

Kathleen R. Arveson, Ph.D.

Associate Professor
Regent University

EDUCATION

- 1989-1993 Ph.D., Pastoral Counseling, Loyola College
1974-1978 M.A., Counseling & College Student Personnel, University of Maryland
1970-1974 B.A., Psychology, University of Maryland

PROFESSIONAL EXPERIENCE

Academic Experience

- 2008-present Associate Professor, School of Psychology and Counseling, Mental Health Counseling Program, Regent University, Virginia Beach, VA.
2002-2008 Assistant Professor and Clinical Director, School of Psychology and Counseling, D. C. Campus of Regent University, Virginia Beach, Virginia.
2000-2002 Part-time Faculty, and Clinical Director, School of Psychology and Counseling, D. C. Campus of Regent University, Virginia Beach, Virginia.
1998 - 2000 Adjunct Faculty, School of Psychology and Counseling, D. C. Campus of Regent University, Virginia Beach, Virginia.
1997 Adjunct Faculty of Trinity Evangelical Divinity School, through the C. S. Lewis Institute, Washington D.C.

Academic Courses Taught:

Introduction to Marriage Counseling
Counseling Skills and Techniques
Counseling Adolescents
Career & Lifestyle Development
Community Counseling
Ethics, Professional Orientation & Legal Issues in Counseling
Group Counseling
Human Growth and Development
Family Systems
Human Growth & Development
Psychopathology
The Helping Relationship
Theories of Counseling
Practicum
Internship: School and Community

Clinical

- 2002 to present: Supervision of Regent MA and Ph.D. students in Practicum and Internship
1992 to present: Private counseling practice, Rockville, MD
1985-1992: Counselor on the founding counseling staff at the Fourth Presbyterian Church, Bethesda, Maryland
1982-1984: Volunteer Coordinator, Friendly Visitor Program of the Mental Health Association of Montgomery County.

Student Affairs

1977-1980: Director of Student Activities, first at Mount Vernon College in Washington, D. C., and secondly at Montgomery College, Germantown Maryland.

1976-1977: Transfer Coordinator, Division of Arts and Humanities, University of Maryland.

PROFESSIONAL LICENSURE/CERTIFICATION

Certified Professional Counselor (Maryland #000645)

PUBLICATIONS**Peer-Reviewed Journal Articles**

Arveson, K. (2008). Challenges for the empty nest marriage. *Faith & Therapy*. Vol 2(1).

Arveson, K. (2007). Building a sound marital house: issues to consider when counseling couples preparing for marriage. *Faith & Therapy*. Vol 1 (3).

Arveson, K. (2006). A conceptual model for integrating spirituality into the diagnosis and counseling treatment plan. In Waltz, G., Bleurer, J., Yep, R. Vistas: Compelling Perspectives on Counseling 2006. ACA, Alexandria VA.

Arveson, K. (Fall, 2003). Theophostic ministry and schizophrenia. *Journal of the International Association for Theophostic Ministry*, Vol. 1, p. 32-34.

Encyclopedia Entries, Interviews & Book Reviews

Arveson, K. (2004). Review of the book, Keeping the Faith in Late Life by Susan Eisenhandler, *Sociology of Religion*, Vol. 65 (3), 306-307.

Arveson, K. (1993) Who is studying religion? An analysis of religious variables in psychology dissertations, 1983-1987. (Doctoral dissertation). Baltimore: Loyola College.

Other Publications

Arveson, K. (2010). How to prepare for the empty nest. *New Life Webpage*, June, 2010: <http://newlife.com/how-to-prepare-for-the-empty-nest/>

PRESENTATIONS**National and International Conferences**

Arveson, K., Messenger, C., Tran, H. (April 2009). Can Emotional Intelligence and Spiritual Maturity be Measured? An analysis of the National Center of Fellows in Leadership Program. Presented at the CAPS International Conference, Orlando, Fl.

Arveson, K. (April 2008). Current Trends in Counseling in China and Mongolia. Presented at the CAPS International Conference, Phoenix, AZ.

Arveson, K., Bass, E. (March 2007). A Conceptual Model and Case Study for Integrating Spirituality into Practicum and Internship in Counselor Education. Presented at the CAPS International Conference, King of Prussia, PA

Arveson, K. (April 2006). A Conceptual Model for Integrating Spirituality into the Diagnosis and Counseling Treatment Plan. Presented at the ACA Convention, Montreal, Canada.

Arveson, K., Hutchison, J. (April 2004) Early Adulthood vs. Elderhood: Creativity Spirituality & Wisdom for Counselors. Presented at the ACA Convention, Kansas City, MO.

Arveson, K. (2002). Using the Theophostic Process with a Schizophrenic Client. Presented at the November, 2003 International Theophostic Convention in Minneapolis, Minnesota.

Arveson, K. Hutchison, J. (2003). Ruth and Naomi: Women's Emergence and Elderhood. Presented at the fall Conference of the Scientific Study of Religion, in Norfolk, VA.

State and Regional Conferences

Arveson, K., Buckingham, C. (2010). Spiritual Assessments in Counseling. Presented at the East Coast Chapter of the national Association of Christian Social Workers, Alexandria, VA.

Arveson, K., Messenger, C., Tran, H. (2009). Can Emotional Intelligence and Spiritual Maturity be Measured? An analysis of the National Center of Fellows in Leadership Program. Presented at the CAPS International Conference, Orlando, FL.

Arveson and Yaconis (2005). Jacob and Esau: Can Sibling Rivalry be Resolved? Presented at the Fall 2005 CAPS East Conference, Chambersburg, PA

Arveson, Buckingham and Hutchison (2004). A Psychological Response to the Many Colors of the Empty Nest. Presented at the Fall 2004 CAPS East Conference, Chambersburg, PA.

Arveson (2002). Using the Theophostic Process with a Schizophrenic Client. Presented at the Fall, 2002 CAPS East Conference, Bethesda, MD.

Invited Addresses, Workshops, Seminars

Arveson, K., Keyes, B (April 2007). Marital Issues in the Present. Presented at the National Presbyterian Church.

Arveson, K. (October, 2006). Integration of Faith and Counseling. Presented to two Counseling Skills classes at Salisbury State University, Salisbury, MD.

Arveson, K. (February, 2006). Building A Sound Marital House. Keynote Speaker of the Marriage Enrichment Seminar, Grace United Methodist Church, Gaithersburg, MD.

Arveson, K. (December, 2005). Verbal and Non-verbal Listening Skills. Presented to the Washington D.C. Chapter of Easter Seal Family Friends Volunteers.

Arveson, K. (April, 2005). The Treatment of Eating Disorders. Presented to the Christian Fellowship Group at American University, Washington, DC

Arveson, Hutchison (April 2004) Wisdom in Counseling. Presented at the Pastors' Breakfast, Regent University, D.C. Campus

Arveson, Hutchison, (February, 2003). Integrating Faith and Learning. Presented to the Masters Instruction Program. Regent University D.C. and Virginia Beach Campuses (via VTC technology).

Professional Ethics and Pastoral Counseling. Presented at the first annual Psycho-theological Institute, June, 2002, Regent University, D.C. Campus

Arveson, Hutchison (April, 2003) Ruth and Naomi: a Journey of Wisdom. Presented at the annual Site Supervisors Luncheon, Regent University, D.C. Campus

Arveson (2002). Contentment. Presented at the National Center for Leadership, November, 2002, Washington, D.C.

CURRENT PROFESSIONAL AFFILIATIONS AND DEVELOPMENT

Member, American Counseling Association (ACA)

Member, Christian Association of Psychological Services (CAPS)

Serving on the Board of Directors of CAPS-East 2005-Present

Certified Prepare-Enrich Counselor

CPR Certified