

Arlene L. Brown, Psy. D.
Assistant Professor
Regent University

Education

2000-2003 Psy.D., Clinical Psychology, Regent University
1997-2000 M.A., Clinical Psychology, Regent University
1989-1992 M.A., Urban Affairs, Norfolk State University
1985-1988 B.A., Sociology/Criminal Justice, Norfolk State University

Publications

Brown, A. (2007) Stopping the Cycle: Recognizing the Signs of Traumatized Youth
Faith & Therapy E-magazine Regent University School of Psychology & Counseling

Dissertation

2003 --Integrating attachment and forgiveness approaches in the treatment of prepubescent sexually abusive behavior.

Conference Presentations

Brown, A. (2009, February). Life Stories: Care-giving and Support: The Virtuous Woman
Women to Women Archdiocese of Richmond Conference—Virginia Beach, VA.

Brown, A. & Macklin, V. (2009, February) Education, Inspiration, Motivation: Urban Renewal
Symposium—Regent University, Virginia Beach, VA.

Brown, A. (2007, November) Recognizing the Signs & Symptoms of Trauma in School Children,
Virginia Counselors Association, Portsmouth, VA.

Brown, A. (2006, March) Bullying: A Cry for Peace. Hampton Roads School Counselor's Leadership
Team Mini-Conference, Virginia Beach, VA.

Brown, A. L., & Hughes, R. & Underwood, L. A. (2005, October). The Urban Family. Project Bridges
East Regional Conference, Landover, MD.

Invited Addresses, Workshops, Seminars

Brown, A. & Gambrell, C. (Jan, 2007). Effects of Divorce on Biracial Children: Presentation of the
Cultural Diversity Lunch Series/Regent University

Brown, A. (2006, December). Counseling Theories from a Family Systems Perspective. Guest Lecturer
in Counseling Theories/ Dr. Anna Sigler Regent University, Virginia Beach, VA.

Barbee, K., Brown, A., & Goods, M. (2005, March) Clinical implications associated with the importance
of father role in families: A Cross-cultural evaluation. Presentation of the Cultural Diversity Lunch Series
at Regent University

Brown, A. (2003, October). The Adolescent Sex Offender. Guest lecturer in Counseling Adolescents/ Dr.
Robin Rennie at Regent University, Virginia Beach, VA.

Brown, A. (2003, February). Attachment: Theory and how it relates to human development Guest lecturer
in Life Span Development/Dr. LaTrelle Jackson at Regent University, Virginia Beach, VA.

Professional Affiliations

- 2005-Present American Counseling Association, Member
- 2005-Present Association for Play Therapy, Member
- 1998-Present American Psychological Association, Member
- 2005-2007 Hampton Roads School Counseling Leadership Team, Member/Presenter
- 2007-Present Society of Clinical Child and Adolescent Psychology (DIV 53/APA), Member
- 2009- Present Tidewater Association of Play Therapy, Member
- 2005-present Virginia Counseling Association, Member

Professional Experience

- 2005- Present Regent University/School of Psychology & Counseling
Assistant Professor Master of School & Community Counseling Program
- 2003-2005 Regent University/ School of Psychology & Counseling
 Psychological Services Center (PSC)-*Psy. D. Clinical Instructor/Post Doctoral Fellowship*
 Assisted the Clinical Director of the PSC in the daily administration and oversight of the University-based on site clinic. Provide clinical instruction and supervision students. Taught courses in the Masters - level program and the Psy. D. Provided family and individual psychotherapy.
- 2002-2003 Hillside Family of Agencies: Crestwood Children's Center Rochester, NY
Doctoral Internship: Outpatient Therapist/ Diagnostician for children, adolescents, & families
- 2000-2002 Barrett Transitional Home for Women
 Norfolk, VA
Executive Director/Counselor for homeless, single, pregnant women
- 1999-2000 Christian Psychotherapy
 Virginia Beach, VA.
Pre- Doctoral Practicum: private practice therapist/diagnostician
- 1998-1999 Atlantic Psychiatric Services/ Norfolk Psychiatric Center
 Virginia Beach, VA
Pre-Doctoral Practicum: private practice therapist and residential child& adolescent counselor. Provided outpatient therapy for adolescents, couples, & families.

Editorial Reviewer

Routledge/Taylor Francis Textbook prospectus that involve or effect the counseling or clinical concerns of children & adolescents. Review: Spring'2007 Emotional Regulation of children & adolescents

Corwin Press Textbook prospectus that involve or effect school counseling and counseling of children/adolescents. Review: Fall'2006 Curriculum for dealing with disruptive children in schools

Academic & Administrative Experience

2005-Present Assistant Professor---Courses Taught: Counseling Skills, Practicum, Community Internship, Concepts of Family Systems, Multicultural Counseling, Counseling Children, Counseling Adolescents, Counseling Children & Adolescents, Community Counseling, and Seminar in Clinical Child & Adolescent Psychology.

2007-Present MA Clinical Coordinator—Develops course syllabi for Clinical courses in the MA of Community Counseling, coordinate and chair monthly meetings with core faculty.

2003-2005 Clinical Instructor/ Post-Doctoral Fellow--Courses Taught: MA Level--Community Counseling, Concepts of Family Systems, Multicultural Counseling, and PSC Clinical Team Instruction- Psy. D. HSC- Program—Theories of Counseling and Marriage & Family Issues.

Academic Committees Served On:

2008-Present MA School & Community Counseling Admissions Committee

2008-2009 Scholarship Committee-University wide

2007-Present MA Clinical Training Committee- Coordinator

2005-2008 Curriculum Committee

2004--2005 Clinical Training/ Psy. D.

Ministry Experience:

Archdiocese of Richmond Women's Conference—Presenter 2008-

Koinonia Committee ---St. Stephen Martyr 2005-2007

La Fortuna Orphanage, Haiti - St. Stephen Martyr & Prince of Peace 2003-

Homeless Ministry-- Basilica of St. Mary's Catholic Church 1995-2000

CONFERENCES/SEMINARS ATTENDED

Virginia Association of Play Therapy: 6th Annual Winter Workshop—Fawns in Gorilla Suits: Strategies for Working with Children and Teens who act-out aggressively. Regent University, Virginia Beach, VA. February'2009.

8th Annual Eastern Conference on Child Sexual Abuse Treatment. Arlington, VA., March'2009

Virginia Tidewater Consortium Summer Institute on College Teaching, Williamsburg, VA, June 2008

Eastern Conference on Child Sexual Abuse Treatment Arlington, VA. March 2007

Christian Association for Psychological Studies (CAPS) Transformation of the person in Christ, King of Prussia, PA, March 2007.

Chesapeake Beach Professional Seminars, LLC—Play therapy techniques—Dr. Sonia Hinds, Norfolk, VA. October'2006

Master Instructor Program (Regent University) September'2006-April '2007

Virginia Beach School Counselors: Ethical Issues for School Counselors Virginia Beach, VA., June 2006