

Dixie Meyer
Assistant Professor
Regent University

EDUCATION

- 2008 Ph.D., Counseling University of Missouri- Saint Louis.
- 2005 M.S.Ed., Community Counseling. University of Missouri- Saint Louis.
Couples and Family Emphasis.
- 2000 B.S. Communications. Missouri State University.
- 2000 B.S. Performing Arts Advocacy. Missouri State University.
Marketing Minor in Advertising and Promotions.
- 2003 Graduate Training in Drama Therapy Kansas State University.

PROFESSIONAL EXPERIENCE

Educator Experience:

Assistant Professor, Regent University, Academic Year Fall 2008-2009

- COUN 521 Counseling Skills and Techniques
- COUN 540 Human Growth and Development
- COUN 585 Seminar: Models of Family Therapy
- COUN 517 Research and Statistics
- COUN 523 Practicum
- COUN 595 Internship

Instructor, Cognitive Psychology, John Hopkins University- Center for Talented Youth
Summer 2008

Teaching Assistant, University of Missouri - Saint Louis, Spring Semester 2008
Counselor Education 6040: Group Procedures in Counseling

Grading Assistant, University of Missouri - Saint Louis, Spring Semester 2008
Counselor Education 3220: Counseling Individuals with Special Needs
Counselor Education 6220: Current Issues in Counseling Special Needs Populations

Teaching Assistant, University of Missouri - Saint Louis, Fall Semester 2007
Counselor Education 6500: Introduction to Systems Theory for Marriage and Family
Counseling

Teaching Assistant, University of Missouri – Saint Louis, Spring Semester 2007
Counselor Education 6400: Career Information and Development (first quarter)

Counselor Education 6270: School Counseling Practicum (second quarter)

Guest Lecturer, University of Missouri – Saint Louis, Spring Semester 2007

Counselor Education 6300: Foundations of Community Counseling

Tutor, University of Missouri – Saint Louis, Fall Semester 2005- current

Counselor Education 6500: Introduction to Systems Theory for Marriage and Family Counseling (Fall Semester 2007)

Educational Research 6735: Statistical Analysis for Education Research (Fall Semester 2007)

Educational Research 7771: Quantitative Research Methods I (Fall & Spring Semesters 2005- 2008)

Educational Research 7772: Quantitative Research Methods II (Spring Semesters 2006-2008)

Teaching Assistant, Clearview Elementary, Spring Semester 2001

Pre-Kindergarten classroom with at risk children

Tutor, Missouri State University, Spring Semester 1999

Communications 350: The Rhetorical Tradition and Contemporary Applications

Supervision Experience:

Instructor as Supervisor, Regent University, Academic Year 2008-2009

COUN 521 Counseling Skills and Techniques

COUN 523 Practicum

COUN 595 Internship

Practicum Supervisor, Department of Counseling and Family Therapy, University of Missouri-Saint Louis, (Fall Semester 2006 - Spring Semester 2007)

Supervising masters' students enrolled in counseling practicum.

Teaching Assistant, School Counseling Practicum, (Spring Semester 2007)

Department of Counseling and Family Therapy, University of Missouri-Saint Louis, Assisting with course through role play, as needed supervision, demonstrating and teaching basic skills, conducting part of basic skills intensive workshop.

Clinical Experience:

Counselor, Concordia Seminary, (August 2007- June 2008)

Providing counseling to individuals, couples, and families.

Group Therapist, School and Family Counseling Center, University of Missouri Saint Louis (August 2007- April 2008)

Conducting personal and professional growth groups to graduate students in counseling.

Group Therapist, Group Procedures in Counseling, University of Missouri Saint Louis, (Spring Semester 2008)

Conducting personal development group for group counseling course. Through group facilitation demonstrating theory application in groups, group interventions, specialized techniques, and special issues in groups.

Group Therapist, Haven of Grace, (Fall Semester 2006 - Spring Semester 2007)

Performing group therapy in the form of personal growth groups to homeless, pregnant young women.

Counselor, Cole Elementary School, (Spring Semester 2007)

Providing counseling services to elementary school students in an inner city urban area.

Counselor, Saint Louis University Hospital (Spring Semester 2005)

Performed art and recreational therapy on the adult and geriatric psychiatric ward with both group and individual counseling.

Drama Therapist, Fox High School Theatre Troupe, (Spring 2004 - Spring 2006)

Performing group, drama therapy for Special Issue Plays featuring such therapeutic topics as grief, school violence, and eating disorders.

Counselor, Concordia Seminary, (Fall Semester 2004 – Spring Semester 2005)

Providing counseling to individuals, couples, and families.

Counselor, University of Missouri-Saint Louis, (Fall Semester 2003)

Community Counseling Practicum

Provided individual counseling services for students.

Marriage Preparation Facilitator, Archdiocese of Saint Louis

(February 2003 - March 2006)

Facilitating psychoeducational groups for engaged couples covering such topics as communication, sexuality, forgiveness, and family of origin issues.

PROFESSIONAL LICENSURE/CERTIFICATION

National Certified Counselor (2007), – National Board of Certified Counselors, Inc.

Certificate Number-235915

Provisional Licensed Professional Counselor (2007), Missouri, United States.

PUBLICATIONS

Peer- Reviewed

Cooper, J., **Meyer, D.**, & Paul, R. (2008). Marriage and early life stressors as correlates for depression and anxiety: Implications for counselors. In American Counseling Association. *Compelling Counseling Images: The Best of VISTAS 2008*. Washington, D.C.: Counseling Outfitters.

Szymanski, D. & **Meyer, D.** (2008). Racism and heterosexism as correlates of psychological distress in African American sexual minority women. *Journal of LGBT Issues in Counseling*.

Meyer, D. (2007). Selective Serotonin Reuptake Inhibitors and Their Effects on Relationship Satisfaction. *Family Journal*, 15, 392- 397.

Manuscripts Under Review

Meyer, D. (in revisions). *Women, HIV, and Depression: A Review of the Literature*.

Coker, A., **Meyer, D.**, White, S., Green, L., & Akos, P. (in revisions). *Examining Counselor Education Research Trends: Advocacy for the Profession*.

Meyer, D. & Cottone, R. (submitted for publication). *A Review of Solution Focused Therapy with Diverse Populations*.

Coker, A., **Meyer, D.**, Smith, R., & Price, A. (submitted for publication). *Using Social Justice Group Work to Empower Pregnant Homeless Women: Perspectives on Developing Multicultural Competencies*

Meyer, D. & Paul, R. (submitted for publication). *A Cross- National Examination of Marriage and Early Life Stressors as Correlates of Depression, Anxiety, and Stress*.

Meyer, D. & Cottone, R. (submitted for publication). *Solution-Focused Therapy as a Cultural Acknowledging Approach with Native Americans*.

Nash, E., **Meyer, D.**, & Pangelinan, J. (submitted for publication). *No Counselor Left Behind: A Phenomenological Case Study*.

Manuscripts in Preparation

Lane, E., Dearborn, J., **Meyer, D.**, Bush, T., Pikington, K., et al. (in preparation). *The Biological Influences of Carotenoids on Cognitive Functioning*.

Butler, K. & **Meyer, D.** (in preparation). *Spirituality and Implications for Counselors*.

Meyer, D. & Cooper, J. (in preparation). *Incorporating Neurobiology into a Human Growth and Development Course*.

Cooper, J. & **Meyer, D.** (in preparation). *Therapeutic Applications of Neurobiology and Affect Regulation in Counseling*.

Meyer, D. *Drama Therapy and Eating Disorders: A Review of the Literature*.

Meyer, D. *Utilizing Drama Therapy to Explore Spirituality*.

PRESENTATIONS

International Presentations (Peer-Reviewed):

Meyer, D. (2007, June). *Educational Concerns for Beginning Supervisors*. International Interdisciplinary Conference on Clinical Supervision Conference. Buffalo, NY.

Daniels, J., Brown, S., D'Andrea, M., Coker, A., **Meyer, D.**, Schulte, D., Ivey, A., Toperek, R., Tosada, T., & Perez-Viera, P. (2006, April). *Describing Exemplary Practices in Promoting Multicultural Counseling and Advocacy Competence: Research Supported Endeavors*. American Counseling Association (ACA), Canadian Counseling Association (CCA) Annual Convention. Montreal, Quebec, Canada.

National Presentations (Peer-Reviewed):

Meyer, D. & Cooper, J. (2009, October). *Integrating Neurobiology into Human Growth and Development Courses*. Association for Counselor Education and Supervision (ACES) Conference. San Diego, CA.

Sepulveda, V., **Meyer, D.**, & Moe, J. (2009, October). *Psychopharmacology: What do Counselors Need to Know?* Association for Counselor Education and Supervision (ACES) Conference. San Diego, CA.

Nash, E., **Meyer, D.**, & Pangelinan, J. (2009, March). *No Counselor Left Behind: A Phenomenological Case Study*. American Counseling Association Annual Convention. Charlotte, NC.

Meyer, D. & Paul, R. (2008, May). *Depression and Reduced Fractional Anisotropy in the Corpus Callosum*. Association for Psychological Science Annual Convention. Chicago, IL.

Meyer, D. & Paul R. (2008, October). *Rates of Depression and Reduced Fractional Anisotropy in the Corpus Callosum in Individuals with a History of Emotional Abuse*. Southern Association for Counselor Education and Supervision Conference. Houston, TX.

Meyer, D. & Cooper, J. (2008, March). *The Mediating Impact of Marriage on Depression and Anxiety with Adults who have Experienced Early Life Stress or Traumas*. American Counseling Association (ACA) Conference. Honolulu, HI.

Coker, A., **Meyer, D.**, Degges-White, S., Vereen, L., & Akos, P. (2008, March). *Doctoral Research Prevalence in Counselor Education: What's Diversity Got To Do with It?* American Counseling Association (ACA) Conference. Honolulu, HI.

Coker, A., **Meyer, D.**, Smith, R., & Price, A. (2007, October). *Group Work with Homeless African American Women*. Association for Counselor Education and Supervision (ACES) Conference. Columbus, OH.

Szymanski, D. & **Meyer, D.** (2007, August). *Relationships between Multiple Oppressions and Black Lesbians' Psychological Distress*. American Psychological Association (APA) Conference. San Francisco, CA.

Regional Presentations (Peer-Reviewed):

Butler, K., Pangelinan, J., **Meyer, D.**, & Zeilman, M. (2006, November). *Utilizing Online Technological Methods to Enhance Counseling Supervision*. Focus on Teaching and Technology: A Regional Conference. Saint Louis, MO.

Meyer, D. (2006, October). *A Review of Solution Focused Therapy with Diverse Populations*. North Central Association for Counselor Education and Supervision Conference (NCACES). Kansas City, MO.

Coker, A. & Meyer, D. (2006, October). *Examining Counselor Education Research Trends: Advocacy for the Profession*. North Central Association for Counselor Education and Supervision Conference (NCACES). Kansas City, MO.

Meyer, D. (2006, January). *Drama Therapy: Introduction and Overview*. Missouri State Thespian Festival. Missouri Southern State University. Joplin, MO.

Workshops and Presentations made by Invitation:

Meyer, D. (2008, January). *Incorporating Drama Therapy in Counseling Sessions*. Saint Louis, MO: Concordia Seminary.

Meyer, D. (2006, June). *An Introduction to Drama Therapy*. Presentation made at the Missouri Fine Arts Academy. Springfield, MO: Missouri State University.

Butler, S. K., Meyer, D., & Isa, W. (2006, May). *An Introduction to Statistics for Guidance Counselors*. Presentation made for the Normandy School District. Saint Louis, MO.

Meyer, D. & Meyer, S. (2004, November). *Spouses, Let's Have a Good, Clean Fight: Conflict Management in Marital Relationships*. Presentation made at the Marriage Speaker Series. Saint Louis, Missouri.

Meyer, D. & Meyer, S. (2003, October). *The Five Love Languages*. Presentation made at the Marriage Speaker Series. Saint Louis, Missouri.

CONFERENCES ATTENDED

American Counseling Association. Charlotte, NC. (2009)

Virginia Counselors Association. Roanoke, VA. (2008)

Southern Association for Counselor Education and Supervision. Houston, TX. (2008)

Association for Psychological Science. Chicago, IL. (2008)

American Counseling Association. Montreal, Quebec, Canada. (2006)

American Counseling Association. Detroit, MI. (2007)

American Counseling Association. Honolulu, HI. (2008)

American Psychological Association. San Francisco, CA. (2007)

International Interdisciplinary Conference on Clinical Supervision Conference. Buffalo, NY. (2007)

Association for Counselor Education and Supervision. Columbus, OH. (2007)

North Central Association for Counselor Education and Supervision. Kansas City, MO. (2006)

Focus on Teaching and Technology. Saint Louis, MO. (2006)

Missouri State Thespian Festival. Joplin, MO. (2006)

PROFESSIONAL AFFILIATIONS

American Counseling Association (ACA), **Member and served on the Research and Knowledge Committee**

Association for Counselor Education and Supervision (ACES), **Member**

Chi Sigma Iota (CSI), University of Missouri- Saint Louis Chapter, **Member**, former chapter **President**

International Association for Marriage and Family Counselors (IAMFC), **Member**

Association for Creativity in Counseling, **Member**