
Cyrus R. Williams III, PhD, LPC, (FL,VA) CSAT, LSATP

Professor

School of Psychology and Counseling, Regent University

1000 Regent University Drive, CRB 221

Virginia Beach, VA 23464

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757.352.4576

EDUCATION

Doctor of Philosophy, (PhD) Counselor Education

University of Florida, Gainesville, FL

Counselor Education

Specialization: Mental Health Counseling

Dissertation Title: *"Hope and First-Generation College Students: An Examination of Academic Success and Persistence."*

Specialist in Education, (EdS.) Higher Education Leadership

University of Florida, Gainesville, FL

Specialization: Higher Education Leadership

Master of Science, (M.S.) Counseling

University of Hartford, West Hartford, CT

Bachelor of Science, (B.S.) in Business Administration

Eastern Connecticut State University, Willimantic, CT

LICENSURE/ SPECIAL TRAINING

Licensed Professional Counselor, Virginia

License # 0701005688

License Substance Abuse Treatment Provider, Virginia

License # 0718000486

Licensed Mental Health Counselor Florida

License # MH21341

Certified Sex Addictions Specialist, CSAT No. 2017-2575

Level 1 Clinical Training Gottman Method Couples Therapy: Bridging the Couples Chasm

Level 2 Clinical Training Gottman Method Couples Therapy: Assessment, Intervention and Co-Morbidities.

Level 3 Clinical Training Gottman Method Couples Therapy: Practicum training.

Certified John Maxwell, Speaker, Trainer, and Coach

EMPLOYMENT

Professor, School of Psychology and Counseling Regent University

March 2020-Present

- Maintained a fulltime teaching load in both the Masters in Counseling and the Counselor Education and Supervision PhD Program
- Served as a committee Chair and member for doctoral dissertations
- Supervised practicum and internship students
- Served on university wide committees
- Advised students
- Taught online and on campus courses
- Faculty Advisor of CSI

Program Director of Counselor Education and Supervision Program, PhD Program

School of Psychology and Counseling Regent University

August 2017-to present

- Manage day-to-day operations of the doctoral program in Counselor Education
- Serve on department, college and university committees
- Oversee 10+ full and part-time faculty
- Develop, implement, and monitor policies, procedures, curriculum, and program evaluation for internal and external program review
- Monitor enrollment, admissions, and budget projections for department
- Ensure program compliance with accreditations bodies, state licensing boards, and state and national certification boards
- Teach, mentor and supervise students in the Counseling program

Associate Professor, School of Psychology and Counseling Regent University

May 2015-March 2020

- Maintained a fulltime teaching load in both the Masters in Counseling and the Counselor Education and Supervision PhD Program
- Served as a committee Chair and member for doctoral dissertations
- Supervised practicum and internship students
- Served on university wide committees
- Advised students
- Taught online and on campus courses
- Faculty Advisor of CSI

Assistant Professor, School of Psychology and Counseling Regent University

January 2010-May 2015

- Maintained a full-time teaching load in both the Masters in Counseling and the Counselor Education and Supervision PhD Program
- Served as a committee Chair and member for doctoral dissertations
- Supervised practicum and internship students
- Served on university wide committees
- Advised students
- Taught online and on campus courses

Interim Chair, Counseling Department, School of Psychology and Counseling Regent University

January 2013-May 2013

- Provided leadership and oversight of four graduate programs:
 - CACREP Accredited online PhD (Doctoral) in Counselor Education and Supervision
 - Traditional and Online CACREP accredited Masters in Counseling Program (School Counseling, Community Counseling and Clinical Mental Health Counseling)
 - Online Human Services Program
- Managed 20 full-time and 10 adjunct faculty members and approximately 410 graduate students

- Provided leadership for monthly coordinators meetings, preparation of self-studies and outcome reports for accrediting agencies, responded to requests from the Dean of the School of Psychology and Counseling, faculty and students.

PUBLICATIONS

Williams, C. (2025). Grace-Filled Marriage. Creating a Resilience Marriage Rooted in Scripture, Mental Wellness and Mutual Respect. Self Published, 2025.

Williams, C. & Mikolon, T. (2025). The Making of a Mental Health Professional: Inspirational and Motivational Stories of Challenges, Victories, and Wisdom. San Diego, CA: Cognella Academic Publishing.

Williams, C., Hourihan, T. (2023). *Career, Lifestyle, and Spiritual Development: Work, Purpose, Calling and God (Second Edition)*. ed. **C. Williams**, T. Hourihan. San Diego, CA: Cognella Academic Publishing, 2022.

Williams, C., (2023). *Addictions, God and Mental Health Counseling*. San Diego, CA: Cognella Academic Publishing. San Diego, CA: Cognella Academic Publishing,

Mikolon, T., **Williams, C. (2023).** *Phinshed: Demystifying the Dissertation Process*. San Diego, CA: Cognella Academic Publishing.

Williams, C., Hourihan, T. (2018). *Career, Lifestyle, and Spiritual Development: Work, Purpose, Calling and God (First Edition)*. ed. **C. Williams**, T. Hourihan. San Diego, CA: Cognella Academic Publishing, 2018.

Williams, C., Hourihan, T. (2018). "History of Calling and Career Counseling" In *Career, Lifestyle, and Spiritual Development: Work, Purpose, Calling and God (First Edition)*. Eds. **C. Williams**, T. Hourihan (pages 2-19). San Diego: Cognella Academic Publishing, 2018.

Williams, C., Hourihan, T. (2018). "Modern Career Counseling Theory " In *Career, Lifestyle, and Spiritual Development: Work, Purpose, Calling and God (First Edition)*. Eds. **C. Williams**, T. Hourihan (pages 70-95). San Diego: Cognella Academic Publishing, 2018.

Merino, C., Underwood, L.A, Crump, Y. & **Williams C. (2017).** The Relationship between Attachment, Depression, and Anxiety in Juveniles with Sexual Behavior Problems. *Journal of Mental Disorders and Treatment*.

Johnson, T., Underwood, L., Dailey F., **Williams, C. (2017).** Comparing Social Climate Perceptions of Staff and Juveniles with Sexual Behavior Problems. *Mental Health & Human Resilience International Journal*.

Hoard, P., Underwood, L.A., Dailey, F.L., **Williams, C., & Etienne, R. (2017).** Preliminary results of social climate's impact on treatment progress of juveniles with sexual behavior problems. Accepted in *Journal of Behavior*.

Merino, C., Underwood, L.A., Dailey, F.L., **Williams, C., Crump, Y. & Washington, A. (2017).** Attachment, etiological factors and levels of care in juveniles with sexual behavior problems. Accepted to the *Journal of Psychology and Behavior Health Science*.

Karakosta, O., Underwood, L.A., **Williams, C., Todd, S., Dailey, F.L., Merino, C., Fairchild, B., Williams, E., Crump, Y., & Wood, S. (2016).** Reducing cognitive distortions in a sample of juveniles with sexual behavior problems *World Journal of Behavioral Science*, 2, 1-11.

Garrett, M. T., Curtis, R., Parrish, M., Portman, T. A. A., Grayshield, L., **Williams, C. R., & Reese, R. (2016).** Positive psychology practice with Native Americans. In E. Chang, C. Downey, J. Hirsch, & N. Lin (Eds.), *Positive psychology in racial and ethnic minority groups: Theory, research, assessment, and practice* (pp. 281-304). Washington, DC: American Psychological Association.

- Gerhard-Burnham, B., Underwood, L.A., Speck, K., **Williams, C.**, Crump, Y & Merino, C. (2016). The lived experience of the adolescent sex offender: A phenomenological case study. *Journal of Child Sexual Abuse*. 25(1), 1-17. doi: 10.1080/10538712.2016.1111965
- Karakosta, O., Underwood, L.A., **Williams, C.**, Todd, S., Dailey, F.L., Merino, C., Wood, S. (2016). The impact of an integrated sex offender treatment program in reducing cognitive distortions. *World Journal of Behavioral Science*. 2, 1-11. doi: <http://dx.doi.org/10.20941/2414-214X.2016.02.1>
- Dailey, L.L., Underwood, L.A., Crump, Y., **Williams, C.**, Newmeyer, M., Poole, L, and Washburn, D., (2016). Treatment effectiveness of the Louisiana sexual behavior problems treatment program. *International Journal of Psychology & Psychoanalyses*, 2(2), 1-8. Retrieved from <https://www.clinmedjournals.org/articles/ijpp/international-journal-of-psychology-and-psychoanalysis-ijpp-2-014.pdf>
- Williams C.**, Garrett, M., & Brown, E. (2015). First generation African American college students. In J. Curry & M. A. Shillingford (Eds). *African American students' career and college readiness: The journey unraveled* (pp. 187-206). Lanham, MD: Lexington Publishers.
- Garrett, M. T., **Williams, C.**, Curtis, R., Brown, T., Portman, T. A. A., & Grayshield, L., Parrish, M., (2015). Native American spiritualities and pastoral counseling. In E. Maynard, & J. Snodgrass (Eds.), *Understanding pastoral counseling* (pp. 303-326). New York: Springer.
- Grande, T. L., Newmeyer, M. D., Underwood, L. A., & **Williams, C. R.** (2014). Path analysis of the SCL-90-R: Exploring use in outpatient assessment. *Measurement and Evaluation in Counseling and Development*, 47(4), 271-290. doi:10.1177/0748175614538061
- Windham, M., Rehfuss, M., **Williams, C.**, Pugh, J., Tincher-Ladner, L. (2014). Retention of first-year community college students. *Community College Journal of Research and Practice*, 38(5), 466-477. doi: <http://dx.doi.org/10.1080/10668926.2012.743867>
- Williams, C.**, Marks Reid, L., Bannis, B. (2014). Nurturing hope and resilience: Connecting with at-risk middle school students using rap therapy. In M. Garrett (Ed.). *Adversity: Psychology, influences of childhood & adolescence and coping strategies*.
- Butler, K., Evans, M., Brooks, M., **Williams, C.**, Bailey, D. (2013). Mentoring African American men during their postsecondary and graduate school experiences: Implications for the counseling profession. *Journal of Counseling and Development*, 91(4), 419-427. doi: 10.1002/j.1556-6676.2013.00113.x
- Garrett, M. T., Garrett, J. T., Grayshield, L., **Williams, C. R.**, Portman, T., Torres Rivera, E., Kawulich, B. (2013). Culturally-alert counseling with Native Americans. In G. McAuliffe (Ed.), *Culturally-alert counseling: A comprehensive introduction* (2nd ed.) (pp 185-222). Thousand Oaks, CA: Sage.
- Garrett, M. T., Parrish, M., **Williams, C.**, Grayshield, L., Portman, T. A. A., Torres Rivera, E., & Maynard, E. (2014). Invited commentary: Fostering resilience among Native American youth through therapeutic intervention. *Journal of Youth and Adolescence*, 43(3), 470-490. doi:10.1007/s10964-013-0020-8
- Garrett, M. T., Portman, T. A. A., **Williams, C. R.**, Grayshield, L., Torres Rivera, E., & Parrish, M. (2013). Counseling Native American adults: Where power moves. In E. Chang, & C. Downey (Eds.), *Mental health practice in a multicultural society*. New York, NY: Routledge.
- Garrett, M. T., & **Williams, C. R.** (2013). A life-changing experience: Developmental counseling critical incident. In M. Fawcett, & K. Evans (Eds.), *Workbook for developing multicultural counseling competencies*. Thousand Oaks, CA: Sage.
- Williams, C. R.** (2013). Activity 13 (low risk): "Sizeism is a real word". In M. Fawcett, & K. Evans (Eds.), *Experiential approach for developing multicultural counseling competence* (170-174). Los Angeles, CA: Sage.

- Garrett, M. T., & **Williams, C. R.** (2013). Sizeism is a real word II. In M. Fawcett, & K. Evans (Eds.), *Workbook for developing multicultural counseling competencies*. Thousand Oaks, CA: Sage.
- Garrett, M. T., Portman, T. A. A., **Williams, C. R.**, Grayshield, L., Torres Rivera, E., & Parrish, M. (2012). Native American adult lifespan perspectives: Where power moves. In E. Chang, & C. Downey (Eds.), *Mental health across racial groups: Lifespan perspectives* (pp. 107-126). New York, NY: Springer.
- Garrett, M., **Williams C.** (2012). Social justice counseling/advocacy work by the macro-level multicultural counselor. In M. Fawcett & K. Evans (Eds.) *Workbook for developing multicultural counseling competencies*. Thousand Oaks, CA: Sage.
- Tate, K. A., **Williams, C.**, & Harden, D. (2013). Finding purpose in pain: Using logotherapy as a method for addressing survivor guilt in first-generation college students. *Journal of College Counseling*, 16(1), 79-92. doi:10.1002/j.2161-1882.2013.00028.x
- Williams, C. R.**, & Garrett, M. T. (2013). Alternate activity 13: "Social justice work by the macro-level multicultural counselor". In M. Fawcett, & K. Evans (Eds.), *Experiential approach for developing multicultural counseling competence* (171-174). Los Angeles, CA: Sage.
- Williams C.**, Garrett, M. (2013). Alternative activity 3: Social justice counseling/advocacy work by the macro-level/multicultural counselor—"The Frank Parsons project". In M. Fawcett, & K. Evans (Eds.), *Experiential approach for developing multicultural counseling competence* (90-93). Los Angeles, CA: Sage.
- Garrett, M. T., Brubaker, M. D., Torres Rivera, E., Gregory, D. E., & **Williams, C. R.** (2011). Ayeli: A Native American-based group centering technique for college students. In T. Fitch, & J. Marshall (Eds.), *Group and outreach activity guide for college counselors: Group plans and resources*. (pp. 261-266). Alexandria, VA: American Counseling Association
- Williams, C.**, & Butler, S.K. (2010). A new retention variable: Hope and first generation college students. In G. R. Waltz, J.C. Bleuer, and R. Yep (Eds.), *VISTAS: Ideas and research you can use*. (pp. 73-76). Alexandria, VA: American Counseling Association.
- Williams, C. R.** (2004). A balancing act: respecting student's cultural differences and student conduct. In L. Flowers (Ed.), *Diversity issues in American colleges and universities: Case studies for higher education and student affairs professionals* (pp. 93-94). Springfield, IL: Charles C. Thomas Publishers.
- Garrett, M. T., Garrett, J. T., Grayshield, L., Portman, T. A. A., Torres Rivera, E., **Williams, C. R.**, Kawulich, B. (2013). Counseling Native Americans. In D. Hays, & B. Erford (Eds.), *Developing multicultural counseling competency: A systems approach* (2nd ed.). Upper Saddle River, NJ: Prentice-Hall.

Publications in Process

- Loper, R., Brea, J., Wisener, E., **Williams, C.** (Submitted) The Role of Spirituality/Religion, Emotion Regulation, and Emotional Intelligence in Addiction Recovery. *Journal of Addiction and Offender Counseling*
- Cannedy, M., Savinsky, D., **Williams, C.**, & Samples, G. (Under Review). Responding to systemic change: White emerging adult males in modern multiculturalism and female empowerment. *Journal for Social Action in Counseling and Psychology*.
- Williams, C.**, Cook, D., Kaufmans, N., Olson, R., Ajex Palvannan, J., Brown, A., Luck, J. (Submitted). Porn & religion: Assessing & treating unmanaged guilt and toxic shame. *Counseling and Values*
- Boyd, A. L., Baum, L.J., & **Williams, C.** (manuscript submitted). MMPI-2-RF profile patterns for survivors of

- childhood abuse. More severe abuse leads to greater psychological and emotional distress. *Psychological Trauma: Theory, Research, Practice, and Policy*.
- Snyder, V., Underwood, L. A., Keyes, B. B., **Williams, C.**, & Baker, N. (2015). The effects of trauma-informed services in sex trafficking aftercare residential facilities. *Submitted to Journal of Human Trafficking*.
- Underwood, L., Karakosta, O., Merino, C., **Williams, C.**, Todd, S., Williams, E., Fairchild, B., Dailey, F., Crump, Y., Wood, S. (Submitted). The Impact of an Integrated Sex Offender Treatment Program in Reducing Cognitive Distortions. *Journal of Adolescence*.
- Underwood, L., Karakosta, O., Merino, C., **Williams, C.**, Todd, S., Williams, E., Fairchild, B., Dailey, F. (Submitted). "Reducing Cognitive Distortions in a Sample of Juvenile Sex Offenders." *The Journal of Addictions & Offender Counseling*.
- Dailey, L.L., Underwood, L.A., Crump, Y., **Williams, C.**, Newmeyer, M., Poole, L. (Submitted). Treatment impact of the Louisiana sex offender treatment program Using the JSOAP-II in secure-care and non-secure care settings. Submitted to the *Journal of Correctional Health Care*.
- Snyder, V., Underwood, L. A., Keyes, B. B., **Williams, C.**, & Baker, N. (2015). The effects of trauma-informed services in sex trafficking aftercare residential facilities. Submitted to *Journal of Human Trafficking*.
- Wichterman, A., Underwood, L.A., **Williams, C.**, & Todd, S. (Submitted). Comparing Evidence Based Practice and Home Based Therapies for SED Youth. Submitted to *Journal of Child and Family Studies*.
- Williams, C.**, Nelson, M. (In Progress). The Quarter Life Crisis: Career and Psychological Distress in Young Adulthood.
- Williams, C.**, Mikolon, T. (In Progress). Chemical and Process Addictions. In L. Underwood & F. Daily (Eds). *Counseling Adolescents Competently*. Thousand Oaks, CA: Sage.
- Williams, C.R.**, Tate, K., Reed-Marks, L. (in progress). African American Males, Motivation and persistence in College. *Journal of College Counselors*.
- Garrett, M. T., Curtis, R., Parrish, M. S., Portman, T. A. A., Grayshield, L., **Williams, C. R.**, Reese, R. (in press). Positive psychology practice with Native Americans. In E. Chang, C. Downey, J. Hirsch, & N. Lin (Eds.), *Positive psychology in racial and ethnic minority groups: Theory, research, assessment, and practice*. Washington, DC: American Psychological Association.

CONSULTING/TRAINING AND INVITED SPEAKING ENGAGEMENTS

- Williams, C.**, (May/2024). Diversity Training, PiN Ministry, Virginia Beach, Virginia
- Williams, C.** (June 2021). Addictions Symptoms and Treatment. Mental Health Conference New Life Church, Virginia, Beach, VA
- Williams, C.** (May 2021). Virtual Trauma Informed Care: Part II Case Conceptualization Model, Case Reviews & Report Writing. Los Angeles Probation Office.
- Williams, C.** (February 27, 2021). Keynote Speaker, Advocacy and Social Justice: Responding to the Pandemic. Virginia Association for Counselor Education and Supervision.
- Williams, C.** (2019, January). Multicultural Awareness, Diversity and Cultural Competency: Cross-Cultural Strategies for Effective Engagement with Sex Addicts. Webinar, International Institute for Trauma & Addiction Professionals.
- Williams, C.** (2018, October). Gottman Level 1 Training. Regent University, Virginia Beach VA.

- Williams, C.** (2019, January). *Multicultural Awareness, Diversity and Cultural Competency: Cross-Cultural Strategies for Effective Engagement with Sex addicts*. International Institute of Trauma and Addictions Professionals (IITAP). (4 hour-Webinar).
- Williams, C.** (2017, November). Invited Keynote Speaker. The Gottman Way. NOVA Counseling Association Annual Conference. Arlington, VA
- Williams, C.** (2017, March). Invited Keynote Speaker. 100 Mentors at UConn. Mentoring Conference. #Mondaymorningmentor: Mentor as muse. Storrs, CT.
- Williams, C.** (2015, June). Invited Keynote Speaker. Managing Heated Fellowship: The Key to Marriage Longevity. Sacred Roots in Human Soil. Marriage Conference. Virginia Beach, VA.
- Williams, C.** (2015, June). Workshop Presenter. Re-Remembering: Love and Intimacy. Sacred Roots in Human Soil. Marriage Conference. Virginia Beach, VA.
- Williams, C., & Faison, E.** (August 2014). Keynote Speaker. Hope + Mentors = Graduation. Coppin State University. Baltimore, MD.
- Williams, C.** (February, 2014). Cross-Cultural Strategies for Effective African American/Urban Youth Engagement Jacksonville Children's. Jacksonville, FL (February, 2014).
- Williams, C., Bennis, B.** (February, 2014). Music Empowerment: the Epiphany of Hip Hop Santa Fe College. Gainesville, FL.
- Williams, C.** (Summer, 2013). Wrapped In Resiliency: Rap Therapy Research Project. Created and facilitated a five week curriculum based on Rap Therapy to Middle School Students. Bayside Middle School, Virginia Beach, VA.
- Williams, C.** (November 2011). Keynote Speaker. Challenging Times Require Inspiring Solution Connecticut Association of Educational Opportunity Programs. Stanford, CT
- Williams, C., & Lachut, L.** (2011, April). *Research Meets Practice in Student Retention: Strategies and Interventions for Aiding First Generation and Low Income College Students*. Continuing and Professional Education. Regent University. Virginia Beach, VA
- Williams, C., & Carter, A.** (2011, October). *Research Meets Practice in Student Retention: Strategies and Intervention to Aid College Students To and Through College*. Regent University, Virginia Beach, VA

PROFESSIONAL PRESENTATIONS

National Presentations

- Williams, C., Elysee, S., Theodore, W.** (2025). Recognizing, Repairing, and Recovering From Multicultural Ruptures in Clinical Supervision. Association of Counselor Education and Supervision (ACES) 2025 Conference, Philadelphia, PA
- Williams, C., Loper, R., Wisener E., Brea, J.** (March 2025). The role of religion, spirituality, and emotional intelligence in addictions counseling. Christian Association of Psychological Studies (CAPS). Christian Association of Psychological Studies (CAPS). Denver, CO.
- Williams, C., Dombrnovitchevskovinsky, A.** (2024, March). Covert Christianity: Treating Christians with LGBTQ+ Identities Toward Healing. Christian Association of Psychological Studies (CAPS). Atlanta, GA.

- Williams, C.,** Cook, D. & Kaufmans, N. (June 9, 2023). *Pornography, Unmanaged Guilt & Toxic Shame: Breaking the Stigma and finding the Strengths in Religiosity*. ASERVIC Conference, Stetson University, Deland, FL
- Williams, C.,** Loper, R. (2023/June). Family Roles in Addictions. COPE Symposium 2023: A Socioecological Approach to Substance Use and Treatment. St. Louis, Missouri. Sponsored by HRSA-Health Resources and Services Administration
- Palen, C. & **Williams, C.** (2022, October 17). *Best practices for counseling gen z clients through a cultural lens*. Workshop at the American Counseling Association (ACA) 2022 Virtual Conference Experience.
- Williams, C.,** Burt, I., Brooks, M. (April 9, 2022). *The Black Male Experience*. American Counseling Association Conference. Atlanta, GA April 6-10, 2022
- Williams, C.,** Bauman A., & Hudson P. (April 2021). Quarantined Grief: Coping with Complicated Grief Post-Pandemic. American Counseling Association Conference. Online April 10-15, 2022
- Stauffer, T., **Williams, C.** (April 2021). *The effect of attachment style and the importance of religion/spirituality on sexual addiction*. International Association for Trauma and Addictions Professionals.
- Smith, J., Knight, J., & **Williams, C.** (2019/September). What's My Line? Managing the Boundary Between Professor and Clinician. Association for Counselor Education and Supervision (ACES). Seattle, WA September 10-13.
- Fielder, M., **Williams, C.** (2018). From Gottman to Godman: Counseling Christian Couples Using Gottman Therapy on April 13, 2018, in Norfolk, VA. Sponsored by the Christian Association of Psychological Studies (CAPS).
- Underwood, L.A., Gethard, B. **Williams, C.,** & Khalif, S. (2016). The Lived Experience of the Juvenile Sex Offender on March 11, 2016 in Pasadena, CA. Sponsored by the Christian Association of Psychological Studies (CAPS).
- Smith S., Brooks, M., Butler, K., Dempsey K., Lee, C., Locke, D., Vereen, L., **Williams, C.** (2015, March). African American Males in Counselor Education: Courageous Conversations. American Counseling Association, Annual Conference. Orlando, FL
- Williams, C.,** Nelson M. (2015, March). The Quarter Life Crisis: Career and Psychological Distress in Young Adulthood. American Counseling Association. Annual Conference. Orlando, FL
- Merino, C., **Williams, C.** (2015, March). Building Counselor Identity: New Ways To Incorporate Advocacy into Supervision. American Counseling Association (poster). Annual Conference. Orlando, FL
- Williams, C.,** Butler-Shillingford, A., Reid-Marks, L. (2013, March). Developing and Sustaining Multicultural Competencies in the Counseling Profession. American Counseling Association, Annual Conference. Cincinnati, OH
- Williams, C.,** Tate, K. (2012, March). Career Counselors: The missing link in the retention efforts of African American men in college. American Counseling Association, Annual Conference. San Francisco, CA
- Williams, C.** (2011, October). From Social Justice Students to Social Activists: The forgotten Citizens of Virginia Beach, for the 2011 ACES conference. Nashville, TN
- Williams, C.** (2011, October). *Becoming a counselor educator in the new decade: Excelling in The student to scholar transition*, for the 2011 ACES conference. Nashville, TN
- Tate, K. A., & **Williams, C.** (2011, July). *Finding purpose in career: Using Logotherapy in*

- career counseling*. Roundtable session to be presented at the National Career Development Association Conference, San Antonio, TX
- Malone, A., Nardin, J., & **Williams, C.** (2011, March). *We Need You: Helping Civilian Counselors Connect with the Unique Culture of Military Families*. ACA Annual Conference & Exposition Education Session Presenter Guide, New Orleans, LA
- Williams, C.**, Lachut, L., & Ouimet, D. (2009, February). *FYE + SSS = SUCCESS*. The First-Year Experience. Annual Conference. Orlando, FL
- Robinson, S., Indelicato, N., & **Williams, C.** (2007, March). *Enhancing the psychological well-being and academic success of first generation college students*. Our Power and Responsibility to Shape Education. ACPA/NASPA Joint Meeting, Orlando, FL
- Williams, C.** (2003, October). "Student Judicial Affairs: Cultivating a Culture of Ethics and Civility on Campus". Southern Association for College Student Affairs Conference, Myrtle Beach, SC

Regional and State Presentations

- Williams, C.**, Braford, I. (2024). Imposter Syndrome: Impact and implication for counseling programs. Virginia Counseling Association. Newport News, Virginia.
- Williams, C.**, Loper, R. (2024). The Role of Religion, Spirituality, and Emotional Intelligence in Addiction Counseling (July 2024). Addiction Studies Institute Conference, Cincinnati, Ohio
- Steele, T.C., Knight, D., Melchior, S., Roney, L., **Williams, C.** (November 10, 2023). From Awareness to Action: Counseling Across Cultures PANEL DISCUSSION. Virginia Counseling Association, HotSprings, VA
- Williams, C.**, Loper, R. (2023/July). Increasing the Competency of Substance Abuse Counselors Through Clinical Supervision. Addiction Studies Institute Conference, Cincinnati, Ohio
- Williams, S.**, & **Williams, C.** (2018/June). The Quarter Life Crisis: An awkward Career transition from young to full grown adult. Hartford, CT
- Williams, C.**, Allen, K. (2018). Creative and Cross-Cultural Strategies for Effective African American/Urban Youth Engagement. November 8-10, 2018, Virginia Counseling Association. Norfolk, VA.
- Williams, C.**, Elm, M. (2016, November). Manhood: Masculinity, Millennials and Mental Health. Virginia Counseling Association Annual Conference, Williamsburg, VA
- Underwood, L.A., Crable, A., & **Williams, C.** (2015). Co-presenter on "Clinical and Ethical Issues in the Management of Juvenile Sex Offenders" on September 12, 2015. Sponsored by the Florida Counseling Association. Orlando, FL.
- Williams, C.R.**, Jones, M., (2013, November). Wrapped in Resiliency: A Mental Health and School Counseling Program for Improving Adolescent Behavior. Virginia Counseling Association Annual Conference, Homestead, VA
- Williams, C. R.**, & Garrett, M. T. (2012, September). *Developing your multicultural vision through SuperVISION*. Presentation at the annual meeting of the Southern Association for Counselor Education and Supervision, Savannah, GA.
- Williams, C.**, & Khatibi, H. (2012, November). Not your Father's Music Therapy: Rap Therapy and Adolescent Males. Virginia Counseling Association Annual Conference,

Fredericksburg, VA

Williams, C. (2011, November). Career Counselors: The missing link in the retention efforts of African American men in college Virginia Counseling Association Annual Conference, Portsmouth, VA

Williams, C. & Jones, M. (2011, November). For better or for worse: Overcoming the grip of a partner's sexual addiction. Virginia Counseling Association Annual Conference, Portsmouth, VA

Williams, C. (2010, October). *Empowering students through small group teaching techniques: Spirituality and Career Counseling*. Southern Association for Counselor Education Annual Conference, Williamsburg, VA

Williams, C., & Meyer, D. (2010, November). *The Resilience Factor! First Generation College Students*. Virginia Counseling Association Annual Conference, Williamsburg, VA

Williams, C. (2010, November). *Empowering students through small group teaching techniques: Spirituality and Career Counseling*. Virginia Counseling Association, Williamsburg, VA

Williams, C. (2006, November). *First Generation College Students: Identifying and resolving their unique intrapersonal conflicts*. Successful Counselors = Successful Lives. Florida Counseling Association. Orlando, FL

Williams, C. (2006, September). *First Generation College Students: Resolving their unique Intrapersonal experiences* "SACES 2006: A Magical Experience." Southern Association for Counselor Education and Supervisors, Orlando, FL

Conwill, W., & **Williams, C.** (2006, September). *Intersections of Gender, Race, Class and Nation: Towards Pedagogy for Counselors' Self-Awareness*. "SACES 2006: A Magical Experience." Southern Association for Counselor Education and Supervisors, Orlando, FL

Williams, C. (2005, February). *"Student Judicial Affairs: Cultivating a Culture of Ethics and Civility on Campus"*. Association of Student Judicial Affairs International Conference, Clearwater Beach, FL

Williams, C. (2002, October). *"The Devil is in the Details" Hearing Sexual Assault Judicial Cases*. Southern Association for College Student Affairs Conference, Biloxi, MS.

GRANT ACTIVITY

Williams, C. Kivikoski, J. (2022). Project Director. Treatment of Anxiety Using Virtual Reality in Adolescents. Virginia Counselors Association Foundation, Amount: \$1000

Williams, C. (2011). Principle Investigator and Project Director, "Strengthening Families". Virginia Foundation for Healthy Youth amount \$108,000 (not funded).

Williams, C. (2010). Principle Investigator, "A Transformational Experience: Homeless not Helpless, Social Justice and Homelessness." Regent University faculty research grant, amount \$1,600 (**Funded for \$800**).

Williams, C. (2010). Principle Investigator, "A Transformational Experience: Homeless not Helpless, Social Justice and Homelessness. Southern Association for Supervision in Counseling. SACES research grant, amount \$500 (not funded).

Williams, C. (2008). Principle Investigator, "Uncovering the Strengths of First Generation College Student." American College Counseling Association (ACCA), Amount: \$5,000 (not funded).

HIGHER EDUCATION ADMINISTRATION EXPERIENCE

Program Director of Counselor Education and Supervision Program, PhD Program

School of Psychology and Counseling Regent University
August 2017-Present

Interim Chair, Counseling Department, School of Psychology and Counseling Regent University
January 2013-May 2013

Assistant Dean and Director for Student Judicial Affairs, 2001-2005

Dean of Students Office, University of Florida, Gainesville, FL

Residence Hall Director, 2000-2001

Department of Housing, University of Florida, Gainesville, FL

Associate Director, 1999-2000

Ronald E. McNair Scholars Program, University of Florida, Gainesville, FL

Counselor, 1995-1999

Student Support Services, University of Connecticut, Storrs, CT

Assessment Test Administrator, 1990 - 1995

College Learning Center, Manchester Community-Technical College, Manchester, CT

CLINICAL EXPERIENCE

Owner and Therapist, 2019-Present

Rapha Counseling Services Inc. 501c3
Virginia Beach, VA

Owner and Therapist, 2014-Present

Impact Counseling, Coaching and Consulting Services LLC, Virginia Beach, VA

Clinical Supervisor, May 2015-Present

Corner Stone Child and Family LLC, Virginia Beach, VA

Clinical Supervisor, 2014-2015

James Bentley Treatment Program, Portsmouth, VA

Lead Forensic Specialist, 2009-2010

Meridian Behavioral Healthcare Inc., Gainesville, FL

Addictions Counselor, 2005-2008

Corner Drug Store, Gainesville, FL

Counseling Specialist (Intern) May 2007-January 2008

Santa Fe Community College Counseling Center, Gainesville, FL

Instructor/Co-Facilitator Abusive Men's Group, 1994 -1997

The Non-Violence Alliance, Middletown, CT

Substance Abuse Counselor (Intern), 1994

Hartford Dispensary, Methadone Maintenance Program, New London, CT

SPECIAL PROJECTS

Williams, C. (Feb./2024). Guest panelist on TPi's TV show, Every Day Woman. Christian Broadcasting Network (CBN). <https://youtu.be/0FRmDnpglok?si=4oZs3NoQj7o7ZKCI>

Williams, C. (July 2023). Missions Trip -Betel UK Addictions Recovery Program Presenter and Speaker Brimingham, UK

Oldham, G., **Williams, C.**, Grossman, J., McCloud, J. Cavaillaro. (November 16, 2023). Broken Bonds: Navigating Strained Family Relationships. UnChapel Discussion Panel on Nov 16th. Regent University, Virginia Beach, VA. www.regent.edu/unchapellive

Williams, C. (Spring 2023) Faculty Spotlight, Regent University.
https://regent.zoom.us/rec/share/K5ygxkCiMv-pKUaFUt3SZm2wxzbXU8GaW2XcAdoJM7OuYc_b4ZEDwHXrtLgH4bYz.g4nCZAnVsaXjMjit?startTime=1680176815000

Williams, C. 2022. The Black Male Experience Part 3. Podcast Dr. Kent Butler. The Voice of Counseling Vodcast.
<https://www.youtube.com/watch?v=4EB7un-XM9s&list=PLpZf4HErnqmeYzy0dU22CPjuryhRVwAWl&index=23&t=5s>

Williams, C. (2020). Overcoming Infidelity in Marriage. Podcast: Real Relationship Talk with Dana Che.
<https://danache.com/blog/overcoming-infidelity-in-marriage-with-dr-cyrus-williams/>

Williams, C., (2020). Mental Health and the Church. New Life Church Facebook Live.
<https://www.youtube.com/watch?v=tRMoHqwwYzA>

Williams, C. (2016, Oct 19). These therapists specialize in the unique mental problems of Millennials. *Market Watch*. Retrieved from <http://www.marketwatch.com/story/these-days-millennial-therapists-need-some-counseling-themselves-2016-09-30>

Williams, C. (2016). The Quarter-Life Crisis: Taking seriously the needs of Millennials with Cyrus Williams. *The Thoughtful Counselor Podcast*. Podcast retrieved from <https://thethoughtfulcounselor.libsyn.com/recast-the-quarter-life-crisis-taking-seriously-the-needs-of-millennials-with-cyrus-williams>

Williams, C. "A Pink Slip Away From Homelessness in the Beach." [Guest Writer]. *The Virginian-Pilot*, 21 March 2011, p.12.

Williams, C. "First Generation College Students Face Unique Challenges on Campus and Off." *The Hartford Courant*, 18 September 2010, p. A 22

Wrapped In Resiliency: Rap Therapy Research Project, Bayside Middle School, Virginia Beach, Virginia Summer, 2013 Created and facilitated a five week curriculum based on Rap Therapy to Middle School Students.

Interviewed by Lynn Shallcross. (2016, April). Validating the quarter-life crisis. *Counseling Today*. Retrieved from <https://ct.counseling.org/2016/04/validating-the-quarter-life-crisis/>

Calling all Counselors: Social Justice/Lobbying Project
February, 2011 Joint effort with Chi Sigma Iota, Alpha Omega Lambda Chapter.
Organized and led a team of faculty and students to lobby Virginia Senators, and Congressmen in Washington D.C. regarding homelessness in Virginia Beach, VA.

HONORS AND AWARDS

Faculty Award for Excellence in the area of Scholarship, **Regent University** Spring 2024

The Cyrus Williams Tuition scholarship award established by Virginia Counseling Association 2021.

Faculty of the Year, Regent University 2019-2020.

American Counseling Association **State Branch Advocacy Award** 2021

Leadership Award 2021, American Counseling Association Southern Region.

William Hathaway Outstanding Faculty Award 2021, Regent University, School of Psychology and Counseling.

Faculty Advisor--Outstanding Chapter of the Year, CSI, International Counseling Honor Society, Alpha Omega Lambda Chapter, Regent University **2016**

Awarded Alumni Fellowship, University of Florida, **Fall 2005**

Minority Education Scholarship Recipient, University of Florida, **Fall 2005**

ACA Foundation Scholarship, 2005

Superior Accomplishment Award, University of Florida Student Affairs, **Fall 2005**

Outstanding Service to Student Affairs Award, 2004

NASPA Mid-Managers Institute Duke University, Summer 2003

Higher Education Center for Alcohol and Other Drug Prevention Training Institute, 2003

Donald Gehring Campus Judicial Affairs Training Institute, Summer 2002

Outstanding Faculty Award, 2021

Faculty Award for Excellence, 2024

PROFESSIONAL MEMBERSHIPS

Current Affiliations

Virginia Counseling Association (VCA)

Southern Association for Counselor Education and Supervision (SACES)

National Career Development Association (NCDA)

Virginia Association for Counselor Education and Supervision (VACES)

American Counseling Association (ACA)

Association of Multicultural Counseling and Development (AMCD)

Counselors for Social Justice (CSJ)

American College Counselors Association (ACCA)

Association for Counselor Education and Supervision (ACES)

National Board of Certified Counselors (NBCC)

Christian Association for Psychological Studies (CAPS)

Past Affiliations

Florida Counseling Association (FCA)

National Association of Student Personnel Administrators (NASPA)

American College Professionals Association (ACPA)

Association for Student Judicial Affairs (ASJA)

SERVICE

Service to the Profession

- **President**, Virginia Counseling Association. **July 2020-June 2021**
- **Reviewer**, Journal of Employment Counseling (JOEC), **2017-2021**
- **President**, Virginia Association of Counselor Education and Supervision, Division of Virginia Counseling Association. **2013-2015**
- **Faculty Advisor**, CSI, International Counseling Honor Society, Alpha Omega Lambda Chapter, Regent University. **2016 Outstanding Chapter of the Year**
- **2012-Present**
- **Member**, Community Advisory Board, Bayside Middle School, Virginia Beach VA, **2013-Present**
- **Reviewer**, Graduate Student Grants, Virginia Association for Counselor Education and Supervision, **2012-2013**
- **Co-Chair Awards Committee**, Association for Multicultural Counseling and Development, **2011-2012**
- **Member, Research Committee**, National Career Development Association, **2011**

Service to the University

- **Member**, Institutional Research Board (IRB) 2024
- **Faculty Advisor**, CSI, International Counseling Honor Society, Alpha Omega Lambda Chapter, Regent University, **2016 Outstanding Chapter of the Year, 2012-2018**
- **School of Psychology and Counseling Representative**, Faculty Senate Oct. 2013-Present
- **Ad Hoc Reviewer**, *Faith and Therapy*. An E-Zine, Regent University, 2011-2012
- **Member, Continuing Education Committee**, Regent University 2011 – 2013
- **Member, Clinical Training Committee**, Regent University January 2011 - Present

Service to the Community

- **Keynote Speaker**, Out of the Darkness, Suicide Walk, Suffolk, VA. September 22, 2018.
- **Board Member**, PIN (People in Need) Ministry, Virginia Beach, VA, 2014-Present
- **Speaker**, Couples Ministry, New Life Providence Church, Love and Marriage June, 2016
- **Presentation**, Men's Breakfast, New Life Providence Church, Manhood: It's Complicated, June, 2016
- **Key Note Speaker/Presenter**, Sacred Roots in Human Soil, Marriage Conference, June 2015
- **Presentation**, Men's Fellowship, Emmanuel Episcopal Church, Homelessness in Virginia Beach, March 2011
- **Member**, Ocean Front Homeless Coalition, Virginia Beach, VA
- **Volunteer**, People in Need (PIN) Homeless Ministry, Virginia Beach, VA, January 2011 – Present
- **Mentor and Presenter**, Renaissance Academy Middle and High School, Virginia Beach, VA, 2011 – Present
- **Sunday School Teacher**, New Life Providence Church, Virginia Beach, VA, January 2010 – Present
- **Founder and Coordinator**, Homeless Food and Clothing Ministry, Greater Bethel AME Church, Gainesville, FL
- April 2008- December 2010
- **Volunteer Counselor**, The Reichert House: An After School Program for Young Men, Gainesville, FL
- January 2008- December 2009
- **Classroom Volunteer**, Lake Forest Elementary School, Gainesville, FL
- September 2005- May 2006
- **Volunteer and Presenter**, College Goal Sunday, Santa Fe Community College, Gainesville, FL
- Spring 2005, Fall 2005, Spring 2006

REFERENCES

Dr. Jacqueline R. Smith, LPC
Dean of Behavioral Health Programs
Ashbury Seminary
jrsmith@regent.edu

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Liberty University
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