

James L. Alexander
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EDUCATION

MSW Indiana University School of Social Service May 1978.

Area of concentration: Clinical Social Work with emphasis on Family Therapy

BA with High Honor, Psychological Studies. Wheaton College, Wheaton Illinois, 1976

CERTIFICATION AND LICENSURE

Certified Sex Offender Treatment Provider (CSOTP), Virginia, 1998. (#0812)

Licensed Clinical Social Worker (LCSW), Virginia, 1986. (#1033)

Academy of Certified Social Workers (ACSW), 1981.

CONTINUING EDUCATION (highlights)

- Virginia Sex Offender Evaluation and Treatment Training Program. (60 hrs) 1998
- Johns Hopkins University Annual Mood and Affective Disorders Symposium (6 Hrs) (1991-2002)
- Eastern Regional Conference on Multiple Personality Disorder (8 hrs) 1991 and 1994
- New England Educational Institute- "Rewriting Love Stories"- Couples Therapy (15 hrs) 1992
- WACADA Center for Training and Education "Dealing with the Chronic Relapse Patient" (7 hrs.) 1990
- Norfolk State University Sexual Abuse Treatment Workshop (9 hrs) 1990
- Dynamic Hypnotherapy Workshop (16 hrs) 1990
- American Health Care Institute "Advanced Group Therapy Techniques" (6.5 hrs) 1989
- Health and Education Council "Alzheimer's Disease Challenge for the 80's" (12 hrs) 1985
- BMA Continuing Education "Helping Couples Change" (10 hrs) 1983
- National Institute of Mental Health "Psychotherapy with Older People" (5 hrs) 1983
- Howard University "Sociocultural Implications of Mental Health Practice" (80 hrs) April 1981 to May 1982.
- University of Chicago Summer Institutes "The Borderline Client" (15 Hrs) 1980

COURSE PRESENTATIONS (highlights)

- Guest Lecturer- George Mason University Psychology- Treating Sexual Offenders (2003)
- Workshop on Pornography Addiction and Sex Offenders- 2nd Annual Prince William County Task Force on Sex Abuse Conference (June 1999)
- Internet Addiction- 20th Anniversary Celebration National Presbyterian Church Counseling Center (October 1998)
- Treating Sexual Addiction- Workshop for Clergy Sponsored by Christian Counseling Associates Columbia, MD (September 1997)

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Course Presentations Continued

- Stress Management for Health Care Professionals-Northern Virginia Community College (1992,3,4)
- Workshop Leader- "Parenting in the 80's" Fairfax County (VA) Schools (1988)
- Case Presenter- "Working with the Paranoid Elderly Client"- D.C. Office on Aging (April 1986)
- Seminar Leader- "Death and Dying for Medical Professionals" -Walter Reed Army Medical Center (June 1982)
- Instructor-Working with Families of Arthritis Patients"-Arthritis Foundation Workshop (October 1980)

EMPLOYMENT

January 2002 – Present **Adjunct Professor** with Regent University, Alexandria, VA.

November 1997 - Present **Psychotherapist** with Cornerstone Family Counseling, Fairfax VA.

April 1992 - August 1999 **Owner/Director**, Christian Counseling Associates of Prince William. This office provided individual, family and group psychotherapy primarily to residents of Prince William County VA. Supervised staff of four therapists and one support staff.

October 1991 - present **Private Practice**, Provide psychotherapy supervision to social workers, counselors and para-professional counselors. Also do consultation and some direct service on a contractual basis with Columbia Dominion Hospital.

May 1988 - September 1991 - **Administrative Supervisor**, Northern Virginia Family Service. Provided overall supervision of Alexandria branch office including supervision of twelve clinical staff, three support staff and representation of NVFS to community groups and professional organizations. Other duties included monitoring Employee Assistance program client assignments and maintaining a personal caseload of 25 per cent.

July 1987 - April 1988 -**Director, Social Services/Discharge Planning**, Southern Maryland Hospital. Supervised three social work/discharge planners and one secretary. Our department provided entire range of social service coverage to hospital patients, including emergency room coverage, psychiatric service, child/spouse abuse evaluation and community referral. Responsible for successful completion of JCAHO inspection.

June 1982 - June 1987- **Assistant Chief, Social Services**, United States Soldiers' and Airmen's Home. Supervised and evaluated eight social workers, two alcoholism counselors, support personnel and volunteers. Coordinated graduate internship program for social work students from local universities. Provided social work service for specialized rehabilitation unit for residents with dementia.

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Employment Continued

January 1980 - June 1982 - **Medical Social Worker**, Walter Reed Army Medical Center. Provided social casework services to hospitalized patients and families on six surgical and medical wards. Accomplishments included the creation of an education program for arthritis patients, development of a financial assistance guide and self-help group for renal transplant patients and families, and improved discharge planning services for neurological and neurosurgical patients.

September 1978 - January 1980 - **Chief, Military Affirmative Action Division**, Walter Reed Army Medical Center. Coordinated and monitored implementation of affirmative action plan. Expedited discrimination complaint procedure for military personnel. Accomplishments included producing a revised affirmative action plan, reorganization of the equal opportunity council, leadership of small group human relations seminars.

May 1978 - July 1978- **Counselor, Domestic Relations Counseling Bureau**, Superior Court, Indianapolis, Indiana. Provided marital therapy, divorce adjustment therapy and conciliation services for domestic relations court cases. Assisted agency director in negotiating a 15% increase in the agency budget. This position followed a six-month social work internship with the same agency.

September 1976 - April 1978 - **Line Supervisor**, United Parcel Service, Indianapolis, Indiana. One year as line worker loading/unloading semi-trailers followed by a year supervising the same operation. Accomplishments included improved damage control and efficient training and evaluation of new employees.

COMMUNITY SERVICE

1999 – Coach/Braddock Road Youth Club Soccer

1998 - 2001 Prince William County Task Force on Treating Sexual Offenders

1996 –1999 Member, Christian Counselors of Manassas, VA.

1994-1999 Coach/ Annandale Boys/Girls Club/ House Soccer

1993-1996 Coach/Manager Annandale/North Springfield Little League

1990/91 Alexandria Task Force on Domestic Relations

1990/91 Arlandria Work Group (neighborhood coalition)

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Community Service Continued

1988-1991 United Way Social Planning Committee, City of Alexandria

1984-1986 Brentleigh Community Association Board of Directors (President- 1986)

1983-1985 National Presbyterian Church Board of Deacons. (Moderator 1984, 85)

OTHER SERVICE

2003 – Present, Board Member and Registrar for Northern Virginia Hockey Club

1999 - Present, Board Member Eastern Region Christian Association for Psychological Studies
(CAPS-EAST)

1997, 2000,2005 Convention Planning Committee Chair for Christian Association of
Psychological Studies Eastern Regional Convention. Convention Treasurer
1994/1997/2002/2004

1993,1994 Board Member National Association of Social Workers **(NASW)**
VA Chapter

1991 Committee Planning Chair for **Virginia Family Service Council-** Annual Statewide
Clinical Training Event.

Marriage Retreats for National Presbyterian Church, Immanuel Bible Church and Woodbridge
1st Church of the Nazarene (1994,1995, 1996)