Counselor-- Virginia #0701004511
 Licensed Professional Counselor/Supervisor -- North Carolina #S7242
 Licensed Professional Counselor-- Alabama #1974
 Supervising Counselor-- Alabama #486
 National Certified Counselor #68663
 Approved Clinical Supervisor #885
 Certified Rehabilitation Counselor #35748
 Master MBTI Practitioner #C11742

ADDITIONAL TRAINING

Eye Movement Desensitization and Reprocessing – EMDR Institute
 • Level One, Level Two, Resource Installation
 Critical Incident Stress Management – International Critical Incident Stress Foundation
 • Basic & Advanced

PUBLICATIONS

Neuer, A., Michel, R., Davis, J., & Slaughter, J. (2011). *Doctoral student ethical scenario: The case of Callie*. Retrieved from http://counselingoutfitters.com/vistas/vistas11/Article_36.pdf.

Neuer, A. (2010, June). Getting started with research and publications. *Southern Association for Counselor Education and Supervision (SACES) Newsletter*, 6:3.

Neuer, A. (2010, March). Should the national debate about health care reform include the delivery of counseling services as a covered treatment? Why? Winning entry for ACA Foundation

Graduate Student Essay Contest, *Counseling Today*, a publication of the *American Counseling Association*, 52:9.

- Neuer, A. & Williams, G. (2007, December). Understanding and treating ptsd: A primer. Invited article for *The Advocate*, newsletter of the *American Mental Health Counselors Association*, 30:11.
- Neuer, A. (2006, Fall). Excellence means embracing responsibility. Invited article for *The Exemplar*, newsletter of *Chi Sigma Iota International Counseling Honorary*. 21:4.
- Neuer, A. (2005, Summer). So you're thinking of going into private practice. *The Viewpoint*, newsletter of AL Mental Health Counselors Association.

RESEARCH PROJECTS

- Co-Coordinator, *Comparing Live and Distance Supervision*, Summer 2011 – Present.
- Team Member, *Faculty Perceptions of Disability Accommodations*, Spring 2011 – Present.
- Volunteer Coder, *Diagnostic Variance*, Doctoral Dissertation Study, Spring – Summer 2011.
- Team Leader, *Temperament, Supervision Interventions, and Satisfaction in the Supervisory Relationship*, Spring 2010 - present.
- Team Member, *Moral Development, Multicultural Competencies, and Clinical Supervision of School Counselors*, Spring 2010 - present.
- Team Member, *Healthy Relationships Dating Violence Intervention Program*, Fall 2009 - present.
- Volunteer Coder, *Resilience and Community Needs of the Homeless Population*, Fall 2009.
- Volunteer Coder, *Feminist Perspectives of Professional Identity and Success in the Counseling Field*, Doctoral Dissertation Study, Spring – Fall 2009.
- Primary Researcher, *Supervision of supervision: The lived experiences of doctoral level supervisor trainees*. Qualitative Pilot Study and Prospectus, Old Dominion University, Summer 2009.
- Volunteer Assistant, *HYPE: Helping young people excel*, August 2009.

GRANTS

- Michel, R., Hays, D., & Neuer, A. (2010). *Training Future Advocates: Practicum Students Experience Community Outreach*. Association for Counselor Education and Supervision. *Project funded with \$1,085.00 grant*.
- Neuer, A., & Bayne, H., & Michel, R. (2010). *Temperament, Supervisory Interventions, and Satisfaction in the Supervisory Relationship*. Southern Association for Counselor Educators and Supervisors. *Project not funded*.
- Michel, R., Neuer, A., & Bayne, H. (2010). *Temperament, Supervisory Interventions, and Satisfaction in the Supervisory Relationship*. Virginia Association for Counselor Educators and Supervisors. *Project partially funded with \$300.00 grant*.

PRESENTATIONS

National/International Presentations:

- Neuer, A., Sherman, T., Dennemann, C., & Gladding, S. (2011, March). *Award winning words*. Content Session, 2011 ACA World Conference, New Orleans, LA.

- Hall, S. & **Neuer, A.** (2011, March). *Re-thinking anxiety disorders: Projected changes to the DSM V and how they will affect our work.* Content Session, 2011 ACA World Conference, New Orleans, LA.
- Hays, D., Michel, R., & **Neuer, A.** (2010, September). *An evaluation of a dating violence intervention program in college settings.* Content Session, The 2010 National Assessment and Research Conference, Memphis, TN.
- Neuer, A., Jensen, M. & Hall, S. (2010, July). *Cognitive complexity in clinical supervision.* Content Session, American Mental Health Counselors Association Annual Conference, Boston, MA.
- Neuer, A. (2010, June). *Applying Jung's 8 cognitive processes to clinical supervision.* Content Session, International Interdisciplinary Conference on Clinical Supervision, Adelphi University, Garden City, NY.
- Hays, D. & **Neuer, A.** (2010, June). *Tiered supervision: A program evaluation.* Roundtable Session, International Interdisciplinary Conference on Clinical Supervision, Adelphi University, Garden City, NY.
- Neale-McFall, C, **Neuer, A.**, & Michel, R. (2010, June). *Temperament and supervision.* Content Session, International Interdisciplinary Conference on Clinical Supervision, Adelphi University, Garden City, NY.
- Neukrug, E., McBride, R., & **Neuer, A.** (2010, March). *Perceptions by ACA members of ethically correct behaviors.* Content Session, American Counseling Association World Conference, Pittsburgh, PA.
- Remley, T., Knight, J., McBride, R., & **Neuer, A.** (2009, October). *Are counselor educators over-zealous in their role as gatekeepers?* Poster Session, Association for Counselor Education and Supervision Annual Conference, San Diego, CA.
- Neuer, A. (2009, September). *Using 'interaction styles' to assess and improve relationships in clinical supervision.* Content Session, Association for Assessment in Counseling and Education's 8th Annual National Research Conference, Norfolk, VA.
- Neuer, A. (2008, March). *Helping your 'temperamental' clients manage the GRIP experience.* Invited Content Session presentation, CONVERGENCE: Maximizing Human Potential in Organizations 5th Conference (16types.com), Irvine, CA.
- Neuer, A. & Williams, G. (2007, July). *Post-traumatic stress disorder.* Content Session, American Mental Health Counselors Association Annual Conference, New Orleans LA.
- Neuer, A. & Williams, G. (2002, July). *EMDR: What's it all about?* Content Session, American Mental Health Counselors Association Annual Conference, Seattle, WA.

Regional Presentations:

- McAuliffe, G., Michel, R., Bayne, H., **Neuer, A.**, and Shaw-Stateman, S. (2010, February). *Applying narrative therapy to multicultural counseling.* Symposium, 27th Annual Winter Roundtable on Cultural Psychology and Education, Columbia University Teacher's College.

Williams, G. & **Neuer, A.** (2004, October). *Beyond theory: Helping supervisees find their counselor 'selves'*. Content Session, Southern Association for Counselor Education and Supervision Annual Conference, Athens, GA.

State Level Presentations:

Bayne, H., Michel, R., & **Neuer, A.** (2010, February). *Identifying and Meeting the Challenges of Triadic Supervision.* (2010, February). . Content Session, Virginia Association of Counselor Education and Supervision Graduate Student Conference.

Michel, R., **Neuer, A.**, Bayne, H., & Bondi, G. (2010, February). *Safe Dates: A Program to Decrease Dating Violence on College Campuses.* Content Session, Virginia Association of Counselor Education and Supervision Graduate Student Conference.

McBride, R. & **Neuer, A.** (2010, February). *Resilience and Community Needs of the Homeless Population.* Poster Session, Virginia Association of Counselor Education and Supervision Graduate Student Conference.

Remley, T., **Neuer, A.**, & Bayne, H. (2009, November). *Counseling families of divorce in Virginia: Records, subpoenas, and staying out of court.* Content Session, Virginia Counseling Association Annual Conference.

Neuer, A. (2009, September). *Understanding self and others through the 8 Jungian functions.* Content Session, LPC Association of North Carolina Annual Conference.

Neuer, A. & Williams, G. (2008, November). *Using the 8 functions to help clients.* Content Session, AL Counseling Association Annual Conference.

Neuer, A. (2008, September). *Straight spouses: When your client's husband or wife comes out.* Content Session, LPC Association of NC Annual Conference.

Neuer, A. & Williams, G. (2007, November). *Helping couples use 'I statements' more effectively.* Content Session, AL Counseling Association Annual Conference.

Neuer, A. (2007, November). *Straight spouses: When your client's husband or wife comes out.* Content Session, AL Counseling Association Annual Conference.

Neuer, A. (2007, November). *Single again: Helping women survive and thrive through divorce.* Content Session, AL Counseling Association Annual Conference.

Neuer, A. (2007, November). *The how and why of psychological type: 16 types from the outside in.* Invited Keynote presentation for AL Association for Psychological Type Regional Conference.

Neuer, A. (2007, June). *Understanding the new temperament nomenclature.* Content Session, AL Association for Psychological Type Summer Workshop.

Neuer, A. (2007, June). *Utilizing 8 mental functions in MBTI Assessment.* Invited Keynote Presentation, AL Association for Psychological Type Summer Workshop.

Neuer, A. (2006, November). *Using personality type to strengthen career management skills.* Content Session, AL Counseling Association Annual Conference.

- Neuer, A. & Williams, G. (2006, November). *Life coaches: Threat or complement to the counseling industry?* Content Session, AL Counseling Association Annual Conference.
- Neuer, A. & Williams, G. (2006, August). *Post-traumatic stress disorder.* Content Session, AL Council of Community Mental Health Boards Annual Conference.
- Neuer, A. (2005, December). *Understanding the MBTI functions-attitudes.* Panel Speaker, AL Association for Psychological Type Winter Workshop.
- Neuer, A. (2005, November). *Understanding the MBTI functions-attitudes.* Content Session, AL Counseling Association Annual Conference.
- Neuer, A. & Williams, G. (2004, November). *Post-traumatic stress disorder.* Content Session, AL Counseling Association Annual Conference.
- Neuer, A. & Williams, G. (2004, August). *Post-traumatic stress disorder.* Content Session, AL Rehabilitation Association Annual Conference.
- Neuer, A. (2003, November). *Snapshots of the 16 types.* AL Counseling Association Annual Conference.
- Neuer, A. & Williams, G. (2003, November). *Two therapists, one couple, same session: Why and how.* AL Counseling Association Annual Conference.
- Millner, V. & Neuer, A. (2002, November). *NIMH: Resources and treatment options for various mental disorders.* AL Counseling Association Annual Conference.
- Neuer, A. & Williams, G. (2001, November). *EMDR: What's it all about?* Content Session, AL Counseling Association Annual Conference.
- Neuer, A. (2000, November). *Helping clients find life-work balance.* Content Session, AL Counseling Association Annual Conference.
- Neuer, A. (1999, November). *Current issues in mental health counseling.* Panel Speaker, AL Mental Health Counselors Association Chat Room, AL Counseling Association Annual Conference.
- Neuer, A. (1998, November). *Christian women's job corps: A viable welfare-to-work model.* Content Session, AL Counseling Association Annual Conference.

Local Presentations:

- Neuer, A. (2009, September). *Understanding Personality Type.* CareNOW Character Education Program, Blair Middle School, Norfolk, VA.
- Neuer, A. (2009, March). *Single again: Helping women survive and thrive through divorce.* Content Session, Chi Sigma Iota Conference, University of North Alabama.
- Neuer, A. (2009, January). *Crisis Management.* Invited Content Session presentation for *Summit Four* Conference, Birmingham AL.
- Neuer, A. (2008, April). *Succeeding in love: Making relationships work.* Invited presentation for EAP Resource Center, University of AL at Birmingham.

- Neuer, A. (2008, January). *Is your NET working?* Invited Content Session presentation for *Summit Three* Conference, Birmingham AL.
- Neuer, A. (2007, January). *Intake and Assessment*. Invited Content Session presentation for *Summit Two* Conference, Birmingham AL
- Williams, G. & **Neuer, A.** (2004, March). *Beyond theory: finding your counselor self*. Invited Content Session, Chapter 1 (Northern AL) Spring Workshop.
- Neuer, A. & Williams, G. (2004, February). *Post-traumatic stress disorder*. Content Session, Chapter IV (Central AL) Building Bridges Workshop.
- Neuer, A. & Williams, G. (2001, December). *EMDR: What's it all about?* Chi Sigma Iota (Zeta Chapter) Brown Bag Luncheon Seminar.

EDITORIAL/REVIEW EXPERIENCE

Professional Journals:

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|----------------|--|
| 2011 – Present | Ad Hoc Reviewer, <i>Counselor Education & Supervision</i> |
| 2011 – Present | Ad Hoc Reviewer, <i>Counseling Outcome Research & Evaluation</i> |
| 2010 – Present | Editorial Review Board Member, <i>Journal of Humanistic Counseling</i> |

Other:

- Content Proposal Reviewer – Association for Counselor Education and Supervision Biannual Conference (2011)
- Research Grant Reviewer, Association for Counselor Education and Supervision, 2010.
- Reader – Chi Sigma Iota International 2010 Leadership Essay Competition.
- Content Proposal Reviewer –Southern Association for Counselor Education and Supervision Biannual Conference (2010).
- Content Proposal Reviewer –American Counseling Association World Conference (2010; 2011)

SERVICE

University Service:

- Program Evaluator, Community Services Boards in Norfolk and Eastern Shore, VA, 2010.
- SACES Administrative Assistant to Dr. Danica Hays, SACES President, 2010.
- Steering Committee Member, Preparing Future Faculty, ODU, 2010 – 2011.
- Treasurer, Chi Sigma Iota Omega Delta Chapter (ODU), 2010 – 2011.
- Reviewer/Editor of Practicum, Internship, and Supervision Handbooks, ODU, 2010.
- Review Instructor, Professional Orientation and Ethics, ODU NCE/Comps Review, 2010 – 2011.
- Workshop Leader, Safe Dates, Old Dominion University, 2009 – 2010.
- Chair, Wellness Committee, Chi Sigma Iota Omega Delta Chapter (ODU), 2009 – 2010.
- Annual Job Search Strategies Workshop Leader, UAB School of Public Health, 1999 – 2009.
- Search Committee Member, UAB Counselor Education Program, 2004
- Review Instructor, Lifestyle and Career Development, UAB NCE/Comps Review, 1999
- President, Chi Sigma Iota Zeta Chapter (UAB), 1996 – 1997

Community Service:

- Volunteer Group Leader, *Job Search Corner* (bi-monthly free support group for job-seekers), Virginia Beach, VA, June 2009 – June 2011.
- Volunteer Guest Speaker, *Second Saturday: What women need to know about divorce* – Hofehimer and Ferree, P.C., Virginia Beach, VA, June 2009 – December 2010.
- Clerk of the Vestry, St. Stephen's Episcopal Church, Birmingham AL, 2005 – 2009.
- Red Cross Disaster Mental Health Volunteer, Birmingham AL, 2004 – 2009.
- Sr. Youth Group Advisor, St. Stephen's Episcopal Church, Birmingham AL, 2004 – 2009.
- Post-Katrina Clean-Up Volunteer, Camp Coast Care, Long Beach MS, 2006 – 2008.
- Mission Team Member, Constructores Para Cristo, Piedras Negras Mexico, 2005 – 2008
- Volunteer Board Consultant, Starlight Ministries, 2005 – 2008.
- Volunteer Job and Life Skills Instructor, *Jeremiah's Hope* Job Skills Training Program – St. Vincent's Hospital, 2003 – 2007.
- Volunteer Job and Life Skills Instructor, Employment Readiness Program – Partnership Assistance to the Homeless, 2003 – 2007.
- Volunteer Women's Group Facilitator, Project Break-Out – Bread and Roses Women's Shelter, 2002 – 2007.
- Volunteer Shelter Worker, First Light Women's Shelter, 1997 – 2003.
- Volunteer On-Call Counselor, Rape Response, Birmingham Crisis Center, 1998 – 2002.
- Volunteer Telephone Crisis Line Volunteer, Birmingham Crisis Center, 1997 – 2000.k
- Volunteer Job Skills Instructor, Birmingham Healthcare for the Homeless, Fall 1998.

PROFESSIONAL MEMBERSHIPS AND SERVICE**National/International Organizations:**

- American Counseling Association
- American Mental Health Counselors Association
- Association for Counselor Educators and Supervisors
 - SACES Awards Representative, 2010 – 2011
- Association for Lesbian, Gay, Bisexual and Transgender Issues in Counseling
 - At-Large Board Member, AL Chapter, 2010 – 2011
 - Inter-Faith Spirituality Task Force, 2009 – 2010
- Association for Assessment in Counselor Education
 - Multicultural Competencies Revision Committee, 2011
- Association for Psychological Type International
- Chi Sigma Iota International (lifetime member)
 - Treasurer, Omega Delta Chapter, 2010 – 2011
 - Wellness Committee Chair, Omega Delta Chapter, 2009 – 2010
 - President, Zeta Chapter, 2000 – 2001
- International Positive Psychology Association
- National Career Development Association

Regional Organizations:

- Southern Association of Counselor Educators and Supervisors
 - Supervisor Training & Development Committee, 2011
 - ACES Awards Liaison, 2010 – 2011

State Organizations:

Virginia Association of Clinical Counselors
 Virginia Association for Counselor Educators and Supervisors
 Archivist, 2010 – 2011
 Virginia Counseling Association
 LPC Association of North Carolina
 Alabama Counseling Association
 Liaison for Mental Health Issues, 2007 – 2009
 Awards Co-Chair, 2005 – 2007
 Alabama Association of Counselor Educators and Supervisors
 Site Supervision Liaison, 2008 – 2009
 Association for Lesbian, Gay, Bisexual, and Transgender Issues in Counseling of AL
 Member-at-Large, 2010 – 2011
 Secretary, 2008 – 2009
 Alabama Mental Health Counselors Association
 Public Relations, 2006 – 2009
 President, 2002 – 2003
 Alabama Association for Psychological Type
 President, 2005 – 2006
 Alabama College Counseling Association
 Alabama Society for Training and Development

Local Organizations:

Network Birmingham
 President, 2003 – 2004
 Birmingham Society for Human Resources Management
 Hoover Chamber of Commerce (Birmingham, AL)

AWARDS & RECOGNITION

Selected Presenter, Graduate Research Achievement Day, Old Dominion University, 2011.
Grand Prize Scholarship Winner – Graduate Student Essay Contest, ACA Foundation, 2010.
1st Place – Doctoral Ethics Case Competition, American Counseling Association, 2010.
Outstanding Practitioner Supervisor Award, Chi Sigma Iota International, 2010.
Outstanding Practitioner Supervisor Award, Chi Sigma Iota-Omega Delta Chapter, 2009.
Chapter/Division Service Award, Alabama Counseling Association, 2009.
Chapter Service to Consumers Award, American Mental Health Counselors Association, 2009.
Mental Health Counselor of the Year Award, American Mental Health Counselors Association, 2008.
Professional Service Award Nominee, American Mental Health Counselors Association, 2007.
Outstanding Practitioner Award, Alabama Counseling Association, 2007.
Wilbur Tinchler Award for a Humanitarian and Caring Person, AL Counseling Association, 2007
President's Award, Alabama Counseling Association, 2006.
Leadership Birmingham Nominee, Leadership Birmingham Program, 2005 – 2008.
Woman of the Year Award, Network Birmingham, 2004.
Outstanding Practitioner Award, Chi Sigma Iota International, 2003.
Community Service Award, Network Birmingham, 2003.
Outstanding Rehabilitation Counseling Student, University of AL at Birmingham, 1997.